

JANUARY 2017

LILY & VAL
EST. 2017

Monthly TO-DO list

BURN YOUR BEST CANDLE
enjoy its scent

BREW YOUR FAVORITE TEA
drink slowly

WAKE UP 5 MINUTES EARLY
embrace the comfiness

CURATE A SOOTHING PLAYLIST

SEND SNAIL MAIL

hygge

noun; HOO-GA

The Danish concept to describe the heart-warming feeling that comes from taking pleasure in ordinary, everyday moments and making them meaningful, beautiful, soothing & special. Coziness of the soul.

