Nemaha County

Parent Resources



Average Cost of Child Care in Nemaha County

Child Care Center		
Weekly, Full-Time Rates		
Average Cost (\$)		
12 Months and under		
160.00		
12-17 Months		
150.00		
18-23 Months		
150.00		
2 Years		
145.00		
3 Years		
135.00		
4 Years		
135.00		
5 Years		
135.00		
6 Years and older		
135.00		

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Family Child Care		
Weekly, Full-Time Rates		
Average Cost (\$)		
17 Months and under		
129.00		
18-35 Months		
120.00		
3 Years		
120.00		
4 Years		
118.00		
5 Years		
112.00		
6 Years and older		
110.00		

Preschool			
Monthly, Part-Time Rates			
Average Cost (\$)			
3 Years			
62.00			
4 Years			
67.00			
5 Years			
75.00			

School Age Program Weekly, Part-Time Rates Average Cost (\$) 5 Years Data not available 6 Years and older Data not available

Information at your fingertips!

Receive parenting tips via text message on:

- **Child Development**
- **Activities**
- **Healthy Recipes** & More



Parenting Information

Resource	Contact Information	Services
Parents as Teachers (PAT)	Not Available	Not Available
Infant-Toddler Services (Tiny-k)	(785) 876-2214 www.keystonelearning.org	Services for families who have children with developmental delays
Head Start	(785) 742-2222 www.nekcap.org	Early Childhood education program serving income eligible families
Mental Health Services	(785) 742-7113 www.kanzamhgc.org	Services from individual therapy to medication assessment and management

www.ks.childcareaware.org/

Phone: 785-823-3343 Toll free: 855-750-3343







Nemaha County Community Resources

Local Community Services

Resource	Contact Information	Services
Department for Children and Families Services	(785) 562-5338 www.dcf.ks.gov	Child care assistance, child support enforcement, food assistance, health services
Health Department	(785) 336-2330	Home health, child care licensing, immunizations, Kan-Be-Healthy, Women, Infants & Children (W.I.C.)
K-State Research & Extension Office (Local Agent)	(785) 336-2184 www.ksre.ksu.edu	Nutrition education, youth development, family financial planning, family life
American Red Cross	(785) 354-9238 www.redcross.org	Community services that help the families in need
Mary Cotton Public Library	(785) 284-3160 www.sabethalibrary.org (785) 336-2377 www.seneca-kansas.com	Books, classes, community information, internet access, children's programs, adult programs
Chamber of Commerce	(785) 284-2158 www.cityofsabetha.com (785) 336-2747www.seneca-kansas.com	Community contacts promote and improve the business climate
Nemaha County Emergency Management	(785) 336-2135 http://ks-nemaha.manatron.com	Provides information to plan for a disaster/emergency
Nemaha Valley Community Hospital and Seneca Family Practice	(785) 336-6181 www.nemvch.com	Resource for health care needs, cancer care, emergency care, laboratory, maternity and obstetrics, rehabilitation and surgical
Kansas Special Health Care Needs	(785) 284-2152	Promotes the functional skills of persons, who have or are at risk for a disability or chronic disease

State/National Services

Resource	Contact Information	Services
KanCare	www.kancare.ks.gov	Low cost or no cost health insurance for families and children
United Way 2-1-1 of Kansas	Call 2-1-1 www.211kansas.org	Food pantries, counseling, mentoring, after-school programs, disability services and much more
Parent Help Line	(800) 244-5373	A 24-hour help line for parents in stress or in need of other services
Child Abuse & Neglect Hotline	(800) 922-5330	If you suspect a child is being abused or neglected
National Center for Homeless Education	http://bit.ly/2spPMQ5 (785) 296-6714	Guidance is provided to families, and communities who need information regarding students are in homeless situations

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