



## 7 Steps to Start Living Plastic Free



### Reusable Produce Bags

For plastic-free fruits, veggies and bulk food.



### Unpackaged Soap Bars

For your body, your hair, to shave... bar soaps are back!



### Reusable Utensils

Always carry them in your purse, in your backpack, to avoid plastic utensils everyday.



### Reusable Straws or No Straws

Stop buying plastic straws and order your drinks without straws!



### Refill, Refill, Refill

A service like fillgood.co delivers refills of body and home products to your door. We make it easy for you!



### Reusable Water Bottle

You probably already have one at home, take it everywhere with you!



### Reusable Tea & Coffee Cup

Disposable cups have become the norm. Ask for a good old mug, relax and enjoy your coffee.