

Solicitation No. - N° de l'invitation

W0107-12WS15/B

Amd. No. - N° de la modif.

Buyer ID - Id de l'acheteur

pet902

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CCC No./N° CCC - FMS No/ N° VME

W0107-12WS15

PET-2-37013

ANNEX A
Part I
Statement of Requirement

General:

1. Delivery Requirements

- 1.1 Within 2 hours of receipt of a callup, the Offeror will be required to confirm the order and the availability of items required within the 24 hour (urgent) to 48 hour (regular) delivery timeframe, to the Ordering Office.
- 1.2 Emergency Delivery Requirements
 - 1.2.1 CFB Petawawa may, on occasion, require emergency delivery of a minimum of 500 box lunches within 12 hours of notice. In such instances, the offeror may suggest alternate menus should the specified menu not be available on such short notice.
 - 1.2.2 CFB Trenton may, on occasion, require emergency delivery of 2,800 full size box lunches, within 24 to 48 hours of notice. A list of products that will go into the box lunches will be supplied at the time of order.
- 1.3 No backorders will be accepted unless previously arranged with CFB Petawawa and CFB Trenton for their call-ups.
- 1.4 There shall be no additional charge for delivery.
- 1.5 All deliveries must be accompanied by an itemized invoice.
- 1.6 Products must be in delivered in cardboard cases or in bread racks.
- 1.7 Cases/racks must display expiry date, contents of case and quantity of product, with no more than 48 sandwiches to a case/rack. Case/rack must be secured top and bottom with tape at time of delivery.
- 1.8 Cases/racks must be able to withstand weight of four (4) full cases stacked on top.
- 1.9 Individual sandwiches must have the expiry date visible and readable.

2. Delivery Locations and times:

- 2.1 For CFB Petawawa:
Deliveries to be made to **Normandy Court Kitchen**, Building G-104, Monday to Sunday between the hours of 0700 to 1500 (7:00 a.m. To 3:00 p.m.)
Delivery locations and times for other CF units training in the area will be provided by the unit at time of call-up.
- 2.2 For CFB Trenton:
Deliveries to be made prior to 8 am Monday to Sunday.
For CFB Trenton, all deliveries are to be made direct to Flight Feeding, 75 Yukon Ave. And other locations as deemed necessary and required by the call-up authority.

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3. Fresh Chilled, Delivery of

- 3.1 Fresh chilled products must be delivered in accordance with Canadian Food Inspection Agency definitions stipulating that fresh chilled preserved products no higher than 4°C and no lower than 1°C until delivery. All frozen or fresh chilled preserved products shall be delivered in refrigerated vehicles and show no evidence of deterioration.

4. Inspection

The premises where products are produced and packaged must be Provincially inspected (or inspected by provincially-licensed municipal inspectors) and must submit to periodic inspection by CFB Petawawa and/or CFB Trenton Wing Foods personnel.

5. Rejects

The offeror agrees to replace any rejected or shorted item within twenty-four (24) hours of notification of rejection. Any delivery or additional costs incurred to be solely at the offeror's expense.

6. Box Lunches

- 6.1 Box lunches must be ready for immediate consumption.
- 6.2 Boxes must have the following dimensions: 25 cm x 18 cm x 9 cm. And will be sealed with an expiration date on the outside of the box.
- 6.3 Offeror is responsible for supplying all boxes and are to take this into account when preparing their bid.
- 6.4 The content of the box lunches will comply with the Box Lunch Menu(s) shown herein for each location, in Annex A, Part IV.

For CFB Trenton each Box Lunch shall consist of the following.

- 1 sandwich
- 1 submarine
- 1 dessert (individual Vachon cake or Christie Pack 4)
- 1 snack (Christie or other)
- 1 fruit (Orange or Apple)
- 1 water (255 ml)
- 1 juice (200 ml)
- Napkins, salt, pepper, individual mustard or mayonnaise, disposable cutlery

For CFB Petawawa, each Box lunch shall be as detailed in the Menu Plan(s) at Annex A, Part IV.

- 6.5 All grocery products must be of the latest production date available, with a shelf life of 19 days and must be received by the consignee with a minimum of 7 days remaining before the best-before date. The expiration date must be clearly indicated on all packaging, including individual sandwiches, whether purchased individually or in box lunches.
- 6.6 All food products used in the box lunches, including sandwiches and salads, will have the ingredient description listed on the packaging.
- 6.7 Each Box Lunch shall be as specified with the menu numbers shown in Annex A, Part IV and contain all food products listed.

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6.8 The Offeror will not replace any beverage with soda pop.

6.9 **For CFB Petawawa only:**

Between August 31, 2012 and March 31, 2013 one(1) 330 ml bottle water will be replaced by one (1) 250 ml container of fresh white milk partially skimmed (2%) for all lunch/supper menus. Breakfast menu beverages will not change from the menu descriptions.

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ANNEX "A"
PART II
SANDWICH SPECIFICATIONS

CFB Petawawa

Gas Flush
Lunch Box style wrapping
No vegetable or onion in product
No margarine or butter to be used
All meats to be shaved, or thinly sliced
Sandwiches to be cut in 2

Product Name	Meat Weight	Cheese Weight	Product description
Chicken salad	110 gram fill	0 gram	White/whole wheat bread, 12 grain bread, chicken, mayonnaise
Black Forest Ham & Cheese	90 gram fill	6 gram	White/whole wheat/12 grain bread, black forest ham, processed cheese
Roast Beef	90 gram	0 gram	White/whole wheat/12 grain bread, roast beef
Salami & Cheese	90 gram	6 gram	White/whole wheat/12 grain bread, salami, mozzarella
Tuna Salad	110 gram	0 gram	White/Whole Wheat/12 grain bread, tuna, mayonnaise
Turkey	90 gram	0 gram	White/whole wheat/12 grain bread, turkey
Bologna	90 gram	0 gram	White/whole wheat/12 grain bread, bologna
Ham salad	110 gram	0 gram	White/whole wheat/12 grain bread, ham, mayonnaise
Black Forest Ham	90 grams	0 gram	White/whole wheat/12 grain bread, Black Forest ham
Shaved Beef Kaiser	90 grams	0 grams	Kaiser bun, shaved roast beef
Ham & Cheese Kaiser	90 gram	6 gram	Kaiser bun, black forest ham, processed cheese

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Turkey Kaiser	90 grams	0 grams	Kaiser bun, turkey
Turkey Salad	110 grams	0 grams	White/whole wheat/12 grain bread, turkey, mayonnaise
Egg Salad	110 gram	0 grams	White/whole wheat/12 grain bread, egg, mayonnaise
Pastrami	90 gram	0 grams	White/whole wheat/12 grain bread, pastrami
Montreal smoked meat	90 gram	0 grams	Rye Bread, smoked meat

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CFB Trenton

Gas Flush

Lunch box style wrapping

No vegetable or onion in product

All sandwiches must be spread with margarine

All sandwiches must be cut diagonally

Product Name	Meat Weight	Cheese Weight	Product description
Tuna salad	110 gram fill	0 gram	White bread, tuna, mayonnaise
Egg salad	110 gram fill	0 gram	White bread, egg salad
Shaved Beef on a Kaiser	90 gram fill	0 gram	Kaiser bun, roast beef, mustard
Ham & Cheese	90 gram	6 gram	White or Whole Wheat bread/Pita, ham, Processed cheese
Italian Roast Beef	90 gram	0 gram	White/whole wheat bread Italian roast beef
Salami & Cheese	90 gram	6 gram	White or Whole Wheat bread/Pita, salami, processed mozzarella, mustard
Shaved Turkey	90 gram	0 gram	Bagel or White bread, shaved turkey
Bologna	90 gram	20 gram	White/whole wheat bread, bologna, processed cheese, mustard
Chicken Loaf on a Kaiser	90 gram	0 gram	Kaiser, chicken loaf

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ANNEX "A"
PART III
SUBMARINE SPECIFICATIONS

CFB Petawawa

Gas Flush
 Submarine Buns to be 6" long (to fit into box)
 No vegetable or onion in product
 No margarine or butter to be used
 All meat to be shaved, not sliced

PRODUCT NAME	MEAT WEIGHT	CHEESE WEIGHT	PRODUCT DESCRIPTION
Pizza	84 gram	6 gram	28 g Ham, 28 g salami, 28 g bologna, processed cheese
Italian	84 gram	6 gram	28 g Ham, 28 g pepperoni, 28 g salami, processed mozzarella
Super Combo	84 gram	6 gram	28 g Bologna, 28 g ham, 28 g salami, processed cheese
Black Forest Ham & Mozzarella	84 gram	6 gram	Black Forest Ham, processed mozzarella,
Beef & Swiss Cheese	84 gram	6 gram	Roast beef, processed cheddar,

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CFB Trenton

Gas Flush
 Submarine Buns to be 6" long
 No vegetable or onion in product
 All sandwiches must be spread with margarine

PRODUCT NAME	MEAT WEIGHT	CHEESE WEIGHT	PRODUCT DESCRIPTION
Ham on a Bagel	90 gram	6 gram	Ham, processed cheddar, mustard
Jumbo Chuckwagon	90 gram	6 gram	Ham, salami, bologna, processed cheddar, mustard
Roast Beef	90 gram	6 gram	Roast beef, BBQ sauce, processed cheddar
Big Jim	90 gram	6 gram	Bologna, salami, pork & bacon loaf, processed cheddar, mustard
Italian	90 gram	6 gram	Ham, pepperoni, salami, processed mozzarella, Italian dressing
Super Combo	90 gram	6 gram	Bologna, ham, salami, processed cheddar
Ham & Cheese	90 gram	6 gram	Ham, processed mozzarella, mustard
Beef & Cheese	90 gram	6 gram	Roast beef, processed cheddar, mustard

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ANNEX "A"
PART IV
BOX LUNCH MENUS

CFB Petawawa:

ITEM No.	Menu	Description	Alternative / Acceptable substitute
	Menu 1 (Breakfast)	One (1) fresh fruit approximately 200 gr (min 150 gr, max 250 gr) or a 142ml can of fruit	No substitute
		One (1) 200 ml individual fruit juice made of 100% pure concentrate	
		One (1) extra large boiled egg or two (2) small boiled eggs without shell and individually wrapped	
		45 gr of cooked sliced ham individually wrapped	
		One (1) box 35-55 g of individual cereal	Note : At the customers request, when the temperature is not ideal to safely maintain milk in the box lunches, the customer may ask to substitute, at no extra cost, the milk and cereals by two (2) 37 gr Cereal Bars
		One (1) 250 ml ctn of fresh white milk partially skimmed (2.0%)	
		One (1) 21 gr individual portion of cheese	
		One (1), 90-110 g Fresh Croissant	No substitute
		One (1), 90-110 gr fresh muffin	
		One (1) individual mayonnaise 7 gr	
	Menu 2 (Breakfast)	One (1) fresh fruit approximately 200 gr (min 150 gr, max 250 gr) or a 142 ml can of canned fruit	Note: The breakfast Wrap will include 40 g shell, 50 g scrambled eggs, 25 g shredded cheddar cheese, 30 g bacon or sausage, 25 g Salsa sauce
		One (1) 200 ml individual fruit juice made of 100% pure concentrate	
		Two (2) Breakfast Wrap 170 gm ea	
		One (1) box 35-55g individual cereal	Note : At the customers request, when the

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			temperature is not ideal to safely maintain milk in the box lunches, the customer may ask to substitute, at no extra cost, the milk and cereals by two (2) 37 gr Cereal Bars
		One (1) 250 ml ctn of fresh white milk partially skimmed (2.0%)	
		One (1), 90-110 gr fresh muffin	No substitute
		One (1) package of disposable utensils comprising of a knife, fork, spoon, napkin, salt and pepper, wetnap	

ITEM No.	Menu	Description	Alternative / Acceptable substitute
	Menu 1 (Lunch/Supper)	Two (2) sandwiches in sealed creovac containers of : one (1) sandwich consisting of 2 slices of white bread filled 90 gr of thinly slices cold roast beef and, one (1) sandwich constituted of 2 slices of whole wheat bread filled with 110 gm chicken salad. One (1) fresh fruit, approximately 200 gr (min 150 gr, max 250 gr) or a 142 ml can of canned fruit One (1) 330 ml bottle of water One (1) 200 ml individual fruit juice made of 100% pure concentrate One (1) 70 gr container of coleslaw One (1) 99 gr ctn of prepared pudding One (1) 45 gr individual package of cheese and crackers One (1) 18 ml individual package of mayonnaise, Hellmann's or Kraft One (1) 5-7 ml individual package of mustard One (1) package of disposable utensils comprising of a knife, fork, spoon, napkin, salt and pepper, wetnap	If the supplier is unable to supply this menu, he may substitute the menu with an alternate menu with the approval of the call-up authority. Note: Sandwiches to be cut in two No substitute
	Menu 2 (Lunch/Supper)	Two (2) sandwiches in sealed creovac containers of :	if the supplier is unable to supply this menu, he may substitute the menu

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		<p>one (1) sandwich constituted of 2 slices of whole wheat bread/12 grain filled with 90 gr of thinly sliced Ham ; and</p> <p>one (1) sandwich constituted of 2 slices of White bread filled with 110 gr of egg salad mix</p>	<p>with an alternate menu with the approval of the call-up authority. Note: Sandwiches to be cut in two</p>
		<p>One (1) fresh fruit approximately 200 gr (min 150 gr, max 250 gr) or a 142 ml can of canned fruit</p> <p>One (1) 330 ml bottle water</p> <p>One (1) 200 ml individual fruit juice made of 100% pure concentrate</p> <p>One (1) 50 gr package of raw vegetables comprised of 3 types of vegetables with dip</p> <p>One (1) 90-110 gr freshly baked dessert without nuts</p> <p>One (1) 30 gr Cereal Bar</p> <p>One (1) 18 ml individual package of mayonnaise, Hellmann's or Kraft</p> <p>One (1) 5-7 ml individual package of mustard</p> <p>One (1) package of disposable utensils comprising of a knife, fork, spoon, napkin, salt and pepper, wetnap</p>	No substitute

	Menu 3 (Lunch/Supper)	<p>Two (2) sandwiches in sealed crevac containers of :</p> <p>one (1) sandwich consisting of 2 slices of white bread filled with 110 gm Tuna salad mix,</p> <p>one (1) sandwich consisting of 2 slices whole wheat/12 grain bread filled with 90 gr thinly slice turkey.</p>	<p>if the supplier is unable to supply this menu, he may substitute the menu with an alternate menu with the approval of the call-up authority. Note: Sandwiches to be cut in two</p>
		<p>One (1) fresh fruit approximately 200 gr (min 150 gr, max 250 gr) or a 142 ml can of canned fruit</p> <p>One (1) 200 ml individual fruit juice made of 100% pure concentrate</p> <p>One (1) 330 ml bottle water</p> <p>One (1) 70 gr container of Chef Salad with dressing</p> <p>One (1) 50-60 g individual cake such as Joe-Louis or May Oust</p> <p>One (1) 45 gr individual package of cheese & crackers</p> <p>One (1) 18 ml individual package of mayonnaise , Hellmann's or Kraft</p> <p>One (1) 5-7 ml individual package of mustard</p> <p>One (1) package of disposable utensils comprising of a knife, fork, spoon, napkin salt and pepper, wetnap</p>	No substitute
	Menu 4 (Lunch/Supper)	<p>Two (2) sandwiches in sealed creovac containers of :</p>	<p>if the supplier is unable to supply this menu, he may substitute the menu with</p>

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		one (1) sandwich constituted of egg salad on croissant 110 gr	an alternate menu with the approval of the call-up authority. Note: Sandwiches to be cut in two
		one (1) sandwich constituted of 2 slices of whole wheat/12 grain bread filled with 90 gr thinly sliced Simili Chicken meat	
		One (1) fresh fruit approximately 200 gr (min 150 gr, max 250 gr) or a 142 ml can of canned fruit	No substitute
		One (1) 330 ml bottle of water	
		One (1) 200 ml individual fruit juice made of 100% pure concentrate	
		One (1) 50 gr package of raw vegetable comprised of 3 types of vegetables,	
		One (1) package of cookies approx. 50 gr. Such as Oreo, Aux Fig Newtons, etc	
		One (1) 30 g Cereal Bar	
		One (1) 18 ml individual package of mayonnaise , Helmann's or Kraft	
		One (1) 5-7 ml individual package of mustard	
		One (1) package of disposable utensils comprising of a knife, fork, spoon, napkin salt and pepper, wetnap	

	Menu 5 (Lunch/Supper)	Two (2) sandwiches in sealed creovac containers of :	If the supplier is unable to supply this menu, he may substitute the menu with an alternate menu with the approval of the Call-up authority. Note: Sandwiches to be cut in two
		one (1) sandwich consisting of white kaiser filled with 90 g of shaved ham and cheese.	
		one (1) sandwich consisting of 2 slices of whole wheat/12 grain bread filled with 110 gr of tuna salad mix	
		One (1) fresh fruit approximately 200 gr (min 150 gr, max 250 gr) or a 142 ml can of canned fruit	No substitute
		One (1) 200 ml individual fruit juice made of 100% pure concentrate	
		One (1) 350 ml bottled water	
		One (1) 70 gr container Macaroni salad	
		One (1) 99 gr ctn of prepare pudding	
		One (1) 45 gr individual package of cheese and crackers	
		One (1) 18 ml individual package of mayonnaise, Helmann's or Kraft	
		One (1) 5-7 ml individual package of mustard	
		One (1) package of disposable utensils comprising of a knife, fork, spoon, napkin salt and pepper, wetnap	
	Menu 6	One (1) sandwich in sealed creovac containers of :	If the supplier is unable to supply this menu, he may

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(Lunch/Supper)	one (1) sandwich consisting of qty 2 - 6 inch pizza subs (90 g) with ind pizza sauce on the side	substitute the menu with an alternate menu with the approval of the call-up authority.
	One (1) fresh fruit approximately 200 gr (min 150 gr, max 250 gr) or a 142 ml can of canned fruit	No substitute
	One (1) 330 ml bottle of water	
	One (1) 200 ml individual fruit juice made of 100% pure concentrate	
	One (1) 70 gr creamy coleslaw	
	One (1) 90-110 gr freshly baked dessert without nuts	
	One (1) 45 gr individual package of cheese and crackers	
	One (1) 18 ml individual package of mayonnaise , Helmann's or Kraft	
	One (1) 5-7 ml individual package of mustard	
	One (1) package of disposable utensils comprising of a knife, fork, spoon, napkin salt and pepper, wetnap	

Menu 7 (Lunch/Supper)	Two (2) sandwiches in sealed creovac containers of :	If the supplier is unable to supply this menu, he may substitute the menu with an alternate menu with the approval of the call-up authority.
	one (1) sandwich consisting of 2 slices of white bread filled with 90 gr of thinly sliced cold pastrami, and	Note: sandwiches to be cut in two
	one (1) sandwich consisting of two (2) slices of whole wheat/12 grain bread filled with 110 gr of salmon salad mix	
	One (1) fresh fruit approximately 200 gr (min 150 gr, max 250 gr) or a 142 ml can of canned fruit	No substitute
	One (1) 330 ml bottle of water	
	One (1) 200 ml individual fruit juice made of 100% pure concentrate	
	One (1) 70 gm container potatoe salad	
	One (1) 90-110 gr freshly baked dessert without nuts	
	One (1) 45gr individual package cheese and crackers	
	One (1) 18 ml individual package of mayonnaise, Helmann's or Kraft	
	One (1) 5-7 ml individual package of mustard	
	One (1) package of disposable utensils comprising of a knife, fork, spoon, napkin salt and pepper, wetnap	
Menu 8 (Lunch/Supper)	Two (2) sandwiches in sealed creovac containers of :	If the supplier is unable to supply this menu, he may substitute the menu with an alternate

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		<p>one (1) sandwich consisting of 2 slices of white bread filled with 90 gr of thinly sliced cold salami, and</p> <p>one (1) sandwich consisting of 2 slices of whole wheat/12 grain bread filled with 110 gr of Turkey salad mix</p>	<p>menu with the approval of the call-up authority.</p> <p>Note: Sandwiches to be cut in two</p>
		<p>One (1) fresh fruit approximately 200 gr (min 150 gr, max 250 gr) or a 142 ml can of canned fruit</p> <p>One (1) 330 ml bottle of water</p>	No substitute
		<p>One (1) 200 ml individual fruit juice made of 100% pure concentrate</p> <p>One (1) 70 gm container 3-bean salad</p>	No Substitute
		<p>One (1) 90-110 gr freshly baked dessert without nuts</p> <p>One (1) 45 gr individual package cheese & crackers</p>	
		<p>One (1) 18 ml individual package of mayonnaise, Helmann's or Kraft</p> <p>One (1) 5-7 ml individual package of mustard</p>	
		<p>One (1) package of disposable utensils comprising of a knife, fork, spoon, napkin salt and pepper, wetnap</p>	

	Menu 9 (Lunch/Supper)	<p>Two (2) sandwiches in sealed creovac containers of :</p> <p>One (1) sandwich consisting as a 6" submarine, ham, Salami, pastrami cheese slices and</p> <p>one (1) sandwich consisting of 2 slices of whole wheat/12 grain bread filled with 110 gr of tuna salad mix</p>	<p>From Sep 3rd to Apr 30th, the bottled water will be replaced by a 250 ml ctn of fresh white milk, partially skimmed (2%)</p> <p>Note: Sandwiches to be cut in two</p>
		<p>One (1) fresh fruit approximately 200 gr (min 150 gr, max 250 gr) or a 142 ml can of canned fruit</p> <p>One (1) 330 ml bottle of water</p>	No substitute
		<p>One (1) 200 ml individual fruit juice made of 100% pure concentrate</p> <p>One (1) 70 gm container tossed salad</p>	
		<p>One (1) 90-110 gr freshly baked dessert without nuts</p> <p>One (1) 45 gr individual package of cheese and crackers</p>	
		<p>One (1) 18 ml individual package of mayonnaise, Helmann's or Kraft</p> <p>One (1) 5-7 ml individual package of mustard</p>	
		<p>One (1) package of disposable utensils comprising of a knife, fork, spoon, napkin salt and pepper, wetnap</p>	

VEGETARIAN

	Menu 1 (Lunch/Supper) Vegetarian	<p>Two (2) sandwich in sealed creovac container comprising of a Ciabatta bread roll filled with 50 gr of Hummus and 100 gr minced fresh vegetables</p>	<p>No substitute</p> <p>Note: Sandwiches to be cut in two</p>
		<p>Two (2) fresh fruit approximately 200 gr (min 150 gr, max 250 gr) each</p>	

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		One (1) 330 ml bottled water	No Substitute
		One (1) 200 ml individual fruit juice made of 100% pure concentrate	
		One (1) 150 gr package of raw vegetable comprising of 3 types of vegetables	
		One (1) 70 gr container of coleslaw	
		One (1) 50-60 g individual cake such as Joe-Louis or May West, Flaky	
		One (1) 45 gr individual package of cheese and crackers	
		One (1) 8 ml individual package of mayonnaise, Helmann's or Kraft	
		One (1) 5-7 ml individual package of mustard	
		One (1) package of disposable utensils comprising of a knife, fork, spoon, napkin salt and pepper, wetnap	

	Menu 2 (Lunch/Supper) Vegetarian	Two (2) Vegetable Wraps in a sealed creovac container	Note: Vegetable wrap will contain a 60 g shell, 70 g medley of fresh vegetable, 30 g shredded cheddar cheese and a choice of 10 g mustard or mayonnaise
		One (1) fresh fruit approximately 200 gr (min 150 gr, max 250 gr) each	
		One (1) 330 ml bottle of water	
		One (1) 200 ml individual fruit juice made of 100% pure concentrate	
		One (1) 150 gr package of raw vegetable comprising of 3 types of vegetables	
		One (1) 70 gr container of coleslaw	
		One (1) 50-60 g individual cake such as Joe-Louis or May West, Flaky	
		One (1) 45 gr individual package of cheese and crackers	
		One (1) 18 ml individual package of mayonnaise, Helmann's or Kraft	
		One (1) 5-7 ml individual package of mustard	
		One (1) package of disposable utensils comprising of a knife, fork, spoon, napkin salt and pepper, wetnap	

HALAL

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	Menu 1 (Lunch/Supper) Halal	One (1) 12 inch Submarine Bread filled with 60 gm of Roast beef , 60 g pepperoni and 40 g Cheese.	No substitute
		One (1) fresh fruit approximately 200 gr (min 150 gr, max 250 gr) each	
		One (1) 330 ml of bottled water	
		One (1) 200 ml individual fruit juice made of 100% pure concentrate	
		One (1) 150 gr package of raw vegetable comprising of 3 types of vegetables,	
		One (1) 70 gr container of coleslaw	
		One (1) 50-60 g individual cake such as Joe-Louis or May West, Flaky	
		One (1) 45 gr individual package of cheese and crackers	
		One (1) 18 ml individual package of mayonnaise, Hellmann's or Kraft	
		One (1) 5-7 ml individual package of mustard	
		One (1) package of disposable utensils comprising of a knife, fork, spoon, napkin salt and pepper, wetnap	

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BOX LUNCH MENU FOR CFB TRENTON

For all menus except Breakfast, if the supplier is unable to supply as specified, they may substitute the menu with an alternate menu with the PRIOR approval of the call-up authority.

ITEM No.	Menu	Description	Alternative / Acceptable substitute
	Breakfast	One (1) sandwich in gas sealed creovac containers of:	
		One (1) Bagel filled with 90 g shaved ham and 6 g of processed cheese	Sandwich to be cut in two
		One (1) 142 g ctn of canned fruit	
		One (1) 200 ml individual fruit juice made of 100% pure concentrate	
		One (1) extra large boiled egg or two (2) small boiled eggs, without shell and individually wrapped	
		One (1) 21 g individual portion of cheese	
		One (1) 70 g fresh muffin, individually wrapped	
		One (1) individual butter 6.5 g	
		One (1) package of disposable utensils comprised of a knife, fork, spoon, napkin, salt & pepper, wetnap	
	Day 1	Two (2) sandwiches in gas sealed creovac containers of:	
		One (1) Beef & cheese submarine, 6" long, with 90 g roast beef, 6 g processed cheddar,	
		One (1) Egg salad on 2 slices of white bread, with 110 g of egg salad	Sandwich to be cut in 2 diagonally
		One (1) 330 ml bottle of water	
		One (1) 200 ml individual orange juice made of 100% pure concentrate	
		One (1) MacIntosh apple, approx. 200 g (min. 150g max 250 g)	
		One (1) 50-60 g Joe Louis individual cake	
		One (1) cracker pack	
		Two (2) 18 ml individual mayonnaise, Hellmann's or Kraft	
		One (1) 5-7 ml individual package of mustard	
		One (1) package of disposable utensils comprised of a knife, fork, spoon, napkin, salt & pepper, wetnap	
	Day 2	Two (2) sandwiches in gas sealed creovac containers of:	
		One (1) Jumbo Chuckwagon sub, 6" long, meat to be thinly sliced with 28 g ham, 28 g salami, 28 g bologna, processed cheddar, mustard	
		One (1) turkey sandwich on 2 slices of 12 grain bread, filled with 90 g of shaved turkey	Sandwich to be cut in 2 diagonally
		One (1) 330 ml bottle of water	
		One (1) 200 ml individual lemonade	
		One (1) MacIntosh apple, approx. 200 g (min. 150g max 250 g)	
		One (1) package Fig Newton cookies, pkg of 4, approx. 45-50g	
		One (1) package nuts	

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		Two (2) 18 ml individual packages mayonnaise, Hellmanns' or Kraft	
		One (1) 5-7 ml individual mustard	
		One (1) package of disposable utensils comprised of a knife, fork, spoon, napkin, salt & pepper, wetnap	
	Day 3	Two (2) sandwiches in gas sealed creovac containers of:	
		One (1) roast beef sub 6" long with 90 g of sliced roast beef, 15 ml bbq sauce and 6 g processed cheddar cheese	
		One (1) 90 g salami & 6 g swiss sandwich on 100% sliced whole wheat bread ,	Sandwich to be cut in 2 diagonally
		One (1) 330 ml bottle of water	
		One (1) 200 ml individual fruit punch	
		One (1) orange, approx 200 g (min. 150 g max 250 g)	
		One (1) 50-60 g Mae West cake	
		One (1) 21 g individual package of cheese	
		Two (2) 18 ml individual mayonnaise, Hellmann's or Kraft	
		One (1) 5-7 ml individual mustard	
		One (1) package of disposable utensils comprised of a knife, fork, spoon, napkin, salt & pepper, wetnap	
	Day 4	Two (2) sandwiches in gas sealed creovac containers of:	
		One (1) Big Jim sub, 6" long, with thin sliced meat, 27 g bologna, 27 g salami, 27 g pork & bacon loaf, processed cheddar cheese	
		One (1) tuna sandwich on 2 slices white bread, filled with 110 g of tuna & mayonnaise	Sandwich to be cut in 2 diagonally
		One(1) 330 ml bottle of water	
		One (1) 200 ml individual apple juice	
		One (1) Orange, approx. 200 g (min. 150g max 250 g)	
		One (1) package Strawberry Snackwells, package of 4, approx. 45-50 g	
		One (1) Nutri-grain cereal bar 37 g	
		Two (2) 18 ml individual packages of mayonnaise Hellmann's or Kraft	
		One One (1) package of disposable utensils comprised of a knife, fork, spoon, napkin, salt & pepper, wetnap(1)	
		5-7 ml individual mustard	
	Day 5	Two (2) sandwiches in gas sealed creovac containers of:	
		One (1) Super Combo sub, 6" long, filled with thin sliced meat, 27 g of Bologna, 27 g ham, and 27 g salami, and 6 g processed cheddar, cheese	
		One (1) Shaved Beef on a Kaiser, with 90 g roast beef	
		One (1) 330 ml bottle of water	
		One (1) 200 ml individual orange juice	
		One (1) MacIntosh apple, approx. 200 g (min. 150g max 250 g)	
		One (1) package Oreo cookies, pkg of 4 approx. 45-50 g	
		One (1) Special K Cereal Bar, approx 23 g	

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		Two (2) 18ml individual mayonnaise, Hellmann's or Kraft	
		One (1) 5-7 ml individual mustard	
		One (1) package of disposable utensils comprised of a knife, fork, spoon, napkin, salt & pepper, wetnap	
	Day 6	Two (2) sandwiches in gas sealed creovac containers of:	
		One (1) bologna (Maple Leaf waxed) sandwich, with 90 g bologna on 100% whole wheat bread with mustard	
		One (1) Egg Salad sandwich, on white/ bread, filled with 110 g egg salad mixture	Sandwich to be cut in 2 diagonally
		One (1) 330 ml bottle of water	
		One (1) 200 ml individual fruit punch juice	
		One (1) MacIntosh apple, approx. 200 g (min. 150g max 250 g)	
		One (1) package Chips Ahoy cookies, package of 4, approx. 45-50 g	
		One (1) individual cheese package	
		Two (2) 18 ml individual mayonnaise, Hellmann's or Kraft	
		One (1) 5-7 ml individual mustard	
		One (1) package of disposable utensils comprised of a knife, fork, spoon, napkin, salt & pepper, wetnap	

	Day 7	Two (2) sandwiches in gas sealed creovac containers of:	
		One (1) ham & cheese sub, 6" long with 90 g shaved ham and 6 g processed mozzarella	
		One (1) Chicken Loaf on a Kaiser, 66 g kaiser roll filled with 90 g sliced Chicken Loaf	
		One (1) 330 ml bottle of water	
		One (1) 200 ml individual grape juice	
		One (1) orange, approx 200 g (min. 150g max 250 g)	
		One (1) package Ah! Caramel cake	
		One (1) individual cracker pack	
		Two (2) 18 ml individual mayonnaise, Hellmann's or Kraft	
		One (1) 5-7 ml individual mustard	
		One (1) package of disposable utensils comprised of a knife, fork, spoon, napkin, salt & pepper, wetnap	
	Day 8	Two (2) sandwiches in gas sealed creovac containers of:	
		One (1) Italian sub, 6" long, filled with 27 g ham, 27 g pepperoni, 27 g salami, 6 g processed mozzarella, 25 ml Italian dressing	
		One (1) shaved turkey sandwich on 2 slices white bread filled with 90 g of shaved Turkey	
		One (1) 330 ml bottle of water	
		One (1) 200 ml individual orange juice made of 100% pure concentrate	
		One (1) orange, approx 220 g (min. 150 g max 250 g)	
		One (1) Twinkie cake, package of 2	
		One (1) 21 g individual package of cheese	
		Two (2) 18 ml individual mayonnaise, Hellmann's or Kraft	
		One (1) 5-7 ml individual mustard	
		One (1) package of disposable utensils comprised of a	

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knife, fork, spoon, napkin, salt & pepper, wetnap
