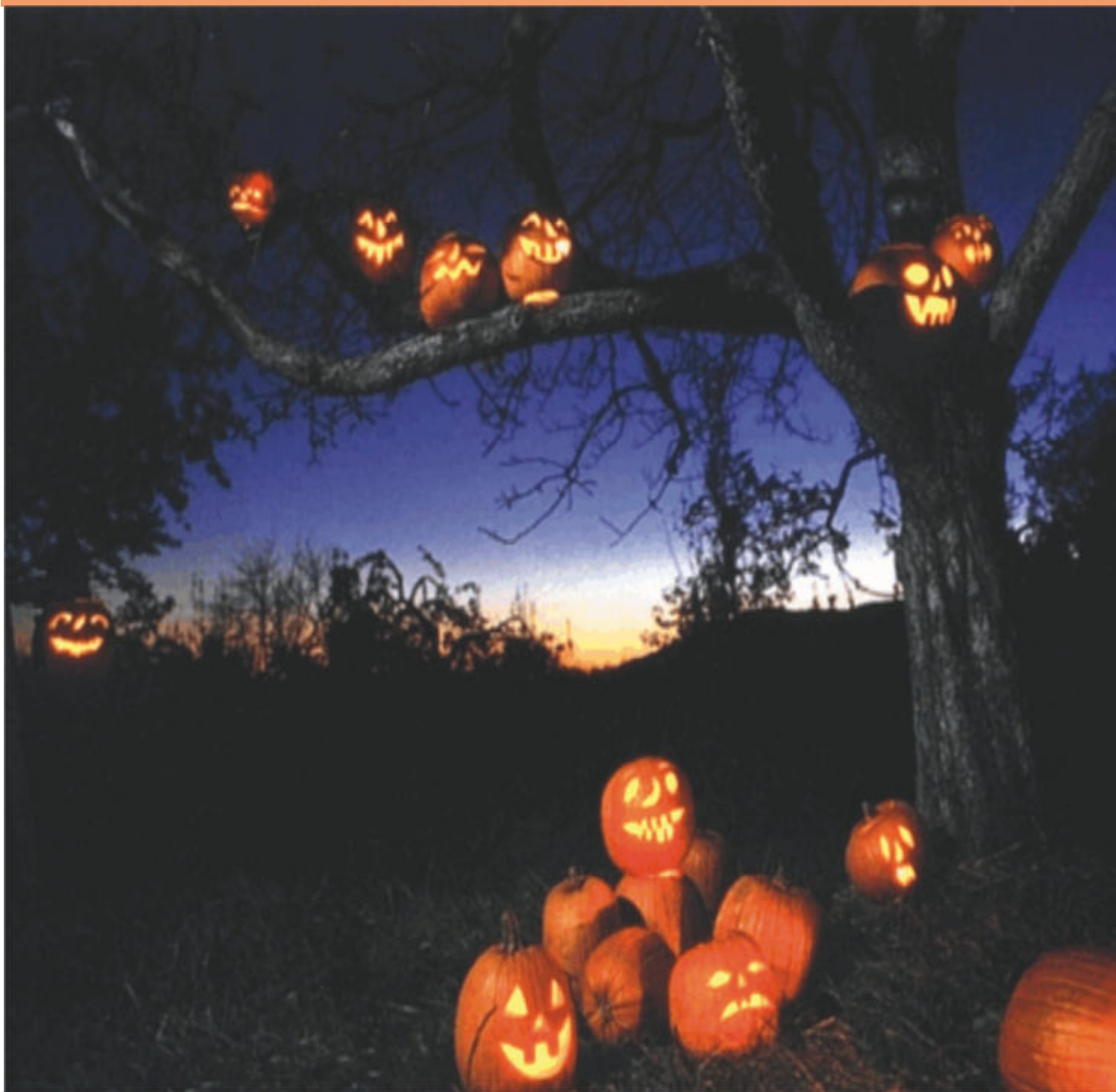


SADDLE BROOK SENIOR CENTER

8 Caldwell Avenue Saddle Brook, NJ 07663 Phone (201) 845-4594 Fax (201) 843-4866



OCTOBER 2019

The Saddle Brook Senior Center is available for Saddle Brook Residents 55 years and older

Joseph J. Caggiano, Dir. NJ Lic. No. 4083 Lisa M. Caggiano, Mgr. NJ Lic. No. 3934 Richard J. Meade, Dir. NJ Lic. No. 4962

Vander Plaats - Caggiano

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CONTACT

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jrosenman@lpiseniors.com or (800) 477-4574 x6421

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Around The Town



Saddle Brook Senior Housing—September 9th was a great day not only for Saddle Brook, but for 30 Seniors who will call our new Senior Residence home and we welcome each and every one. We in the Township always knew there was a need for affordable housing for our seniors. Our hope is to continue exploring all avenues to provide additional senior and special needs housing in our community.

SADDLE BROOK SENIOR CENTER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Exercise 10:15 Senior Club 1:00	2 BINGO 12:45 Blood Pressure 11:00—12:30	3 Exercise 10:15 Happy Stitchers 1 pm	4 BINGO 12:45	5
	6	7 Line Dancing 10:00 AARP Meeting 1:00	8 Exercise 10:15	9 BINGO 12:45	10 Exercise 10:15 Happy Stitchers 1:00 BC Satellite	11 BINGO 12:45
12	13	14 CLOSED COLUMBUS DAY Senior Club AC TRIP Call Angie 201.796.0904	15 Exercise 10:15	16 BINGO 12:45	17 Exercise 10:15 Happy Stitchers 1:00	18 BINGO 12:45
19	20 CHICKEN BINGO JOIN THE FUN BRING FRIENDS	21 Line Dancing 10:00 Blood Pressure 11:00—12:30	22 Exercise 10:15 Senior Halloween Party 6:00—9	23 BINGO 12:45	24 Exercise 10:15 Happy Stitchers 1:00	25 BINGO 12:45
26	27	28 Line Dancing 10:00	29 Exercise 10:15	30 BINGO 12:45	31 Exercise 10:15 Happy Stitchers 1:00	

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RECIPE AND SCHEDULE



PUMPKIN PIE: Ingredients

3/4 cup sugar
1 1/2 teaspoons pumpkin pie spice
1/2 teaspoon salt
1 can (15 oz) pumpkin (not pumpkin pie mix)
1 1/4 cups evaporated milk or half and half
2 eggs, beaten
1 Pillsbury frozen deep-dish pie crust

Steps

Heat oven to 425°F. In large bowl, mix filling ingredients. Pour into pie crust. Bake 15 minutes. Reduce oven temperature to 350°F; bake 40 to 50 minutes longer or until knife inserted near center comes out clean. Cool 2 hours. Serve or refrigerate until serving time. Store in refrigerator.

RECYCLING CALENDAR

October 4	Newspaper
October 11	Commingle
October 18	Newspaper
October 25	Commingle
November 1	Newspaper

AARP MEETINGS

October 7	meeting (activity tbd)
November 4	meeting (activity tbd)
December 16	Christmas Luncheon

AARP TRIPS

To reserve a spot call Marie Shust (201) 281-1099
November 13 11:00 Stony Hill Inn Tribute American \$50

SADDLE BROOK WOMAN'S CLUB

For more information about joining the club call Paula
(201) 755-4960

SADDLE BROOK SENIOR CLUB

For membership call Henry (201) 796-7225.

DO YOU NEED A RIDE?

The Saddle Brook Senior Center Schedules rides to the Doctor on Monday through Wednesday. On Thursday we go food shopping and on Friday we go the malls. Please call to reserve a spot on Mondays. The bus also picks up on Wednesday & Friday for Bingo.

For more information and to schedule a pick up please call the Senior Center Director, Joseph Lecce (201) 845-4594.

ATLANTIC CITY RESORTS CASINO

2ND Monday of every month cost is \$30 and \$30 back.
Please call Angie 201.796.0904.

St. Philip the Apostle Senior AC Casino Trip

Resorts Casino the 3rd. Tuesday of the month. The cost is \$30 with \$30 Slot Return and \$10 Food Voucher Call Maria at (973) 772-2010.

SAVE THE DATE

October 10 38th Dist. Mobile Office

October 20 Chicken Bingo

October 22 Halloween Party

Pg.

WORD WISE

Fall Word Search



ACORN
APPLE
AUTUMN
CHESTNUTS
CHILLY
CIDER
COBWEB
FALL
FOOTBALL
GOURD

HALLOWEEN
HARVEST
HAY BALE
HAYRIDE
LEAVES
MAIZE
NOVEMBER
NUTS
OCTOBER
PUMPKIN

QUILT
RAKE
SCARECROW
SEPTEMBER
SLEET
THANKSGIVING



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SEPTEMBER

WORD SCRAMBLE ANSWERS

1. SUNFLOWER
2. SQUIRREL
3. SWEATER

RIDDLES

Why don't skeletons play music in church?
How are vampires like false teeth?
What did the pumpkin need for its boo boo?
Why are graveyards noisy?
Why do witches fly on brooms?

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IN THE SPOT LIGHT



Residents enjoyed a beautiful day at the annual township picnic. Great weather, good food and music were capped off with dessert from the Saddle Brook Woman's Club, Italian ice and fried Oreos. We thank all emergency services and all of our township departments and committees for their help in making the event run smooth. We especially thank the businesses who donated, including all township pizzerias for their delicious pizza pies. We look forward to next year's celebration.

