



Digestive

Digestive Enzyme

Enzyme-containing digestive support supplement



The Digestive Enzyme supplement supplies enzymes to help you digest your meals more efficiently and alleviate the sense of fullness after a large meal or bloating associated with digestion. Now with added artichoke extract, this unique formula also helps provide relief from occasional digestive issues.*

THE BENEFITS OF DIGESTIVE ENZYME

Our body naturally produces enzymes to digest the foods we eat, but certain factors, including age or food sensitivities, may reduce our ability to digest foods efficiently. This can lead to stomach upset. Eating large meals can also cause mild indigestion.

Although eating a varied, healthy diet usually provides us with some enzymes to supplement those naturally made by the body, many of us don't eat the way we should. And without a sufficient amount of functioning enzymes in our body, good digestive health may be impaired, which can lead to indigestion as well as a reduction in the amount of nutrients we are able to absorb from our foods.

USANA's Digestive Enzyme is a digestive aid that supplies supplemental enzymes to help break down the foods we eat so the body receives the nutrients it needs to function properly. The added artichoke extract further helps support healthy digestion.*

THE SCIENCE OF DIGESTIVE ENZYME

Enzymes play an important role in human health. Many researchers over the last century have maintained that a loss of digestive enzymes may be a significant contributing factor to poor health as we age. This is likely partially because our food is not being broken down and we do not receive all the nourishment that we need from what we eat.

Digestive Enzyme helps aid digestion by augmenting the enzymes our pancreas naturally excretes with a wide range of the enzymes that help break down the food we eat:

- Alpha-amylase supports the digestion of starch.
- Bromelain, protease, and papain support the digestion of protein, the absorption of which is important to maintaining muscle health.
- Lactase assists in the digestion of foods containing lactose (e.g., milk) and helps with symptoms of lactose intolerance (including gas, bloating, and cramping).
- Lipase supports the breakdown of fats.
- Cellulase supports the digestion of cellulose, which usually comes from plant materials.

Artichoke extract has been shown to be effective in relieving digestive complaints, such as mild dyspepsia (stomach upset), by aiding the digestion of fatty foods.*

THE USANA DIFFERENCE

Supplementing with Digestive Enzyme increases enzyme levels for optimal digestive efficiency. It is designed to support more complete digestion and absorption of macronutrients. The addition of artichoke extract makes USANA's formula unique in the supplement industry.*

ITEM #111

DIRECTIONS: TAKE ONE (1) TO THREE (3) TABLETS WITH A MEAL OR AS NEEDED.

SUPPLEMENT FACTS

SERVING SIZE: 1 TABLET

AMOUNT PER SERVING	%DV
NATURAL ENZYME BLEND	
(ALPHA-AMYLASE, BROMELAIN, PROTEASE, LIPASE, LACTASE, PAPAIN, CELLULASE)	120 mg †
ARTICHOKE (<i>CYNARA SCOLYMUS</i> L.) EXTRACT	25 mg †

†VALUE NOT ESTABLISHED.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, CROSCARMELOSE SODIUM, PREGELATINIZED STARCH, ASCORBYL PALMITATE, SILICON DIOXIDE, DEXTRIN, NATURAL FLAVOR, DEXTROSE, SOY LECITHIN, SODIUM CMC, SODIUM CITRATE.
CONTAINS SOY. NO ANIMAL DERIVED INGREDIENTS.
KEEP OUT OF REACH OF CHILDREN. CONSULT YOUR PHYSICIAN IF YOU ARE PREGNANT, NURSING, TAKING A PRESCRIPTION DRUG, OR HAVE A MEDICAL CONDITION.
LABORATORY TESTED, QUALITY GUARANTEED. MEETS USP SPECIFICATION FOR UNIFORMITY, POTENCY, AND DISINTEGRATION, WHERE APPLICABLE.
THERE IS A SAFETY SEAL UNDER THE CAP. DO NOT USE IF THE SEAL IS BROKEN OR MISSING.
KEEP TABLETS IN ORIGINAL CONTAINER WITH THE LID TIGHTLY CLOSED BETWEEN USES. STORE IN A COOL, DRY PLACE.
USANA HEALTH SCIENCES, INC.
3838 W. PARKWAY BLVD. SALT LAKE CITY, UTAH 84120 USA
STORE BELOW 25° C

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.