

## GREEN SPACES & WELLBEING CONFERENCE

The conference is aimed at anyone with an interest in health and greenspace, those working in local authorities, CCGs, primary care, social care, NHS providers, the voluntary sector, health development workers, children's services, schools, outdoor educators, planners, etc

### The conference will enable participants to:

- Strengthen their knowledge of the physical and emotional health impacts of greenspace
- Gain understanding of ways to measure greenspace, the estimated amount of greenspace we have in Derbyshire and how accessible it is
- Learn about the concept of nature connectedness and its links to health and wellbeing
- Gain understanding of what works by providing an overview of evidence for effective action to promote use of greenspace, and by showcasing current research projects
- Take part in interactive workshops showcasing practical ways of engaging with greenspace in order to promote wellbeing

**WHERE:** The Derbyshire Eco Centre, Porter Lane, Middleton, Matlock DE4 4LS

**DATE AND TIME:** Wednesday 20<sup>th</sup> September 2017. 9.15am – 4.00pm

**HOW TO REQUEST A PLACE:** Email [wendy.gayer-smith@derbyshire.gov.uk](mailto:wendy.gayer-smith@derbyshire.gov.uk) by Friday 18<sup>th</sup> August

**Please note:** Places will be confirmed by the 1<sup>st</sup> September