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#### **Inside This Issue**





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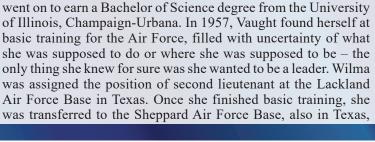


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An early photo of St. John's Church, courtesy of Bob Mack



Women in the

basically limited to caring for the wounded as a nurse – as time

passed and a handful of brave women began fighting for an equal

opportunity to serve their country, laws slowly began changing.

moving and graduating from high school in Scottland, Illinois, she

Wilma L. Vaught was born in Pontiac, Michigan, in 1930. After

By David Odziana, ThumbPrint News Staff Writer and Field Reporter

to be trained as an officer for **P**rior to passing the Women's Armed Services Integration the Statistical Services. By Act in 1948, roles available for women in the military were September of 1957, Vaught was stationed with the 805th Air Base Group at Barksdale Air Force Base in Louisiana. where she was the chief of the Data Service Branch – she was also given the additional title of Commander of the Women in the Air Force.

Militarv

Although women were allowed to

Sergeant Renee' Sitler)



Brigadier General (ret.) Wilma Vaught (contributed by Staff

be part of the armed forces after 1948, many restrictions still applied. Some examples were: females couldn't make up more than two percent of the entire force, serving in

#### See PONTIAC Page 10

#### St. John's Lutheran Church of New Baltimore Had Sermons in German

By Alan Naldrett, ThumbPrint News Contributor

Ct. John's Lutheran Church has **b**een a principal place of worship in the New Baltimore community since 1870. The church was formed to serve the growing German population of New Baltimore and vicinity, a group who had started moving to the area in 1853, and settled in an area around the Salt River in Chesterfield Township.

Seven families started meeting 156 years ago in 1863, in the log cabin home of Fritz Turkow. Then they moved to a chapel at the corner of Washington and Green Street in New Baltimore, where they met for about five years. They rented the chapel from a Baptist group and were at first known as the German Lutheran Church. The Lutheran church's first minister was Reverend Engels, who served from 1863 to 1871.

In January 1869, the congregation was granted \$100 and a plot of land at Green Street Current picture of the church

See ST. JOHN'S Page 23

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#### ThumbPrint News 8061 Marsh Road Clay Township, MI 48001 (810) 794-2300

#### Email Address:

ThumbPrintNews@comcast.net Website: www.ThumbPrintNews.com Publisher: AI Kodet

Editor in Chief: Diane Kodet ThumbPrintNews@comcast.net

Advertising:

April Ryan-Ternes, (586) 214-5579 Scott Zimmer, (586) 524-2562

Editorial and Graphic Design Team: Bethany Wolf ~ Laura Irwin

#### Newspaper Staff:

David Odziana (Field Reporter) Louise Allen ~ Ralph McKinch

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Editor's note: This month we have a Guest Editor, Harold Hyslop, who submitted the following to us after reading about our search for readers who would like to be a guest editor for a month. All of the opinions expressed in a guest editor's submission may or may not be the same as those of ThumbPrint News'staff members. If you would like your article to be considered for this page, submit it in a Word Document form to thumbprintnews@comcast.net. ~Diane Kodet

Author's note: After reading the request for guest letter submissions from the Editor of ThumbPrint News, I decided to write this article.

#### Vacations with Family

Several years ago our family decided to have vacations with as many family members as possible. These included brothers, sisters, spouses, nieces, nephews, children and grandchildren. They hail from the states of New York, Virginia, Pennsylvania, Ohio, Michigan, Illinois, California and Hawaii. Lots of planning of schedules was needed to ensure everyone arrived at destinations at the same time.

This tradition was started in 2012, and that year the vacation was planned by our daughter and her husband. The destinations were

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Ireland and Scotland, with visits to Edinburg, Glasgow and Dublin all on the itinerary. We even kissed the Blarney Stone in Ireland and enjoyed the scenic countryside in both countries.

2014 saw us on a Viking River Cruise on the Rhine River. Our niece and her husband had the planning of this one. We started in Amsterdam, with ports of call in Germany, France and Switzerland. Some of the highlights were the many castles, old churches and the Black Forest, with

an abundance of spectacular scenery along the way.

In 2016, our nephew and his wife chose and planned a Windstar Cruise on the Mediterranean Sea beginning in Barcelona, Spain, with stops in cities in France, as well as a stop in Monte Carlo. The trip ended in Rome, Italy, with some of the family members traveling on to visit Venice.

Our 2018 trip was a land-ocean cruise to Alaska, planned by our son and granddaughter. The trip started in Fairbanks, Alaska, where we went panning for gold, followed by a train ride through the area. We visited the cities of Denali and Anchorage before boarding the cruise ship in Seward, which included stops in Juneau, Skagway and Ketchikan. The biggest highlight was being able to view the massive ice glaciers. We also observed indigenous wildlife and went whale watching. The cruise ended in Vancouver, British Columbia, where we enjoyed some sightseeing before heading to our respective home states.

Our upcoming 2020 family vacation is still in the pre-planning stages, with the destination(s) as yet remaining a mystery. As I get older, I realize these family vacations won't last forever.

The 2020 trip may be my last one. I have had so many good memories

from these

past vacations,

with the most

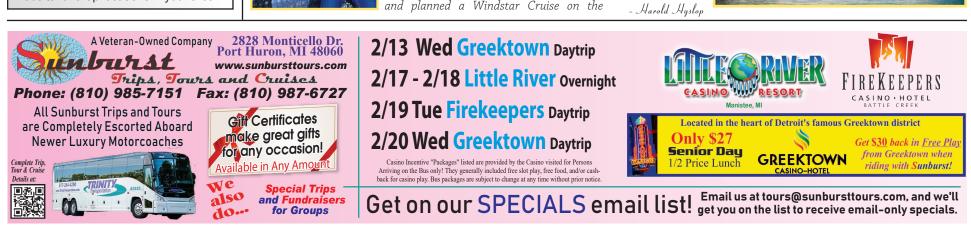
cherished of

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## Tebruary Stands for Triendship Love

By Patricia Cosner Kubic ThumbPrint News Columnist We see red everywhere in February. The card aisle in Target is coated with red paper. Some people even see red because it's just too much – flowers, chocolate, a card...the pressure! Other people see red because Valentine's Day reminds them they won't be getting a red card. Even people who completely prefer the life of "table for one" can feel a little hot under the collar

Trom: Me To: You, My Triend in mid-February. However, buried is a love that does absent, can cause rolls into March.

However, buried underneath all that loud, red noise is a love that doesn't get talked about much, but when absent, can cause loneliness to echo long after February rolls into March.

I am extraordinarily blessed with a lot of this particular love. And I owe having this specific love in my life to my mom. As a child, I watched my mom have this love in her life all the time, which quietly and directly sent me the message that this love was very, very important. She never sat me down to have the big talk about this special love; it was just always a constant part of her life until the day she moved to Heaven at age 83.

The love that we need to remember this month – and every month – is friendship love. I cannot fathom a life without friendship, and I say that as someone who has been happily married for 24 years. From my years of playing four-square in the middle of the street as a fifth grader to having cocktails these days, friendships always made life better beyond belief. Recently, I had lunch with a friend where I heard all of her latest news. When we parted in the parking lot, she told me it felt like a warm salve to spend time together. And isn't that some of the definitions of love – to feel connected, to feel heard, to feel cared for?

If I am lucky enough to make it to my 83<sup>rd</sup> year, I want to tell someone about having lunch with Jeanne, who I technically met at two months. I want to talk Tigers with my baseball buddies. More important, in between baseball seasons, I want that soothing feeling after talking to Tova about a trying time and the extra excitement that comes with telling Kathleen really big news.

The only way I'm going to get that love over the next 50 years, the only way any of us are going to feel that love over the next few decades is to keep our friendships living and breathing, just like a successful marriage, for example. Those thriving relationships don't stay bright without effort. And the same is even truer for friendships. They will peter out if only based on an emoji or hitting "like" on a Facebook page. And the truth is, a quick click is not fulfilling. It doesn't give us the chance to cheer on our buddy or allow us to share a burden.

So, I'm thinking that February is the perfect time to remember those lovely friend relationships that help to make our life whole. If we are over-the-moon lucky, good, reliable friendships are always in the background of our lives. When good or bad news hits, we feel a reflex to call a friend. Without thinking, we reach for the phone. Just think how empty it would feel if we had nobody to reach out to; how joyous it is to know they are there. Surely all that love is worth a red card.

You can reach Patricia at pckubic@gmail.com

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Melanie Duquesnel

#### Learn What to Look Out For

With Valentine's Day right around the corner, many are planning special deliveries for their special persons. While love is in the air, scammers are also lurking. It's important to do your due diligence to ensure you are working with a credible business.



Valentine's Day is a popular time for scammers because they know consumers will pay good money to celebrate their significant others. While the flowers you order may not cost much, falling prey to scammers can cost you a pretty penny.

Better Business Bureau® Serving Eastern Michigan and the Upper Peninsula offer these tips to keep your sweetheart happy and your bank account safe.

**Do your research.** Check out the business with the BBB's customer reviews. Look at their history of complaints at bbb.org.

Ask around. Check with friends, co-workers or family about florists they have had good experiences with. Nothing beats a personal recommendation. Consider checking with local florists when ordering flowers for another city or town. They will have a list of reputable businesses.

Know their guarantee and refund policy. Reputable florists stand behind their products. See if they are part of FTD or Teleflora, both of which have good guarantees.

**Order as early as possible.** Some florists may offer a reduction in price for those who order ahead of the rush.

Get a specified delivery date. Ask if it's guaranteed and be sure someone will be present on that date to receive the flowers.

Leave the correct contact information. Last minute address questions are not uncommon, and you need to be able to clarify something with them. if needed. Be sure the florist has your contact information.

**Pay with a credit card.** It's your best method should there be a dispute later needing resolution. If a business asks you to pay with a nontraditional type of payment such as prepaid gift card or wire transfer, it may be a scam.

**Beware of Phishing Emails.** You could receive an email asking you to verify your credit card account number "regarding your recent order." These scams are common during celebrated days, such as Valentine's Day, because scammers are hoping you'll panic and click on the links or insert your credit card information. Instead, contact the florist separately and ask them if there was a problem.

Don't let thieves steal you and your beloved's Valentine's Day happiness. Be cautious and thorough when ordering flowers. To find a credible florist visit bbb.org or contact (866) 788-5706.

Editor's note: Melanie Duquesnel is the president and CEO of the Better Business Bureau serving Eastern Michigan & the Upper Peninsula, which is a non-profit organization that fights fraud and promotes ethical business practices in the local marketplace through its business accreditation, consumer education and dispute resolution programs. Contact your local BBB by calling (248) 223-9400 or by visiting www.bbb.org.



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#### Dperation Christmas Tree 2018

#### Submitted by George Prue

Operation Christmas Tree was launched on Sunday, November 4, 2018, and was offered each and every Sunday at all sessions through Sunday, December 16, 2018.

Thank you so much to our patrons that supported this initiative. Because of you, 8,052 canned goods and clothing items were donated to The Salvation Army, right on pace with last year. Thank you so much.

Each and every time food and clothing items were donated, a special Bingo Package was available that offered a discount to our patrons. Jackpot City donated \$5 to the fundraiser thermometer for every transaction; the total raised through this initiative was \$13,420. - Alvinston Optimist

The charities listed to the right stepped up and made a donation of \$125 each to help with the overall dollars raised. We thank them so much for their support.

On December 19, 2018, at 11:30 a.m., a cheque presentation took place here at Jackpot City, at which time a cheque in the amount of \$17,345 was presented to The Salvation Army.

The concerted effort made by our patrons, our charities and ourselves truly did make a difference, with a whopping total of 8,205 canned goods and clothing items and \$17,345 in cash.

Accepting for The Salvation Army was Captain Nancy Braye and Captain Mark Braye. Mark and Nancy expressed a sincere thank you to our patrons and wished everyone a very merry Christmas.

Again, thank you so much for sharing and caring with your hearts – together we truly did make a difference.



- Arkona Lionesses
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- Bright's Grove Optimist
- Celebration of Lights
- Children's Auxiliary Bluewater Health
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  - Sarnia Lions Club
    - Sarnia Rugby Club
    - Skate Sarnia
    - The Optimist Club of Forest
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    - Incorporated - The Rotary Club of Petrolia
    - The Boys and Girls Club
    - United Way
    - Valhalla Youth Basketball Association
    - Wyoming Lioness
    - Wyoming Lions Club









#### By Pamela Grey-Pugliese ThumbPrint News Columnist

Here we are with another year under our belts and the beginning of a new one. If you're familiar with my column, you know that I always

enjoy that hectic time between Thanksgiving and Christmas, but I am overjoyed that spring is almost here again in Michigan!

Over the holiday season I did get a chance to take a little time away and just enjoy the peace at my little cottage. It is so good for the soul to travel two hours north, away from the chaos and schedules of activities at my city home. Having a more than 25-year career in music, radio and television, I just got used to the constant noise of media and sound. I always had some type of man-made noise buzzing all around me. More often than not, if I can help it, I refrain from any music or loud blasting media when I am at the cottage. I don't even like having my cell phone close to me.

I noticed that I think differently and get a different perspective on issues and things that might be taking place in my life. It's a clearer type of thinking without distractions. Maybe it's the quiet feeling of nature up there that grounds a person, being closer to Mother Earth.

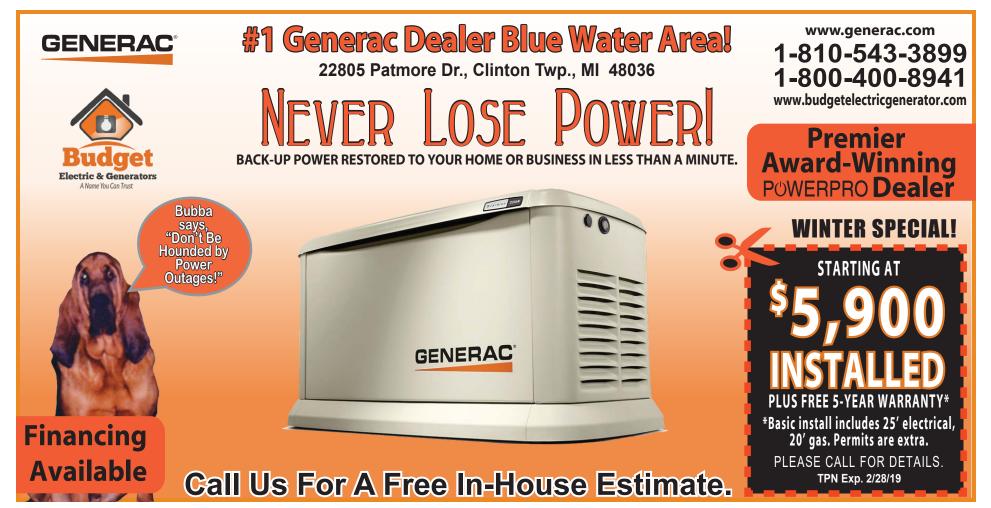
That calming feeling is something I don't have to make an effort to receive. A short walk around outside with the brisk winter air that fills up your lungs and stillness brings that on naturally.

After that time outdoors, nothing seems to be such a big deal; any obstacles or battle being fought seems very minute and manageable. I am more positive and happy up there. I guess that's why I love to invite family and friends up there, so they too can enjoy the feelings I experience.

This month is known as the month of love, and love is how I feel about my tiny cottage near Lake Huron. Maybe others do not feel the same way or as much as I do, but it's okay. I always have a place to spend time to ponder, reflect, think and work out any issues that I may have, thanks to good ole nature herself. Not a bad deal, as far as I am concerned.

More good news is that when I did go up and visit my place, there were minimal signs of furry roommates! So far so good! Enjoy this month of love and remember that there is always something to truly love and cherish in life, no matter what or who it is that makes you happy!

Happy Valentine's Day, ThumbPrint News' readers! 🐌



Stayin'Alive

DAVID CARSON, author of *Grit*, *Noise and Revolution*, will give a talk on rock 'n' roll in Detroit during the 1970s.

JEFFERSON COWIE, author of *Stayin' Alive: The Last Days of the Working Class*, will talk about the middle class in the 1970s.

Macomb faculty SCOTT PELLER discusses the impact of the TV miniseries Roots.

The 1970s' energy crisis will be the topic of a talk by Macomb faculty MARK TRUEMAN.

Heavy The TOS: Heavy Thur-Sat: 10am-4pm

> Political and Demographic Upheaval in Detroit: The Age of Coleman Young Begins will be the topic of a talk by JACK LESSENBERRY.

> Macomb faculty MARIA RAMOS and GARY FLEMMING will discuss the military coup in Chili in the 1970s.

Learn the stories of *Laugh-In*, JACQUELINE SUSANN and TV programs of the 1970s from author KEN FEIL.

Carter and the Cold War will be the topic of Dr. RICHARD FILIPINK'S presentation.

this time.

Defined by events like the Watergate Scandal, the Fall of Saigon and the Iran Hostage Crisis, the 1970s was a decade of turbulence. Social movements for women's rights and the environment were juxtaposed against disco music and sitcoms. Politics began to become divisive, technology took a giant leap forward, and we experienced a loss of innocence. Join us as we explore the rich history of the 1970s through exhibits, displays, presentations and interactive events. Page 9

With program partners that include the Gerald R. Ford Presidential Library and Museum, and the Detroit Historical Museum, the Lorenzo Center will house artifacts that bring to life stories of significance from the decade. These will be accompanied by informational panels, displays, images, and ambient audio that help create the atmosphere of stime



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combat wasn't allowed and if they were to get pregnant, Continued from Page 1 it resulted in an immediate discharge. Due to the outdated mentality of our country in the 1950s, women were expected to do certain things, which is why few chose to serve in the armed forces. These misconceptions also led to the rulings of females only being able to reach a certain ranking because, as Vaught explained, a woman eligible for general officer or admiral would be in her 50s and going through menopause - many higher-ups at the time believed this could cause aberrant choices. While it was a huge step for equal rights in the military, Vaught's experience in basic training varied extensively from what men were put through. She explained her training, which was exclusively for females, to be much less physically demanding and included teachings, such as the proper way to sit and how to apply their makeup. At the time, women were allowed to be trained for special positions and often had the ability to be better at the job than their male counterparts, but they were rarely utilized. Wilma recalls that even though they would be qualified for a certain position, it was normal back then to be placed behind a desk to handle paperwork.

From April 1959 to April 1963, Vaught was stationed in Spain at the Zaragoza Air Base, where she served as the chief of the Management Analysis Division of the 3974<sup>th</sup> Combat Support Group. After her four-year stay overseas, Wilma returned to the United States, where she became chief of the Data Services Division for the 306<sup>th</sup> Combat Support Group at McCoy Air Force Base in Florida – a short time later she was promoted to the 306th Bombardment Wing's chief of the Management Analysis Division. It was at this time that Wilma made her mark on history when she did a temporary tour at the Andersen Air Force Base in Guam, serving as the chief of the Management Analysis Division of the 4133rd Provisional Bombardment Wing. This operation, known as ARC Light, made Wilma the first woman to be deployed with a Strategic Air Command unit.

Long overdue changes came in the late 1960s, when the United States was fully immersed in the Vietnam War. At this point in the war, male troops had become so scarce by 1967, that the United States military reviewed and reversed the restrictions of women being able to serve as generals, as well as the percentage of females that could make up a force. Following her time at the University of Alabama from June 1967 until September 1968, where she earned her master's degree in business administration, she went on to serve in the Vietnam War. She was stationed in Saigon, where she spent the tour as a management analyst for the Office of Deputy Chief of Staff, Comptroller, Military Assistance Command. Vaught explained her time in Vietnam differed quite a bit from what is the norm today, remembering she spent the whole year wearing a skirt as part of the uniform, something she admits you don't see today.

After completing her tour, Wilma once again returned to the United States, this time being placed at the Patterson Air Force Base in Ohio, serving as the chief of the Advanced Logistics Systems Plans and Manufacturing Group. Vaught remained at this position until July of 1972, and just one month later she made headlines again when she became the Air Force's first female officer to study at the Industrial College of the Armed Forces. While female's rights in the military had come a long way since the first half of the 1900s, more changes came beginning in the 1970s. Vaught recalled that an Air Force lieutenant filed a lawsuit because the defense secretary refused spousal benefits for her husband. While she didn't initially win the suit, the case was later picked up by Ruth Bader Ginsberg, who argued successfully before the Supreme Court in 1973. This brought a whirlwind of suits for issues, such as female admissions into certain programs and services, as well as being discharged for being pregnant – these suits reshaped the way women were allowed to serve in the military.

Beginning in July of 1973, Vaught was transferred to Washington, D.C., where she became the Directorate of Management Analysis in the Office of the Comptroller at the Air Force's headquarters. After a short time, she was then assigned to be the chief of the Cost Factors Branch before eventually becoming the chief of the Security Assistance Division. Soon, Wilma was reassigned to the position of director of programs and budget in the Office of Deputy Chief of Staff, Comptroller at the Air Force Systems Command headquarters. Beginning in April of 1976, and lasting until July 1982, Wilma held the position of president of the board of directors for the Pentagon Federal Credit Union, making her the only woman in history to fill this role. In March of 1980, Vaught made another position change, this time to the command's deputy chief of staff, Comptroller – later that



year she earned another first in her military career. On September 8, Wilma was promoted to brigadier general, becoming the first woman to earn that high of a ranking in the comptroller field of the military.

Vaught's final military position was in Chicago, where she served as the Commander of the U.S. Military Entrance Processing Command beginning in June of 1982. After nearly 30 years in the Air Force, Wilma decided to retire in August of 1985, and at the time of her retirement, Vaught was the eldest of all seven female admirals or generals in the military. When she finally decided to take some time for herself, Wilma also stopped serving two other positions at the same time – she was the senior female rep for the Defense Advisory Committee on Women in the Services starting in 1982, as well as sitting on the board of the NATO Women in the Allied Forces Committee beginning in 1983. While her official time serving in the military ended in 1985, Vaught wasted no time before starting a new project to honor those who have served.

Wilma settled in the Washington area and quickly became involved in a project that

was designed to honor the women who have served in the military of the United states. The project was approved in 1985. With an estimated 1.8 million female veterans who aided America beginning with the Revolutionary War, no memorial existed for them at the time. This idea led to the creation of the Women in Military Service for America Memorial and Vaught was asked to sit on the board of directors beginning in 1987. She attended a few meetings, but in March of that year she received a call from a Marine Corps colonel asking why she hadn't attended the last meeting. Then he informed her that she'd missed the process of electing members to positions, and that she had been elected president – a duty she continued for 29 years. The project, which has been located at the entryway of Arlington Cemetery since 1997, has collected 261,000 names of female vets so far.

Throughout her 28 years in the Air Force, Vaught has earned countless

awards and honors, so much so that she is recognized as one of the most-decorated military women in American history. Some awards include the Bronze Star Medal, Vietnam Service Medal (with four service stars) and the Air Force Distinguished Service Medal – in 2000, Vaught was inducted into the National Women's Hall of Fame, and in 2013, she was awarded the White House Champion of Change. She was also the first female in history to command a unit that received

the Joint Meritorious Unit Award, the country's most prestigious award given during peacetime; but above all, she paved the way for women throughout the country to have equal rights when serving in the United States' military.



Tammy Duckworth and Vaught were inducted into the Army Women's Foundation Hall of Fame in 2010.





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#### **Help Wanted**

WOOD BUNDLERS WANTED, full or part time. If interested, call (586) 749-9118.

MOTORCYCLE MECHANIC WANTED. Experienced & own tools. Call (586) 727-3697 or email richmondcycle@frontier.com.

AARO COMPANIES, Janitors for banks and office cleaning. PT evening positions available. Placed within 10 miles of your home. (586) 759-3700. To learn more visit www.aarocompanies.com.

#### Wanted to Buy

#### WANTED

CLASSIC CAR from 1930 to 1995. Up to \$15,000 cash paid. CALL KELLY (248) 338-0852. Macomb Township. Available all seven days.

OLD GAS & OIL SIGNS, OLD GAS PUMPS, AIR METERS AND OLD FARM & SODA SIGNS. Willing to pay cash. Honest and fair. Call or text Steve at (248) 245-7845.

WILL PAY CASH for guitars! Electric or Acoustic. American-made only. Fender, Gibson, older Epiphones, Rickenbacker, Gretsch, Taylor, Dobro, Danelectro, Mosrite, Martin, Guild and more. Call (586) 491-5405.



#### **BUYING. SELLING AND BROKERING:**

Used metalworking machinery. CNC or manual. One machine or entire plant. Lathes, machining centers, mills, grinders, etc. Call (586) 754-9200.



MOTORCYCLES & ATVS WANTED. DEAD or ALIVE - cash waiting! Call (586) 727-3697 or email richmondcycle@frontier.com.

**BUYING WWII, VIETNAM & ALL MILITARY** ITEMS, Helmets, Uniforms, Patches, Medals, Flags, Daggers, Pictures and more. Cash paid! Will travel. Call or text Jay at (586) 601-8516.

WANTED TO BUY: Small to medium enclosed trailer. Call Al at (810) 614-8034.

WANTED TO BUY! Having an estate or garage sale? Downsizing? Got vintage or antique Christmas items, ornaments or decorations? We buy all year long. Call Al at (810) 614-8034.

#### **For Sale**

LAKEFRONT HOME, Colonial with partially finished walk-out basement. Five bedrooms, three baths, beautiful condition. Multi-level deck in Shelby Township, Macomb County. \$489,900. Call (586) 201-2000.

CHARMING TUDOR, \$950,000. Private, 2 acres on open water in Grosse Ile., Wayne County. 3,000 square feet, 3+ detached garage and dock/pier facility. Call Carol at (586) 201-2000.



February 2019







\*SOME RESTRICTIONS APPLY, SEE STORE FOR DETAILS. OFFER EXPIRES FEBRUARY 28, 2019. <sup>+</sup>OFFER INCLUDES ONE DOUBLE BOWL STAINLESS STEEL SINK FOR KITCHEN, UP TO 2 UNDERMOUNT OVAL PORCELAIN SINKS PER BATHROOM



#### **MARKET MATTERS**

The winter housing market around Michigan is showing several signs of slowing, providing a much-needed break for potential buyers who have been waiting to jump into the market. With a strong economy and low unemployment, the seasonal housing dip is likely more about a continued rebalancing of the market than a sign of a downturn.

The number of houses sold in southeastern Michigan in 2018 decreased compared to 2017, while median and average sale prices increased. The GMAR report of the Greater Metropolitan Area of Detroit showed the number of house sales was down 3.3%, while the average sale price was up 5.1%.

In St. Clair County the average sale price was up 10.2%; Oakland County up 6.4%; and in Macomb County, the average sale price was up 5.7%.

Does this mean that buying or selling in the winter months should be avoided? Absolutely not...it's just the opposite!

There is less competition because there are fewer homes on the market and buyers are typically more serious. Waiting until spring rolls around means more houses to choose from, but the number of buyers also goes up, thus increasing competition for the supply. And finally, while interest rates are in an upward trend, there have been some recent dips in rates and waiting may cost you more and reduce your buying power and affordability for the type of home you want. If you are selling and moving up to a larger home, making the move sooner rather than later will also increase your buying power.

#### \* \* \*

#### **HOME STAGING TIPS**

Staging your home is a wonderful way to help your home sell more quickly! Buyers are more motivated to consider purchasing a home that suits their family size, budget and location requirements, but also one that appeals to their senses. What will a buyer see, smell, hear and touch when they first see your home?

#### Staging doesn't have to be expensive.

Sure, you can hire a decorator or invest in new furniture or renovations. But, if you're like many sellers we work with, high-end staging may not be in your plan or budget. That's why we put together detailed, room-by-room, personalized staging tips for our clients. Here are a few tips that may be helpful to you.

- Say Goodbye to Clutter! The most important thing you can do to prepare your home for sale (and for your move) is to get rid of clutter. Take a hard look at what you have and ask yourself what you can live without.
- **Curb Appeal** Be sure the entrance is clean and well-maintained, no weeds, no cobwebs. First impressions count.
- Potted Plants, Fresh Flowers Plants, small or large, are an easy and inexpensive way to create visual appeal. Flower arrangements in vases you already own look beautiful and will smell naturally fresh.
- Home Fragrance Gentle odors, such as lightly scented candles, sprays and plug-in type fragrance gadgets in delicate scents, can work wonders. You must eliminate smoke and pet odors.
- Baskets and Decorative Containers can help organize scattered items and eliminate clutter.
- Light Bulbs and Dimmer Switches Brighten dark areas and rooms or soften harsh light with dimmers and the newer soft light bulbs with working bulbs in all fixtures.
- Paint over unusual colors or update stark white walls with a contemporary neutral tone.
- Clean the Mechanicals' Area of the house thoroughly. Eliminate dust and debris from your water heater and furnace. Let the prospective buyers know you pay attention to maintaining your home.

Editor's Note: Don and Barbara Alcorn are Realtors® serving St. Clair, Oakland, Macomb Counties and the Grosse Pointes, and are part of an international network of realtors. They are affiliated with Coldwell Banker Weir Manuel, the #1 Coldwell Banker in Michigan. You can reach Don and Barbara at (810) 278-6654 or (810) 278-6655 or dalcorn@cbwm.com or balcorn@cbwm.com.





# Focus on Hospice

#### GRIEF IS THE NORMAL RESPONSE TO LOSING A LOVED ONE

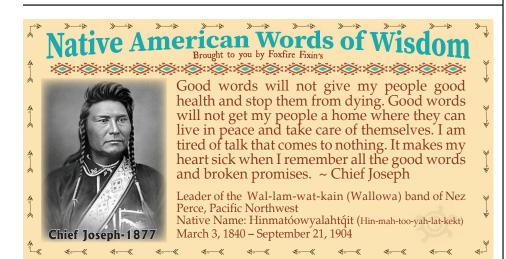
Contributed by Faith Jaciuk, Community Liaison for Grace Hospice, Marysville, Michigan

Grief is not easily defined and often, it not well understood. Many descriptive phrases offer some insight into what grieving actually involves. Sometimes it is referred to as "intense sorrow" or "deep mental anguish". Others have described it as "keen mental suffering" and "the normal process of reacting to a loss". Nonetheless, it is widely accepted that grief is not an emotion but rather a normal experience that people endure after losing a loved one or something of significant value. It gives meaning to the importance of what we no longer have in our lives.

Although grief is defined as an experience, it is full of emotions and feelings. Some examples include sadness, hopelessness, helplessness and loneliness, as well as others like anger, shock, guilt and fear. It's impossible to list them all, as grief is different things to different people. There are also physical aspects that can be overwhelming and exhausting. Many individuals experience sleep disturbances, restlessness or lethargy, diminished appetite and sensitivity to otherwise normal stimuli. It's important to be aware of these expected changes and to know how to stay healthy during the grief experience. Medical professionals, bereavement counselors and clergy are valuable resources for help in navigating the grief process.

Mourning is commonly referred to as the outward expression of grief. It involves socially accepted rituals, such as visitation, the funeral and burial. These are opportunities for others to show their support and acknowledge the loss one has experienced. Unfortunately, this is usually short-lived and the grieving lasts long after others have resumed their normally busy lives. Often, this is when people need to seek additional support or resources to assist with the journey that lies ahead. The grief experience is unique for each individual and there is no specific time period for how long it will last. The physical and psychological aspects can last for weeks, months and even years, but most people would agree that the intensity and severity of the grief response lessens over time. I can be reached at (810) 294-8580 for any questions.

Editors note: The content of this article is for informational purposes only and is not intended to be legal or medical advice.



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#### **Authorized OTICON Provider**







Did you know that it only takes one bed bug to start a heavy infestation? I know, I know, just hearing the words bed and bug together makes your skin crawl, right? Bed bug infestations are on the rise, and I want you to be prepared!

Most people assume that bed bugs are a sign of filth, but this is not true at all. You can clean everyday to have a spotless home and still end up with bed bugs. They can be picked up from numerous places and are known for their hitchhiking skills. If you encounter one in a movie theater, restaurant, hotel, hospital, public transportation, clothes dressing rooms, or just about anywhere, chances are it will hitch a ride home with you. And that one can turn into another one and another one until suddenly your home and furniture are filled with these pesky creatures.

So, what should you be looking for? Bed bugs are dark brown to red in color (usually after they have had a blood meal) with wide, flat bodies. They will undergo gradual metamorphosis – meaning they molt and change several times between being born and growing into an adult. Fully grown bed bugs can be 1/4 inch long, but the egg and nymph stages are smaller and harder to spot. Bed bugs will generally survive by getting blood meals from their hosts, and they prefer humans, but will feed off other vertebrates if needed, such as cats, dogs and even mice. Unfortunately, it's important to note that bed bugs can live up to one year without a blood meal. It is possible for bed bugs to harbor human diseases, but there is no proof that they can transmit these diseases.

Most people aren't even aware they even have a problem until it's too late. Bed bugs are nocturnal and their bites are almost completely painless, as to not alert the host to their presence. They have completely adapted to living with humans. Their flat bodies allow them to hide in the smallest of places, like bed frames, dressers, wallboards, door frames, behind outlet covers, etc. As long as the bed bug has a host to feed off every night, they have no reason to leave your bedroom or sleeping area. They hide out around the bed during the day and then come out to feed at night.

As I stated before, bed bugs are not a sign of a dirty house or bad housekeeping habits. However, once you have an infestation, cleaning daily is extremely important. You must eliminate harborage and egg-laying areas. Bed bugs lay eggs multiple times each day. Under ideal conditions (temperature, humidity, etc.), eggs will hatch in about two weeks. Regularly vacuuming and keeping your home free of clutter will be the key during the treatment process. If you can vacuum up and dispose of the eggs before they hatch, you can greatly reduce the number of adult bugs inside your home.

If you suspect you have a bed bug infestation, the first thing you should do is call a professional and have your home inspected to make sure that the bug you're seeing really is a bed bug. Another bug, called a bat bug, looks almost identical to the bed bug. Bat bugs are found on and feed on bats. If an attic is infested with bats and bat bugs, there is a chance these bugs can make their way into the living space and feed on humans or pets. They can easily be mistaken for bed bugs.

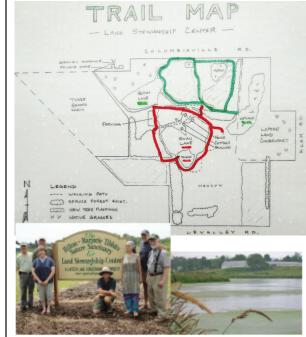
After it is confirmed that you do have bed bugs, the treatment process should begin as soon as possible. Bed bugs are very hard to eliminate and it make take several treatments. Due to the nature of the bugs and the different life stages they go through, treatment will be a lengthy, tedious process. ABC Home & Commercial Services has been treating bed bugs for over 15 years. Our experienced technicians know where to look for and how to spot these frustrating bugs. They know what treatment options work best and will work with you every step of the way to guarantee the best possible outcome. Call ABC Home & Commercial Services now at (810) 794-5678 to schedule an inspection and get your treatment plan started today!





Tibbits Nature Sanctuary Walk Submitted by Tina House

Take your family on a walk over the 64-acre Tibbits Nature Sanctuary and enjoy its natural grasses, fields and ponds. It is located very near Columbiaville Village at 4089 Columbiaville Road, and is open from dawn



to dusk with mowed trails. Asmallparkinglothasaposted sign. As it is a santuary, there are no dogs, hunting, fishing or ORVs allowed. The Tibbits Nature Sanctuary property is managed by the Lapeer Land Conservancy. For questions about TNS, contact Land Steward Karen Pate at (810) 969-1023.

The Sutherland Nature Center, located at 3960 Diehl Road in Metamora is also managed by the Lapeer Land Conservancy and has over two miles of walking trails. Chris Tippen, is the Land Steward to contact with questions about the SNC, (248) 627-5815.





**ST. JOHN'S** and Maria Street in New Baltimore. It was donated from judge, 1860s Michigan state senator and town benefactor, the Honorable Gilbert Hatheway.

The St. John's Lutheran Church edifice was completed in 1870. Services were held exclusively in the German language until 1916, when English sermons began to be phased in. By 1934, the services were conducted exclusively in English.

In a 1933 article commemorating the 70<sup>th</sup> Anniversary of the church, the *New Baltimore News* noted that the early church, at that time called St. John's Evangelical Lutheran Church, sang "without benefit of music." This was rectified in 1905, when they purchased a Hinners "mechanical action" organ. The article also lists the ministers that the church had up until 1933.



*The 1933 issue of the* New Baltimore News *reported on the 70<sup>th</sup> anniversary of the St. John's Evangelical Lutheran Church. Courtesy of Sue Veryser* 

The following pastors served the congregation during the 70 years of its history: Rev. Engels 1863-1871; Rev. Hecke 1871-1875: Rev. Kaempflein 1875-1878: Rev. A Beroset 1878 -1889: Rev. K. Lumster 1889-1892: Rev. Winter 1892-1900: Rev. Kliefoth 1900-1907: Rev. Dobratz 1907-1909: Rev. Liedtke 1909-1915: Rev. H. Probst 1916-1919: Rev. Geo. Kaiser 19119-1924 : Rev. F. Duerschner 1925-1918: and the present pastor, Rev. Herbert Hafermann, from 1930 to the present time. At various times the congregation was supplied by neighboring pastors, the last time by Rev. Hueter of Peters from 1928-1930.

A 1933 article of the New Baltimore News listed the St. John's Lutheran ministers up to that date. Courtesy of Sue Veryser

In May of 1916, the church was raised several feet and a basement dug underneath. Also in 1916, other renovations included the construction of an altar niche, a furnace room and a kitchen. New oak pews were added, as well as having the church wired for electricity and adding carpeting. In 1955, an additional building was added next to the church. A Michigan Historical Plaque was awarded to the church in 1979.

Gilbert Hatheway owned the stave mill his father David had started. Hatheway had a dock between present-day Base and Maria Streets that he could see from the cupola at the top of the mansion he had built at the Ashley/Romeo Plank Road (now Washington Street) and Cemetery Street (now 24 Mile Road) in New Baltimore. He was also a judge and a Michigan state senator.

Gilbert Hatheway loaned the City of New Baltimore money to rebuild after its Great Fire of 1870, and in his will provided for Hatheway Institute, a large high school and teacher's college that was the chief educational institution for many



Hatheway Institute, built with funds left to the city by Gilbert Hatheway, courtesy of Bob Mack

years in New Baltimore. An annual reunion is still held by some of the alumni.

The Hatheway Mansion, which survived until the early 2000s, had a long history after Hatheway the family owned it. It was famously known as The Firs, a park and facility in 1900, and later well was also



The Hatheway Mansion in 1900 as "The Firs", courtesy of the Library of Congress, which has many pictures of the mansion on its loc.gov website

known as a center of paranormal activity, up until its demolition in 2002.

The Hatheway Mansion, the Hatheway Institute and the Hatheway Dock are all gone. But still thriving at 156 years old is the church Gilbert Hatheway helped start. St. John's Lutheran Church has been an integral part of the Anchor Bay community since its inception, and its landmark church and steeple continue to tower over the New Baltimore skyline.

Alan Naldrett can be reached at alannaldrett@gmail.com.



It was only a few weeks ago when Lyla's new favorite way to begin a sentence was, "I want (and fill in the blank)." She wanted to be held, she wanted to play, she wanted to eat, she wanted to color, she wanted to come up, go down, throw the ball – you get the picture. This week, she has expanded her vocabulary and now begins every

sentence with, "I need." I need to get down, I need to come up, I need to eat, I need a drink – again, you get the picture.

Just the other day, I brought a caterpillar cookie cutter to her house, with which we together cut out peanut butter and jelly sandwiches and called them "caterpillar sandwiches" (for obvious reasons), and simply because it was fun!

Yesterday morning when I stopped by for a few minutes, as soon as Lyla saw me she said, "Hi Gummy. I need to make a caterpillar sandwich." She really wasn't hungry, and she probably really didn't even want a peanut butter and jelly sandwich at that moment. I laughed about it that afternoon and thought to myself that at a month shy of turning two, she doesn't know the difference yet between what she wants and what she truly needs.

- Today though, I wondered a lot deeper about whether or not sometimes I can tell the difference between some of the things I want, and what I truly need. I really wrestle with God about some
- of those things. And just like Lyla thinking she needed that

caterpillar sandwich at 10:00 a.m., I probably don't need half the things I want to have either.

Grandchildren. Hmmmm, they really can make ya think! Here's the recipe:

- Make a peanut butter
- and jelly sandwich,
- and use a cookie

cutter in the shape of

a caterpillar! I know, I

- know easiest recipe
- ever, right? Grandkids
- are so much fun! 🕻





If you have an event in March that you would like listed in the March issue of *ThumbPrint News*, email it to ThumbPrintNews@comcast.net by February 12, 2019. There is no charge for the listing. Limited space is available for publishing events in this section. If it becomes necessary to eliminate some of the events that were submitted to us, we apologize. Events that were submitted earliest and non-profit events will be given the first priority.

Editor's note: Before traveling beyond your hometown to attend any of these events, please call ahead for any changes in dates or times or for any cancellations.

#### **GENESEE**

No events were submitted for Genesee County this month.

#### HURON

No events were submitted for Huron County this month.

#### LAPEER

Lapeer – February 1 Buddy Holly, Richie Valens and Big Bopper Tribute Show, 60<sup>th</sup> Anniversary of "The Day the Music Died", Lapeer Area Elk's Lodge #2567, 200 E. Nepessing St., 7:00 p.m. Tickets \$20 each or table of 8 for \$140. RSVP only to Gary at (810) 441-9075.

#### Imlay City - February 3

Sunday Breakfast, Imlay City Eagles, 170 S. Almont Ave., 8:30 a.m. – 11:30 a.m. (while supplies last). \$7 for ages 11 to adult, \$4 for ages 6 – 10, children 5 and under free (not allyou-can-eat). Proceeds go to cancer and Alzheimer/dementia charities. Country breakfast includes sausage

biscuits and gravy (or two biscuits and two sausages), scrambled eggs, fried potatoes, coffee, juice and milk. There will also be a 50/50 drawing and a raffle. For more information contact Betty at cbmason2007@hotmail.com.

#### Lapeer – February 5

Spaghetti Dinner, American Legion Post 16, 1701 W. Genesee St.,
4:45 p.m. – 7:00 p.m. \$7 per person,
\$6 for seniors, \$4 for ages 4 – 7 (under 4 free). Public invited. All proceeds go towards Lapeer District Schools' scholarship fund. For more information email americanlegion16@gmail.com.

#### Lapeer – February 9

Hippie Festival, American Legion Post 16, 1701 W. Genesee St., 11:00 a.m. – 7:00 p.m. \$1 entry. Kids under 12 free. Family friendly. For more information email americanlegion16@gmail.com.

#### Lapeer – February 12

**Taco Night,** American Legion Post 16, 1701 W. Genesee St., 4:00 p.m. – 7:00 p.m. For more information email americanlegion16@gmail.com.

#### Lapeer – February 16 James Taylor and Simon and Garfunkel Tribute Show,

Lapeer Area Elk's Lodge #2567, 200 E. Nepessing St., 7:00 p.m. Performed by Chris and Sally Eilersen. Tickets \$20 each or table of 8 for \$140. Limited seating. RSVP only to Gary at (810) 441-9075.

#### Lapeer – February 24

Annual Railroad Show, American Legion Post 16, 1701 W. Genesee St.,

10:00 a.m. – 3:00 p.m. Entry fee \$3. For more information email americanlegion16@gmail.com.

#### MACOMB

**Richmond – February 5** Woman's Life Chapter 855 Meeting, Lois Wagner Memorial Library, 35200 Division, 6:30 p.m. Everyone is welcome to attend.

For more information call Kathleen at (586) 872-3867.

#### Washington Twp. – February 6, 13 & 20 Confident Communicators

**Toastmasters Club**, Washington Township offices in the upstairs boardroom, 57900 Van Dyke (between 26 Mile Rd. and West), 8:15 a.m. – 9:30 a.m. 1<sup>st</sup> three visits are free. For more information contact Kim at (586) 933-3286.

#### Macomb – February 9 Celebrity Waiter Fundraiser

for Relay for Life, Tina's Country House, 50828 North Ave., Fabulous food, open bar, entertainment, themed tables, and fundraising activities, such as 50/50, gift basket auction and our Cocktail Stroll, where participants

cocktail Stroll, where participants can win adult beverage gift baskets. Tickets are \$50 per person and must be purchased in advance. To purchase tickets or for more information call Sue at (810) 814-1111.

#### **New Baltimore – February 10** Flea Market, Craft and Vendor

Sale, New Baltimore VFW Hall, 35011 23 Mile Rd., 9:00 a.m. – 2:00 p.m. Tables can be rented for \$10 each, with no reservations needed. Free admission to shop. For more information call Michelle at (586) 746-6242.

#### OAKLAND

#### Novi – February 28 – March 3 Cottage and Lakefront Living Show, Suburban Collection

Showplace, 46100 Grand River Ave., 1:00 p.m. – 9:00 p.m. on Thursday, 11:00 a.m. – 9:00 p.m. on Friday, 10:00 a.m. – 9:00 p.m. on Saturday and 10:00 a.m. – 5:00 p.m. on Sunday. Admission is \$10 online or \$12 at the door, \$5 for children ages 6 – 14 and children 5 and under admitted free. For more information and a complete list of events visit NoviCottageShow.com.

### ST. CLAIR

#### All of St. Clair County All Year Long Bottle and Can Drive, various

Bottle and Can Drive, various locations. Woman's Life Chapter 855 is collecting bottles and cans all year long to help those in need. For a representative of our group call (586) 392-5136.

#### Fair Haven – February 1, 8 & 15

**Family Storytime**, Ira Township Library, 7013 Meldrum Rd., 10:00 a.m. Stories, music and crafts for children ages 0 – 5 years old and their caregivers. For more information call (586) 725-9081.

#### Marysville – beginning February 1

Color Me Calm, Marysville Library, 1175 Delaware. Relax and enjoy time alone or with friends as you create a fun piece of artwork. Coloring pages and pencils will be made available daily for the asking. For more information call (810) 364-9493.

#### Marine City – February 2 Homeownership 101 with Mauri,

Marine City Library, 300 S. Parker, 2:00 p.m. Join us, along with Mauri and other real estate professionals, as they introduce some amazing new programs that can help you become a homeowner. This is a three-part series for professionals to share their knowledge of information that you won't learn on the internet. For more information call (810) 765-5233.

#### St. Clair - February 4, 11 & 25

Cribbage, St. Clair Library, 310 S. Second St., 1:00 p.m. – 4:00 p.m. Did you ever want to learn how to play cribbage? Come on in and learn. Adult/ senior program. Refreshments will be provided. For more information call (810) 329-3951.

#### **Memphis – February 7** The Nature of Chocolate,

Memphis Library, 34830 Potter St., 6:00 p.m. Even though it doesn't grow here in the Great Lakes' region, we are connected to the nature of chocolate every time we indulge! This program looks at the history, ecology and manufacturing of one of our favorite treats. An indulgent chocolate tasting is included as part of this educational, yet sweet program. Seating is limited. Adults only. Please register by calling (810) 392-2980.

#### Capac – February 9

**No-Sew Heart Pillows**, Capac Library, 111 N. Main, 11:30 a.m. Come and join us as we make heart-shaped pillows. In this no-sew project, we will be tying knots to assemble the pillow, then decorating it with fabric paint. For more information call (810) 395-7000.

#### St. Clair - February 9

Euchre Tournament, St. Clair Masonic Temple, 1800 St. Clair Hwy., doors open at 1:00 p.m., play begins at 1:30 p.m. Hosted by Cornell Marysville Chapter #93. Admission is \$10 per person. Door prizes and 50/50 drawing. Refreshments are provided. Public is welcome. For more information call Diane at (586) 337-2729. Port Huron – February 11 A Matter of Balance: Managing Concerns about Falls, Lake Huron Medical Center, 2601 Electric Ave., 1:00 p.m. – 3:00 p.m. This class is free to attend and meets for eight consecutive weeks beginning Monday, February 11. Attendance in all eight sessions is recommended. This class can help people improve their quality of life and remain independent. For

more information or to register call Rosemary at (810) 216-1035.

#### Yale – February 12 Teen Craft Day, Yale Library,

2 Jones St., 3:00 p.m. Teens, join us for an afternoon of crafts and snacks. Registration is requested, but not required. For more information call (810) 387-2940.

#### Algonac – February 14 Pet Loss Support Group,

Algonac-Clay Library, 2011 St. Clair River Dr., 6:30 p.m. Coping with grief after the loss of a pet can be devastating. Give yourself permission to grieve in a supportive and understanding group. Registration requested by calling (810) 794-4471.

Kimball – February 14 Teen Time – "Stained Glass" Faux-tive Candle, Kimball Township Library, 1955 N. Allen Rd., 5:00 p.m. Beat the winter blues by making a little light! We'll show you how to use tissue paper and Modge Podge to create a votive candleholder with the look of stained glass. All supplies provided. Registration requested. Ages 12 – 18. For more information or to register call (810) 982-9171.

#### Marine City – February 14 & 15 Have a Heart, Save a Heart Valentine's Day Fundraiser for the American Heart Association,

Foxfire Fixin's Restaurant, 7200 River Rd., 7:30 a.m. - 9:00 p.m. on Thursday and 7:30 a.m. - 10:00 p.m. on Friday. This Valentine's Day combine a delicious, romantic night out at a unique, eclectic restaurant which offers a huge menu - something for everyone – with helping out the American Heart Association. Foxfire Fixin's will donate 20% of all food and drink purchases all day long on February 14 and 15 (breakfast, lunch and dinner) to the American Heart Association (excludes taxes, tips and alcoholic beverages). Full bar available. Menu available at FoxfireFixins.com. Reservations recommended. For more information call (810) 765-Y'ALL.

**St. Clair – February 15** AYCE Fish and Shrimp Buffet,

American Legion Post 382, 1322 Clinton Ave., 4:00 p.m. – 7:00 p.m. Adults \$10, kids 5 – 11 \$5, kids under 5 free. Fish, shrimp, redskin potatoes, fries, baked beans, coleslaw, green salad, rolls, dessert and ice cream. Call (810) 329-2871 for more information.

#### Lakeport – February 16 Adulting 101: Financial Know-

How, Burtchville Township Library, 7097 Second St., 1:00 p.m. Basic how-tos for ages 16 – 25 years old. Learn how to balance a checkbook, set a budget and build credit. For more information call (810) 385-8550.

#### St. Clair – February 17 AYCE Breakfast Buffet, American

Legion Post 382, 1322 Clinton Ave., 8:00 a.m. – 12:00 p.m. Adults \$7, kids 5 – 11 \$3, kids under 5 free. Two kinds of scrambled eggs, sausage, potatoes, pancakes, Belgian waffles with strawberries and whipped cream, sausage gravy and biscuits, coffee and orange juice. Call (810) 329-2871 for more information.

#### Marine City – February 19 Fundraiser Night for Algonac Storm Fast Pitch Softball Teams,

Foxfire Fixin's Restaurant, 7200 River Rd., 5:00 p.m. – 9:00 p.m. Foxfire Fixin's will donate 20% of all food and beverage purchases on that night to Algonac Storm (excludes taxes, tips and alcoholic beverages). Bring your family and friends and their friends too. Every little bit helps a lot! Fundraising helps to pay for their league play, uniforms, equipment, umpires, tournaments, indoor practices, etc. Be sure to come out for delicious food, a good cause and a great time. Check out Foxfire Fixin's

menu at FoxfireFixins.com. For more information call (810) 765-Y'ALL.

#### Algonac – February 20 & 27 K of C Bingo is Moving, K of C

Bingo, formerly located at the old Knights of Columbus Hall on King Road in Marine City, is moving to St. Catherine's Activity Center (gym) at 1103 Washington Street in Algonac. Doors open at 5:00 p.m. Bingo starts at 7:00 p.m. All proceeds benefit Knights of Columbus charities. For mor information call Paul (734) 837-5807

#### **Port Huron – February 20**

Novels at Night, Port Huron Library, 210 McMorran Blvd., 7:00 p.m. Looking for an exciting activity for after work? Novels at Night discusses fiction and nonfiction titles that include popular works along with books that might have flown under the radar. This month's title is *The Sixth Extinction: An Unnatural History* by Elizabeth Kolber. Registration is preferred. For more information or to register call (810) 987-7323 ext. 124.

Marysville – February 28 St. Clair County Family History Group Meeting, Marysville Library, 1175 Delaware Ave., 6:00 p.m. The meeting will begin with our program, "The Volga Germans of St. Clair

County", and will be given by Tim Weeder. This will be followed by our business meeting. Light refreshments will be served. Anyone interested in local history or researching their family history is welcome to attend as a guest or may become a member.

For more information contact grannyfran21@sbcglobal.net.

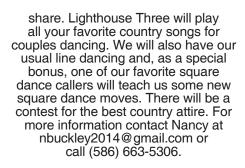
#### SANILAC

#### Sandusky – February 9

Thumb Dance Club, Maple Valley School, 138 Maple St., 7:00 p.m. – 10:30 p.m. The cost is \$7 and bring a snack to share. The Natural Tones will play warm-hearted love songs in celebration of Valentine's Day, as well as their regular line-up for couples dancing, line dancing and square dancing. Everyone is encouraged to wear red. The monthly birthday cake will be served. For more information contact Nancy at nbuckley2014@gmail.com or call (586) 663-5306.

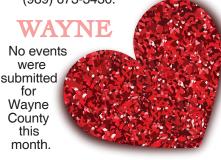
#### Sandusky – February 9

**Thumb Dance Club Country Night**, Maple Valley School, 138 Maple St., 7:00 p.m. – 10:30 p.m. The cost is \$7 and bring a snack to

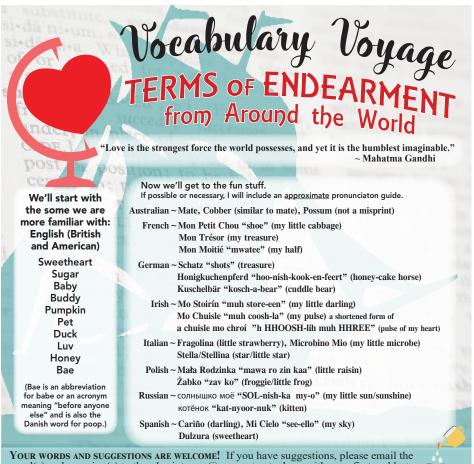


#### **TUSCOLA**

#### Caro – February 23 16<sup>th</sup> Annual Farm Collectibles and Toy Show, The Brentwood, 178 Park Dr., 8:30 a.m. – 3:00 p.m. Buy, sell and swap farm toys, collectibles, antiques, parts and literature. Sponsored by The Thumb Area Old Engine and Tractor Association. Admission is a \$2 donation for adults; 12 and under are admitted free. For more information call (989) 673-3430.







word(s) and meaning(s) to thumbprintnews@comcast.net, along with your first and last name and the city of your residence, or mail them to us at the address located on page 2 of the paper. Without all the requested information, we will be unable to use your submission.



# PET DENTAL HEALTH MONTH

By Dr. DiBenedetto ThumbPrint News Columnist

Dental health is a very important part of our pet's overall health. Dental problems can cause, or be caused by, other health



problems, which is why your pet's teeth and gums should be checked at least once a year by your veterinarian to look for early signs of a problem and to keep your pet's mouth healthy. According to the American Veterinary Dental Society, more than 80% of both dogs and cats have dental disease by the age of three. Since February is National Pet Dental Health month, I wanted to spread the word on pet's oral health. Thanks in part to new advances and concepts in veterinary dentistry that have been adapted from human dentistry and modified for animals, veterinary dental care no longer ranks as one of the most commonly ignored areas of pet health care.

Periodontal disease is an infection of the tissues surrounding the teeth that takes hold in progressive stages. Periodontal disease starts out with accumulation of a bacterial film on the tooth surface called plaque. If plaque is not removed, minerals in your pet's saliva will combine with the film and within about three days, this calcified plaque forms a hard, rough substance called tartar or calculus. Buildup of tartar on the tooth's surface in turn allows more plaque to attach. So initially, plaque is soft and brushing or chewing hard food and toys can dislodge it. When plaque and tartar continue to accumulate, it leads to gingivitis, an inflammatory process of the gums. This process causes the gums to become red and swollen and they tend to bleed easily. As more tartar builds up on the tooth surface, it will begin to push up the gums and accumulate under the gum line. This then ultimately leads to destruction of the tissues and the boney socket around the tooth root, causing the tooth to become loose.

Periodontal disease is serious, but preventable and treatable in most pets. If dental disease is identified, a treatment plan should be formulated by your veterinarian. This includes professional care, home care tips and product recommendations, as well as follow up exams when needed. A professional cleaning consists of scaling off the hardened tartar, polishing the teeth to make the enamel smooth, then applying an anti-plaque substance, such as fluoride, to help strengthen and desensitize teeth and discourage the development of future plaque.

After a dental cleaning has been performed by your veterinarian, home care becomes a very important part of oral health maintenance. Brushing is the most effective way to control plaque and tartar buildup. However, we do realize brushing is not always a feasible option, especially in cats and small dogs. Since plaque can be mechanically removed, there are special, dry dental-diet foods, which contain an enzymatic coating for dental defense, that can be used. There are also many dental products on the market that address plaque removal, such as dental sprays or gels,

biscuits, chews and toys. Offering your pet a dental chew or toy after they eat will help to remove food particles and debris before they can form into plaque. However, you should always check with your veterinarian first on what products are safe to give to your pet.

Editor's note: Dr. DiBenedetto is a veterinarian at Maple Veterinary Hospital located at 2981 Iowa in Troy, Michigan. The hospital website is www.mvhvet.com. For other pet-related questions, you can reach Dr. DiBenedetto at (248) 585-2622.



# THUMBPRINT NEWS CONTEST

Each month, *ThumbPrint News* prints a photo of an object, person or a place for our readers to identify. If you think you know the answer, go to our website www.thumbprintnews.com and enter your answer. Of all persons submitting the correct answer by the 15<sup>th</sup> of the month, one person will be randomly selected to be entered into a drawing for a wonderful surprise gift at the end of the year! On December 16, 2019, one winner will be drawn out of all the monthly winners and the lucky person will be notified.

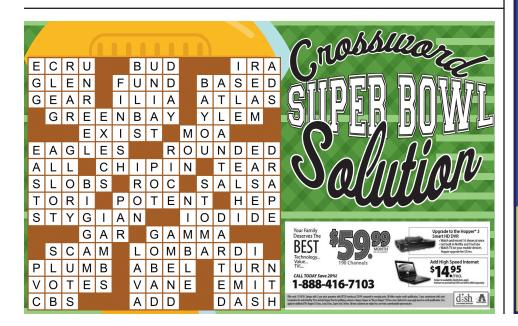
For our January contest, we asked our readers to identify who the person pictured to the right as a child is. Of all of those submitting the correct answer, Margaret Sarna of Troy, Michigan, was randomly chosen and will be entered into the year-end drawing. Margaret identified that the person was George W. Bush.

Here are some interesting facts about George W. Bush:

- George W. Bush had both the lowest and highest approval ratings in United States history. After the September 11, 2001, attacks, his approval rating was at 90 percent. Just before the 2008 elections, his approval rating was at 25%.
- He is the only president to earn a Master's of Business Administration (MBA), which he obtained in 1975 from the Harvard Business School.
- In Texas, George Bush was the first governor to be elected to two consecutive terms. He resigned in 2000, after winning the presidential election.
- The 2002 State of the Union address was the first to broadcast live on the internet.
  In 1993, Bush ran the Houston Marathon and finished in three hours and 44 minutes. He was the first president to have finished a marathon at some point in
- their life.He is also one of four presidents who were cheerleaders at their alma mater. The other three are Franklin D. Roosevelt, Dwight D. Eisenhower, and Ronald Reagan.
- The Texas Rangers baseball franchise was owned by George Bush from 1989 to 1994.

For our February contest, we are asking our readers to identify who the famous person shown on the right is as a child. Remember, go to our website www.thumbprintnews.com if you know the answer. Good luck!







**Submitted by Alisha Mireles** 

Did you know that in the state of Michigan alone, 83 people die a day due to a cardiovascular or stroke-related event? The American Heart Association (AHA) is working relentlessly to decrease that number through advocacy, quality and research efforts, along with training and education initiatives. It is the AHA we can thank for CPR and first aid trainings, blood pressure regulations and mandatory congenital heart defect screenings. AHA is providing more than \$8.4 million to fund 48 studies at Michigan research institutions. This research has led to discoveries, such as diuretics and other medications to help control blood pressure, pacemakers to help prolong quality of life, as well as artificial heart valves and transplant techniques to save lives. Heart disease is still the #1 cause of death in the United States. Our work is far from done, and we need your help!

Please join us this Valentine's Day, <u>Thursday, February 14th and Friday, February 15th</u>, for our <u>"Have a Heart, Save a Heart"</u> event in partnership with Foxfire Fixin's restaurant in Marine City, Michigan. The proceeds from your dining experience will benefit directly the American Heart Association. Foxfire Fixin's is located at 7200 River Road, Marine City, MI 48039. Please call (810) 765-9255 for reservations. See ad on pages 14 and 15 for more details about the event.

To learn how to become more involved with the American Heart Association and the Detroit Heart Walk, please contact Alisha Mireles at alisha.mireles@heart.org or (248) 936-5805.



On Tuesday, February 19<sup>th</sup>, from 5:00 p.m. to 9:00 p.m., Foxfire Fixin's will donate 20% of all food purchases\* to the Algonac Storm.

of all loog periodece to the regulation of storm. Reservations are not required, but may be taken for parties of four or more by calling (810) 765-9255.

## Bring your family and friends and their friends too!

All of our fundraising helps pay for our league play, uniforms, equipment, umpires, tournaments, indoor practices, etc...

We look to our communities for their support, as well as family and friends, and we encourage our teams to give back to our communities by volunteering their time, where and when it is needed. Thank you, Algonac Storm

EVERY LITTLE BIT HELPS A LOT! The more people you bring, the more money we make for our organization!

We Look Forward to Seeing You!



