

Bring the
family
together

Catch 4● winks

You don't have to live
in the Mediterranean
to benefit from a bit of
afternoon slumber.

Power naps or toddler time, snuggling up in a nest of cuddly cushions and cosy throws makes great sense in Northern climes, too. Kick off your shoes and stash them in some smart storage like TRONES or BISSA, while you stretch out with your loved ones, on the floor or on the sofa.

Sleep lets our brains do more than simply wind down. We move memories from short-term to long-term storage, freeing up our faculties for the here and now. We work our way through worries, and generally recharge our batteries, ready to face what life may throw at us. A little extra sleep will never go amiss, and home is the best place for it, any time of day.

Concentrate only on the in and out of your own breathing, close your eyes, and let the world go spin awhile without you.

BULLRIG rug
Low pile, blue.
€10



POLARVIDE throw
Assorted colours.
€3.75



STOCKHOLM cushion
Black, white, leaves.
€17



STOCKHOLM cushion
White, brown dotted.
€17

TRONES shoe cabinet
Assorted colours.
£30 3pk

