September 2018

created with Sagely

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September cont'd **30** 9:30 Worship Service 11:00 Beginner's Bridge/Atrium 11:00 Dominoes/Atrium 2:00 Knit & Crochet/Atrium 2:00 Mahjong/Atrium	WOODLAND HEIGHTS 8700 Riley Drive Little Rock, AR 72205 501-224-4242					**1** 1:00 Conversation Club/Atrium 2:00 Pinochle/Atrium 3:00 AR Razorbacks Game 4:00 Happy Hour 6:30 Saturday Night Movie
2 9:30 Worship Service 11:00 Beginner's Bridge/Atrium 11:00 Dominoes/Atrium 2:00 Knit & Crochet/Atrium 2:00 Mahjong/Atrium	**3** **Labor Day** 9:30 Water Aerobics 2:00 Yoga - cancelled 2:30 Tech Visits - cancelled 4:00 Happy Hour	**4** 10:00 Games with KeShawn/3rd floor 10:00 Show & Share 1:30 Bingo 4:00 3rd floor Happy Hour & Games 4:00 Happy Hour	**5** 10:00 Dominoes 10:00 Movie - The War Room 2:00 Residents' Meeting 2:30 Tech Visits 4:00 Happy Hour	**6** 10:00 Wii Sports 11:00 One on One Visits 2:00 Yoga 4:00 3rd floor Happy Hour & Games 4:00 Happy Hour	**7** 9:30 Communion 10:30 Aerobics Class 11:15 Lunch Bunch - Ciao 1:30 Bingo 2:30 Tech Visits 4:00 Happy Hour 4:30 Trivia	**8** 1:00 Conversation Club/Atrium 2:00 Pinochle/Atrium 4:00 Happy Hour 6:30 AR Razorbacks Game 6:30 Saturday Night Movie - cancelled
9 9:30 Worship Service 11:00 Beginner's Bridge/Atrium 11:00 Dominoes/Atrium 1:30 **NALW - Grandparents Day Social** 2:00 Knit & Crochet/Atrium 2:00 Mahjong/Atrium	**10** 9:30 Water Aerobics 10:00 Arkansas Through Food - Arkadelphia 10:00 Seamstress 2:00 Yoga 2:30 Tech Visits 4:00 Happy Hour	**11** 10:00 Games with KeShawn/3rd floor 10:00 Manicures & Pedicures 10:00 Show & Share 1:30 Bingo 4:00 3rd floor Happy Hour & Games 4:00 Happy Hour	**12** **Birthday Night** 10:00 Dominoes 10:00 Jewelry Conversion 11:00 Pottery 1:00 Cards/3rd floor 2:00 Carol Dabney Performs 2:00 Nurses Meeting 2:30 Tech Visits 4:00 Happy Hour	**13** 10:00 Spa Day 10:00 Wii Sports 11:00 One on One Visits 2:00 Yoga 4:00 3rd floor Happy Hour & Games 4:00 Happy Hour	**14** 9:30 Communion 10:30 Aerobics Class 11:15 Lunch Bunch - P.F. Chang's 1:30 Bingo 2:30 **NALW - Ice Cream Truck** 2:30 Tech Visits 4:00 Happy Hour 4:30 Name That Tune	**15** 1:00 Conversation Club/Atrium 2:00 Pinochle/Atrium 3:00 AR Razorbacks Game 4:00 Happy Hour 6:30 Saturday Night Movie
16 9:30 Worship Service 11:00 Beginner's Bridge/Atrium 11:00 Dominoes/Atrium 12:30 Brunch 2:00 Knit & Crochet/Atrium 2:00 Mahjong/Atrium 2:00 **NALW - Woodland Heights Carnival**	**17** 9:30 Water Aerobics 10:00 Arkansas Through Food - Cabot 10:00 Massages By Lisa 11:00 Blood Pressure Checks 12:00 Lunch 2:00 Yoga 2:30 Tech Visits 4:00 Happy Hour	**18** 10:00 Games with KeShawn/3rd floor 10:00 Show & Share 1:30 Bingo 4:00 3rd floor Happy Hour & Games 4:00 Happy Hour	**19** 8:30 Life Quest 10:00 Dominoes 12:00 Activity Committe Meeting 1:00 Cards/3rd floor 2:00 Paul Morphis Performs 2:30 Tech Visits 4:00 Happy Hour	**20** 8:30 Life Quest 10:00 Wii Sports 11:00 **Imagine Luncheon** 11:00 One on One Visits 2:00 Yoga 4:00 3rd floor Happy Hour & Games 4:00 Happy Hour 6:00 **River City Men's Chorus**	**21** 9:30 Communion 10:30 Aerobics Class 11:15 Lunch Bunch - Bar Louie 1:30 Bingo 2:30 Tech Visits 4:00 Happy Hour 4:30 Trivia	**22** **AR Razorbacks Game TBA** 1:00 Conversation Club/Atrium 2:00 Pinochle/Atrium 4:00 Happy Hour 6:30 Saturday Night Movie
23 9:30 Worship Service 11:00 Beginner's Bridge/Atrium 11:00 Dominoes/Atrium 2:00 Knit & Crochet/Atrium 2:00 Mahjong/Atrium	**24** 9:30 Water Aerobics 10:00 Arkansas Through Food - Conway 10:00 Seamstress 11:00 OWLS Book Club 2:00 Yoga 2:30 Tech Visits 4:00 Happy Hour 4:00 Square Dancing Performance by Dancing Queens	**25** 10:00 Games with KeShawn/3rd floor 10:00 Manicures & Pedicures 10:00 Show & Share 1:30 Bingo 4:00 3rd floor Happy Hour & Games 4:00 Happy Hour	**26** 8:30 Life Quest 10:00 Dominoes 10:00 Jewelry Conversion 11:00 Pottery 1:00 Cards/3rd floor 2:00 Butch Money Gospel Performs 2:00 Library Committee Meeting 2:30 Tech Visits 4:00 Happy Hour	**27** 8:30 Life Quest 10:00 Wii Sports 11:00 One on One Visits 2:00 Yoga 3:00 Bea Blessed Bakery 4:00 3rd floor Happy Hour & Games 4:00 Happy Hour 7:00 Fall Bingo Night	**28** 9:30 Communion 10:30 Aerobics Class 11:15 Lunch Bunch - Cheddars 1:30 Bingo 2:30 Tech Visits 4:00 Happy Hour 4:30 Name That Tune	**29** **AR Razorbacks Game TBA** 1:00 Conversation Club/Atrium 2:00 Pinochle/Atrium 4:00 Happy Hour 6:30 Saturday Night Movie Continued at top