

COPACABANA

LARANJEIRAS

BOTAFOGO

CENTRO

LAGOA-JARDIM BONTANICO-GAVEA

IPANEMA

URCA

SANTA TERESA

RIO DE JANEIRO - SOME INFOS



DE CASA

favourite places and suggestions

*Photography,
Design, and Concept
by Ewa Priester
copyright 2015*

**2 guidebooks
to print out in A4
at home**





Best Places

1. Parque das Ruínas (Santa Teresa)
2. Cultivar Brasil (Santa Teresa)
3. Pista Claudio Cortinho (Urca)
4. Parque Lage (Jardim Botânico)
5. Morreira Salles (Gavea)
6. Cachoeira dos Primatos (Gavea)
7. Praça São Salvador (Laranjeiras)
8. Fabrica Behring (Rodoviária)
9. Feira São Cristova (Centro)
10. Mirante Dona Marta (Parque da Tijuca)



1. Parque das Ruínas

2. Cultivar Brasil



9. Feira São Cristova

4. Pista Claudio Cortinho

5. Parque Lage

6. Morreira Salles

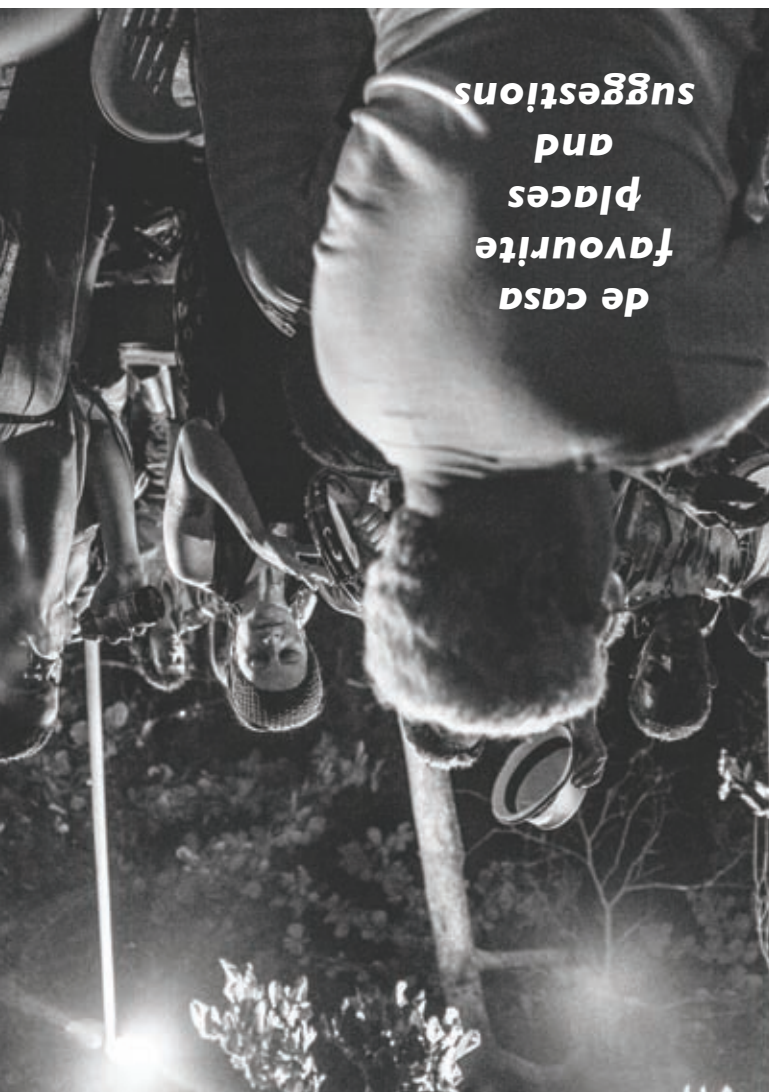


7. Cachoeira dos Primatos

8. Praça São Salvador

9. Fabric Behring

10. Mirante Dona Marta



Emergency
 Ambulance: 192
 Fire: 193
 Police: 190
 Tourist Police (21) 2332 2924
 24 hour pharmacy -
 Pacheco (almost everywhere)

Consulates
 Germany: (21) 2554 0004
 Avenida Presidente Antônio Carlos 58
 - Centro
 France (21) 3974-6699
 Av. Pres. Antônio Carlos, 58 - Centro
 Spain (21) 2543-8558
 R. Lauro Müller, 116 - Botafogo
 USA (21) 3823-2000
 Av. Pres. Wilson, 147, Centro
 Sverige (21) 3852 3143
 Avenida General San Martín 255, Leblon
 Great Britain (21) 2553-5507
 Praia do Flamengo, 284 - Flamengo

Events- Eventos
 Rio Art (since 2011)
 Portas Abertas Santa Teresa
 Rock in Rio
 Olympia 2016

Costs Of Living
 Coffee 3,50 R\$
 Juice 300ml 4 R\$
 Newspaper 2 R\$
 Spiegel/Times/Le Monde

Tourist offices
 Square Pio X, 11919
 www.rhio.guiaoficial.com.br

Go by bus
 3,40 R\$. It's good to have the money ready in your hand, because the bus continues quickly and you should capture your grip good, with the stormy driving style of the driver and uneven roads. Except for the minibuses of Santa Teresa, it is not paid to the driver but to the extra cashier and there is a turnstile.
 If you get off from the bus, you should always carefully look if not just a motorcyclist passes, because they use of every opportunity to get through the city as fast as possible between the cars. Also crossing the streets you should think about the motorcyclists. (biker?)

Metro
 Bilhet único 3,70 R\$
 or combined with the shuttle bus, which you can only take from the metro station

RECOMMENDATIONS

Um suco de: (= A juice of):



Açaí

Typical from Brazil, a drink, loved by the surfers and gives them energy for the whole day. It's freezing cold and you have to spoon it slow. For the first experience you have to take at least 3 tablespoons to get used to the new taste. It is often served with granola.

Abacaxi com Hortelão

Pineapple with mint

Manga Mango juice

Maracujá Passionfruit calms and is good for sleep

Melancia Melon



Comida tradicional - Traditional food

When you go in a typical restaurant the meals often fit to 2-3 persons. On the first view it appears expensive, but in reality it is very efficient. For this reason, in such restaurants, it is always better to ask, for how much persons it is calculated.

ENTRADA - ENTRY

linguiça - linguiça/sausages

queijo coalho- grilled cheese

caldinho de feijão de corda

-soup of beans

Bolinho de Bacalhão - codfish balls

Crocete Alemão- german croquette

COMIDA TÍPICO DO NORTE - FOOD FROM THE NORTH

Carne de Sol com Abóbora - corned beef with pumpkin

Arroz - Rice

Feijão de Corda - brown beans

Farofa de Abóbora - farofa pumpkin

Aipim- deep fried manioc/cassava

Moqueca com Camarão - stew of shrimps

O melhor cerveja -Best beer:

Brahma, Bohemia, Original (Antartica)

Buffet a Quilo - Weight Restaurants

In some quarters you can find restaurants which are working with weight. A certain price for each kilo. They have a big and nice buffet and you can choose what you want and how much. I really like this system, because you can also only eat a little and very different kind of stuff and it's more like a meal, than the snacks („salgados“) or big portions in typical restaurants.

Música brasileira- Brazilian Music



NOVOS BAIANOS



CHICO CESAR



SECOS & MOLHADOS



NAÇÃO ZUMBI



SEU JORGE



ELZA SOARES

Beach – Praia

To the beach all Brazilians take the Kanga with them. A large beach towel that is made of thin fabric, so it doesn't take a lot of space in the bag and you can have it always with you. Often you can also buy it on the beach from one of the sellers. But of course it is a bit more expensive there.

It is good to bring some sunglasses, even for people who are not used to it, because the light and the reflective sand can be very strong.

In addition, be careful with the hot sand for the feet. Because of this, there are sometimes small trails of water that lead over the sand.

To the main business hours, there are on the beach everywhere freshwater showers and beach furniture.

Typical are the sellers on the beach. From beach towels, over bikini to massages, and of course everything you desire to eat.



Costs:

Parasol: 7 RS

Sun chair: 7 RS

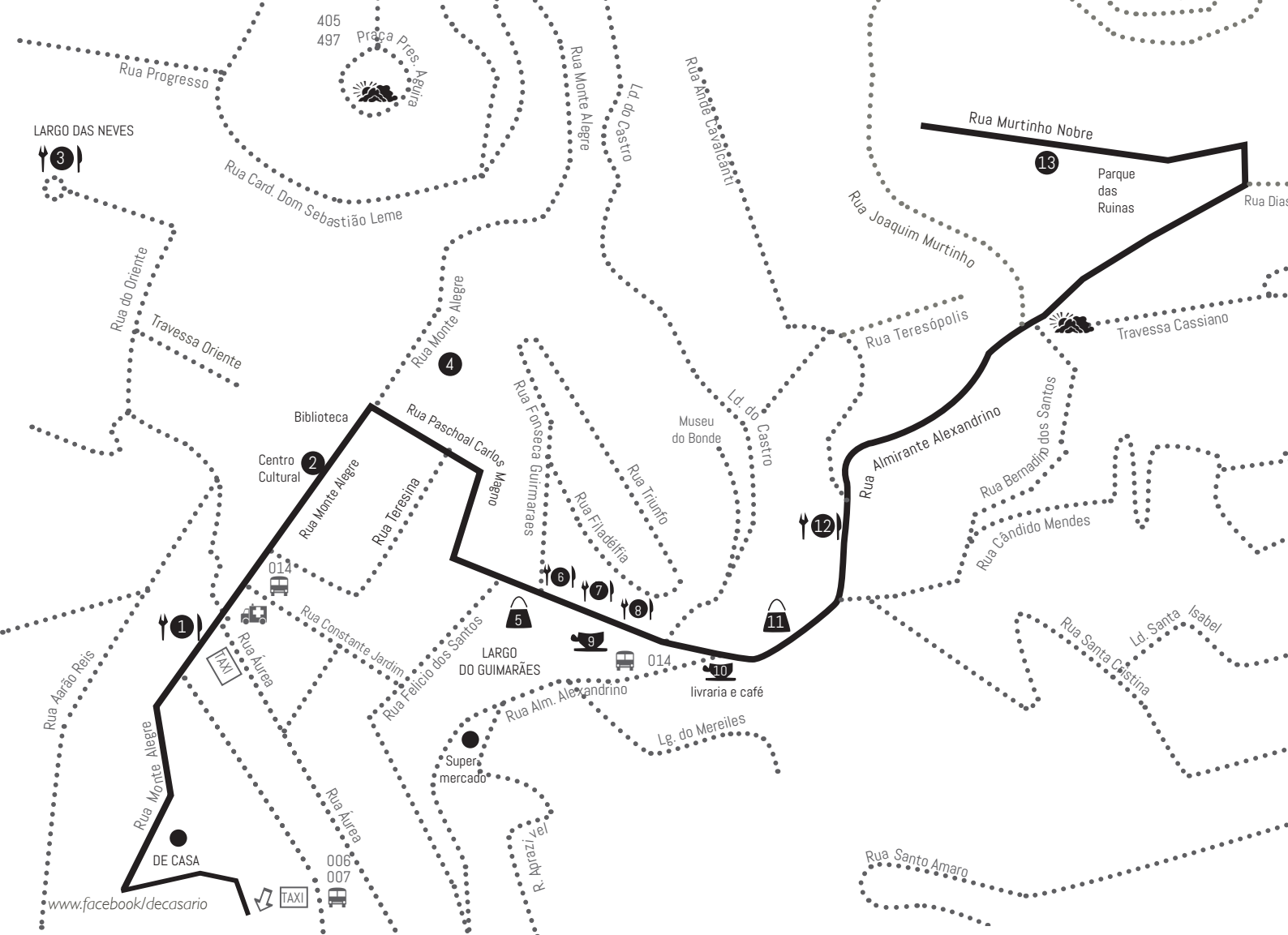
Food:

Cha de Mate: 4 RS

Beer: 6 RS

Coco: 5 RS

Queijo Coalho: 4 RS



The "Bonde" (old tram) was one of the major attractions of Santa Teresa. After an accident in 2011 she was decommissioned and shall now return in parts to the Olympics in July 2016.



Photography, Design, and Concept by Ewa Priester
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SANTA TERESA is a neighborhood with beautiful old world charm of the colonial era. It is a place to breath, up there on the mountain, and you often find beautiful spots with a view over the sea. There are many pubs, restaurants, often with live music. Bar do Gomez and Bar do Mineiros are known throughout the city. Many artists moved here during the years and also young professionals, who can afford to leave home, looking for apartments here.

Every year in July/August there is the "Day of the open Studios" (Portas Abertas) in Santa Teresa. There are involved about 50 artists.

*Our favorite cafe is currently "Café do Brasil" (Queijo) and the typical and very special juice of cold Açai. The decor is simple and charming, the audience less touristic, but more typical inhabitants of Santa Teresa.

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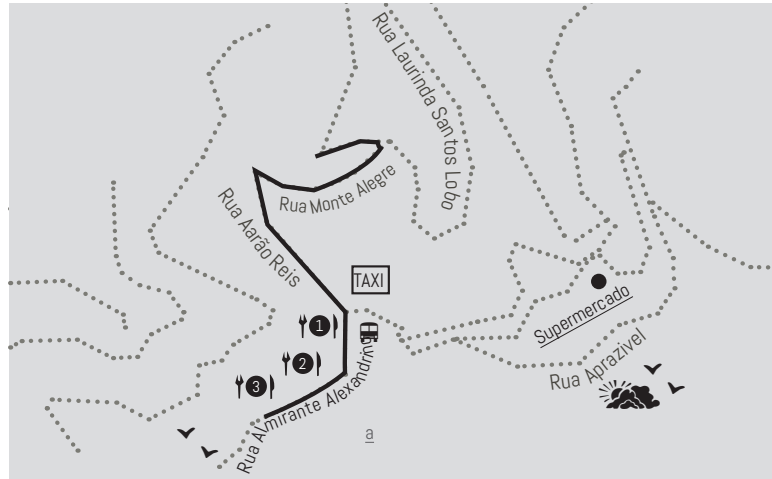
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SANTA TERESA

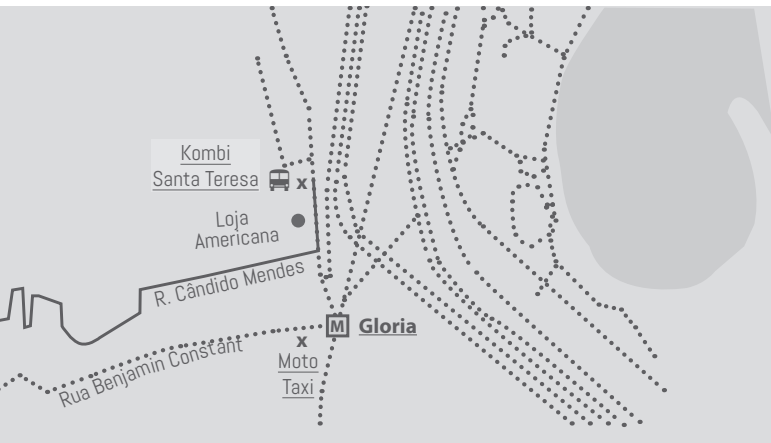
- 1 **BAR DO GOMEZ**
Rua Áurea, 26
Open: Mo- Sat 12-01h
- 2 **LARGO DAS NEVES**
Fri + Sat delicious small
Pizza for 5 RS
- 3 **CENTRO CULTURAL**
LAURINDA SANTOS LOBO
Rua. Monte Alegre, 306
open: Tue-Fri /9-20h
- 4 **MUSEU BENJAMIN CONSTANTIN**
Rua. Monte Alegre, 306
open: Wed-Fri 10-17h,
Sat-Sun 13h - 17h
- 5 **TUCUM**
P. Carlos Magno, 100
Open: Tue - Sat 10-21h
Sun: 14 - 20h
- 6 **BAR DO MINEIRO**
P. Carlos Magno, 100
Open: 11- 0 h
- 7 **RESTAURANTE SIMPLISMENTE**
R. Paschoal Carlos Magno, 115
open: mo- thur 18h - 3h30,
fri 18h - 4h30 sat 12h- 4h30, 12h- 2h
- 8 **CAFECITO + RUSTICO RESTAURANTE**
Rua Pascoal Carlos Magno, 121
open: sun - tue 10h - 22h;
fri + sat 10h - 23h. closed wednesday.
- 9 **CULTIVAR BRASIL**
Rua Paschoal Carlos Magno, 124
Open: 10-20 h
www.cultivarbrasil.com.br
- 10 **LARGO DAS LETRAS**
Alm. Alexandrino, 501
Open: Tue- Sat 14-22h
Sun: 14-20h
- 11 **LA VEREDA**
Alm. Alexandrino, 428
- 12 **BAR DO ARNAUD**
Rua Almirante Alexandrino, 316
Mo-Fr, 12h - 23h;
Sat-Sun 12h-20h
- 13 **LARGO DO CURVELHO**
Sunday Samba
beginning at 18pm
- 14 **CENTRO CULTURAL PARQUE DAS RUÍNAS**
Rua Murtinho Nobre 169
open: Tuesday- Sunday, 10-18h

RUA ALMIRANTE ALEXANDRINO

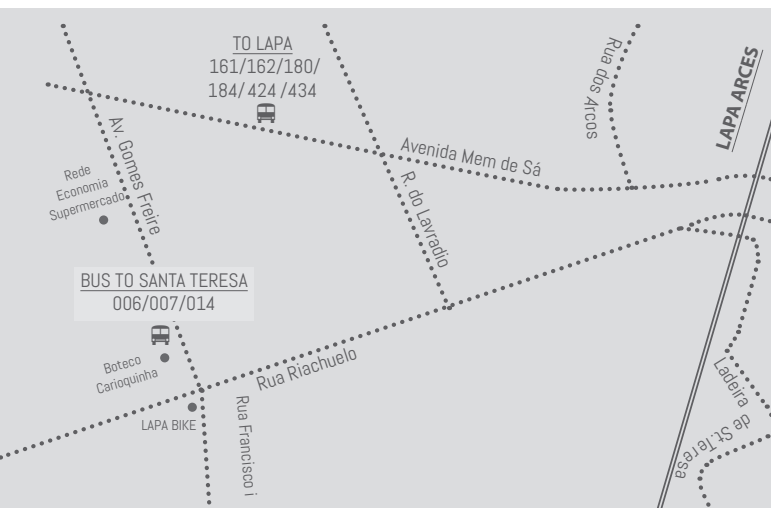
- 1 **MIKES HAUS**
Open: Tue - Sun 12h - 1h
<http://www.mikeshaus.com.br>
- 2 **BAR DO BONDE**
Almirante Alexandrino 1436
Open: Tue-Wed 18h22h//
Thur-Fri 18h-00h; Sat-Sun 12h - 00h
- 3 **ORAPRONOBIS Café + Shop**
Rua Almirante Alexandrino 1458
Open: Wed- Mon 8:30 - 17:00
- 4 **SUPERMERCADDO REDE ECONOMIA**
Rua Leopoldo Froes, 31
Open: 08:00-20:00H



FROM METRO GLORIA TAKE KOMBI SANTA TERESA



FROM LAPA TAKE BUS 006/ 007/ 014



Para To	De From															
	Copacabana	Ipanema	Leblon	Gávea	Jardim Botânico	São Conrado	Barra / Alvorada	Catete / Flamengo	Botafogo	Lapa	Centro	Rodoviária Novo Rio	Laranjeiras / Corcovado	Maracanã	Urca / Pão de Açúcar	Aeroporto Internacional
Copacabana	570 162	132 512 574	432 435 584	570 162 584	308* 177 523*	569 161 573	569 161 573	161 161 573	161 161 573	123 124 132	126 127 128	569 583 583	464 511 511	128 132 132	128 132 132	128 132 132
Ipanema	161 573	132 512 574	432 435 584	570 162 584	308* 177 523*	569 161 573	569 161 573	161 161 573	161 161 573	123 124 132	126 127 128	569 583 583	464 511 511	128 132 132	128 132 132	128 132 132
Leblon	511 583	511 583	432 435 584	512 177 523*	308* 177 523*	569 161 573	569 161 573	161 161 573	161 161 573	128 128 172	128 128 173	570 583 584	464 511 511	128 132 132	128 132 132	128 132 132
Gávea	161 583	161 583	523* 177 524*	170 176*	309 524*	309 524*	158* 176*	170 176*	158* 176*	170 170	170 170	569 583	-	512	-	-
Jardim Botânico	161 573 583	161 573 583	161 573 583	170 158* 410	309 524*	309 524*	161 176* 583	170 176* 583	158* 176* 583	170 170	170 170	569 583	-	512	-	-
São Conrado	523* 177 308*	523* 177 308*	523* 177 308*	523* 177 308*	309 524*	309 524*	308* 176* 523*	-	309 524*	308* 176* 179	178 178	-	-	-	-	-
Barra / Alvorada	308* 523*	308* 523*	308* 524*	309 523*	309 524*	309 524*	308* 176* 523*	-	309 524*	308* 176* 360	304 333 169*	-	-	-	-	-
Catete / Flamengo	570 162 573	569 161 573	570 161 574	170 178 161	178 309 524*	178 309 524*	308* 176* 524*	574 583	434 162 180	170 172 173	180 178 583	434 464	-	-	-	126 132 497
Botafogo	162 574 584	162 574 584	512 569 574	158* 161 574	158* 161 574	309 524*	309 524*	178 161 583	424 161 162	170 172 173	170 172 173	570 464	512	-	-	-
Lapa	433 464 162	464 161 162	434 464 161	158* 410 161	158* 410 161	-	-	158* 161 162	434 161 162	247 -	-	-	-	-	-	-
Centro	121 123 124	123 308* 132	126 172 170	170 172 309	308* 177 309	308* 177 309	308* 177 309	-	172 309	247 309	128 127 170	180 422	238 239	107	324 326	-
Rodoviária Novo Rio	126 127 128	474 486 172	110 126 172	170 172 173	-	301 333	170 170	136 362 172	127 128 170	127 128 170	497 498	-	-	-	-	-
Laranjeiras / Corcovado	570 584	570 584	570 584	569 584	569 584	-	-	180 497 498	583 180 184	180 184	133	-	-	-	-	497
Maracanã	455 456 457	456 457 464	434 435 464	-	-	-	-	434 435	238 247 249	247 249	133	-	-	-	-	-
Urca / Pão de Açúcar	512 512	512 512	511 511	511 512	-	-	-	-	-	107	-	-	-	-	-	-

SANTA TERESA

From Metro Gloria Kombi Santa Teresa or from Lapa with bus

HOW TO FOLD





**Order the
whole package
for all areas:**

info@ewapriester.de