



## Wellsprings Assisted Living

31	Apr 1	2	3	4	5	6
	Rosemary Roasted Turkey Cheesy Potato Rounds Green Beans Baked Roll Bread Pudding	Melt In Your Mouth Chicken Delicious Rice Mixed Vegetables Berry Cobbler	Ham and Potato Casserole Parsley Carrots Baked Roll Angel Food Cake	Beef Parmesan Patty Ranch Potato Bake Sauteed Zucchini Baked Roll Cheesecake/Fruit Topping	Blackened Chicken Rice Coleslaw Baked Roll Dump Cake	Shepherd's Pie Green Salad Baked Roll Chocolate Sugar Cookies
7	8	9	10	11	12	13
Beef Roast/Gravy Fresh Mashed Potatoes/Gravy Roasted Carrots Baked Roll Yogurt Jello Salad	Chicken/Mushroom Gravy Rice Pilaf Broccoli Baked Roll Swirled Apple Sour Cream Cake	Turkey Piccata Boiled Potatoes Corn Cornbread Ice Cream	Salisbury Steak Cheesy Scalloped Potatoes Garden Green Salad Baked Roll Mounds Bar	Jeweled Pork Roast Baked Macaroni Cheese Mixed Vegetables Whole Grain Bread Blueberry Cream Angel Dessert	Meat and Potato Casserole Sauteed Red Cabbage Cornbread Texas Sheet Cake	Herb Roasted Turkey Fresh Mashed Potatoes/Gravy Vegetable Medley Caramel Apple Dessert
14	15	16	17	18	19	20
Baked Ham/Peach Sauce Baked Sweet Potato Greens Baked Roll Blueberry Pie/Topping	Chicken Cordon Bleu Open Face Red Potatoes Capri Blend Baked Roll Soft Brown Sugar Cookie	Seasoned Meatballs/Gravy Penne Pasta Seasoned Cauliflower Baked Roll Mississippi Mud Cake	Roast Pork/Ginger Glaze Roasted Potato Medley Sauteed Yellow Squash Baked Roll Fruit Crisp	Hamburger Steak/Onions Ranch Mashed Potatoes Mixed Vegetables Baked Roll Bread Pudding	Cod Fillet Parsley Rice Steamed Broccoli Baked Roll Frozen Sherbet Dessert	Lemon Oregano Turkey Bread Stuffing Roasted Brussels Sprouts Baked Roll Mandarin Orange Cake
21	22	23	24	25	26	27
Beef Pot Roast Herb Mashed Potatoes Roasted Carrots Baked Roll Lemon Meringue Pie	Honey Roasted Chicken Thigh Seasoned Rice Garlic Green Beans Baked Roll Peach Crisp	Pork Chop Dijon Smashed Sweet Potatoes Harvard Beets Baked Roll Pineapple Upside Down Cake	Salisbury Steak/Gravy Baked Potato Peas/Mushrooms Double Chocolate Chip Cookie	Grilled Chicken Breast Creamy Pasta Alfredo Mixed Vegetables Baked Roll Blueberry Cream Angel Dessert	Sour Cream Crusted Tilapia Rice Pasta Pilaf Sauteed Spinach Baked Roll Lemonade Cake	Pineapple Meatloaf Fresh Cooked Yams California Normandy Blend Baked Roll M&M Bar Cookie
28	29	30	May 1	2	3	4
Seasoned Baked Chicken Roasted Red Potatoes Green Beans Baked Roll Peach Pie	Orange Herb Pork Roast Glazed Sweet Potatoes Asparagus Baked Roll Oreo Delight	Beef Tips Best Noodles Peas and Onions Baked Roll Peanut Butter Bars				