



**Hosted by: ASI The Woodlands**

**December 14, 2019**

**\*Doors Will Open 15 Minutes Prior to Open Stretch\***

**Saturday December 14, 2019**

**Session 1**

Level 1: ASI Cypress (Coach Gabrielle TH@5:30)

Level 2: ASI The Woodlands (Coach Janee)

Level 3: ASI The Woodlands, Houston Elite Gymnastics

Coaches' Meeting 2:00 PM

Open Stretch 2:05 PM

March In 2:25 PM

Competition 2:35 PM

Awards 4:20 PM

**Saturday December 14, 2019**

**Session 2**

Level 1: ASI Cypress (Coach Gabrielle F@4:30), ASI The Woodlands

Level 2: ASI The Woodlands (Coach Hunter & Coach Kelly)

Level 4: ASI The Woodlands, Houston Elite Gymnastics

Xcel Silver: ASI The Woodlands

Xcel Gold: ASI The Woodlands

Coaches' Meeting 5:05 PM

Open Stretch 5:10 PM

March In 5:30 PM

Competition 5:40 PM

Awards 7:25 PM