

Step 1: print this document at actual size and cut out all four strips along the line Step 2: line up the letters A,B,C,D on each strip and tape them together. Step 3: while standing up, loop the measuring tape around your leg. Measure the circunference of your leg 6 inches (15cm) above the center of the knee cap. Select the correct size based on the size shown on the tape

l		PASTE BELOW A	PASTE BELOW B	PASTE BELOW
		8	16	24 N
0.5	This is	8.5	16.5 X - 17.5"	24.5 NS
1	THIS IS YOUR SIZE	9		25
1.5	Step 1: p Step 2: li Step 3: v Step 3: v circunfe Select th	9.5	17.5	25.5
2	rint this ne up th vhile sta rence of ne correc	10	17.5" - 19.0" 3XL 18.5	25.5 7XL
<u>2.5</u>	documa ne letter nding u f your leg ct size b	10.5	18.5 F 0	26.5
3	Step 1: print this document at actual size and cut out all four strips along th Step 2: line up the letters A,B,C,D on each strip and tape them together. Step 3: while standing up, loop the measuring tape around your leg. Measucircunference of your leg 6 inches (15cm) above the center of the knee cap. Select the correct size based on the size shown on the tape	11	19	27
3.5	tual size) on each ne meas s (15cm) the size	11.5	19.5	27.5
<u>_</u>	and cut n strip ar suring ta) above t shown c	12 1 5	19.5 4 X C	28
	out all fand tape : nd tape : pe aroui the cent on the ta	12 ————————————————————————————————————	20.5	28.5
	our strik them to nd your er of the	13	21	29
_ .5	os along gether. leg. Mea knee ca	13.5	21.5	29.5
5	ire t	14 X 15.5, 15.5, 14.5	22 22 23.0	30
 5.5	ne he 6 inches above your KNEE CAP		22.5	
7	bove	15	23	O
7.5		15.5	23.5	
A		В	C	