



NO COOK PLAY DOUGH

YOU WILL NEED

- 2 cups all purpose plain flour
- 2 tablespoons vegetable oil (canola oil or a light based oil)
- 1/2 cup salt (the finer the better)
- 2 tablespoons cream of tartar
- Up to 1.5 cups boiling water (adding in small amounts until it feels just right)
- Natural food colouring
- A few drops of pure essential oils (optional)

HOW TO

- Mix the flour, salt, cream of tartar and oil in a large mixing bowl
- Add food colouring TO the boiling water then into the dry ingredients.
- Stir stir stir until it becomes a sticky dough
- Allow it to cool down then take it out of the bowl, add a few drops of essential oils and knead it like you would bread dough for a couple of minutes until all of the stickiness has gone until it's the perfect consistency.
- If it's a little sticky then add a touch more flour until just right
- Then set the littlies loose to get creative.

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