



# STANDARD CHARTERED KL MARATHON GUIDE 2018

42km | 21km | 10km | 5km | 3km | 1km



**Celebrating  
10 Years  
of Running  
Together**

**STANDARD CHARTERED KL MARATHON  
7 & 8 APRIL 2018**



Step inside a travel experience like no other.



Transform the way you travel with a card that lets you earn AirMiles faster than ever while offering you comfort between trips, along with merchant offers across the region. Enjoy these privileges and more with the WorldMiles World Mastercard® credit card.

#### Faster way to earn AirMiles

- Earn 3 WorldMiles for every RM2 overseas spend,
  - Earn 1 WorldMiles for every RM3 local spend
- And convert them to your preferred frequent flyer programme

#### Unlimited Plaza Premium Lounge access<sup>1</sup>

Complimentary access to Plaza Premium Lounge in KLIA and klia2

#### Complimentary airport ride transfer<sup>2</sup>

Get up to RM80 cashback on your Airport Limousine or KLIA Ekspres ride home, with minimum 3x overseas transactions

#### Travel & lifestyle offers

Enjoy merchant offers from over 4,000 spots across the region

Don't have a WorldMiles card yet? SMS **CARDS** to **66399**, apply online, or call us at **1300 888 888** today.



[sc.com/my](https://sc.com/my)

Here for good

#### Terms and Conditions Excerpts

<sup>1</sup> The complimentary access to Plaza Premium International Lounges in KLIA & klia2 is only open to valid principal WorldMiles cardholders. Accompanying guest(s) will enjoy a discount of 20% off the Plaza Premium Lounges' published rates. <sup>2</sup> The Airport Limousine and KLIA Ekspres (ERL) Rides Cash Rebate of up to RM80 is applicable to all principal WorldMiles cardholders, and must be charged to the cardholder's WorldMiles credit card. To qualify for the rebate, cardholder must perform minimum 3 times retail transactions overseas in foreign currency with the WorldMiles credit card in the past 30 days, subject to maximum of one (1) cash rebate per calendar month. Please visit [sc.com/my](https://sc.com/my) for full Terms and Conditions.



# Table of Contents

## MESSAGES

Mayor of Kuala Lumpur	4
Standard Chartered Bank Malaysia Berhad	5
Malaysia Athletics Federation	6
Organising Committee	7

## RACE FACTS

Race Information	8
Event Day Schedule	8
Estimated Finishing Times	9
Prize Presentation Programme	9
Awards	11
Winners' Verification	12
Elite Athletes	14
Run For A Reason	15

## RUNNERS INFORMATION

General Facts	16
Full Marathon Checkpoints & Sweeper Bus Services	17
Runners' Entitlements & Services	18
Bibs	20
Timing Device	22
Baggage Service	23
Race Day Health	24
Health & Safety	25
Race Safety & Etiquette	26
Road Closures & Parking	27
Public Transportation Services	28
Pace Your Race	29

## START & FINISH AREAS

Dataran Merdeka	32
10KM & 5KM	33
Kids Dash	34
Start Pens for Full Marathon & Half Marathon	35

## ROUTE MAPS

Full Marathon	36
Half Marathon	37
10KM	38
5KM Fun Run	39
3KM & 1KM Kids Dash	40

## IMPORTANT NOTICES

41





**Welcome Remarks by YBhg. Tan Sri Hj. Mhd. Amin Nordin bin Abd. Aziz  
Mayor of Kuala Lumpur**

Assalamualaikum Warahmatullahi Wabarakatuh

8 April 2018 marks the 10th Anniversary of the Standard Chartered KL Marathon (SCKLM) when more than 38,000 runners converge in Dataran Merdeka to participate in the premier running event in Malaysia, making it the largest yet. DBKL, as co-organisier, warmly welcomes all of you to Kuala Lumpur, and we wish all of you a fantastic stay in our capital city.

Although I know all of you are here with one objective in mind, which is to do your best in the Standard Chartered KL Marathon 2018, do take the opportunity to visit some of the many amazing attractions that this city has to offer. Malaysia is also widely recognised as a food haven owing to our unique multiculturalism so make sure to sample our many local delicacies. And of course, nature is usually just a stone's throw away from most cities in Malaysia and Kuala Lumpur is no different, so give yourself some time to explore the fauna and flora surrounding the city and other parts of Malaysia.

I believe this year we have managed to get a record number of running tourists and this can only bode well for the continued success of the event. The Standard Chartered KL Marathon has grown from strength to strength since its inception and it is heartening to see an event that promotes sporting excellence and healthy living gain the traction that it has. DBKL is honoured to be able to play a part in helping Malaysians from all walks of life to adopt a healthy lifestyle or pursue excellence in their sporting endeavours.

I would like to take this opportunity to congratulate title sponsor Standard Chartered Bank and co-organisier Dirigo Events on achieving their milestone 10th Anniversary. My sincere thanks also go out to the police, medical personnel, race officials and volunteers who work hard to maintain the iconic position of SCKLM as the premier running event in the country.

Welcome to Kuala Lumpur, have a fantastic run and enjoy your stay!





**Welcome Remarks by Abrar A. Anwar  
Managing Director and Chief Executive Officer  
Standard Chartered Bank Malaysia**

Welcome to the tenth anniversary of the Standard Chartered KL Marathon, one of Malaysia's most anticipated running events of the year.

We are proud to witness the marathon growing into an iconic sporting event in Kuala Lumpur with participation by runners from all over the world. Running a marathon is not just about the sheer desire to win. It is about embarking on a journey which requires commitment, perseverance, courage and a positive state of mind. As the first bank in Malaysia with a rich and diverse history spanning 143 years, this is in line with our brand promise to be Here for good.

Charity is also a key element in the Standard Chartered KL Marathon. It is an event with a heart, challenging a runner's personal limits but also leveraging the marathon to give back to the community by raising funds for the less fortunate. This year, funds raised from the marathon will be channeled to Seeing Is Believing, the Bank's global initiative to tackle avoidable blindness and visual impairment.

My utmost gratitude to everyone who has come forward through 'Run for a Reason' in support of Seeing is Believing to create that much needed awareness of avoidable blindness and its effects on so many within our communities.

I hope whatever your reason to run may be, that you enjoy the unique opportunity to pace through the city of Kuala Lumpur, take in some of its iconic landmarks and raise money for a worthy cause.

See you at the race!





**Welcome Remarks by YBhg. Dato' Karim Ibrahim  
President of Malaysia Athletics Federation**

The Standard Chartered KL Marathon (SCKLM) 2018 promises to be the best yet with over 38,000 runners congregating in Dataran Merdeka on 8 April to celebrate the 10th anniversary of Malaysia's premier running event.

The Malaysia Athletics Federation (MAF) is pleased to welcome both local and international runners to this year's edition and we are gratified to see SCKLM continue to attract runners from Malaysia and around the world to the point that the race now sells out in a matter of hours. This is a fantastic achievement for all those involved in organising the event and is a great barometer of the current popularity of the event.

For the 10th Anniversary, event owner and organiser Dirigo Events, have introduced 10 new features for this year and critical to runners will be the new routes employed for the Full and Half Marathons. We have also extended the Full Marathon cut-off time to 7 hours and 15 minutes to compensate for those who have to start from the back of the crowd. This year there are record numbers for the Full and Half Marathons and it takes close to 15 minutes to get the last runner over the Start line, so we hope by extending the cut-off time, everyone will have a minimum of seven hours to finish the race.

We are honoured to be a part of the 10th Anniversary celebrations of SCKLM and we hope to continue providing technical support to Dirigo Events, who have done an amazing job elevating this event to its current international standards, and making it an eagerly awaited event in the local and international running calendar.

Finally, I would like to take this opportunity to wish all participants of SCKLM2018 the best of luck and more importantly, enjoy the day!





**Welcome Remarks by Rainer Biemans**  
**Director of Dirigo Events**  
**Event Owner and Organiser of the Standard Chartered KL Marathon**

Welcome to the 10th Anniversary of the Standard Chartered KL Marathon. The 2018 edition, I am humbled to say, is a significant one as it marks 10 years of hard work, perseverance, cooperation and competition. It is a time for reflection on the highs and lows, and there have been plenty of both, as well as a time to take stock of where we are now and where we want to be in the next 10 years.

We at Dirigo have always believed that the Marathon brings out the best in people and through the Standard Chartered KL Marathon, we've all been privileged to meet and learn from truly inspiring individuals. This year we celebrate all those individuals and many more who have made the Standard Chartered KL Marathon the event that it is, the premier running event in Malaysia.

After 10 years, we are pleased to report that our enthusiasm and passion for organising this event has not diminished. In fact, the continuous growth of the event and the ardent support of our runners has only managed to revitalise our energies and refocus our efforts to continue to provide the best possible race experience for all our participants and stakeholders.

I am also happy to see the growth in the Full and Half Marathon categories where they now make up more than 60% of total participants, making SCKLM genuinely worthy of its Marathon title. I am equally delighted to see the quality of the Malaysian Men's Full Marathon category increasing as well, with three Malaysians currently at 2:30:00 net time or under. All three will be competing at SCKLM2018 and the competition amongst them is sure to be a highlight.

Please make full use of this Guide Book as it contains all the required information to help you have a pleasant and memorable race day experience. Make sure you know your start times, pens, baggage check, parking locations and such to ensure you have a smooth and hassle-free time on Race Day.

I would like to take this moment to thank all our partners and sponsors who have supported SCKLM over the years, without whom this event would not be the success that it is. On behalf of Dirigo Events, I would like to extend my deepest gratitude to title sponsor Standard Chartered Bank who have been with us from the start, as well as our other sponsors Brooks, Seiko, Lucozade and Pacific Regency. I would also like to thank our co-organiser DBKL, MAF, FTKLAA, PDRM as well as all our media partners, staff and volunteers, for their sterling support.

We have a few surprises in store for Race Day to celebrate our 10th Anniversary so we hope you have a fantastic day.

See you at the starting line!

## RACE FACTS

## Race Information

EVENT OWNER & ORGANISER	Dirigo Events Sdn Bhd, Dewan Bandaraya Kuala Lumpur	
SANCTIONED & SUPPORTED BY	IAAF, AIMS, Kementerian Belia & Sukan Malaysia, MAF, FTKLAA	
VENUE	Dataran Merdeka and the City of Kuala Lumpur	
DATES	7 April 2018, Saturday	8 April 2018, Sunday
START TIMES	5:20pm	4:00am
CATEGORIES	Kids Dash ( 3km : 10-12 year olds )	Full Marathon ( 42.195km )
	Kids Dash ( 1km : 6-9 year olds )	Half Marathon ( 21.0975km )
		10km ( Speed / Cruise / Leisure )
		5km Fun Run

## RACE FACTS

## Event Day Schedule

### 7 April 2018, Saturday - Start Times & Venue

It is recommended that you arrive at your Start Area at least 20 minutes before your flag off time.

**If you are not at the Start Area when the gun is fired, you may not be allowed to start.**

RACE CATEGORIES	START TIME	VENUE
1km Kids Dash	5:20pm	Dataran Merdeka
3km Kids Dash	5:30pm	Dataran Merdeka

### 8 April 2018, Sunday - Start Times & Venue

It is recommended that you arrive at your Start Area at least 20 minutes before your flag off time.

**If you are not at the Start Area when the gun is fired, you may not be allowed to start.**

RACE CATEGORIES	START TIME	VENUE
Warm-up for Full Marathon	3:30am	Dataran Merdeka
Race technical / Safety announcements	3:45am	Dataran Merdeka
Full Marathon (42.195km)	4:00am	Dataran Merdeka
Warm-up for Half Marathon	5:00am	Dataran Merdeka
Race technical / Safety announcements	5:15am	Dataran Merdeka
Half Marathon (21.1km)	5:30am	Dataran Merdeka
Warm-up for 10km Speed	6:15am	Jalan Tuanku Abdul Rahman (Jalan TAR)
10km Speed	6:45am	Jalan Tuanku Abdul Rahman (Jalan TAR)
10km Cruise	7:15am	Jalan Tuanku Abdul Rahman (Jalan TAR)
Corporate, Ministries & Universities Challenge	7:15am	Jalan Tuanku Abdul Rahman (Jalan TAR)
10km Leisure	7:45am	Jalan Tuanku Abdul Rahman (Jalan TAR)
5km Fun Run	8:45am	Jalan Tuanku Abdul Rahman (Jalan TAR)



## RACE FACTS

## Estimated Finishing Times

The following table highlights the times that each winner is expected to cross the finish line. Each runner will have their own estimated finishing times. Be ready to cheer your friends and family on.

Runners, remember to flash that winning smile as you cross the finish line!

Full Marathon Men Open	> > > >	6:10am
Full Marathon Men Malaysian	> > > >	6:30am
Full Marathon Women Open	> > > >	6:35am
Full Marathon Women Malaysian	> > > >	7:10am
Half Marathon Men Open	> > > >	6:35am
Half Marathon Men Malaysian	> > > >	6:40am
Half Marathon Women Open	> > > >	6:50am
Half Marathon Women Malaysian	> > > >	6:50am
10km Speed Men	> > > >	7:15am
10km Speed Women	> > > >	7:20am

## RACE FACTS

## Prize Presentation Programme

### 7 April 2018, Saturday

RACE CATEGORIES	TIME	VENUE
1km Kids Dash Boys' & Girls' Awards	6:30pm	Dataran Merdeka
3km Kids Dash Boys' & Girls' Awards	6:45pm	Dataran Merdeka

### 8 April 2018, Sunday

RACE CATEGORIES	TIME	VENUE
10km Men's and Women's Open Awards	8:30am	Dataran Merdeka
Half Marathon Men's & Women's Open Awards	8:45am	Dataran Merdeka
Full Marathon Men's & Women's Open Awards	9:00am	Dataran Merdeka
10km Men's & Women's Veteran Awards	9:15am	Dataran Merdeka
Full Marathon Men's & Women's Veteran Awards	9:30am	Dataran Merdeka
Full Marathon Men's & Women's Malaysian Awards	9:45am	Dataran Merdeka
Full Marathon Men's & Women's Malaysian Veteran Awards	10:00am	Dataran Merdeka
Half Marathon Men's & Women's Veteran Awards	10:15am	Dataran Merdeka
Half Marathon Men's & Women's Malaysian Awards	10:30am	Dataran Merdeka
Half Marathon Men's & Women's Malaysian Veteran Awards	10:45am	Dataran Merdeka



SPECIALLY FORMULATED  
**FAST HYDRATION  
FUELS PERFORMANCE**



**UK  
NO. 1**



**ISOTONIC DRINK**

**LUCOZADE MALAYSIA**

LUCOZADE SPORT HAS BEEN SPECIALLY FORMULATED  
WITH THE RIGHT BALANCE OF CARBOHYDRATES AND  
ELECTROLYTES TO ENSURE YOUR BODY GETS WHAT IT  
NEEDS QUICKLY TO PUSH ON.





The following categories are competitive categories. Except for medical reasons, it is mandatory that you attend the prize presentation ceremony to be eligible for your prize money.

## 2018 PRIZE MONEY - MARATHON OPEN CATEGORY (IN USD)

Marathon: OPEN CATEGORY										
Rank	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th
Men	17,500	7,500	5,000	3,000	2,000	1,000	-	-	-	-
Women	17,500	7,500	5,000	3,000	2,000	1,000	-	-	-	-
Winner's Medal	Gold	Silver	Bronze							

## 2018 PRIZE MONEY - OTHER CATEGORIES (IN MYR)

Marathon: MALAYSIAN CATEGORY										
Rank	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th
Men	20,000	10,000	5,000	3,000	2,000	1,000	750	600	500	400
Women	20,000	10,000	5,000	3,000	2,000	1,000	750	600	500	400
Winner's Medal	Gold	Silver	Bronze							

Marathon: VETERAN CATEGORY (40 years old and above)										
Rank	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th
Men	5,000	2,500	1,500	700	600	-	-	-	-	-
Women	5,000	2,500	1,500	700	600	-	-	-	-	-
Winner's Medal	Gold	Silver	Bronze							

Marathon: MALAYSIAN VETERAN CATEGORY (40 years old and above)										
Rank	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th
Men	5,000	2,500	1,500	700	600	-	-	-	-	-
Women	5,000	2,500	1,500	700	600	-	-	-	-	-
Winner's Medal	Gold	Silver	Bronze							

Half Marathon: OPEN CATEGORY										
Rank	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th
Men	4,000	2,000	1,000	500	400	-	-	-	-	-
Women	4,000	2,000	1,000	500	400	-	-	-	-	-
Winner's Medal	Gold	Silver	Bronze							

Half Marathon: MALAYSIAN CATEGORY										
Rank	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th
Men	2,000	1,000	500	400	300	-	-	-	-	-
Women	2,000	1,000	500	400	300	-	-	-	-	-
Winner's Medal	Gold	Silver	Bronze							

Half Marathon: VETERAN CATEGORY (40 years old and above)										
Rank	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th
Men	1,000	600	300	200	150	-	-	-	-	-
Women	1,000	600	300	200	150	-	-	-	-	-
Winner's Medal	Gold	Silver	Bronze							

Half Marathon: MALAYSIAN VETERAN CATEGORY (40 years old and above)										
Rank	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th
Men	1,000	600	300	200	150	-	-	-	-	-
Women	1,000	600	300	200	150	-	-	-	-	-
Winner's Medal	Gold	Silver	Bronze							

10 KM: OPEN CATEGORY										
Rank	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th
Men	1,000	500	350	250	150	-	-	-	-	-
Women	1,000	500	350	250	150	-	-	-	-	-
Winner's Medal	Gold	Silver	Bronze							

10 KM: VETERAN CATEGORY (40 years old and above)										
Rank	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th
Men	500	250	200	150	100	-	-	-	-	-
Women	500	250	200	150	100	-	-	-	-	-
Winner's Medal	Gold	Silver	Bronze							

## BONUS (NEW ROUTE RECORD & MALAYSIA RECORD) (IN MYR)

CATEGORY	MARATHON (OPEN CATEGORY) NEW ROUTE RECORD	MARATHON (MALAYSIAN CITIZENS) NEW NATIONAL RECORD	HALF MARATHON (MALAYSIAN CITIZENS) NEW NATIONAL RECORD
Men	10,000	5,000	2,500
Women	10,000	5,000	2,500



## RACE FACTS

## Winners' Verification

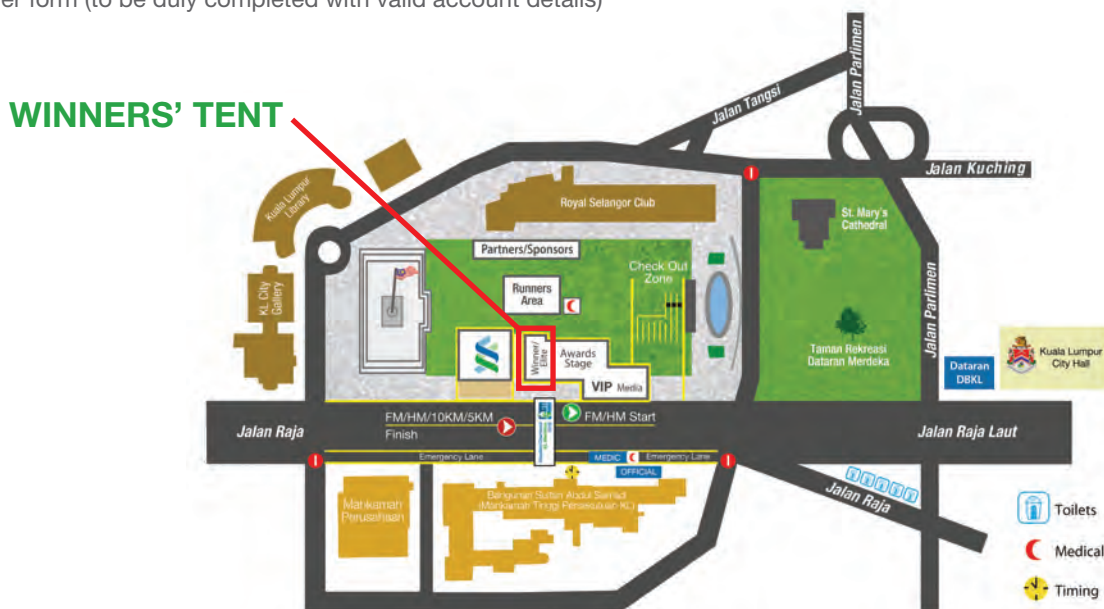
All potential winners must check in at the Winners' Tent (located next to the main stage) for verification, at least 60 minutes before the scheduled time of your prize presentation ceremony.

Potential winners will be verified by a jury representative appointed by the Malaysia Athletics Federation, with the right to reject or disqualify any potential winner carrying invalid or fake documentation(s).

The Top 5 potential winners in the Full Marathon Open category and Top 3 potential winners in the Full Marathon Malaysian category are required to undergo and pass the full screen doping and EPO testing (conducted in the Winners' Tent) to be eligible for prize money.

Potential winners must present the documents below during verification :

- ORIGINAL passport or NRIC
- ORIGINAL Bib
- Winner Tag
- Potential winner form (to be duly completed with valid account details)



FULL MARATHON CATEGORIES	WINNER VERIFICATION PERIODS	
	FROM	TO
Full Marathon Men's & Women's Open Awards	6:45 AM	8:30 AM
Full Marathon Men's & Women's Veteran Awards	7:45 AM	8:45 AM
Full Marathon Men's & Women's Malaysian Awards	7:30 AM	9:00 AM
Full Marathon Men's & Women's Malaysian Veteran Awards	8:15 AM	9:15 AM
HALF MARATHON CATEGORIES	FROM	TO
Half Marathon Men's & Women's Open Awards	7:15 AM	8:15 AM
Half Marathon Men's & Women's Veteran Awards	7:45 AM	8:45 AM
Half Marathon Men's & Women's Malaysian Awards	8:00 AM	9:00 AM
Half Marathon Men's & Women's Malaysian Veteran Awards	8:15 AM	9:15 AM
10KM CATEGORIES	FROM	TO
10km Men's and Women's Open Awards	7:30 AM	8:15 AM
10km Men's & Women's Veteran Awards	7:45 AM	8:45 AM

# FEEL AT HOME

Perfectly Designed Hotels For Today's Discerning Travellers.



BOOK DIRECT FOR BEST AVAILABLE RATE

T: 603 2332 7777 | E: [reservation@pacific-regency.com](mailto:reservation@pacific-regency.com)

**Pacific Regency Hotel Group,**

Level 9 Executive Office (Opposite KL Tower's front entrance), KH Tower, Jalan Punchak,  
Off Jalan P. Ramlee, 50250 Kuala Lumpur, Malaysia

Scan below to go  
to our websites.





## RACE FACTS

## Elite Athletes

NAME	GENDER	NATIONALITY
Abdi Asefa Kebede	Male	Ethiopia
Amelework Fikadu Boshu	Female	Ethiopia
Amelework Gessesse Adimasu	Female	Ethiopia
Benson Kimutai Cheruiyot	Male	Kenya
Chala Bekele Begna	Male	Ethiopia
Cosmas Matolo Muteti	Male	Kenya
Daniel Kipkemboi Kiptoo	Male	Kenya
Eliud Matu Weru	Male	Kenya
Elizabeth Chepkanan Rumokol	Female	Kenya
Elizabeth Jeruiyot Chemweno	Female	Kenya
Gopi Thonakal	Male	India
Hellen Wanjiku Mugo	Female	Kenya
Jacqueline Kiplimo Nyetipei	Female	Kenya
James Kiptum Barmasai	Male	Kenya
Kennedy Kiproo Lilan	Male	Kenya
Kiprop Tonui	Male	Kenya
Nancy Chepngetich Kimaiyo	Female	Kenya
Nancy Joan Rotich	Female	Kenya
Noah Kipruto Chepngabit	Male	Kenya
Rose Chekurui Kosgei	Female	Kenya
Samwel Kiptanui Maswai	Male	Kenya

**MEDISANA®**  
Germany

**BLOOD PRESSURE**

**YOUR MOBILE FITNESS COACH**

**BODY ANALYSIS**

**SPORT**

**FREE APP**

**Bluetooth SMART**

Available on the **App Store**

ANDROID APP ON **Google play**

**VitaDock+ app**  
For Health Management  
mobile and online

Get a **FREE GIFT** at **BOOTH 16** **LIMITED OFFER!**



Standard Chartered KL Marathon has always made a conscious effort to raise funds for charities, helping the less fortunate of various ages and ethnicities, and this year is no exception.

Our initiative is community-based and is only made possible from the support of runners, corporations, media, etc. As such, Standard Chartered KL Marathon always strives to be a true community event and “a Race with a Heart”.

We are honoured to welcome back Dignity for Children Foundation, Hospis Malaysia and National Cancer Society Malaysia, and this year we are pleased to welcome Seeing Is Believing.

All funds raised will be channeled in its entirety to all our charity partners, and on their behalf, we thank you from the bottom of our hearts.



Charity Name : **SEEING IS BELIEVING**  
 Address : Level 11, Menara Standard Chartered,  
 No. 30, Jalan Sultan Ismail,  
 50250 Kuala Lumpur.  
 Website : <http://www.sc.com/en/sustainability/investing-in-communities/seeing-is-believing.html>



Charity Name : **DIGNITY FOR CHILDREN FOUNDATION**  
 Address : No. 9-2, Jalan 15/48A,  
 Sentul Boulevard,  
 51000 Kuala Lumpur.  
 Phone : +603 4044 1397  
 Website : <http://www.dignityforchildren.org>



Charity Name : **HOSPIS MALAYSIA**  
 Address : No. 2, Jalan 4/96, Off Jalan Sekuci,  
 Taman Sri Bahtera, Jalan Cheras,  
 56100 Kuala Lumpur.  
 Phone : +603 9133 3936  
 Website : <http://www.hospismalaysia.org>



Charity Name : **THE NATIONAL CANCER SOCIETY OF MALAYSIA**  
 Address : No. 66, 2nd Floor,  
 Bangunan Persatuan Kebangsaan Kanser Malaysia,  
 Jalan Raja Muda Abdul Aziz,  
 50300 Kuala Lumpur.  
 Phone : +603 2698 7300  
 Website : <http://www.cancer.org.my>

### DRINK STATIONS

Mineral water is available at the Start/Finish Areas, every 2km after the first 4km, and every 1.6km after the first 20km.

### ISOTONIC STATIONS

Lucozade isotonic drinks are available every 4km after the first 4km for Full Marathon and Half Marathon. Lucozade isotonic drinks will be available at the 3km, 7.2km and 8.8km marks for the 10km category, and at the 2.4km and 4.1km marks for the 5km category. Every finisher will receive water and isotonic drinks at the Finish Area.

### SPECIAL DRINKS (FULL MARATHON AND HALF MARATHON ONLY)

Runners can submit their own drinks at the Information Tent, near the Sponsor/Partner booths. Officials will be there to assist, from 2:00am to 2:30am on 8 April 2018.

### ENERGY GEL STATIONS

HIGH5 Energy Gels are available at the 30.8km and 37.4km marks for Full Marathon runners.

### FRUIT STATIONS

Bananas are available at the 27.8km and 34.2km marks for Full Marathon runners and 12km mark for Half Marathon runners.

### TOILETS

Toilets are available at the Start and Finish Areas as well as at every drink station along the routes.

### DISTANCE MARKERS

Distance markers are placed at every kilometre, along the routes.

### SURAU

Male and female surau facilities are available at the following locations :

FULL MARATHON : Surau Tabung Haji (14.2km), Petronas Jalan Ampang (15.5km), Petronas Jalan Jelatek 2 (17.4km), Mobile Mussola, DUKE (19.4km), Plaza Tol Batu, DUKE (26.5km)

HALF MARATHON : Plaza Tol Batu (11km)

### TIMING

All runners, except for the 5km category, will be timed using the MYLAPS BibTag system.

### TIME LIMIT

Cut-off time for Full Marathon is 7 hours and 15 minutes from start (Gun Time). The event officially closes at 12:00pm on 8 April 2018.

### ROAD CLOSURES

Normal traffic conditions will resume at 11:15am, 7 hours and 15 minutes after the Full Marathon start time. Full Marathon runners, please take note of the checkpoints on page 17.

### RACE ROUTES

The Full Marathon, Half Marathon and 10km routes are AIMS certified routes, which is undulating and in some parts, hilly.

### MEDICAL ASSISTANCE

Medical assistance is available at the Start and Finish Areas, as well as at every 2km, along the routes. Medical Officials are authorised to stop any runner and remove their timing chip as they see fit to ensure runners' safety. Your health is top priority! Do not put yourself at risk!

### OVERSEAS RUNNERS

1,877 foreign runners from 70 countries will participate in the event. Welcome to our beautiful city!

### VOLUNTEERS

Over 1,600 volunteers will be working tirelessly at the event. Thank you for your contribution!

### SUPPORTERS

The event aims to also provide supporters with a great experience. Hence, supporters are encouraged to cheer the runners on, along the routes or at designated areas within Dataran Merdeka.

Normal traffic conditions will resume at 11:15am, 7 hours and 15 minutes after the Full Marathon start time (4:00am).

Full Marathon runners who do not meet the checkpoint cut-off times will be required to board the sweeper shuttle bus at the following checkpoints :

> > > **19km mark – 7:25am**

( just before entering DUKE, from Jalan Jelatek )

> > > **27km mark – 8:45am**

( just before exiting DUKE, after toll plaza )

> > > **35km mark – 10:05am**

( near Bank Negara Malaysia, Jalan Sultan Salahuddin )

- No sweeper shuttle buses here. Runners will be directed to walk to Dataran Merdeka

**Runners must collect a Standard Chartered KL Marathon 2018 wristband at the 19km mark.  
Runners without the wristband will not be entitled for the Full Marathon Finisher Tee and Medal.**

Runners on the sweeper bus will be dropped off near Bank Negara Malaysia. All sweeper buses will have a Standard Chartered KL Marathon Vehicle Access sticker on the windshield.





A Race Entry Pack comprises of :

- Event Bag
- Exclusive Running Singlet
- Bib with safety pins
- Timing Chip (Full Marathon, Half Marathon, 10km and Kids Dash runners only)
- Hand Towel (Full Marathon runners only)
- Sponsored items

Once you cross the finish line, remember to collect :

### FINISHER MEDAL (All Categories)

All runners who complete their race within the stipulated cut-off time will receive a Finisher Medal. All Full Marathon runners must also produce the Standard Chartered KL Marathon 2018 wristband.

### EXCLUSIVE FINISHER TEE (Full Marathon only)

All Full Marathon runners who complete their race within 7 hours and 15 minutes will receive an exclusive Standard Chartered KL Marathon Finisher T-shirt, by presenting the Standard Chartered KL Marathon 2018 wristband (to be collected at the 19km mark) at the check-out counters, after the finish line.

### E-CERTIFICATES

All runners (except the 5km Fun Run) who complete their race within the stipulated time can download their certificate at [www.kl-marathon.com](http://www.kl-marathon.com) within 48 hours, after the race. The e-certificate will only be available until 31 December 2018.

### RESULTS

Results will be posted on [www.kl-marathon.com](http://www.kl-marathon.com) within 24 hours after the event. All results and rankings for Top 10 are according to 'Gun Time', in compliance with IAAF rules. Overall results and ranking will be based on 'Net Time'. Race results are final.

### BAGGAGE FACILITIES

Runners may deposit/collect their Standard Chartered KL Marathon 2018 event bag at the baggage collection counters on 8 April 2018 from 3:00am till 12:00pm. All bags not collected after 12:00pm will be donated to charity or disposed of at the organiser's discretion.

### POST-RACE MESSAGE

Post-race massage services are available at the Finish Area for a minimal fee.

### DRINK STATION

Lucozade drink station will be available at Dataran Merdeka.

### REMINDERS

#### DO's

- ✓ Do use the garbage bins provided.
- ✓ Do observe discipline and patience.
- ✓ Do respect volunteers, officials, crew and other runners.
- ✓ Do listen to your body.
- ✓ Do retire at once if recommended to do so by a Medical Official.

#### DONT's

- ✗ Don't litter everywhere.
- ✗ Don't jump queues.
- ✗ Don't argue with Officials. They have the right to remove you from the race and impound your timing chip if they find you guilty of wrong-doing.
- ✗ Don't run if you are feeling unwell.



# CUSHIONY SUPPORT



# SUPPORTIVE CUSHIONING



## Runners don't have to compromise.

The Adrenaline GTS 18 strikes the perfect balance between cushion and support, so you can run happy.

**Available Width Cutting (2E, 4E)**



[www.brooksrunning.com.my](http://www.brooksrunning.com.my)



### New Look

Sleek, streamlined mesh upper.



### Smooth Ride

Soft cushioning with just-right flexibility.



### Trusted Support

Technology designed to keep your body running happy.

**MALAYSIA OFFICIAL  
BROOKS BOUTIQUES**

• THE CURVE •  
LEVEL 2, SOUTH WING

• SUNWAY PYRAMID •  
LEVEL 2, OREN ATRIUM

• GREAT EASTERN MALL •  
LEVEL 2

• MYTOWN CHERAS •  
LEVEL 3

• IOI CITY MALL •  
LEVEL 2

• 3 TWO SQUARE •  
LEVEL 1

• BATU PAHAT MALL •  
LEVEL 1

• QUEENSBAY MALL •  
LEVEL 3

• KLANG PARADE •  
GROUND FLOOR



All bibs are colour coded, indicating which category you are registered in. You must run in the category you are registered in.

- Bibs are strictly not transferable nor exchangeable.
- The timing device is attached to the back of your bib.
- Do not fold or remove the timing device from your bib.
- If you do not run in your registered race category, your time will not register, resulting in automatic disqualification and you will not receive a Finisher's medal or Certificate of Achievement.

7 APRIL 2018

START AREA : **DATARAN MERDEKA**

START TIME  
5:20pm



START TIME  
5:30pm

8 APRIL 2018

START TIME  
4:00am



START TIME  
5:30am



START AREA : **SOGO KL, JALAN TUANKU ABDUL RAHMAN (JALAN TAR)** .....

START TIME <b>6:45am</b>	<p>10KM - MEN OPEN SPEED</p>	<p>10KM - MEN VETERAN SPEED</p>	<p>10KM - WOMEN OPEN SPEED</p>	<p>10KM - WOMEN VETERAN SPEED</p>
START TIME <b>7:15am</b>	<p>10KM - MEN OPEN CRUISE</p>	<p>10KM - MEN VETERAN CRUISE</p>	<p>10KM - WOMEN OPEN CRUISE</p>	<p>10KM - WOMEN VETERAN CRUISE</p>
START TIME <b>7:15am</b>	<p>UNIVERSITIES CHALLENGE</p>	<p>CORPORATE CHALLENGE</p>	<p>MINISTRIES CHALLENGE</p>	
START TIME <b>7:45am</b>	<p>10KM - MEN OPEN LEISURE</p>	<p>10KM - MEN VETERAN LEISURE</p>	<p>10KM - WOMEN OPEN LEISURE</p>	<p>10KM - WOMEN VETERAN LEISURE</p>
START TIME <b>8:45am</b>	<p>5KM - MEN FUN RUN</p>	<p>5KM - WOMEN FUN RUN</p>		



At the Standard Chartered KL Marathon 2018, the MYLAPS BibTag system will be used to time your race.

The BibTag makes timing very easy for you. It is a single tag attached to the back of your bib, and all you have to do is correctly wear your bib (visible on your chest).

At every timing point, (start, splits and finish) detection mats will be on the ground to measure your time.

The BibTag timing device is disposable and does not need to be returned after your race.

### TIPS FOR A GUARANTEED CORRECT TIMING :

- Wear the bib visibly on the chest of your running vest. Do not cover the bib with your jacket or hands while crossing the mats at the start, splits or finish line. These mats receive the signal from your BibTag by direct line of sight, so nothing should be placed in between your bib and the mat.
- Do not fold or crumple your bib, especially not the BibTag.
- Use four pins on the corners of the bib, do not pierce the BibTag.
- Do not remove the foam spacer. The foam is needed to give you an accurate time.

The BibTags do not have to be returned after the race. You can keep the bib with the BibTag as a souvenir or it can be thrown away with regular waste.

### About MYLAPS

Automatic sports timing was invented over 30 years ago by the founders of MYLAPS Sports Timing. Since then we have become the worldwide market leader in sports timing and scoring. With a wide range of timing systems, we have a timing solution for all sports where time determines the performance.

Every year MYLAPS captures the performance of over 20 million racers and athletes. From professional to amateur level, from small to high density events, all choose MYLAPS as their technology partner. The following companies trust us as their partner; marathons of Boston, Berlin, and Hong Kong, the Olympic Games, MotoGP and NASCAR.

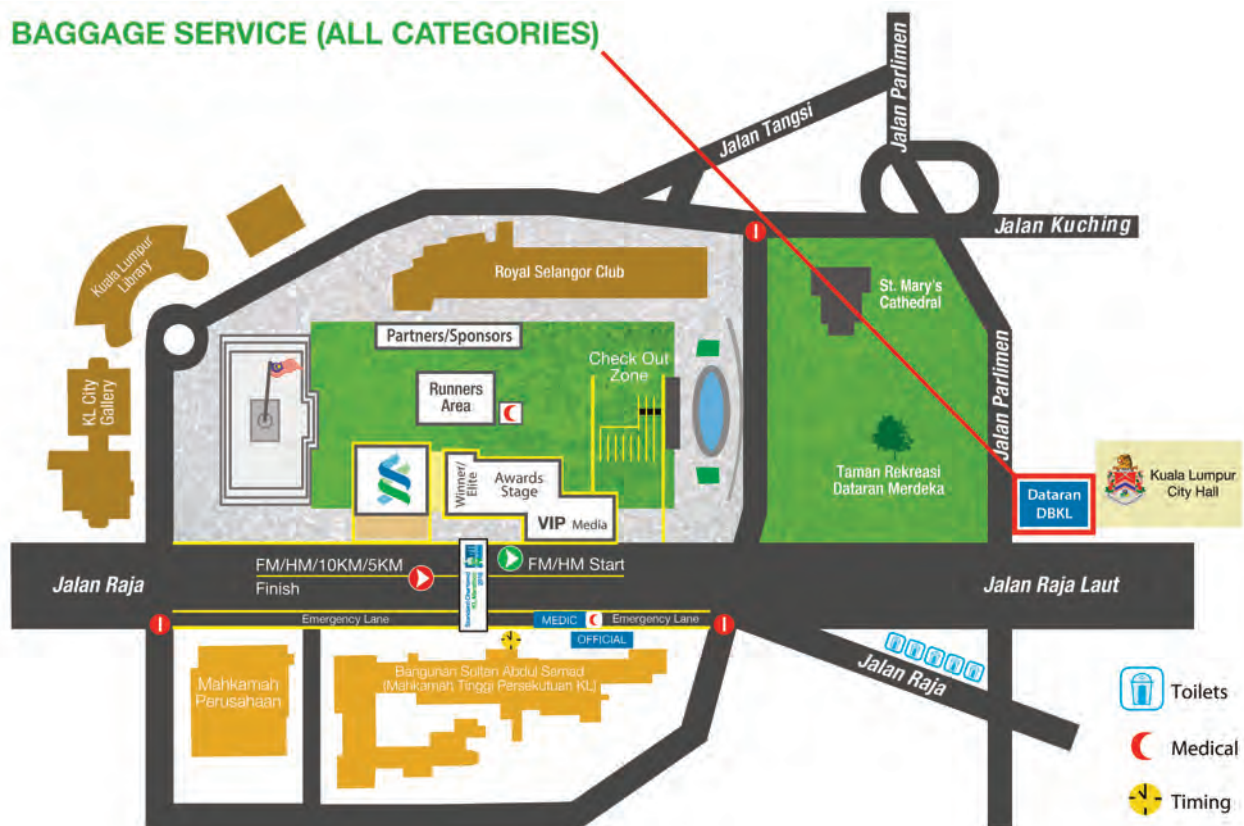
The baggage service is located at Dataran DBKL for all categories. Please ensure that your belongings are kept in the Standard Chartered KL Marathon 2018 event bag. For security reasons, all contents of your bag will be deposited into a clear plastic bag prior to baggage handling. The clear plastics will be available at the baggage collection counters.

- Runners may deposit/collect their Standard Chartered KL Marathon 2018 event bag at the baggage collection counters on 8 April 2018 from 3:00am till 12:00pm. All bags not collected after 12:00pm will be donated to charity or disposed of at the organiser's discretion.
- At the counter, you will be provided with a clear plastic bag to empty the contents of your bag into, along with your bag. It will be sealed in front of you. You will then be given a baggage tag to be attached to your bib. A corresponding numbered tag will also be attached to your bag and then stored.
- After your run, present your bib with the baggage tag at the same counter to collect your bag.
- Runners are encouraged to pack light on event day and refrain from bringing any valuables to the event.
- Runners are also encouraged to pass their belongings to their friends, family or trusted supporters and use the baggage handling service as a last resort to avoid having to queue for bag collection.
- Please be aware that queuing time for bag collection may take up to 45 minutes.

### TERMS AND CONDITIONS

- Runners deposit their bags at their own risk. The organisers will not be held liable for any loss and/or damage, whether personal or otherwise, to any items deposited at the baggage collection counters.
- The organisers reserve the right to examine contents of any bags deposited at the baggage collection counters.
- Only bags not exceeding 45cm x 35cm x 13cm will be accepted.

### BAGGAGE SERVICE (ALL CATEGORIES)



### PRE-RACE TIPS

- Eat well throughout the entire day before race day. Low fibre and compact sugar foods like carbohydrates are recommended.
- You may even like to use liquid meal supplements that are low in residue, leaving you with an empty stomach to race light.
- Keep yourself hydrated by drinking lots of water.
- Do not attempt to change your sleeping pattern. You will be excited, so rest early and relax your body.

### RACE DAY TIPS

- Get there early and do a head-to-toe warm up before the race.
- Start at a pace you can keep. It's better to hold back and finish stronger than struggle in the later stages.
- If you feel any discomfort 10 – 20 minutes into the race, walk for a few minutes and take deep breaths until you feel ready to continue running.
- For those running the Full or Half Marathon, it is advisable that you drink water and isotonic drinks to replenish your blood sugar and electrolytes.
- Don't be afraid to stop, walk or drink. Many finish by doing all three. If you have to walk, keep to the left and do not obstruct other runners.
- If overtaking, please call out politely, "overtaking on your right".
- If you feel unwell at any stage, go to the medical aid stations or approach the Course Officials.  
Remember, SAFETY FIRST! No one knows how you feel better than yourself.

### FINISHING THE RACE

- Savour the moment and cross the line with a winning smile.
- Finish in your specific lane.
- Don't crowd at the finish line as it obstructs other runners about to finish.
- Have a good stretch and cool-down.
- Queue in an orderly manner to collect your well-deserved Finisher Medal and other entitlements.
- Change into dry clothes and slip into your most comfortable footwear.

### POST-RACE TIPS

- Make sure to drink water and eat a light snack.
- It is acceptable to receive a massage but avoid partaking in any activities in which you are exposed to heat for an extended period of time (i.e. sitting in a hot bath or sauna).
- 24 hours after the race, it is recommended that you jog for 20 minutes as this will help stimulate muscle recovery. If you experience unusual pain or discomfort during or after the race, consult a physician.

The Organising Committee of the Standard Chartered KL Marathon 2018 has its primary focus on the health, safety and well-being of its runners. It is important to remember that the medical provisions are retrospective. i.e., they only respond when a runner is in trouble. Prevention is better than cure and the prevention of problems lie solely in your hands.

We strongly recommend all runners get a medical check-up before running. This is to ensure that you are in good shape to run. The following is a list of questions you should ask yourselves :

1. Has your doctor ever warned you that you have “heart issues” or that you should only be physically active or do sports under medical supervision?
2. Are you overweight or underweight?
3. During blood pressure monitoring, have you ever recorded high blood pressure?
4. Have you ever been diagnosed with high cholesterol?
5. Do you smoke or have you smoked extensively in the past?
6. Has anyone in your immediate family ever suffered from high blood pressure, calcification of the coronary blood vessels/heart attack, blood sugar disease or stroke?
7. Do you have diabetes?
8. In the past few months, have you had the sensation of a ‘racing heart’, problems breathing or chest pains, whether while at rest or during physical activity?
9. Are you taking any medication for high blood pressure, heart or breathing conditions?
10. Do you feel dizzy or pass out, while resting or during physical activities?
11. Do you have any problems with your musculoskeletal system, which worsens during physical activities?
12. Are you physically and mentally prepared for the run that you are about to embark on?

Remember, any of these symptoms could be indicative of a more serious underlying medical problem. The most important thing you can do is to Listen to Your Body. If you develop unusual symptoms either before or during your run such as chest pains, dizziness, nausea, unusual shortness of breath, change in your running style, confusion and disorientation, stop running and seek medical attention.

### ON THE ROUTE

Medical Aid stations are located as follows :

- > Full Marathon and Half Marathon routes – every 2km after the first 4 kilometres
- > 10km route – at the 3km, 5km, 7.2km and 8.8km marks
- > 5km route – at the 2.4km and 4.1 marks

A Medical Centre is also available at the Finish Area. Emergency Response Vehicles will be located along the routes. For medical attention, please report to an aid station or ask a race marshal for assistance. Do take every advantage of the refreshment stations located along the routes to replenish your electrolytes and avoid dehydration.

### ADDITIONAL SECURITY

Security control measures will be implemented at all access points to Dataran Merdeka. You may be asked to reveal the contents of your baggage at these points. Plan to arrive earlier than usual to avoid any inconvenience.



As we strive to provide a safe and enjoyable experience for everybody, please be mindful of some common race etiquette :

- The use of iPods and MP3 players is discouraged in the interest of the safety of all participants.
- Always follow the instructions of the race officials and medical officers.
- Run in the starting pen/block that you have selected.
- Do not stop or change directions suddenly.
- If you need to slow down or walk, keep to the left of the road and allow runners to pass you on the right.
- While every precaution has been taken to maintain running routes free of vehicular traffic, it is advisable to always be alert to your surroundings, watch out for errant motorists and alert each other if you notice any imminent danger.
- If you are overtaking a slower runner, call out politely, "overtaking on your right".

### REMEMBER

- DRINK enough water.
- EAT if necessary.
- DO NOT RUN if you are not fit enough or properly prepared.
- DO NOT RUN if you have been sick or on antibiotics in the 3 weeks prior to the race.
- DO NOT MEDICATE during the race.
- DO NOT BE AFRAID to slow down, walk or even stop. If you do, move to the side of the road to allow other runners to pass.
- BE AWARE of your surroundings.

**HIGH5**  
SPORTS NUTRITION

### IMPROVE YOUR PERFORMANCE

HIGH5 Sports Nutrition products help you to optimise your performance and enjoy your sports more

- ✓ Use HIGH5 Energy Gel for an instant energy boost.
- ✓ Real juice gel that's not as thick or sweet.
- ✓ Race proven in the world's toughest competitions
- ✓ Halal Certified (except for banana flavour)



- ✓ UK's leading electrolyte sports drink tab
- ✓ ZERO sugar, ZERO calories
- ✓ Reduces tiredness and fatigue

FOLLOW US ON   @HIGH5SportsNutritionMalaysia  
OFFICIAL MALAYSIA DISTRIBUTOR: **HOBBIES SPORTSWEAR**



WWW.HIGH5.MY



016-2133 403



KHTANG@HOBBIES-SPORTS.MY

On 8 April 2018, the running routes will be closed to traffic between 12:00am and 12:30pm and roads around Dataran Merdeka will be closed from 3:30am.

Jalan Raja (in front of Bangunan Sultan Abdul Samad) will be closed from 8:00pm, 6 April 2018 until 2:30pm, 8 April 2018.

For the latest updates and full list of road closures and times, please visit [www.kl-marathon.com](http://www.kl-marathon.com) and follow us on Facebook.

Parking is available at the following venues :

PARKING LOTS	BAYS	DISTANCE TO DATARAN MERDEKA
Public Multi storey Carpark, Jalan Tanglin	400	1.3km
Daya Bumi Complex	1203	500m
Open Carpark, Swiss Hotel, Jalan TAR	30	500m
Open Carpark, in front of IPD Dang Wangi	50	1.4km
Central Market	150	700m
Taman Megalith Petronas, City Parking	539	750m
Campbell Complex (1st - 4th floor only)	150	1.4km

### DROP-OFF POINT

Menara DBKL 1 & 2, Jalan Raja Laut

### DROP-OFF TIME

Before 3:00am

### \* PARKING STRICTLY FORBIDDEN

Jalan Sultan Salahuddin  
Jalan Cenderawasih  
Jalan Lembah  
Jalan Tembusu  
Jalan Perdana  
Jalan Parlimen  
Jalan Gereja at Dataran Merdeka  
Jalan Raja Laut  
Jalan Tuanku Abdul Rahman (Jalan TAR)  
Jalan Dato Onn

\* CARS PARKED ALONG THESE ROADS WILL BE TOWED

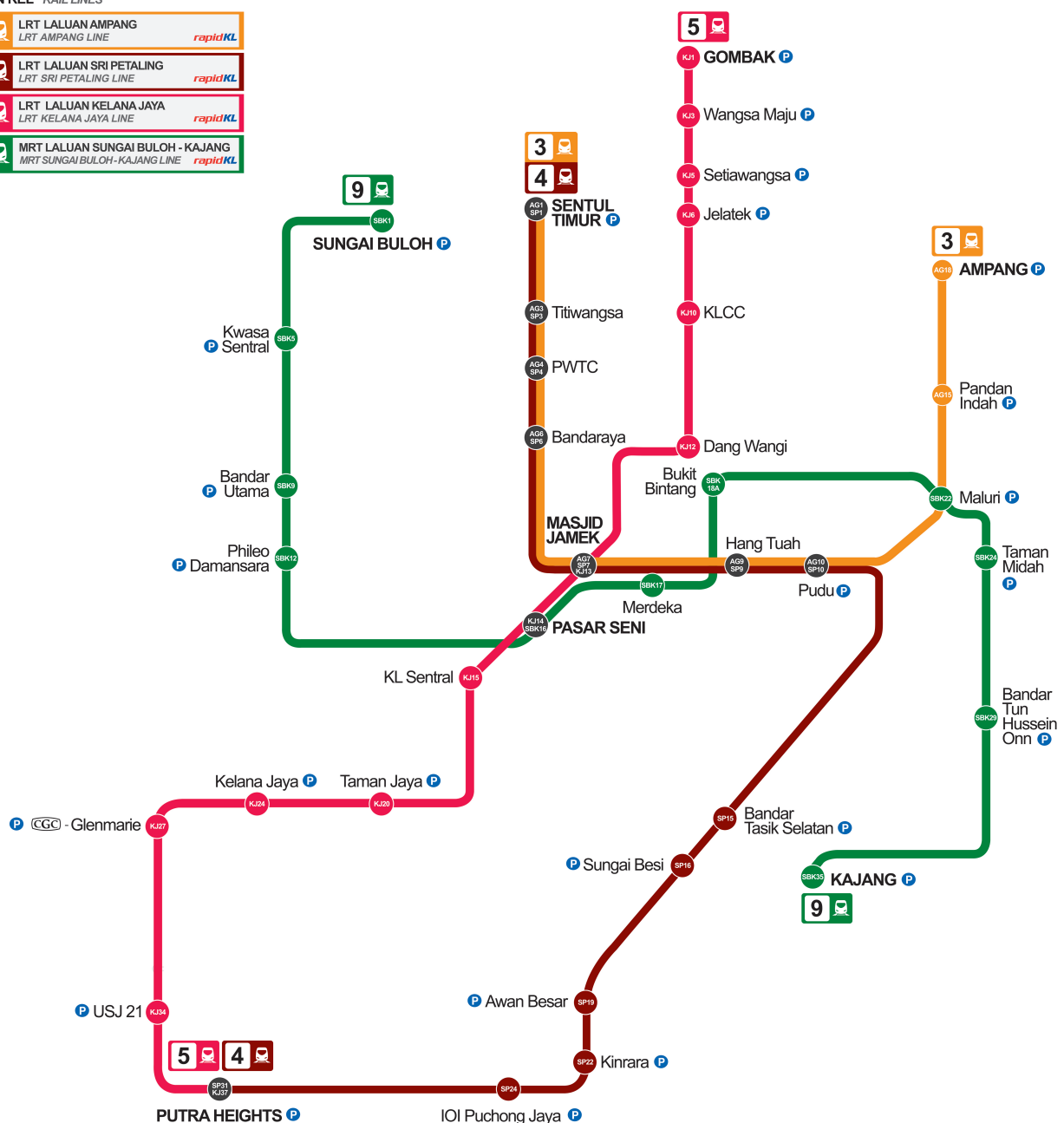
Dirigo Events Sdn Bhd is proud to announce its sponsorship of public transportation services for all Standard Chartered KL Marathon runners.

**Selected stations** on the Ampang, Sri Petaling and Kelana Jaya LRT lines will commence operations from 2:00am and will run at intervals of 10 minutes. Selected MRT stations along the Sungai Buloh - Kajang line will also commence operations from 2:00am and will run at intervals of 20 minutes. Please refer to the map below for the selected stations that will be open. You may park your vehicle at stations with park-and-ride facilities. Parking fees may apply.

Courtesy of Dirigo Events, the LRT and MRT services will be complimentary from 2:00am till 6:00am. Normal operations and standard charges will apply thereafter. All you need to do is to purchase your MyRapid cards for your trip home.

### **PETUNJUK** *LEGEND* LALUAN REL RAIL LINES

- 3** LRT LALUAN AMPANG  
LRT AMPANG LINE *rapidKL*
- 4** LRT LALUAN SRI PETALING  
LRT SRI PETALING LINE *rapidKL*
- 5** LRT LALUAN KELANA JAYA  
LRT KELANA JAYA LINE *rapidKL*
- 9** MRT LALUAN SUNGAI BULOH - KAJANG  
MRT SUNGAI BULOH - KAJANG LINE *rapidKL*





If you have a specific finishing time goal, follow our Standard Chartered KL Marathon 2018 Pacers to pace yourself. Just look out for the large coloured helium balloons!

### FULL MARATHON

**BLUE : 3:45**

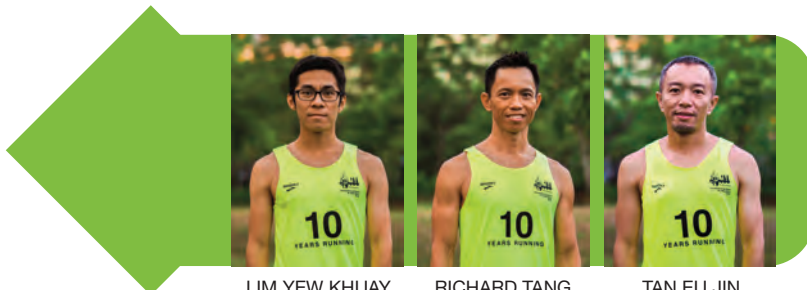


LIONEL LEE

LOH SEOW CHAN

MUHD HUZAIFAH

**GREEN : 4:00**



LIM YEW KHUAY

RICHARD TANG

TAN EU JIN

**YELLOW : 4:30**



MALCALM CHEW

TEOH BJ

WONG BOON JEN

**MAGENTA : 5:00**



ABU SOFFIAN

CHEONG YOKE WAH

KARTINI

**ORANGE : 5:30**



AZHAR OMRAN

KELVIN NG

YUM KK

RED : 6:00



CHOI CHIK CHOY

FANNY TIAN

SIMON LEONG

PURPLE : 6:30



HAFIZUDDIN

KYLIE LAM

WHITE : 7:15



ALWIN TAN

CHOOI WAN

WONG SING HAOW

## HALF MARATHON

BLUE : 2:00



MUNINTARAN

WILLIAM LIM

GREEN : 2:30



LOH KIEN WAEI

TAN HONG PING

YELLOW : 3:00



CHAN WAI YEE

IRWAN ANUAR



MAKE THE CITY  
YOUR STAGE.

criteria



  
王力宏  
WANG LEEHOM

SEIKO



SEIKO MALAYSIA




SEIKOMY

Distributor: THONG SIA SDN BHD (87055-A)

CP27, Suite 2601-04, 26th Floor, Central Plaza, 34, Jalan Sultan Ismail, 50250 Kuala Lumpur.

Tel: (603) 2141 5163 Website: [www.thongsia.com.my](http://www.thongsia.com.my)

Available at:

SEIKO BOUTIQUE Lot LG 1.112, Lower Ground One, Sunway Pyramid. Tel: (603) 5622 1424  CITY CHAIN and authorised dealers  
Insist on SEIKO's International Warranty (544S1)





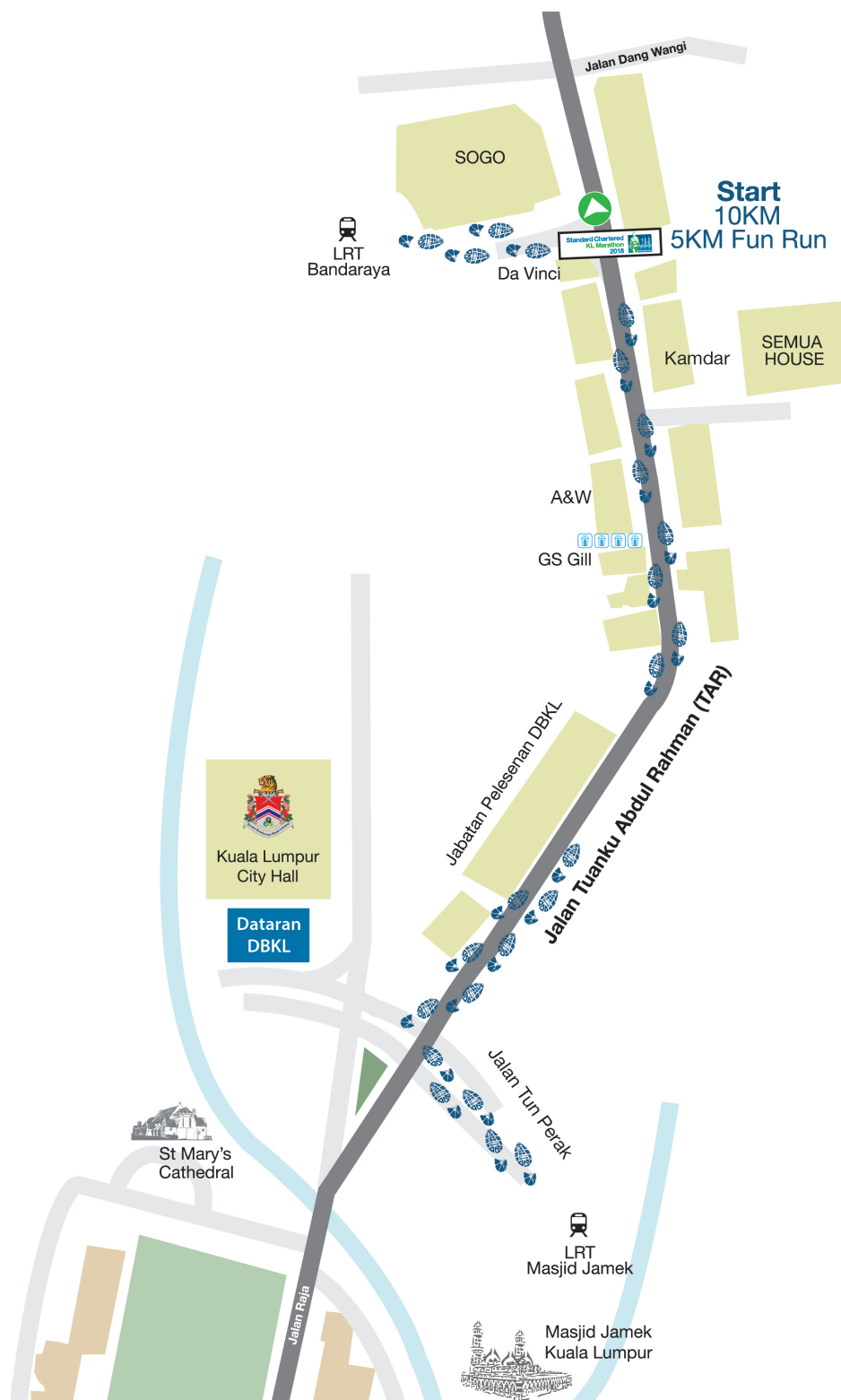
# START & FINISH AREAS

## Dataran Merdeka



# START & FINISH AREAS

## 10km & 5km



# START & FINISH AREAS

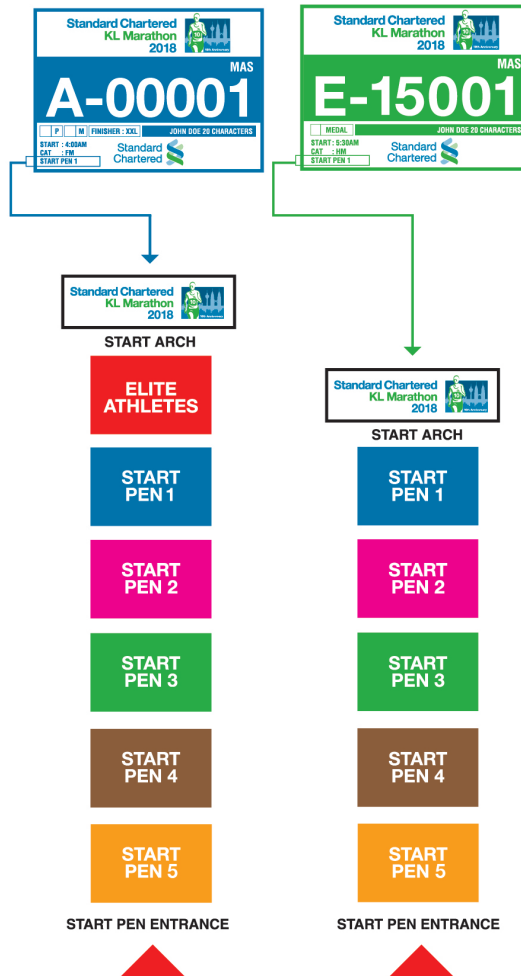
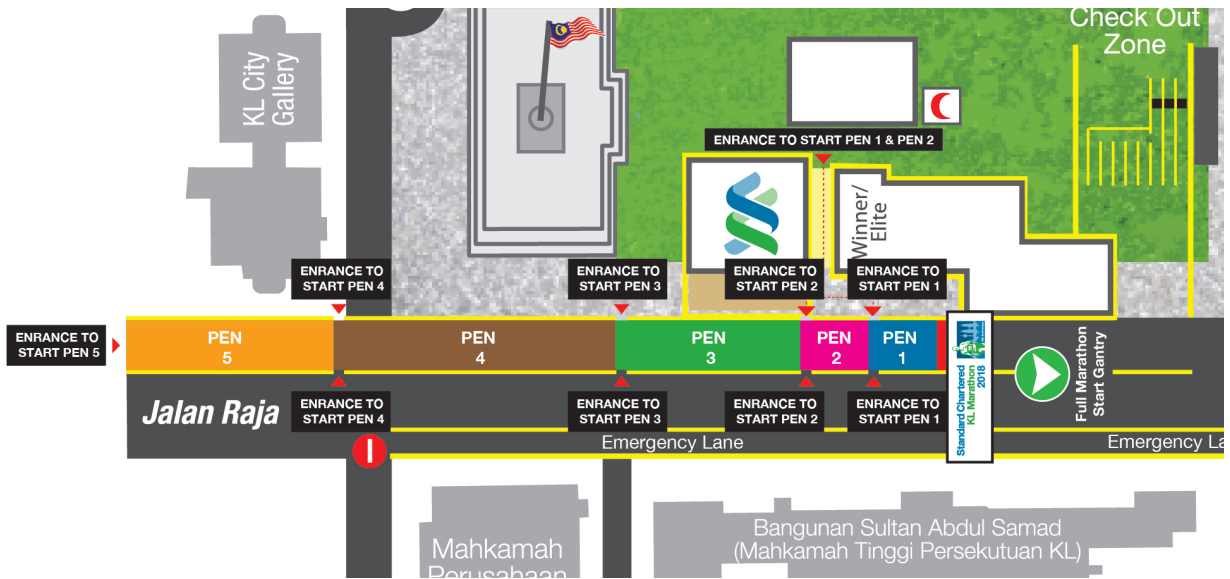
## Kids Dash





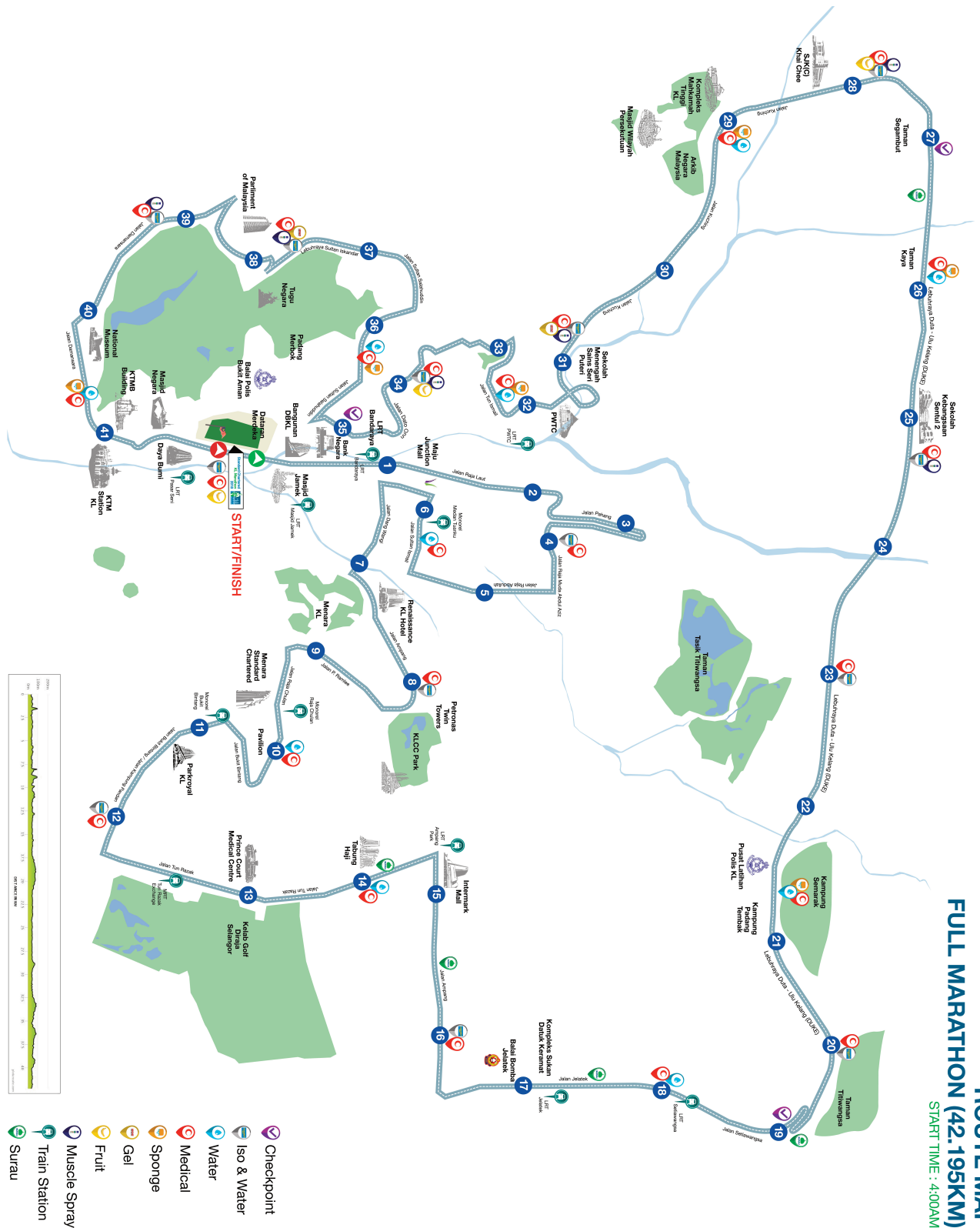
# START & FINISH AREAS

## Start Pens for Full Marathon & Half Marathon



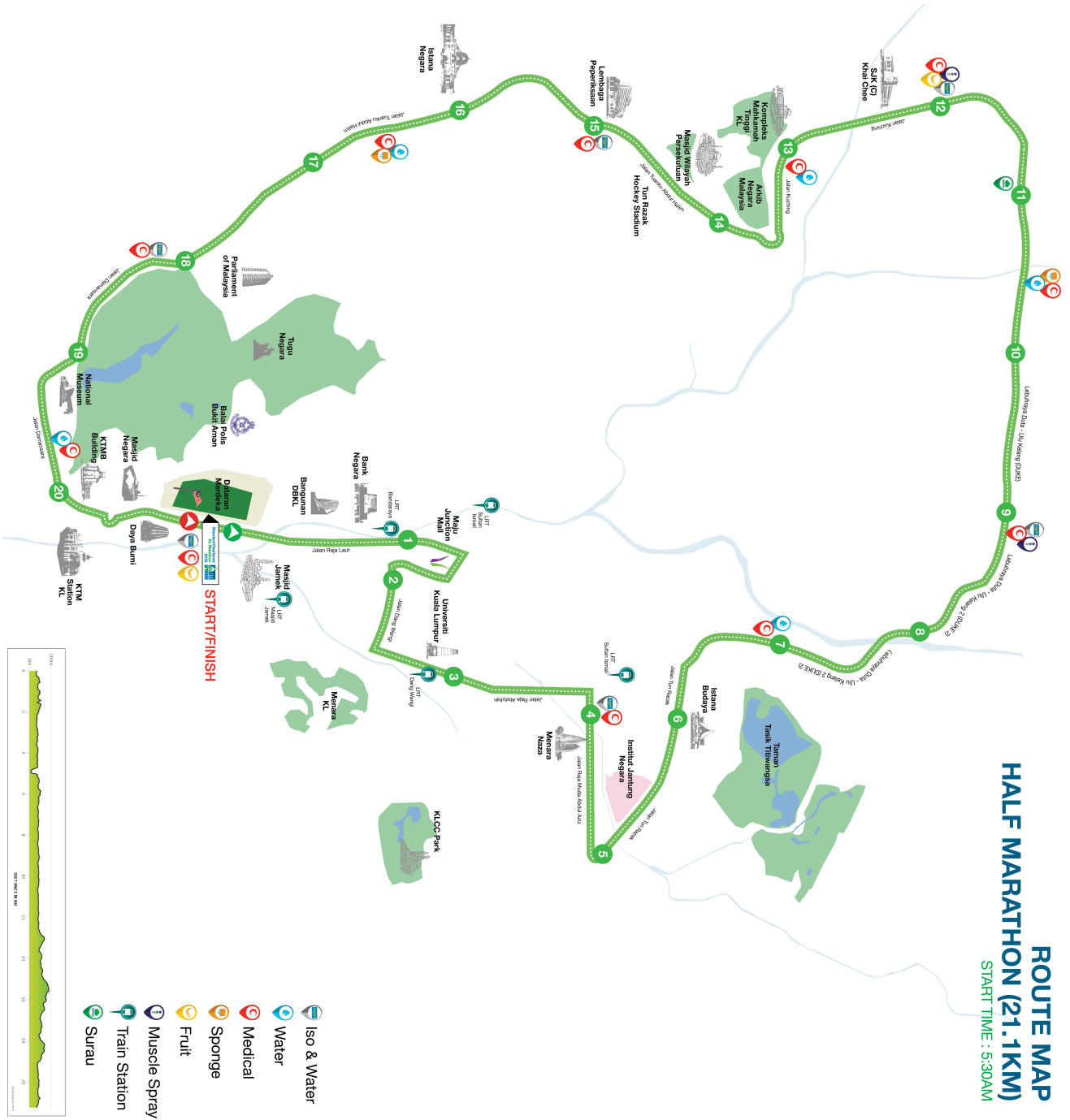
# ROUTE MAPS

Full Marathon (42.195km) **START TIME : 4:00AM**



# ROUTE MAPS

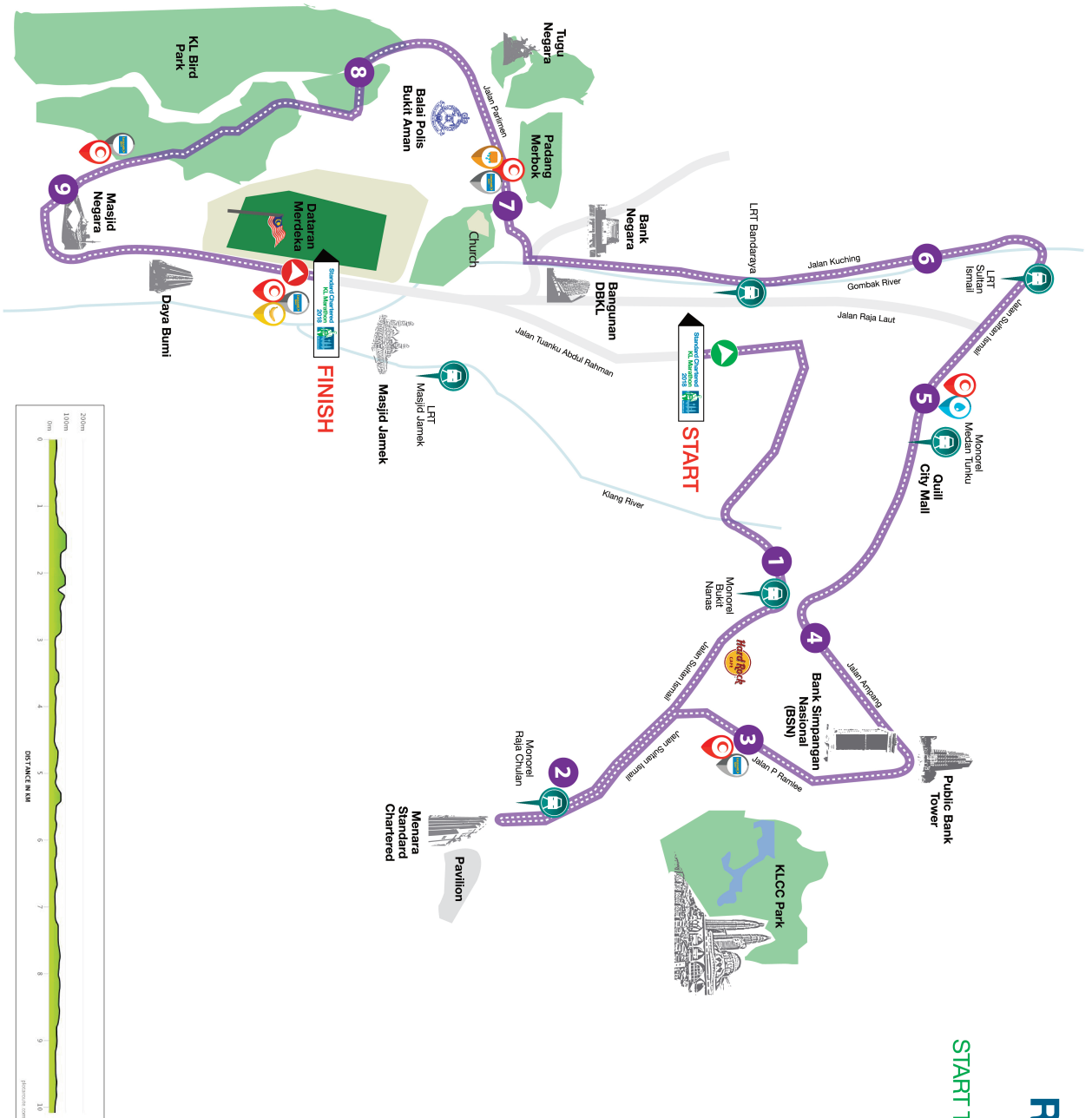
## Half Marathon (21.1km) START TIME : 5:30AM





# ROUTE MAPS

SPEED / CRUISE / LEISURE  
10km START TIME : 6:45AM / 7:15AM / 7:45AM



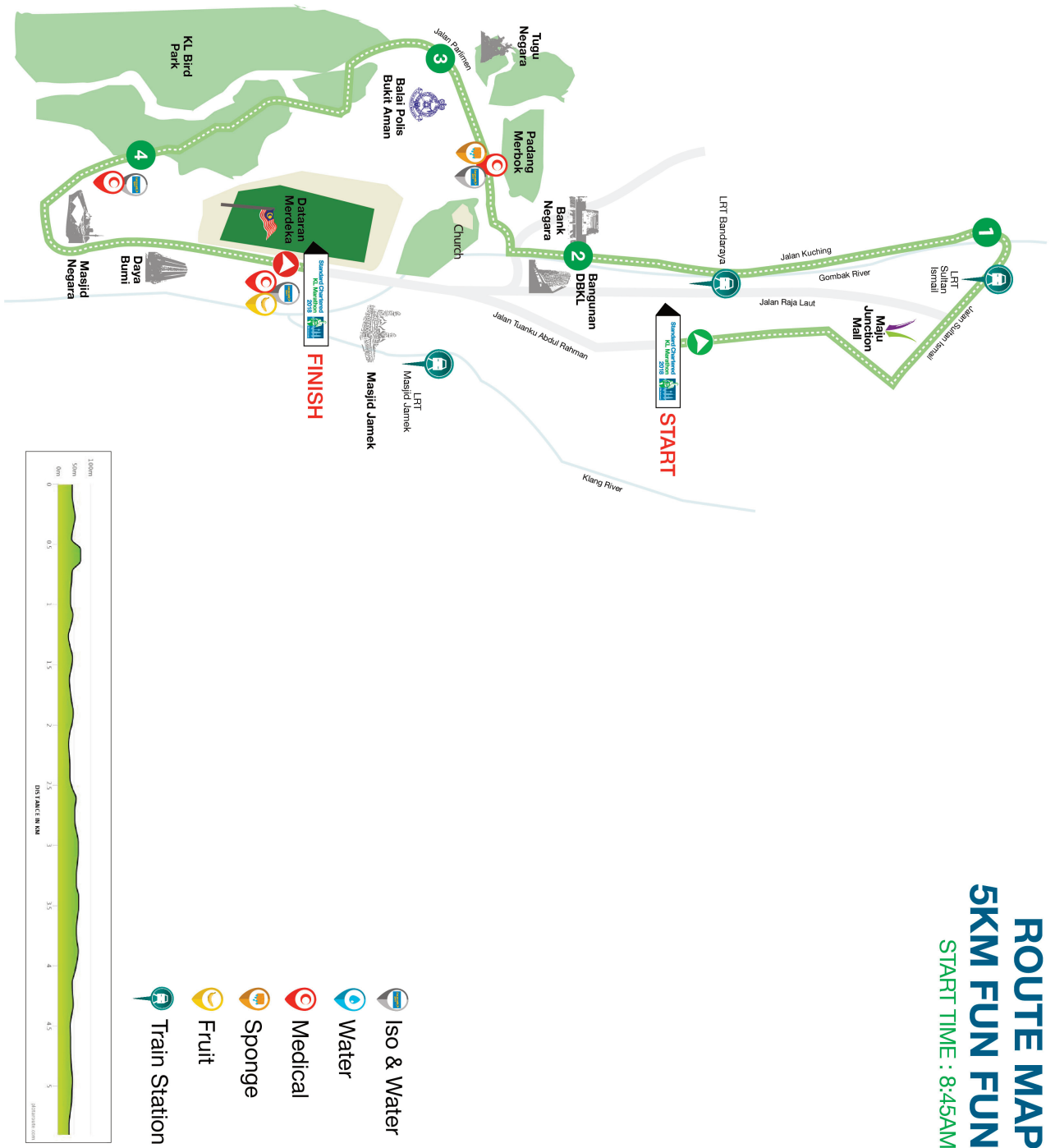
## ROUTE MAP 10KM

START TIME : 6:45AM (Speed)  
7:15AM (Cruise)  
7:45AM (Leisure)

- Iso & Water
- Water
- Medical
- Sponge
- Fruit
- Train Station

# ROUTE MAPS

5km Fun Run **START TIME : 8:45AM**



# ROUTE MAPS

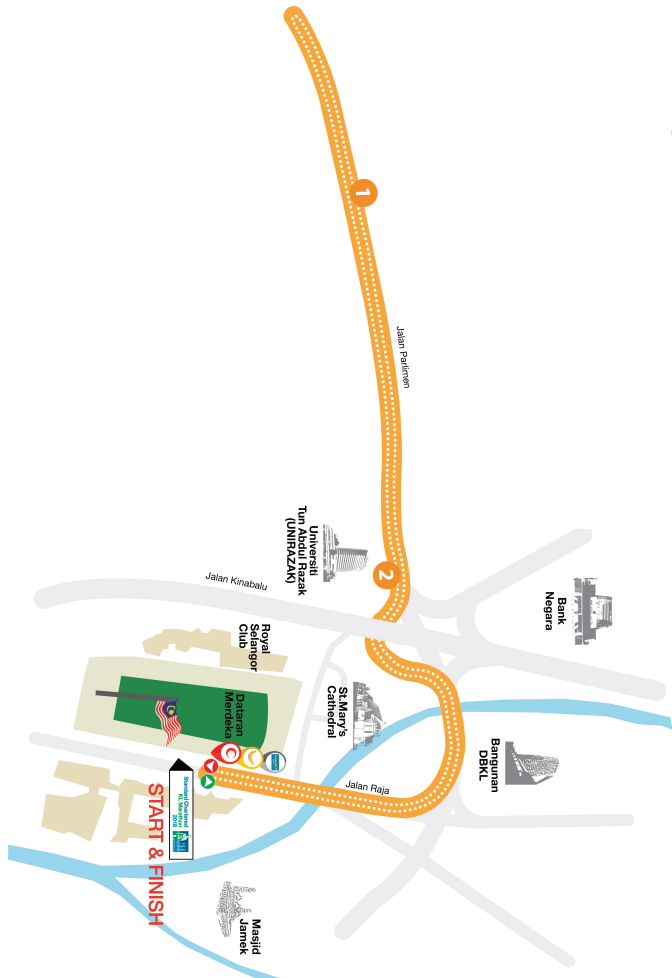
Kids Dash **START TIME : 5:20PM / 5:30PM**

1KM / 3KM

## ROUTE MAP 3KM (2.5KM) KIDS DASH

DATE : 7 APRIL 2018

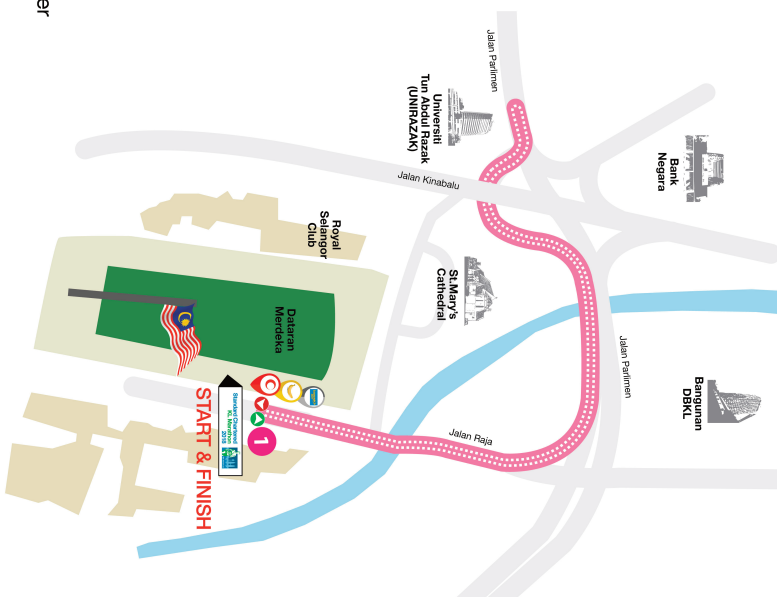
START TIME : 5:30PM



## ROUTE MAP 1KM KIDS DASH

DATE : 7 APRIL 2018

START TIME : 5:20PM



- ISO & Water
- Medical
- Fruit



# IMPORTANT NOTICES

- Please adhere to all the rules and regulations as set and found on [www.kl-marathon.com](http://www.kl-marathon.com).
- Doping test – The organisers reserve the right to conduct random doping tests on Full Marathon runners according to IAAF anti-doping policies.
- Race results and certification – Race results will be posted on the event website within 24 hours after the event. All results and rankings are based on gun time, in accordance with IAAF rules.
- Corporate Challenge results will be available 48 hours after the race but runners can still search for their individual results in the regular search mode within 24 hours after the race.
- Protests and appeals – Race results are final and any disputes must be submitted in writing within 5 days of the results being published. Disputes and appeals by prize winners must be made on the spot and within 30 minutes of the results being published on the notice board on-site or immediately after the prize presentation, whichever is earlier.

The organiser's decision is final and no protests or appeals thereafter will be entertained.

## FOR MORE INFORMATION, PLEASE

Email : [2018@kl-marathon.com](mailto:2018@kl-marathon.com)

## EMERGENCY CONTACTS

Ambulance/Police : 999

Fire Department : 994

Rescue : 991

Get up to 15% cashback monthly  
with JustOne Platinum Mastercard®.



Enjoy greater savings on your auto bill payments,  
online purchases and petrol today.

Get more than RM1,000 cashback a year on your auto bill payments, online purchases, petrol, and other daily spends with the all-new JustOne Platinum Mastercard® credit card.

Plus, you'll receive an exclusive deal that's only available for JustOne Platinum credit cardholders:



**RM7** per ticket for any movie via GSC website and GSC mobile app<sup>1</sup>.



**Live The Good Life with Standard Chartered cards.**

Only Standard Chartered cards give you The Good Life. Enjoy exciting offers and privileges at over 4,000 outlets in Malaysia and across Asia. Pamper yourself with the card that keeps on giving.

**Download now from Apple App Store or get it from Google Play Store**

[sc.com/my](http://sc.com/my)

**Here for good**

Standard Chartered Bank Malaysia Berhad (115793-P)

<sup>1</sup> Ticket must be purchased via GSC website or GSC mobile app. Applicable every day, except Wednesday. Valid for 2 tickets per card per day. Offer valid till 28 February 2019.

Terms and Conditions apply. Visit [sc.com/my](http://sc.com/my) for the full terms and conditions.

..... TITLE SPONSOR .....



..... OFFICIAL PARTNERS .....



..... SUPPLIERS .....



..... SANCTIONED & SUPPORTED BY .....



..... OWNER & ORGANISER .....



..... IT PARTNERS .....





# 10TH ANNIVERSARY SPECIAL EDITION



10  
YEARS  
RUNNING



**START/FINISH**  
**START FM&HM / FINISH 10km&5km**

Standard  
Chartered

**HONDA**  
Power of Dreams

SEIKO

BROOKS

FIT

KALEN

GO

Standard Chartered  
KL Marathon  
2017





1

GOING THE DISTANCE

3

SCKLM MILESTONES

9

FULL MARATHON HALL OF FAME

10

DIRIGO AWARDS

11

10 REASONS TO CELEBRATE

13

HOW MUCH DO YOU KNOW ABOUT SCKLM?

# GOING THE DISTANCE

The Standard Chartered KL Marathon has grown by leaps and bounds and this year we celebrate our 10th Anniversary with our biggest event yet with over 38,000 runners signed up and ready to race come 8 April 2018. Coinciding with this phenomenal growth has been the steady development of Dirigo Events, the owner and organiser of the Standard Chartered KL Marathon (SCKLM). Dirigo Events was incorporated specifically to organize SCKLM but has grown and evolved into an integrated event agency focused on distance running events.

Dirigo Events is headed by directors Rainer Biemans and Gloria Ng, who collectively have more than 48 years of experience in executing and creating world-class and impactful events for international clients around the world such as Europe, Brunei, India and Singapore. Apart from owning the Standard Chartered KL Marathon, Dirigo also organises the Bursa Bull Charge and provides operational services for other mass participation events.

“In the beginning, we had a very small but tight team that was inexperienced but passionate about the job and passionate about running,” said Rainer. “We have been fortunate to retain the core of that team and have added personnel as the event has grown. It’s still a relatively small team but they are all well versed in their roles and responsibilities and instrumental to the successful execution of our events,” he continued.

Over the years, Dirigo Events has been able to elevate SCKLM into becoming the premier running event in Malaysia and a major reason for this has been the careful cultivation of personnel with the right attitude and skills to handle the pressures and responsibilities that come with organising an event of this stature. “We are proud of our team and we try our best to ensure that every member feels a sense of belonging and ownership within the organisation,” said Gloria.





Apart from the core Dirigo team, there are a number of individuals and organisations who come together every year as part of the overall crew that executes SCKLM. These parties support Dirigo on varying aspects ranging from the set-up and execution of the Race Entry Pack Collection and managing the over 2,000 volunteers used on Race Day, to manning water stations, running the prize presentations, and all manner of event logistics.

“We work very closely with DBKL, who are our co-organisers, and we collaborate with several departments there like Enforcement (Public Safety), Health & Environment, Licensing, Civil Engineering & Urban Transportation and Mechanical & Electrical Engineering, among others. We also have good working relationships with uniformed bodies like the PDRM and Traffic Police, along with athletic bodies like the MAF and FTKLAA to ensure that the event is carried out with the highest amount of professionalism and safety,” said Rainer. “We have managed to establish great working relationships with the respective teams over the last decade and we are very grateful for the invaluable services that they provide.”

“SCKLM2018 is definitely a special one for us in Dirigo as it is not only a significant milestone in the progress of SCKLM, it also marks Dirigo’s coming-of-age after successfully organising nine previous editions,” said Gloria. “It has been an incredible journey so far with many highs and some lows, but our motto is to take everything in our stride while striving to provide the best possible race experience for all our participants and stakeholders, which I hope we have somewhat achieved.”

“Thank you for your wonderful support in helping us get to our 10th year. We wish all of you a fantastic weekend come 7-8 April and see you at the Finish Line!”

Dirigo Events.

# SCKLM MILESTONES

## 28 JUNE 2009 - IN THE BEGINNING

The Standard Chartered KL Marathon (SCKLM) began modestly with 13,412 registered participants in the iconic Dataran Merdeka, which has since become its spiritual home. With Standard Chartered Bank Malaysia on board as the Title Sponsor, SCKLM had a solid foundation to build on. Teething problems notwithstanding, the event was successful enough to warrant a repeat the following year. Malaysian record holder Yuan Yufang wins the first of her 5 wins in the Malaysian Women's Full Marathon Category.

### TOTAL REGISTERED RUNNERS : 13,412

Full Marathon	1,895
Half Marathon	2,754
10km	5,437
5km Fun Run	2,910
Kids Dash	416

### TOTAL CHARITY FUNDS RAISED : RM534,435

Charity Partners :

- Standard Chartered Trust Fund
- Shelter Home for Children
- Development of Human Resources in Rural Area
- The National Autism Society of Malaysia
- Malaysian Nature Society

## 27 JUNE 2010 - GROWTH

The event records a significant increase in participation numbers and new routes were introduced for all categories. The Running Clinics and charity initiative Run For A Cause, which were introduced the previous year, became more structured and more closely resembling its current incarnations. Shahrudin Bin Hisham wins the first of his three consecutive titles in the Malaysian Men's Full Marathon Category.

### TOTAL REGISTERED RUNNERS : 17,600

Full Marathon	1,855
Half Marathon	4,086
10km	8,141
5km Fun Run	3,047
Kids Dash	471

### TOTAL CHARITY FUNDS RAISED : RM346,545

Charity Partners :

- Standard Chartered Trust Fund
- Malaysian AIDS Foundation
- Malaysian Association for the Blind
- National Cancer Society of Malaysia
- Yayasan Anak Warisan Alam

## 26 JUNE 2011 - KING KENNEDY

Kennedy Kiproo Lilan from Kenya emerges winner in the Full Marathon Men's Category in a closely fought finish and proves to be unbeatable in the next 4 editions of SCKLM, winning 5 titles consecutively, while his compatriot Rose Kerubo Nyangacha smashed the course record in the Women's Full Marathon Category with a time of 2:34:37. New routes, as well as a new Start/Finish location for the 10km and 5km Categories was introduced.

### TOTAL REGISTERED RUNNERS : 21,726

Full Marathon	2,467
Half Marathon	4,852
10km	10,400
5km Fun Run	3,518
Kids Dash	489

### TOTAL CHARITY FUNDS RAISED : RM486,749

Charity Partners

- Standard Chartered Trust Fund
- National Cancer Society of Malaysia
- Malaysian AIDS Foundation
- Malaysian Association of the Blind
- The National Autism Society of Malaysia
- Yayasan Anak Warisan Alam

## 24 JUNE 2012 - A WIN FOR CHARITY

Highest amount raised for charity to date with RM682,205 disbursed to the beneficiary charities. Participation numbers doubled from its inception and SCKLM's Facebook page registered 18,000 followers. Free Public Transport was introduced for the first time and Kennedy Kiproo Lilan broke the course record in the Men's Full Marathon category in a time of 2:14:45.

### TOTAL REGISTERED RUNNERS : 27,559

Full Marathon	3,168
Half Marathon	5,727
10km	14,311
5km Fun Run	3,812
Kids Dash	541

### TOTAL CHARITY FUNDS RAISED : RM682,205

Charity Partners :

- Standard Chartered Trust Fund
- The National Autism Society of Malaysia
- Malaysian National Animal Welfare Foundation
- Pertubuhan Alam Sekitar Ecomknight  
Kuala Lumpur dan Selangor



## 29 SEPT 2013 - SOLD OUT

SCKLM2013 was the first time the event sold out its running slots with a total of 33,142 participants. The event was unfortunately postponed due to adversely hazy conditions and this led to the introduction of Marketplace, which is the official SCKLM platform for runners to sell off their bibs and for runners who may have missed out on registrations to get an entry to the race.

### TOTAL REGISTERED RUNNERS : 33,142

Full Marathon	4,559
Half Marathon	6,866
10km	17,464
5km Fun Run	3,807
Kids Dash	446

### TOTAL CHARITY FUNDS RAISED : RM463,365

Charity Partners :

- Standard Chartered Trust Fund
- The National Autism Society of Malaysia
- Hospis Malaysia
- Pertubuhan Alam Sekitar Ecoknights Kuala Lumpur dan Selangor

## 12 OCT 2014 - RECOGNITION

SCKLM2014 was awarded Best Tourism Event in the Kuala Lumpur Mayor's Tourism Awards. Youth and Sports Minister Brig. Gen. Khairy Jamaluddin launched the event and became its first registered participant as he took part in the 10km Category, which he ended up completing in a very respectable sub 1 hour effort. New routes for all categories were introduced, incorporating a highway for the first time. Muhaizar Mohamad wins the first of his three consecutive wins in the Malaysian Men's Full Marathon Category.

### Total Registered Runners : 35,228

Full Marathon	5,258
Half Marathon	8,210
10km	16,224
5km Fun Run	5,033
Kids Dash	503

### Total Charity Funds Raised : RM388,283

Charity Partners :

- Standard Chartered Trust Fund
- The National Autism Society of Malaysia
- Malaysian Nature Society
- Hospis Malaysia

#### 4 OCT 2015 - CANCELLATION

Adverse haze once again affected SCKLM, this time forcing the cancellation of the event on Race Day. Runners however still showed up in significant numbers and some even ran a modified 10km course. Despite the disappointment, the day turned out to be a great opportunity for runners to socialize and catch up, with one particularly happy couple getting engaged at the event!

##### **TOTAL REGISTERED RUNNERS : 34,508**

Full Marathon	6,737
Half Marathon	9,005
10km	15,417
5km Fun Run	2,854
Kids Dash	495

##### **TOTAL CHARITY FUNDS RAISED : RM460,680**

Charity Partners :

- Standard Chartered Foundation
- Hospis Malaysia
- The National Cancer Society of Malaysia
- Malaysian Nature Society

#### 7 AUG 2016 - THE RACE TO RACE

SCKLM2016 proved to be a watershed edition when all race slots were snapped up within a mere three days from when registrations were open to the public, making SCKLM one of the most eagerly anticipated running events in the country. It was also the first time that a Reservation period was introduced to acknowledge runners who participated in the previous year. The SCKLM mobile App, with an array of exciting features like live-tracking and seamless social media connectivity, was also introduced.

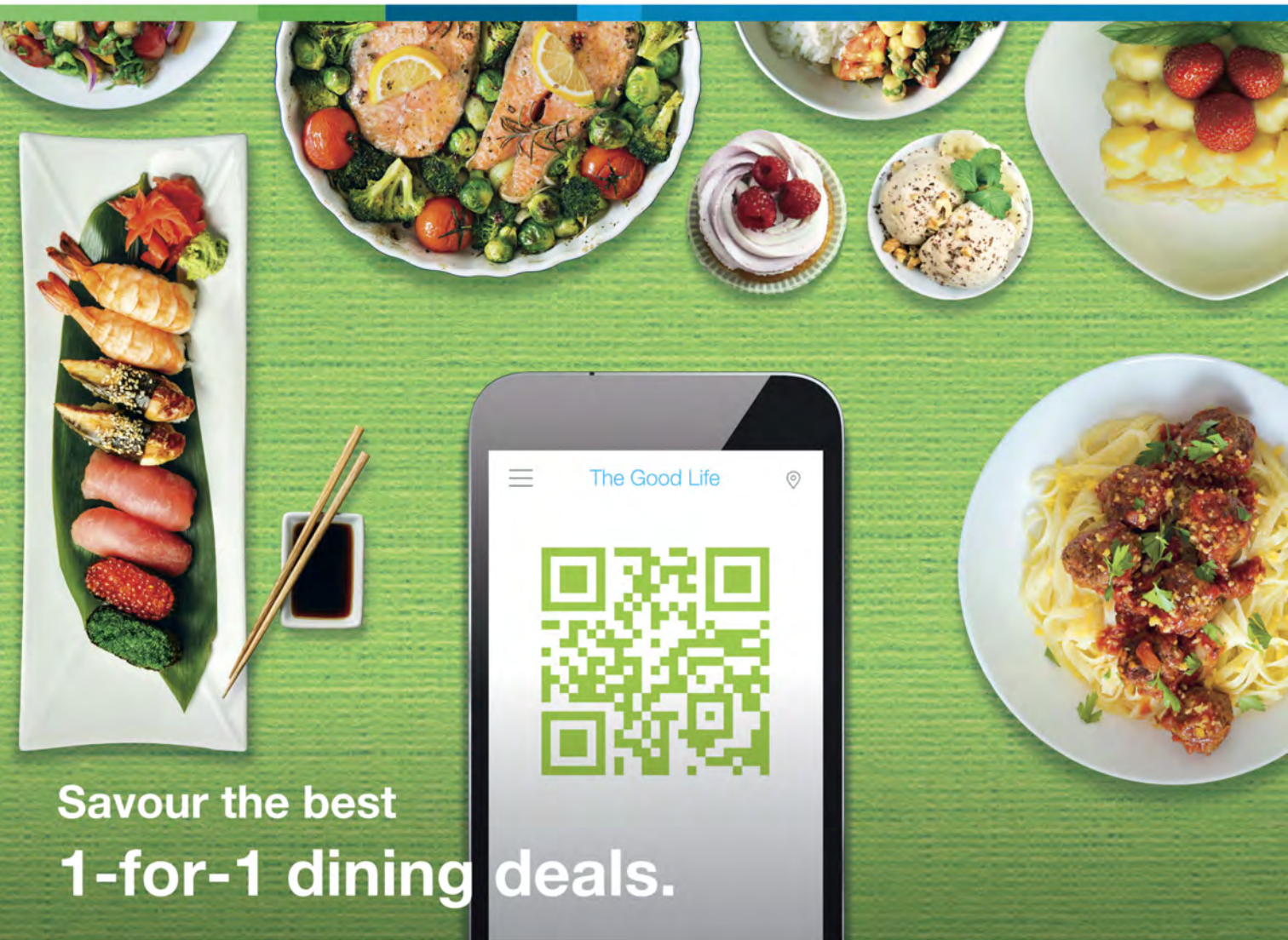
##### **TOTAL REGISTERED RUNNERS : 35,095**

Full Marathon	7,172
Half Marathon	9,566
10km	15,261
5km Fun Run	2,542
Kids Dash	554

##### **TOTAL CHARITY FUNDS RAISED : RM479,858**

Charity Partners :

- Standard Chartered Foundation
- Hospis Malaysia
- Yayasan Sejahtera
- IJN Foundation



Savour the best  
**1-for-1 dining deals.**



**Live The Good Life with Standard Chartered cards.**

Only Standard Chartered cards give you The Good Life. Enjoy exciting offers and privileges at over 4,000 outlets in Malaysia and across Asia. Pamper yourself with the card that keeps on giving.

**Scan the QR code to download The Good Life app.**

**Speak to us now to find out more.**



[sc.com/my](https://sc.com/my)

**Here for good**



## 21 MAY 2017 - A NEW KING EMERGES

After 5 consecutive wins, Kennedy Kipro Lilan was finally dethroned by compatriot Cosmas Matolo Muteti in the Men's Full Marathon Category, ending Kennedy's reign as the Marathon King of Kuala Lumpur. 2017 also saw the biggest REPC and EXPO till then with more than 25 exhibitors, which was held in the KLCC Convention Centre for the first time. Malaysia's premier running event was also recognized by SPIA Asia with Gold Awards in the Best Mass Participation Event and Best Sports Digital Platform categories.

### TOTAL REGISTERED RUNNERS : 36,016

Full Marathon	8,403
Half Marathon	9,973
10km	14,669
5km Fun Run	2,479
Kids Dash	492

### TOTAL CHARITY FUNDS RAISED : RM423,294

Charity Partners :

- Standard Chartered Foundation
- Dignity for Children Foundation
- Hospis Malaysia
- The National Cancer Society of Malaysia

## 7 & 8 APRIL 2018 - 10TH ANNIVERSARY

The 10th anniversary celebrations will be marked by the introduction of new Full and Half Marathon routes, a new commemorative medal, options for Running Tees and VIP packages. The Kids Dash will also have their own platform a day earlier on 7 April 2018. The SCKLM page has organically grown to more than 90,000 followers. Will Yuan Yufang and Muhaizar Mohamad continue their consecutive winning streaks in their respective categories? Will Kennedy Kiproo Lilan wrest his crown back from Cosmas Matolo Muteti? Find out on Sunday, 8 April 2018 and celebrate our 10th Anniversary with us!

### TOTAL REGISTERED RUNNERS : 38,768

Full Marathon	10,117
Half Marathon	11,891
10km	13,355
5km Fun Run	2,900
Kids Dash	505

**CELEBRATING**  
**10 YEARS**  
**OF RUNNING**  
**TOGETHER**

# FULL MARATHON HALL OF FAME

## OPEN

<b>2009</b>	Julius Ndiritu Karinga (Kenya) . . . . .	2:17:02
	Frieda Jepkite Lodepa (Kenya) . . . . .	2:40:10
<b>2010</b>	Nelson Kirwa Rotich (Kenya) . . . . .	2:16:43
	Goitetom Haftu Tesema (Ethiopia) . . . . .	2:46:43
<b>2011</b>	Kennedy Kiproo Lilan (Kenya) . . . . .	2:20:08
	Rose Kerubo Nyangacha (Kenya) . . . . .	2:34:37 (Course Record)
<b>2012</b>	Kennedy Kiproo Lilan (Kenya) . . . . .	2:14:45 (Course Record)
	Elizabeth Jeruiyot Chemweno (Kenya) . . . . .	2:40:24
<b>2013</b>	Kennedy Kiproo Lilan (Kenya) . . . . .	2:19:01
	Rose Chekurui Kosgei (Kenya) . . . . .	2:41:05
<b>2014</b>	Kennedy Kiproo Lilan (Kenya) . . . . .	2:17:47
	Mugo Hellen Wanjiku (Kenya) . . . . .	2:43:22
<b>2016</b>	Kennedy Kiproo Lilan (Kenya) . . . . .	2:18:57
	Hirut Beyene Guangul (Ethiopia) . . . . .	2:39:02
<b>2017</b>	Cosmas Matolo Muteti (Kenya) . . . . .	2:18:42
	Elizabeth Chepkanan Rumokol (Kenya) . . . . .	2:36:13

## MALAYSIAN

<b>2009</b>	Muniandy Ramadass . . . . .	2:31:51
	Yuan Yufang . . . . .	3:16:34
<b>2010</b>	Shaharudin Bin Hashim . . . . .	2:39:39
	Tan Bee Kiang . . . . .	3:36:36
<b>2011</b>	Shaharudin Bin Hashim . . . . .	2:42:36
	Emelyne Teo Jia Wei . . . . .	3:32:24
<b>2012</b>	Shaharudin Bin Hashim . . . . .	2:42:27
	Ling Mee Eng . . . . .	3:36:48
<b>2013</b>	Fabian @ Osmond Bin Daimon . . . . .	2:41:55
	Yuan Yufang . . . . .	3:37:16
<b>2014</b>	Muhaizar Mohamad . . . . .	2:41:11
	Yuan Yufang . . . . .	3:34:27
<b>2016</b>	Muhaizar Mohamad . . . . .	2:39:25
	Yuan Yufang . . . . .	3:19:04
<b>2017</b>	Muhaizar Mohamad . . . . .	2:35:55
	Yuan Yufang . . . . .	3:22:59

# DIRIGO AWARDS

## The Best of the Best!

In the last 10 years, the Standard Chartered KL Marathon has grown to become the premier running event in Malaysia, recording more than 38,000 participants for its 10th Anniversary edition. In its ascent to its current iconic positioning, SCKLM has managed to garner accolades along the way that acknowledged the organisational capabilities of Dirigo Events.

In 2014, the event was presented with the Platinum Award for the KL Mayor's Tourism Awards, which was in recognition for being the best tourism event of that year. Three years later, SCKLM2017 managed to clinch Gold in two categories at the SPIA Asia Awards 2017 (Asia's Sports Industry Awards and Conference) in Bangkok. The first was for the Best Mass Participation Event in Asia, which was no mean feat as there was some illustrious competition from around the region to beat. The second Gold was won by SCKLM's technology partner MYLAPS, who won in the Best Sports Digital Platform category for the SCKLM Digital App.

"Winning these awards have been a vindication of all the hard work and dedication of all involved parties," said Rainer Biemans, Project Director of SCKLM and Director of Dirigo Events. "We would like to thank our sponsors, partners, the running event management fraternity, the Malaysian running community, and all who make up the SCKLM family, without whom this achievement would not have been possible," he added.





# 10 REASONS TO CELEBRATE

The Standard Chartered KL Marathon celebrates its 10th Anniversary with the introduction of 10 new race features.

## **1. Introduction of participation history**

Runners have the opportunity to check their participation history through the SCKLM website. This feature will allow runners to see how they have progressed through the years.

## **2. Kids Dash Timing Chips**

For the first time, the Kids Dash participants will be using timing chips to determine their finishing times, as well as allow friends and family to track them through the SCKLM App.

## **3. Standalone Kids Dash**

In order to give more prominence to the Kids Dash categories, the event will be held a day earlier on 7 April 2018. This would allow parents to be present in support of their children instead of being involved in their own respective runs.

## **4. SCKLM Juggernauts**

Runners who have registered for all 10 editions of the race are now a part of the “SCKLM Juggernauts” and have special privileges such as personalised running t-shirts and customised bib numbers.

## **5. Introduction of VIP package**

Runners were provided with the option to purchase VIP Packages that would entitle them to priority Race Pack collection, access to the VIP Tent with breakfast buffet, VIP baggage drop and a Brooks polo shirt and track pants

## **6. Motivational Signs**

Upon registration for SCKLM, runners were able to submit a motivational quote that inspired them. The best 20 of these quotes are displayed on signs along the Full Marathon route with the runner's name attached.

## **7. Selection of Running t-shirt (with or without sleeves)**

Runners who registered for SCKLM 2018 were able to choose their running t-shirt, either with or without sleeves.

## **8. Special commemorative Finisher Medals**

To commemorate its 10th anniversary, SCKLM have introduced medals featuring a unique KL skyline swivel design.

## **9. New feature within the SCKLM App**

The SCKLM App which won Gold at the SPIA Asia Awards held in Bangkok recently, has incorporated an exciting new photo feature that will capture runners' memorable running moments.

## **10. New Full and Half Marathon routes**

To keep the race fresh and challenging, the Full and Half Marathon categories have new routes that navigate around more of Kuala Lumpur's iconic landmarks.

*“When I’m simply running, I focus on running well and being in control of the body and the mind, and just enjoy the run. When I’m competing in a marathon however, I always aim to better my previous time by running the best that I can.*

*Every step of my running journey brings me closer to realizing my dreams of being Malaysia’s fastest marathoner and while that road is paved with many sacrifices, nothing will stop me from giving it my all.”*

•

**Muhaizar Mohamad, three-time consecutive winner of the SCKLM Malaysian Men’s Full Marathon category (2014, 2016 and 2017) and bronze medalist at the KL S.E.A. Games 2017.**



# HOW MUCH DO YOU KNOW ABOUT STANDARD CHARTERED KL MARATHON?

## **1. Total Runners Signed Up**

13,412 runners participated in the inaugural Standard Chartered KL Marathon (SCKLM) in 2009 while the 2018 edition saw a record-breaking 38,768 runners sign up.

## **2. Total Number of Runners Over the Years**

In the past 9 years, we've had 254,286 runners participate in SCKLM. As this year marks the 10th-Anniversary, we will have reached a total of 293,054 runners!

## **3. International Runners**

The number of international runners has steadily increased from 798 in 2009 to 1,877 in 2018, representing an increase of more than 135%.

## **4. Total Number of Full Marathon Runners**

The first SCKLM in 2009 registered a total of 1,895 participants for the Full Marathon category. For SCKLM2018, there are 10,122 registered participants in the Full Marathon category, representing the highest number of Full Marathon runners in the history of SCKLM as well as an increase of 434% over the last nine years.

## **5. Senior Runners**

The oldest male runner ever recorded in SCKLM was Yeap Hooi Chong (Malaysia) at age 82 in 2017, while the oldest female runner was Nakamura Toshie (Japan) at age 82 in 2012.

## **6. Total Distance Covered**

Over the last 9 years, SCKLM runners have covered almost 4.36 million kilometres in total. To put that in perspective, that is like running on the North-South Expressway from Bukit Kayu Hitam, Kedah to Johor Bahru 5,648 times!

## **7. Nutrition**

On race day, over 102,000 litres of water and isotonic drinks and 8.2 tons of bananas are prepared for the runners.

## **8. Charities**

Since 2009, 15 charities have benefited from SCKLM's Run For A Reason charity programme. The Standard Chartered Foundation has been the longest running beneficiary, providing free Intra-ocular Lens Replacement for the visually impaired in underprivileged rural communities.

## **9. Run For A Reason**

For the past 9 years, we have managed to raise RM4.27 million for Run For A Reason! And our Run For A Reason participants have grown from just 57 in 2009 to 758 in 2018.



#### **10. Awards**

In the last decade, SCKLM has garnered industry accolades and awards like the Platinum Award in the Kuala Lumpur Mayor's Tourism Awards in 2014 for bringing tourists to Kuala Lumpur and the Gold Award for the Best Mass Participation Event at the 2017 SPIA Asia Awards in Bangkok.

#### **11. App**

The SCKLM App was developed by MYLAPS and launched for SCKLM2016. To date the App has been downloaded a total of 23,096 times since its launch and became the most downloaded sports app in the App Store and Google Play on 21 May 2017, the day of the event, with 1,085,782 screens viewed.

#### **12. Number of Volunteers**

Our lovely volunteers are the backbone to our event. For the past 9 years, we've had 26,176 crew that worked tirelessly day and night to ensure our runners stay hydrated and safe.