

PEREvere & FINISH THE TASK AT HAND

A knight sets about with determination to finish the task at hand. He reminds himself to stick with his task before embarking on play or another assignment.

Remember that each family & each boy's needs are unique. Pray & make a personalized plan for your son(s).

SCRIPTURE TO LIVE BY

**** Galatians 6:9 – Let us not become weary in doing good ****

Colossians 1:11-12

Hebrews 6:9-12

Secrets to Persevering Well:

Proverbs 3:5-5

2 Corinthians 1:21

Ephesians 6:11

Hebrews 12:1-2

Perseverance in the face of trial and/or persecution

Romans 2:8-11

James 1:2-4, 12

Romans 5:3-4

CONVERSATIONS TO HAVE

- Choose some of the dinner time conversations on pg. 233 of *Knights in Training*.
- Talk about how you can encourage one another to tackle hard things.
- Discuss the Growth Mindset printable and work on changing the way you talk about challenges.
- Point out examples of perseverance in daily life, in the news, in the books you read & the movies you watch!
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BOOKS TO READ

- Saint George and the Dragon
- Biographies
- See more at www.heatherhaupt.com/helping-kids-persevere
- Look for examples of perseverance in EVERYTHING that you read.

THINGS TO DO

- Choose a new skill to learn that your child is excited about. Persevere through.
- Teach them the power of a to-do list, by helping them make their own. Get them a special highlighter to mark off tasks completed!
- Utilize Brain Breaks to help your kids “fight for focus” (www.ultimatebrainbreaks.com)

MAKE IT A COMMUNITY AFFAIR

- Plan a challenging hike or some other “hard thing” that requires dedication and focus as a group to accomplish!
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WE WILL REAP A HARVEST
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GALATIANS 6:9

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PERSISTENCE

STEADFASTNESS

IN A COURSE OF ACTION



PERSEVERANCE

REQUIRES A GROWTH MINDSET

Instead of: Say this:

~~"I'm not good at this."~~



"What am I missing?"

~~"I give up."~~



"I'll use some of the strategies we've learned."

~~"I failed"~~



"I haven't figured this out *YET*."

~~"This is too hard."~~



"This may take more time and effort."



FIGHT FOR FOCUS

