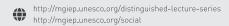
UNESCO MGIEP

The UNESCO Mahatma Gandhi Institute of Education for Peace and Sustainable Development (MGIEP) was established in 2012 by the generous support of the Government of India. The Institute is an integral part of UNESCO and it is the first and only Category I Research Institute in the Asia Pacific.

UNESCO MGIEP focuses on Sustainable Development Goal (SDG) 4.7 towards education for building peaceful and sustainable societies across the world. In line with its vision of 'Transforming Education for Humanity', the Institute employs the whole-brain approach to education, with programmes that are designed to mainstream Socio-Emotional Learning in education systems, innovate digital pedagogies and to put youth as global citizens at the centre of the 2030 agenda for Sustainable Development.

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WELL-BEING IS A SKILL

Richard J. Davidson

'Named by Time Magazine as one of "The 100 Most Influential People in the World" in 2006'

Presided by Dr. Karan Singh, Chair of the Governing Board, UNESCO MGIEP

FRIDAY, DECEMBER 7, 2018

VENUE: Teen Murti Bhavan, Teen Murti Marg Area, New Delhi, India



Richard J. Davidson

Dr. Richard Davidson is the William James and Vilas Research Professor of Psychology and Psychiatry and Founder & Director of the Center for Healthy Minds, University of Wisconsin-Madison. Davidson's research is broadly focused on the neural bases of emotion and emotional style and methods to promote human flourishing including meditation and related contemplative practices. He has published over 400 articles, numerous chapters and reviews and edited 14 books. He is the author (with Sharon Begley) of "The Emotional Life of Your Brain" published in 2012 and co-author with Daniel Goleman of "Altered Traits" published in 2017. He was elected to the National Academy of Medicine in 2017. and appointed to the Governing Board of UNESCO's Mahatma Gandhi Institute of Education for Peace and Sustainable Development (MGIEP) in 2018.

Distinguished Lecture Series // Prof. Davidson

DATE

December 7, 2018

TITLE OF KEYNOTE

Well-being is a skill

PRESIDED BY

Dr. Karan Singh, Chair to the Governing Board, UNESCO MGIEP

AGENDA

6:00 pm - 6:30 pm: Registration and Seating

6:30 pm - 6:40 pm: Welcome Note

6:40 pm – 6:50 pm: Welcome Note by Dr. Anantha Duraiappah, Director, UNESCO MGIEP

6:50 pm - 7:00 pm: Opening Remarks by Dr. Karan Singh, Chair to the Governing Board, UNESCO MGIEP

7:00 pm – 7:45 pm: Keynote Lecture by Prof. Davidson

7:45 pm - 8:00 pm: Q & A session

8:00 pm –Closing remarks, followed by High Tea



DETAILS

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