



TRAILHIKINGTM
AUSTRALIA

Survival Kit

I personally carry and highly recommend that you always have a personal survival kit, even on day hikes. Your Survival Kit should contain all the necessary items for survival in the wilderness.

☐ Duct Tape, for repairing damaged gear

☐ Safety Pins

☐ Heavy duty sewing needle

☐ Heavy duty nylon thread

☐ Compass, oil filled

☐ Water sterilisation agents or filters

☐ Water procurement bags

☐ Nylon cord, braided

☐ Safety wire, stainless steel

☐ Knife or scalpel blade

☐ Signal mirror or flash

☐ Fish hook, fishing line, sinker and swivel

☐ Firestarter or flint

☐ Tinder (no, not the dating app)

☐ Waterproof paper

☐ Pencil

☐ Whistle

☐ Emergency blanket or bivvy

☐ Waterproof survival instructions

☐ Mini survival cards

☐ Tea Bag, so you relax while you calmly consider your plans

☐ Lightweight container
Your kit should be packed in a compact, durable and lightweight container, small enough to fit into a large pocket and ideally should weigh less than 500 grams.

▶ Don't forget to let someone
know your plans before you go.

Free
Donations are appreciated

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