



**UNIVERSITY OF HEALTH
AND ALLIED SCIENCES**
— Health for Development —



**HO TEACHING
HOSPITAL**
Save a Life, Save the World

SAY NO TO CORONAVIRUS IN HO

Know how to protect yourself

A public awareness campaign
in Ho Municipality by
University of Health and Allied Sciences, Ho
in collaboration with Ho Teaching Hospital

www.uhas.edu.gh/en/coronavirus.html



What is novel coronavirus disease?

The name of the disease is novel coronavirus disease, also known as COVID-19.

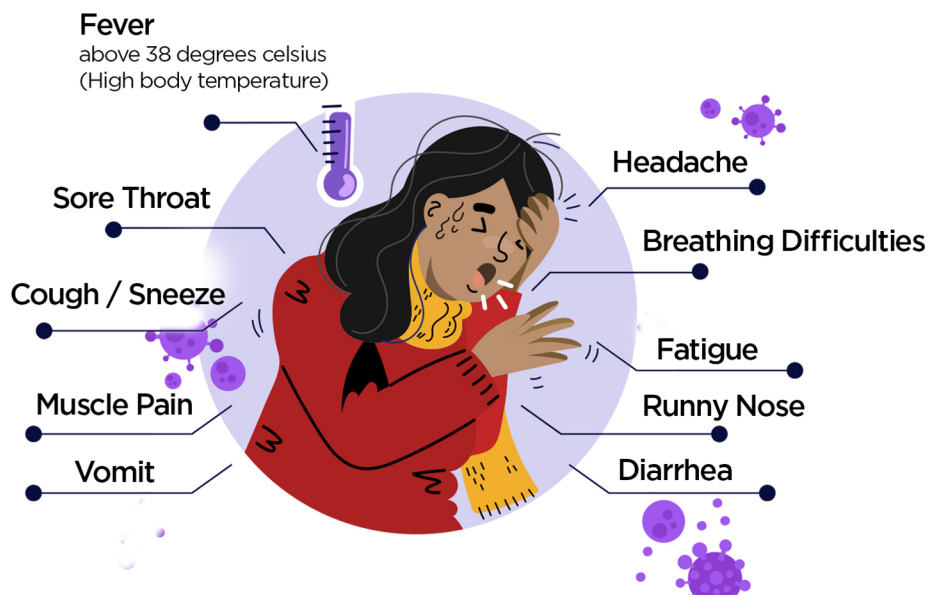
It is a new form of human coronavirus infection that is associated with respiratory illness.

Information Hotline | Reporting Hotline | Ambulance Hotline
036 219 6122 | **059 500 5884** | **029 937 5712, 050 161 4870, 054 081 3078**
Facebook/LinkedIn/Twitter/Instagram: @UHASGhana



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Coronavirus symptoms



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How does coronavirus spread?



Droplets from Coughs / Sneezes
from an infected person

Contact with an infected person, object or animal.



Electronic Devices



Door Knobs



Food



Utensils



Stationery



Towels / Tissues



Railings

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How can you protect yourself against coronavirus infection?



Wash your hands often

Wash your hands with soap and water for at least 20 seconds. You may also use an alcohol-based hand sanitizer.



Sneezing / Coughing Etiquette

Cover your mouth and nose with the inside of your elbow or a tissue when you cough or sneeze. Dispose of used tissue immediately.



Avoid touching your face

Avoid touching your eyes, nose and mouth with unclean hands.



Safe distance

Avoid handshakes or close contact, keep a safe distance of at least 1 metre (3 feet) between you and anyone coughing or sneezing.

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Hotline numbers to seek medical help



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Reporting Hotline
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