Fussy Cut Frames ~ Napkins and Quilt Pattern Created by Leah Day

Learn how to fussy cut your favorite designs from fabric, then add a colorful frame to make a unique set of blocks. Make multiple blocks from one yard of fabric and a 2 1/2-inch precut strip pack.

This pattern will create seven 12-inch table napkins AND a 36-inch quilt top!

Materials

Note: This pattern contains affiliate links to help support our business.

One pack of 2 1/2-inch precut strips - Kona Solids Roll Up

1 yard Home Sweet Home Fabric Printed on Kona Cotton Ultra

White Thread

12 1/2 inch ruler with minimal lines for fussy cutting

1 yard white backing fabric for napkins

Fabric Preparation and Quilt Piecing Tips

For best results, prewash, starch, and press all fabrics before cutting. Remember to lower your stitch length to 1.5 mm to create a tight stitch. Unless otherwise noted, press all seam allowances OPEN to reduce bulk and make quilting easier.

Fussy Cutting the Fabric Designs

Spread out the 1 yard of Home Sweet Home Fabric and take a look at the motifs. Decide which shapes you like the best and the largest size square you can cut around each design. Use your ruler to mark squares around each design on the fabric so the design is centered within the square. **Example** - I centered the ruler over

the house design and marked a 7 1/2-inch square around it.

Work through all the shapes on the fabric, planning and marking a square around each design you wish to fussy cut. **Note:** You do not have to cut all the shapes the same size with this pattern.

Roughly cut out the shapes from the fabric with scissors, then cut the fabric square with your rotary cutter and ruler. Double check the fabric designs are centered within the square as you cut.

If you cut carefully you should be able to cut the following from one yard of the **Home Sweet Home** fabric:

4 - 71/2-inch heart designs, 4 - 71/2-inch house designs, 2 - 91/2-inch goddess designs, 2 - 41/2-inch goddess designs, and 4 - 81/2-inch rainbow designs.

Piecing the Color Rings

Select a fussy cut square and arrange it on your cutting table with a 2 1/2-inch precut strip. Slice the precut strip so it's roughly 1/4 inch longer than the fussy cut square on both sides. Repeat this one more time. Piece the strips to the top and bottom of the fussy cut square. Press the seam allowances open and trim off the excess fabric strip extending beyond the sides of the fussy cut square.

Return the square to your cutting table and arrange a 2 1/2-inch precut strip along the side. Slice the strip so it's roughly 1/4 inch longer than the pieced square on both sides. Repeat this one more time. Piece the strips to both sides of the block and press the seam allowances open. Trim the block edges square.

Continue piecing strips to the block until it measures 12 1/2 inches or larger. If you need to piece multiple rings of strips, make sure to alternate colors with each row to create an interesting effect. Trim the block to 12 1/2 inches square.

Repeat this step with all of your fussy cut squares to turn them into framed blocks. The more colors you use, and the more rings you piece, the more interesting your blocks will become!







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Sewing the Fussy Cut Napkins

Cut 7 - 12 1/2-inch squares from the white backing fabric. Place one square of backing right sides together with the pieced block. Stitch 1/4-inch all around, leaving a 2 inch opening in the side. Trim the corners close to the stitching.

Turn the napkin right side out and use a blunt tool or point turner to turn the corners. Finger press the seams along the sides open, then press flat with a hot, dry iron.

Press the seam allowances in the opening side flat and work to make that edge as straight as possible. Return to the napkin to the machine and stitch 1/8-inch from the edge all around to close the opening.

Add a bit of extra stitching to the surface with decorative stitches and contrasting thread if desired. Repeat these steps five more times to create a total of 6 fussy cut napkins.

Piecing the Quilt Top

Arrange 9 of the quilt blocks together in a pleasing arrangement. Piece the blocks together in rows of three, then piece the rows together, matching the seam lines.

The finished quilt top should measure 36 1/2 inches square.

