




**HKFDF**  
HONG KONG FLYING DISC FEDERATION  
香港飛盤總會


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## HONG KONG FLYING DISC FEDERATION

### NATIONAL SQUAD SELECTION CRITERIA, SELECTION PROCEDURE & APPEAL MECHANISM FOR ULTIMATE FRISBEE

#### Selection Basic Details

<b><u>Division:</u></b>	Women
<b><u>Tryout Dates:</u></b>	3 December 2022 and 7 December 2022  3 December 3-6pm at Tai Hang Tung Recreation Ground  7 Dec 7:30-10:30pm at So Kon Po Recreation Ground  Please bring a light and a dark, water, and cleats if you have them.
<b><u>What is to be expect at tryouts:</u></b>	Welcome & Introduction (10 minutes) Warm Ups (10 minutes) Mini-games 3v3 3-person marking drill Box drill Hucking drill(Offence & Defence) 7v7 Scrimmage
<b><u>Training Period:</u></b> (First focusing on AOUGC)	18 December 2022 to end of October 2023
<b><u>AOUGC 2023 Final Selection Date:</u></b>	To be made in good time for the procurement of tickets, accommodation, players to book time off work and registration for the tournament (before August 2023).
<b><u>Notification of selection to join training roster</u></b>	Before 18 December 2022
<b><u>Selection Committee Names:</u></b>	Overseeing selection process but will not be a selector: Carmen Tong (Team Manager)  Selectors: Alicia Lui (non-playing coach) Choco Tsang (non-playing coach) Tom Chung (Non-playing selector) Sunny Lai (Non-playing selector)

## **Training Roster Selection Criteria (AOUGC 2023)**

### **Factors to be considered during selection (in alphabetical order):**

- Attendance at tryouts
- Attitude and behaviour at tryouts
- Availability and eligibility for future tournaments
- Fitness levels
- Commitment to learning and self development
- Tactical understanding and teamwork
- Technical skill level
- Cross division conflicts
- Contribution to future development of ultimate frisbee in Hong Kong

### **Attendance at tryouts**

- Tryout attendance will be recorded and considered in selection process
- Attendance is not a guarantee of selection
- Players interested in the training squad but who are unable to attend tryouts must contact either the coaches or Team manager beforehand and advise of their unavailability and to provide an explanation for it. The leadership team may consider having future tryouts.

### **Attitude and behaviour at tryouts**

Players' attitude and behaviours towards all people involved in the sport is an important element for maintaining a good team spirit and team image.

Examples of "good" attitudes and behaviour:

- Encouraging teammates and even opponents
- Being constructive where appropriate
- Cleaning up after yourself after tryouts
- Sideline help / communications
- Giving water to teammates during time outs
- Asking questions about game play

Examples of "bad" attitudes and behaviour:

- Egregious contact
- Berating or cursing others

### **Availability and Eligibility for Future Tournaments**

A player's availability and eligibility over an extended period may be taken into account as this may impact the stability of the team as a whole.

### **Fitness Level**

Factors such as running speed, hand-eye coordination, physical endurance, and agility will be observed during tryouts. Fitness level is one of several factors we consider for selection.

### **Commitment to Learning and Self-Development**

Selectors will assess players on their commitment to improving themselves and developing their own personal goals. The team is seeking players who have a positive growth mindset, never give up, and are always seeking to learn from others and their experiences (both good and bad). Selectors are also looking for players who can take criticism with a positive attitude and take time to self-reflect on their areas of growth and evaluate their mistakes.

### **Tactical Understanding and Adaptation to the Team**

Selectors will not expect players to understand particular national team tactics but will want to witness players ability to listen and respond to tactical observations / advice.

### **Technical Skill Level**

Selectors will assess whether the player's technical skills (e.g. throwing, catching, cutting, etc.) is at a level of skill that would be fit for international level competitions. Players may have some deficits in some skills and selectors may overlook these if they believe the player has the potential to overcome them.

### **Cross division conflicts**

It is possible that a player who is trying out for multiple divisions (e.g. both Masters and Womens) makes both rosters. We will then have to reassess according to which division the player prioritises more. This may also need to be discussed at HKFDF National Team Committee level.

## **Contribution to future development of ultimate frisbee in Hong Kong**

Selectors will be taking into consideration a player's contribution to the development of the sport in Hong Kong. This includes historical contribution, and intended / committed future contribution. Examples of contribution include and is not limited to:

- On-field aspects such as being a team member of a local club / youth / master's team during the regular season
- Off-field aspects such as community outreach, promotion of the sport, seeking resources to support the sport
- Leadership aspects such as coaching, mentoring, game advising

## **Selection Procedure**

1. Selection of players will be made by a Selection Committee composed of at least four persons with previous international experience.
2. For major international/regional tournaments, squad players will be informed, in advance, of the dates of selection trials.
3. Decisions of the Selection Committee, if any, will be communicated to the squad players by the Team Manager or the Coaches.

## **Appeal Mechanism**

1. A player who wishes to appeal against his/her non-selection must first lodge an appeal to the President of the HKFDF Board, in writing, within 48 hours of the notification of the non-selection, setting out the reasons for the appeal.
2. The Council will convene a three-person Appeal Board amongst HKFDF Board members and/or HKFDF Committee Members, who have had no part in the selection process, to hear and decide on the appeal. The President will inform the player of the Appeal Board's decision in writing not less than 14 working days from the date of appeal.
3. The decision of the Appeal Board shall be final.

## The Hong Kong Flying Disc Federation Final Decision Sheet

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