

IRFU GUIDELINES FOR LIVING WITH COVID-19: OVERVIEW



| | LEVEL 1 | LEVEL 2 | LEVEL 3 | LEVEL 4 | LEVEL 5 |
|------------------------------|--|---------------------------------------|--|---|--------------------------|
| TRAINING | Normal training sessions can take place with protective measures | Contact training in pods of up to 15* | Non contact training only in pods of up to 15* | Non contact training only in pods of up to 15 | Individual training only |
| MATCHES | Permitted | Permitted | None* | None | None |
| SHOWER & CHANGING FACILITIES | Open with protective measures | TBC | Closed | Closed | Closed |
| SPECTATORS | 200 permitted** | 100 permitted** | None | None | None |

These guidelines apply to clubs and schools under the jurisdiction of Government of Ireland only and are superseded by Government and Health Authority guidelines at all times.

** To host up to 200 spectators, club must have a minimum accredited safe holding capacity of 5,000 calculated in accordance with the Code of Practise for Safety At Sports Grounds.

ALWAYS:



STAY AT HOME
IF FEELING SICK



OBSERVE HAND HYGIENE
& COUGHING ETIQUETTE



KEEP SOCIAL
DISTANCING

LEVEL 3: GUIDELINES

| TRAINING | <p>Non-contact training only in pods of up to 15 (exemptions apply). Strict avoidance of gatherings, including social gatherings, before or after. Strict adherence to 2 metre physical distancing before and after, on the sidelines and avoidance of team huddles. Hand sanitisation facilities available at all times. Good coughing and sneezing etiquette. Pre-Rugby Personal Assessment Declaration to be completed before every session.</p> |
|-----------------|--|
| MATCHES | <p>No matches to take place with the exception of those deemed exempt under government guidelines Commercial activities operated by clubs including bar and café facilities are subject to relevant sector guidelines</p> |
| FACILITIES | <p>Shower & Changing facilities to remain closed Matches taking place must be held behind closed doors and follow IRFU COVID-19 Match Management Guidelines</p> |
| SPECTATORS | <p>Spectators are not permitted. A behind closed doors event can "include any individual involved in the participation, running, delivery, and broadcasting (if relevant) of the event"</p> |
| HEALTH & SAFETY | <p>Clubs must ensure their COVID-19 Health & Safety Plan is up to date in line with the latest government guidelines. A Risk Assessment should be carried out where appropriate for activities not previously included.</p> |
| *EXEMPTIONS | <p><i>An adult team whose progression can be linked to a national competition.</i></p> <ul style="list-style-type: none"> • Energia Men's and Women's All-Ireland League matches • Energia Men's and Women's Community Series matches • U20 Premier matches • Adult Provincial Qualifying League Matches (Second XV's of senior clubs are not exempt as they cannot progress in national competition) <p>No friendly matches are permitted. Teams training for the above matches are exempt from non-contact and pod restrictions in Level 3.</p> |