

# WHOLE BRAIN FITNESS:

A Road Map to Successful Aging

Wednesday • June 5, 2019  
5:30 - 7:30 PM

Stratford on the Park  
2300 N. Lincoln Park W. • Chicago, IL 60614



**Speaker: Beverly Sanborn, MSW, LCSW**

*Vice President of Program Development, Belmont Village Senior Living*

*Beverly is a nationally recognized gerontologist and dementia care expert with more than 20 years of experience translating research into award-winning programs for mild to moderate memory loss.*

Join us as gerontologist and memory care expert Beverly Sanborn delves into the key components of successful aging and how to maintain function even after cognitive changes have started. Learn more about Belmont Village's Whole Brain Fitness approach to Assisted Living and memory care along with the premiere services and amenities coming to Lincoln Park this summer at 700 W. Fullerton Avenue.

Wine and hors d'oeuvres will be served. Complimentary valet parking available.

**Seating is limited. RSVP to 773-327-2200.**

BELMONT *Village*

SENIOR LIVING

LINCOLN PARK

Opening Summer 2019



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