LOS ANGELES MARATHON

2022 FINAL INFORMATION





Welcome to the 2022 Los Angeles Marathon presented by ASICS! We are excited to have you join us on the Stadium to the Stars course, an unforgettable tour of Los Angeles. Please take a moment to read through our final race instructions to familiarize yourself with the race and our policies for an efficient and easy race weekend.

RACE WEEKEND SCHEDULE

DATE	TIME	EVENT	LOCATION
FRIDAY, MAR 18	10:00AM - 7:00PM	HEALTH & FITNESS EXPO	DODGER STADIUM, LOT G
SATURDAY, MAR 19	8:00AM START	LA BIG 5K	DODGER STADIUM, LOT H
SATURDAY, MAR 19	9:30AM START	LA BIG 1/2K KIDS RUN	DODGER STADIUM, LOT H
SATURDAY, MAR 19	9:00AM - 5:00PM	HEALTH & FITNESS EXPO	DODGER STADIUM, LOT G
SUNDAY, MAR 20	6:55AM START	LOS ANGELES MARATHON	DODGER STADIUM, LOT H
SUNDAY, MAR 20	8:15AM START	CHARITY CHALLENGE 13.1	DODGER STADIUM, LOT H
SUNDAY, MAR 20	9:00AM - 3:00PM	FINISH FESTIVAL & HEINEKEN 0.0 BEER GARDEN	CENTURY PARK, 2000 AVENUE OF THE STARS



PRE-RACE SCHEDULE

SUNDAY, MARCH 20

TIME	DESCRIPTION
3:00 AM	DODGER STADIUM PARKING OPEN
3:00 AM	SECURITY CHECKPOINTS OPEN
4:45 AM	START LINE HOSPITALITY OPEN
4:00 AM	GEAR CHECK OPENS
5:00 AM	SEEDED CORRALS OPEN (A, B, C, D, & E)
6:25 AM	SECURITY CHECKPOINT #1 CLOSES
6:30 AM	GEAR CHECK CLOSES
6:40 AM	SEEDED CORRALS CLOSE (A, B, C, D & E)

RACE SCHEDULES

TIME	DESCRIPTION
6:30 AM	AWD START
6:40 AM (TBD)	PRO WOMEN & ELITE AGE GROUP WOMEN
6:55 AM	PRO MEN & FULL FIELD START



GENERAL EVENT INFORMATION

AVERAGE WEATHER (56°F TO 73°F)

Average at Start Line: 50°F

Average at Noon at Finish Line: 72°F

Please note: The Start Line is outdoors and may be damp and cold. Warm clothing is recommended. Any discarded clothing items at the Start Line will be collected and donated to charity.

RACE COVERAGE

Media coverage of the race extends worldwide, on multiple platforms:

- Live local television broadcast on KTLA (Ch. 5 in Los Angeles)
 from 6:00 am 11:00 am PT
- 2. Streaming on:
 - Facebook at Facebook.com/LAMarathon (International)
 - KTLA.com (International)
 - KTLA+ which can viewed on the KTLA+ app on Apple TV, Roku and Firestick (US Only)
 - YouTube at Youtube.com/KTLA (international)

EVENT APP & RUNNER TRACKING

The Active Experience App will track participants on the course map using GPS. This app also allows participants to view distances and direction using augmented reality receive important event updates.

Download the Active Experience app: https://active.app.link/LAmarathon.

All race results will be posted on our website within 24 hours after the race.



RUNNER PERKS

Enjoy your 2022 Los Angeles Marathon Runner Perks and get discounts at local businesses, hotels, museums, and more along the course and throughout Los Angeles.

https://www.lamarathon.com/pages/lam-runners-perks

WEBSITE & SOCIAL MEDIA

Website: lamarathon.com

Instagram: @lamarathon

Facebook: facebook.com/lamarathon

Twitter: @lamarathon

Hashtags: #LAMarathon #TeamTMF

HEALTH & FITNESS EXPO & PACKET PICK-UP

All participants are required to attend the Health & Fitness Expo to pick up their race packet.

Learn more about our health and safety guidelines and requirements on page 29 of this document.

All participants 21+ may also get your wristband for the post-race Heineken 0.0 Beer Garden at the Health & Fitness Expo to save time on Sunday. Your race bib includes tear-off ticket for one complimentary drink courtesy of Heineken 0.0 after the race!



LOCATION

Dodger Stadium, Lot G

DATES & HOURS

Friday, March 18: 10:00 am - 7:00 pm

Saturday, March 19: 9:00 am - 5:00 pm

PARKING

Free parking is available at Dodger Stadium vie Gates A and E.

PACKET PICK-UP

All 2022 Los Angeles Marathon participants must attend the Health & Fitness Expo to pick up their race packets. **Participants must bring a valid form of ID and their QR code** (found in your confirmation email or myevents.active.com) to pick up their race packet which includes:

- Race Bib with Timing Chip
- Participant Technical Shirt
- Clear Plastic Event-Issued Participant Bag
- Official Race Program provided by the Santa Monica Daily Press





REGISTRATION			EXPO				
	ENTRANCE ONLY	7	LEGACY RUNNER BIBS		EXIT ONLY	10	THERABODY
-	1410/410/40	Я	CEEDED CORDAL DICKLID	1	TEAM TMF CHECK-IN	11	QURE WATER
	LA LOYAL SWAG	•		LA ROAD RUNNERS, LEGACY RUNNERS & 2023 REGISTRATION	12	BOOM NUTRITION	
2	MARATHON NAME TEE	9	LA LOYAL BIB PICK UP	3	INFORMATION	13	MATRIX
3	DEED WOIGTDAND	10	ODEN CORDAL DID DICK LID	4	MERCHANDISE	14	LADWP
3	BEER WRISTBAND	10	OPEN CORRAL BIB PICK UP	5	VOLVO	15	LA TIMES
4	GENERAL MARATHON TEE	11	BIB LOOK UP	6	REPREVE	16	KTLA
5	CHARITY PIPC	12	LA BIG 5K BIBS & TEES	7	BIG 5	17	KENYA TOURISM
5	CHARITY BIBS	12	LA BIG SK BIBS & TEES	8	HEINEKEN	18	QUINCY CASS ASSOCIATES
6	SOLUTIONS	13	GENERAL INFO	9	NUUN		



The Packet Pick-Up area is sectioned into the following groups:

- LA Big 5K and LA Big 1/2 K Kids Run Pick-Up
- Los Angeles Marathon Pick-Up:
 - o Marathon
 - Seeded Corral
 - Open corral
 - o LA Loyal
 - Seeded Corral
 - Open Corral
 - o Charity Participant Pick-Up

Anyone participating with Team TMF or one of our Official Charity Partners please go to this section to pickup your bib.

- Charity Marathon
- Charity Challenge 13.1
- Charity LA Big 5K

If you are unsure which area to go to, stop by the Corral Look Up tent with your QR code readily available for assistance.

PLEASE NOTE: Individuals may NOT pick up bibs on behalf of others. Packets will NOT be mailed to participants. There is NO race day bib pick up unless you have pre-purchased Start Line Hospitality.

RACE BIBS MUST BE PICKED UP AT THE HEALTH & FITNESS EXPO UNLESS YOU HAVE PURCHASED THE START LINE HOSPITALITY PACKAGE.



RACE BIB

Please complete the medical information on the back of the bib. Do not allow anyone else to run with your bib. If somebody other than yourself uses your bib, you and the party running with your bib will both be disqualified from the event and possibly banned from future events. To attach, use four safety pins and pin each corner of the bib onto the FRONT of your shirt, making sure the number is clearly visible always.

Please do not post pictures of your bib number prior to the race to avoid fraudulent bib duplication. If your bib number is duplicated by another person, you may be disqualified from all future McCourt Foundation events.

TIMING CHIP - IPICO BIB-TAG TIMING SYSTEM

The 2022 Los Angeles Marathon presented by ASICS will be timed using the IPICO Bib-Tag Timing System.

IPICO Bib-Tag Timing System

The IPICO Bib-Tag Timing System features a disposable RFID tag attached to the back of your race bib. Please adhere to the following instructions to receive an accurate time:

- 1. Wear your bib. Ensure it is visible on the front of your torso.
- 2. Don't fold, cut or wrinkle your bib as you may break the timing chip.
- 3. Pin your bib in all four corners so the timing chip stays flat.
- 4. Do not cover your bib with jackets, water bottles, etc. so as not to block the timing chip.
- 5. Be sure the ID# on your Bib-Tag matches your race bib# prior to leaving the Expo.
- 6. Participants can log into myevents.active.com to ensure their bib # is properly connected to their name and registration.



RACE RESULTS

Official race results will be available for online viewing post-race. If you still do not see your results posted within 12 hours after you crossed the finish line:

Please email results@spectrumtiming.com with:

- ▲ The subject line reading "2022 LA Marathon Results"
- Your first & last name matching your event registration
- Your assigned bib #
- Please ensure the information provided is accurate so the correct official finishing time is assigned to your name and registration

RACE PHOTOS

Make sure your bib number is visible at ALL times in front of your body and SMILE when you cross the finish line! Your personal race photos provided by FinisherPix will be available at www.finisherpix.com



CANCELLATION POLICY

All entry fees are non-refundable and non-transferable.

GEAR CHECK

Participants will have the option to check a bag race morning and will be able to pick up their bag at Gear Check Pick Up after the race.

Gear Check is in Parking Lot K at Dodger Stadium and will open at 4am PT.

Participants looking to check gear MUST use the clear plastic event-issued Participant Bag provided to all participants at the Health & Fitness Expo. Non-transparent bags, backpacks, or suitcases WILL NOT be allowed through the Security Checkpoints security



(CamelBak and similar hydration devices will be allowed but must be searched by security personnel).

Do not check valuables such as keys, phones, wallets as we are not responsible for loss or damage.

Participants will be able to retrieve checked gear at the Finish Line in Century City within the Runner Secured Finish Zone on Ave of the Stars, just south of Constellation Blvd.

RACE DAY PARKING & TRANSPORTATION

ARRIVE EARLY, ARRIVE EARLY, ARRIVE EARLY!!!
ALL PARTICIPANTS SHOULD PLAN TO ARRIVE NO LATER THAN 90 MINUTES
PRIOR TO THE START OF THE RACE

SECURITY CHECKPOINTS

Participants who are riding a shuttle to Dodger Stadium (Century City, Union Station, and Downtown LA Hotels) will be required to go through a security checkpoint screening prior to boarding the shuttle. All bags will be screened by security personnel. Participants **MUST** use the clear plastic event-issued Participant Bag for carried gear. Non-transparent bags, backpacks, or suitcases **WILL NOT** be accepted under any circumstances.

PRE-RACE SHUTTLES

Shuttle reservations can be made during online registration. If you did not make your shuttle reservation online or wish to change shuttles, please take the following action:



- 1. Log into myevents.active.com
- 2. Under your marathon registration click "Purchase Merchandise"
- 3. Select desired shuttle time and location
- 4. Complete transaction

Your bib is your pass to board the shuttle.

Runners who purchased the Start Line Hospitality package should print their confirmation email and present it at the shuttle entrance.

DOWNTOWN LA OFFICIAL HOTEL SHUTTLES

Participants that booked a Downtown LA hotel through the Official Hotel Reservation Center can board a Downtown LA Hotel Shuttle. Upon check-in to the hotel, participants should request a shuttle wristband. Shuttles run from 4:00 am - 6:00 am and pick-up from the following location: 500 S Figueroa St, Los Angeles.

Guests who are staying at an official Los Angeles Marathon hotel will receive their wristband at check in.

FINISH LINE SHUTTLES

Shuttles are available from the Finish Line to the Start Line the morning of the race. Pick up will be on Avenue of the Stars, south of Olympic Blvd. Shuttles will run from 3:00am - 5:00am.

Participants parking in Century City pre-race: Please allow for extra time to enter parking lots. Please be aware of and adhere to all posted "No Parking" signs in the neighborhoods surrounding Ave of The Stars. Parking enforcement will be on-site throughout the day.

For a list of available Finish Line parking structures, as well as links to pre-pay for parking please head to our website.



UNION STATION SHUTTLES

The Union Station Shuttles pick up from Patsaouras Transit Plaza behind Union Station (801 Vignes St., Los Angeles, CA). Shuttles run from 5:00 am - 6:00 am. Participants with shuttle reservations are to show up at their scheduled reservation to board a pre-race shuttle. Shuttle reservations will be printed on the race bib. Participants may also bring a confirmation email with the reserved shuttle time to board. Only participants with race bibs or confirmation emails can board. Runners who purchased the Start Line Hospitality package should print their confirmation email and present it at the shuttle entrance.

Please make your shuttle reservation during online registration. If you did not make your shuttle reservation online or wish to change shuttles, please take the following action:

- 1. Log into myevents.active.com
- 2. Under your marathon registration click "Purchase Merchandise"
- 3. Select desired shuttle time and location
- 4 Complete transaction

THERE IS NO SHUTTLE TRANSPORTATION FROM THE FINISH LINE BACK TO UNION STATION AFTER THE RACE.

SPECTATOR PARKING AT THE FINISH LINE IN CENTURY CITY

\$5 parking will be available for all attendees in Century City at the 2049 Century Park East parking garage, accessed from Olympic Blvd West.

The garage is conveniently located next to the Official Finish Festival presented by Century Park.



DRIVING TO DODGER STADIUM

SECURITY CHECKPOINTS

Participants who park their cars or are dropped off at Dodger Stadium will be required to access the Start Line at Dodger Stadium through one of three Security Checkpoints. All participants are subject to search and all bags will be screened by security personnel. Participants MUST use the clear plastic event-issued Participant Bag for carried gear. Non-transparent bags, backpacks, or suitcases WILL NOT be accepted at Gear Check under any circumstances.

Vehicle access to Dodger Stadium is ONLY permitted through the Golden State Gate (1850 Academy Rd, Los Angeles, CA), accessible via I-5. Please Note: the Stadium Way exits from CA-110 (both northbound and southbound) will be closed on race day. Use 2000 Academy Rd to navigate via GPS. This will take you directly to the Golden State Gate.

All other Dodger Stadium parking gates will be closed to vehicular traffic. Dodger Stadium gates will open to vehicular traffic on Sunday, March 20 at 3:00 am PT. Participants may park at Dodger Stadium during the Los Angeles Marathon free of charge. However, there is no shuttle transportation from the Finish Line back to Dodger Stadium after the race.

Cars will NOT be allowed to park overnight at Dodger Stadium between Sunday, March 20 and Monday, March 21. Please retrieve your vehicle by 6pm on March 20. Vehicles left in the lot after 6pm are subject to tow at their owner's expense.

DROP-OFF

If you are being dropped off at Dodger Stadium, enter through the Golden State Gate, accessible via I-5. Use the LEFT lanes leading into the Golden State Gate and proceed to the Runner Drop-Off Area in Parking Lot 4.



PARKING

If you are parking at Dodger Stadium, enter through the Golden State Gate, accessible via I-5. Use the RIGHT lanes leading into the Golden State Gate and proceed to the Runner Parking Area in Parking Lot 3.

THERE IS NO SHUTTLE TRANSPORTATION FROM THE FINISH LINE TO DODGER STADIUM AFTER THE RACE. ALL VEHICLES MUST BE PICKED UP BY 6 PM.

THE DOWNTOWN AND SUNSET GATES WILL NOT BE OPENED TO VEHICLES.

POST RACE TRANSPORTATION

DOWNTOWN LA OFFICIAL HOTEL SHUTTLES

Participants that booked their Downtown LA hotel through the Los Angeles Marathon Official Hotel Reservation Center can board a Downtown LA Hotel Shuttle to take them back to Downtown LA. Upon check-in to their hotel, participants should request a shuttle wristband. Post-race shuttles run from 11:00 am - 4:00 pm and pick-up on Avenue of the Stars, south of Olympic on the east side of Avenue of the Stars. Shuttles will pick-up and drop-off at the following locations: 500 S Figueroa St, Los Angeles.

UBER/LYFT/RIDESHARE PICK UP

Rideshares will be directed to pick up at Pico and Motor Ave, near the main gate of Fox Studios and the entrance to Rancho Park Golf Course.



START LINE





PRE-RACE FOOD

Water, CarbBoom! Energy Gels, and bananas, will be available in Parking Lot G North at Dodger Stadium.

RESTROOMS

Portable toilets will be available in Parking Lot K adjacent to Gear Check, in Parking Lot 6 adjacent to the Shuttle Drop-Off Area, in parking lot F near Security Checkpoint #1 and in Parking Lot 6 adjacent to Security Checkpoint #2. Runners will also have access to the restrooms inside Dodger Stadium.

TEAM TMF

All Team TMF participants will receive a wristband at the Expo to access to the Green Room Tent near the Corral A Entrance in Lot G north. There will be heaters, coffee, and pre-race food available inside the Green Room tent with easy access to the Corrals for the race start.

CHARITY SUITES

Charity Suites are on the club level of Dodger Stadium. Participants can access the Charity Suites from the Right Field side of the Stadium. From the Start Line Hospitality Tent in Lot K, walk towards the stadium and take the stairs up to the Club Level. Participants may also enter the stadium and walk up to the Club Level from the Right Field Gate entrance.



TEAM WORLD VISION

Team World Vision participants will receive a wristband from their charity manager. TWV participants will have access to the Pavilion Level inside Dodger Stadium. The Pavilion Level is located between the left and right field entrance gates. Follow signs to access the stairs or elevator up to the Pavilion level.

LA ROAD RUNNERS PRESENTED BY VOLVO

LARR Pro members are invited to meet up with the coach and pace leaders in the pre-race meet up area located in the Pavilion Level inside Dodger Stadium. Members should plan to pick up their access wristband at the LARR Booth during the Health & Fitness Expo (there will be no race morning wristband pick up).

START LINE HOSPITALITY

The Start Line Hospitality tent will be in LOT K. Only participants who pre-purchased this option will be allowed access into the tent.

WHEELCHAIR & HANDCYCLE ATHLETES

The AWD Athlete Tent is located in Parking Lot G North just north of the Start Line. Athletes should plan to arrive no later than 6:00 am to stage properly at the Start Line.

SEEDED CORRALS

The Seeded Corrals (A, B, C, D and E) will open at 5:00 am. There are separate entrances for each corral. Special race bib designation is required for entrance into the Seeded Corrals. Runners may move back to a slower corral, but not forward to a faster corral. The Seeded Corrals close at 6:40 am. Seeded corral placement closed on January 31, 2022. Corral changes **WILL NOT** be made at the Expo.



OPEN CORRAL

The Open Corral is a self-seeded corral for race participants not already assigned to a Start Corral. Upon entering the corral, participants should look for the large "pace per mile" signs and line up per expected race pace.

Your finish time will be the net time from when you cross the starting line, not the gun time.



THE COURSE

AID STATIONS

There are 20 Aid Stations located approximately every mile from Mile 2 - Mile 25. All Aid Stations will feature both water (from WaterMonsters provided from LADWP in an effort to reduce plastic waste on course) and Nuun Endurance Lemon Lime Formula Electrolyte tables will be positioned first followed by water at all aid stations. Participants are advised to continue moving through an Aid Station if the first tables are crowded in order to conveniently obtain fluids.





CARBBOOM!

Energy Gels will be available to participants at water stations, at the aid stations at Mile 12 and 18. The following flavors will be available on course: Banana-Peach, Raspberry, Vanilla-Orange



MEDICAL STATIONS - KECK MEDICINE OF USC

Medical Stations will be located at all even number miles beginning at Mile 6, the Finish Line and Family Reunion.



RESTROOMS

Portable restrooms are located along the course at every water station and are placed after the Aid Stations.



MILE/KM MARKERS

Markers will be positioned at every mile to denote the elapsed distance from the start of the race. Markers will also be positioned to designate each 5-kilometer segment of the race course.

Please note that on Mile 8, 11, 14, and 18 you will see 5K, 10K, 15K, and 10K markers that are indicated for the Charity Challenge 13.1 event distance markers.

PACE TEAMS

LA Road Runner Pace Leaders will lead groups with the following finish times: 3:00; 3:10; 3:20; 3:30; 3:40; 3:50; 4:00; 4:10; 4:20; 4:30; 4:40; 4:50; 5:00; 5:15; 5:30; 5:45; 6:00; 6:15; 6:30.

RUNNING A 15:00+ MINUTE PER MILE PACE

The Marathon course will be closed to vehicular traffic for 6 hours, 30 minutes beginning after the last runner has crossed the start line. Participants that maintain a 15:00 minute per mile pace will complete the race under the finish line structure with streets closed. Participants keeping a pace slower than 15:00 minutes per mile should be aware that the course will reopen to vehicular traffic on a rolling basis. At this point, participants who wish to continue must leave the roadway, run on the sidewalk and assume the role of a pedestrian obeying all traffic laws.

Late Water Stations will be available at miles 15, 17, 20, & 24 for participants who proceed at a pace more than 15:00 per mile. The main Finish Line on Avenue of the Stars will remain open and fully operational until 2:30 pm (6 hour and 30-minute finish time).

Those finishing after 6 hours, 30 minutes will be directed to a finish line on the west sidewalk of Avenue of the Stars adjacent to the main Finish Line. The late finish line will have timing, medal distribution, water, food and EMT's providing medical care.



ENTERTAINMENT AND CHEER ZONES

The Entertainment along the course will celebrate the diversity and rich cultural communities of Los Angeles.

Join our friends at the Heineken O.O Cheer Zone from 7am – 1pm @ San Vicente and Darlington, close to the turn-around with Live DJ, sign-making stations, sampling and more!



Check-out the Spectator Guide in the Official Race Program for more official cheer zone locations.

DROPPING OUT OF THE RACE

If you need to drop out, please report to the nearest Aid Station or amateur radio operator (located next to each mile marker) so that your name and bib number can be recorded and transmitted back to the Family Reunion area. Shuttle Vans will pick-up runners who are unable to complete the Marathon starting at the Mile 7 Water Station, continuing through Mile 23 and transport them back to the Runner Drop Off location in Century City at the intersection of Century Park West and Constellation. Please note that Drop/Downed Runner Vans operate on a loop route and you may be required to wait for the next van to arrive.

WHEELCHAIR & AWD ATHLETES

Wheelchair athletes will be provided two race bibs. The race bib with the Bib Tag MUST be affixed to the front of the participant's body so it can be read easily and the second race bib to the front of the chair.



RACE RULES

Participants are encouraged to read the Los Angeles Marathon race rules which can be found here https://lamarathon.com/pages/los-angeles-marathon-rules-sanctions-certifications. Highlights of the rules include:

- Race numbers must be visible from the front at all times and may not be cut, folded or altered.
- ▲ The use of any wheeled devices including bicycles, strollers, skateboards, inline skates or roller skates is prohibited.
- Any competitor who has been found to have gained an unfair advantage by receiving assistance or by intentionally shortening the route of the race ("cutting the course") will be disqualified.

FINISH LINE

The Finish Line of the 2022 Los Angeles Marathon presented by ASICS is located on Avenue of the Stars near Santa Monica Blvd. The Finish Line is open for 6 hours, 30 minutes after the start of the race (approximately 2:30 pm).

RUNNER SECURED FINISH ZONE

Once participants cross the Finish Line, they will be directed into the Runner Secured Finish Zone. Participants will receive their Finisher Medal plus the Conquer LA Challenge and Double Play medals, respectively, if their bibs are marked with one or several stickers, each indicating which of the bonus medals they are eligible to receive.

Heatsheets, post-race food and fluid including Nuun Endurance Lemon-Lime, pH QURE Water, and Quantum Energy Squares and any gear checked at Dodger Stadium will be available in the Runner Secured Finish Zone, which is located on Avenue of the Stars and stretches from the Finish line to W Olympic Blvd. Only participants completing the Marathon will be allowed into the Runner Secured Finish Zone. Once you leave the Runner Secured Finish Zone, reentry will not be permitted.



FINISHING THE RACE

The final approach to the Finish Line on Avenue of the Stars will be closed to all spectators and non-credentialed public. Runners in their final approach must CLEARLY display their bibs on the front of their body. Any runners that do not have a race bib, "bandits", will be immediately pulled off-course prior to crossing the Finish Line.

Please do not attempt to cross the Finish Line with friends, family (including children), or "pacers" as they will be immediately pulled off-course by security personnel.

CHARITY CHALLENGE 13.1 FINISH LINE

Marathoners please be aware that shortly after the 18 mile marker you will see signage for Charity Challenge participants advising them to stay left to complete their race at the Finish Line of the Los Angeles Marathon and receive their Challenge Medal and other amenities.

Marathon participants will continue straight on Santa Monica Boulevard to finish their remaining 8 miles.

STUDENTS RUN LA

We are delighted to welcome Students Run LA participants back to the Los Angeles Marathon. SRLA participants will receive specific instructions from the program and their coaches about bib pick up and race day logistics. Please note that after crossing the finish line, all SRLA participants will be directed to a dedicated meeting area at Beverly Hills High School.

MASSAGE TENT

Participants are welcome to indulge in a post-race complimentary massage at the Massage Tent. The Massage Tent is located in the Finish Festival on the Annenberg Deck.



POST RACE GEAR CHECK

Participants that check gear at Dodger Stadium prior to the race will be able to retrieve their gear at Gear Check located in the Runner Secured Finish Zone on Avenue of the Stars. Gear Check not collected by 2:30pm when the Finish Line closes will be transported back to the Los Angeles Marathon office. Participants can call the office to collect gear the week after the race (213- 542-3000).

SPECTATORS

Spectator access will be limited on Avenue of the Stars from Santa Monica Blvd to Constellation Blvd. Any spectator wishing to watch their runner cross the Finish Line will need to position themselves on Santa Monica Blvd and Ave of the Stars near/in the bleachers.

Spectators are encouraged to meet their runners in the Finish Festival located at Century Park for live entertainment, the Heineken 0.0 Beer Garden, activations from our sponsors, merchandise and visit the massage and recovery tent!

Please be aware of and adhere to all posted "No Parking" signs in the neighborhoods surrounding Ave of The Stars. Parking enforcement will be on-site throughout the day.







S SECURITY CHECKPOINT & SPECTATOR ENTRANCE

GEAR CHECK

RESTROOMS

SPECTATOR VIEWING AREA

PB PEDESTRIAN BRIDGE ACCESSIBLE FOR SPECTATOR CROSSING

PREPAID PARKING 1 1999 AVENUS OF THE STARS LOS ANGELES, CA 90067

PREPAID PARKING 2 10250 CONSTELLATION BLVD LOS ANGELES, CA 90067

PREPAID PARKING 3
2030 CENTURY PARK WEST
LOS ANGELES, CA 90067

\$5 PARKING ALL DAY AT 2049 CENTURY PARK EAST



POST RACE FINISH FESTIVAL PRESENTED BY CENTURY PARK



Finish Festival presented by Century Park
Century Park, 2000 Avenue of the Stars
9:00am - 3:00pm



The official post-race celebration is happening at Century Park! Enjoy live entertainment, the Beer Garden presented by Heineken O.O, and the pick-up some finisher gear at the Official Merchandise Store. The Festival is open to the public, friend and family are welcome! All participants 21+ receive one complimentary Heineken or Heineken O.O.



BEER GARDEN PRESENTED BY HEINEKEN 0.0

9:00am - 2:30pm

All participants 21+ receive one complimentary Heineken. Additional drinks are available for purchase with proceeds benefiting The McCourt Foundation.



Participants and spectators get their ID check and can pick up their 21+ wristband at the Health & Fitness Expo ahead of race day.

NUUN SAMPLING TRUCK

Visit the Nuun sampling truck at the turn-around for Nuun, music, and more!



TEAM TMF

Team TMF participants will have a private area within the beer garden to relax and enjoy post-race food and beverages, including an extra beer ticket if you're over 21.



HEALTH AND SAFETY GUIDELINES AND POLICIES

2022 LOS ANGELES MARATHON HEALTH AND SAFETY POLICIES

With health and safety of our participants and the community a top priority, the Los Angeles Marathon will follow the most up to date health and safety requirements and guidelines.

Below are the measures that we expect to implement to fully comply with the requirements and guidelines we expect will be in place at the 2022 Los Angeles Marathon weekend but are subject to change pending updates from local and state officials.

HEALTH & FITNESS EXPO: MARCH 18 & 19, DODGER STADIUM

The Expo will be held outdoors at Dodger Stadium and is open to the general public. There are no COVID testing or proof of vaccination requirements to attend the Expo. It is recommended that all attendees of the Expo wear face coverings.

LA BIG 5K: MARCH 19, DODGER STADIUM

- There are no COVID testing or proof of vaccination requirements to attend or participate in the LA Big 5K.
- It is recommended that all attendees and participants of the LA Big 5K wear face coverings before and after the race, it is not required for participants on course.

LOS ANGELES MARATHON: MARCH 20, DODGER STADIUM

- Face coverings are recommended while inside the Dodger Stadium Start Line secured area (except when actively eating or drinking).
- Participants may remove face coverings after crossing the Start line.



- Facial coverings are recommended at all event areas outside of the secure Start line area for spectators, media, participants (when not on the race course), and staff.

There are no testing or vaccine requirements for the Health & Fitness Expo, LA Big 5K, LA Big 12 K Kids Run, or any event area outside of the Secure Start Line area.

HEALTH & SAFETY CHECK IN AT HEALTH & FITNESS EXPO

All participants (except for those who purchased Start Line Hospitality packages) must attend the Health & Fitness Expo on Friday, March 18 or Saturday, March 19 to:

- Pick-up their race number.
- You no longer need to show proof of vaccine or negative covid test.



AREA	VACCINE	VACCINE OR NEGATIVE TEST	FACE COVERING REQUIRED	FACE COVERING RECOMMENDED
Health & Fitness Expo				~
LA Big 5K (Start Line)				~
Marathon Shuttles to Start Line			*	
Marathon Start at Dodger Stadium				
Suites, Clubs, & Club Level at Dodger Stadium				*
On Course/ While Participating				
Finish Line				
Finish Line Festival				



THANK YOU TO OUR OFFICIAL RACE PARTNERS

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VENDORS





