



# GATORADE SPORTS SCIENCE INSTITUTE

## THE FUTURE OF SPORTS NUTRITION

ACSM PRE-CONFERENCE | TUESDAY MAY 27 2014

ORANGE COUNTY CONVENTION CENTER, ORLANDO, FL

**LAWRENCE SPRIET PHD** PROFESSOR AND CHAIR, UNIVERSITY OF GUELPH, ONTARIO, CANADA  
**Chair**

**ASKER JEUKENDRUP PHD** GLOBAL SENIOR DIRECTOR, GATORADE SPORTS SCIENCE INSTITUTE, USA AND UK  
10:30 – 11:00 | **Introduction: The Future of Sports Nutrition**

**JOHN HAWLEY PHD** PROFESSOR, AUSTRALIAN CATHOLIC UNIVERSITY, MELBOURNE, AUSTRALIA  
11:00 – 11:40 | **Carbohydrate for Recovery: From General Recommendation to Individual Advice**

**LOUISE BURKE PHD** HEAD OF SPORTS NUTRITION, AUSTRALIAN INSTITUTE OF SPORT, CANBERRA, AUSTRALIA  
11:40 – 12:20 | **Nutrition Supplements: Benefits, Risks and Regulation**

12:20 – 1:20 | **Lunch**

**MATTHEW PAHNKE PHD** PRINCIPAL SCIENTIST, GSSI BARRINGTON, USA  
1:20 – 2:00 | **Personalized Solutions to Prevent Gastrointestinal Distress**

**LUC VAN LOON PHD** PROFESSOR, MAASTRICHT UNIVERSITY, THE NETHERLANDS  
2:00 – 2:40 | **Protein: From General Recommendation to Individual Advice**

**DR. DANIEL MEDINA MD** TEAM PHYSICIAN, FC BARCELONA, SPAIN  
2:40 – 3:20 | **Putting Theory Into Practice**

**ASKER JEUKENDRUP PHD** GLOBAL SENIOR DIRECTOR, GATORADE SPORTS SCIENCE INSTITUTE, USA AND UK  
3:20 – 3:30 | **Closing Remarks**

TO RSVP, PLEASE  
REGISTER **HERE**.

