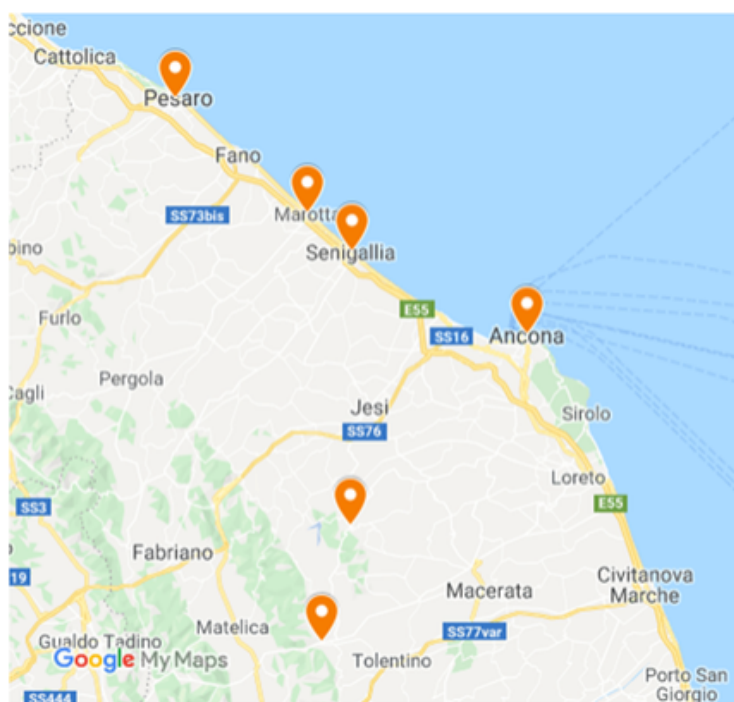




# VOLUNTEERING IN ITALY!













## VOLUNTEERING OPPORTUNITIES IN MARCHE REGION COORDINATED BY THE ASSOCIATION VICOLOCORTO

Vicolocorto offers to youngsters between 18 - 30 years old the possibility to live a volunteering experience, short or long-term, in Pesaro and in the Marche Region (Italy). There are several possibilities for volunteering, take a look at the one that fits mostly with your profile!



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## THE SELECTION PROCESS

1. Send your **CV** and a **cover letter** related to the project to [candidates@vicolocorto.org](mailto:candidates@vicolocorto.org)
2. Then you **will be contacted for a Skype interview**. There is no need of speaking good English, in case you can ask your sending organization to help you. **Don't worry, it will not be a job interview or an English test** but it will be an opportunity to know your personal motivation and expectation and to discuss about the project, the city and the opportunities.

## THE PROFILE OF THE VOLUNTEERS

**The volunteer's profile our organization is looking for is based on the following criteria:**

- **Personal motivations.** We value the volunteers' interest in the programme proposed and the expectation towards this experience more than specific skills: everything you need to do your service will be learnt here!
- **English and Italian level.** Italian or English are not needed, of course, a survival level will be helpful to get by in everyday needs, especially because you will be probably in touch with people who don't generally speak foreign languages. This experience is also your opportunity to improve your communication skills!
- **Interest in working with people.** Working with people is essential to our work. We also value creative, proactive and self-motivated people.



## MORE ABOUT THE SELECTION PROCESS

**VICOLOCORTO** is the **Coordinating Organisation** taking care of the practical, follow-up, support and training arrangements **during your volunteering project**.

On the other side, **you will participate as volunteer within a Hosting Organisation** who will be in charge of all the issues referring your volunteering activities (holidays, tasks, schedule, follow-up, support, etc...).

As a very quick view, **Vicolocorto has more than 10 years experiences in the field of Mobility projects and Volunteering** and we have been coordinating more than 200 host volunteering mobilities so far. It is very important for us that you enjoy this opportunity to live an immense and intense learning journey. **We really need to underline some important points and really need you to know and agree with all the logistical points to avoid any misunderstanding once here.**

**CAROLINA**, will take care of the selection process.

### Nice to meet you!

I will be the one writing to you on [candidates@vicolocorto.org](mailto:candidates@vicolocorto.org) and we will get to know each other during a Skype interview. I am waiting to know your motivation and I am ready to answer to all your question!







# MORE INFO BEFORE LEAVING

## ACCOMODATION

You have the opportunity to enjoy the volunteering life **in a flat with other volunteers**. Cleanliness is everyone's job. Volunteers are expected to reach an agreement on planning house cleaning. If you have problems finding an agreement, we help you and support you in finding a solution.

Sharing, we know, is not easy, it is even harder when you do not know the other people you are living with, who have decided as you, to start this experience. But **flexibility, understanding** and most of all **communication** are the keys for having a positive experience, even if everything won't be perfect!

**The lodging of anyone outside our project (friends, family, etc ...) is not allowed.**

## ATTITUDE

You will spend most of the time with different people (target groups, professionals, local volunteers, etc...) who are anxious to know you, to show you who they are and what they can do, to teach you at different levels, to give you warmth and their confidence. **The impact that you can bring as a volunteer is greater than you can expect.** You need to receive but also to give back. **Participation, initiative, sense of responsibility and flexibility** are important and welcome. From both parts (Coordinating and Hosting organisations), we hope to make you feel comfortable, empowered and proactive.

All the persons involved in the project are always trying their best to reach your expectations, if you show the willingness to do so.



# WHERE?

## PESARO



Pesaro is a city and Municipality in the Italian region of Marche, capital of the Province of Pesaro e Urbino, on the Adriatic Sea, with a population of around 95.011 inhabitants, making it the second most populous city in the region, after Ancona.

Pesaro is recognised as "Cycling City" (Città della Bicicletta) in recognition of its **extensive network of bicycle paths** and promotion of cycling. It is also known as "**City of Music**" as it is the birthplace of the composer **Gioacchino Rossini**. The historical centre of Pesaro is rich of points of interest like Palla di Pomodoro, the Conservatorio, the theatre, the museums, the fountain in the main square and casa Rossini.

It is located between **two coastal hills**, the San Bartolo and the Ardzio, so you can **enjoy both the seaside and hiking in the hills**. The San Bartolo, in particular, is a Natural Park so you can also discover its beauty and the small towns near it.

Thanks to Rossini, **Pesaro is famous for Pizza Rossini**: a pizza garnished with tomato sauce , mozzarella, boiled eggs and mayonase. It can sound weird at the beginning, but you have to try!



**Topic:** Educational and promotional activities  
**Number of volunteers hosted at the same time:** 4  
**Type of project:** Long-term  
**Place:** Pesaro, Italy

# ASSOCIAZIONE VICOLOCORTO



English conversation workshops

School workshops

Summer Camps

## The association

The association Vicolocorto is a cultural youth **association that specializes in youth work and international mobility**. It is based in Pesaro and works at a regional level (Regione Marche) cooperating with private and public institutions. The main activities of the association are connected with European projects since Vicolocorto works as coordinating organisation for different volunteering projects in the region and is part of several national and international networks.

The main activities of the association are connected with international mobility. The association mainly organises **intercultural** and **educational activities** and **English conversation workshops** and non formal activities aimed at improving the practice of foreign languages. Moreover, an important part of the activities is connected with the **promotion of the opportunities of international mobility** in schools, Youth Info Points and Job Centres. Finally, Vicolocorto is partner of different strategic partnerships with other European countries and writes **publications** on formal education and on youth work quality at a European level.





Talk together - English conversation activity



Vicolocorto staff and the volunteers



Summer camps



Volunteers during a training week in Vicolocorto






Send your **CV** and a **cover letter** related to the project you like (both in English) to [candidatesevicolocorto.org](https://candidatesevicolocorto.org) we will let you know if we have any vacancy good for you!

## Tasks of the volunteers

The volunteers will support the activities of the Association Vicolocorto, like for example:

- **Join the staff on promotional activities** about Erasmus+ mobility opportunities through leafleting, online communication and peer-to-peer interactions, meetings and events in Vicolocorto office, in Youth Information Centre, in High Schools and Universities.
- Take part to **English conversation workshops**, peer to peer language exchange with local youth in Pesaro and neighbouring cities;
- **School workshops** about intercultural issues and promotional activities about volunteering;
- Activities of **homework support** with children and youngsters;
- Support to children **summer camps**;
- **Use the media** (like making videos, blog articles, etc.) and the social networks to share their volunteering experience and to promote volunteering projects.

*you can find us on social media!*   

**Curious about the association? Check the association's Youtube channel and the blog:**

[https://www.youtube.com/channel/UCp1HcvgsOATDk\\_iSWPEYv8g/video](https://www.youtube.com/channel/UCp1HcvgsOATDk_iSWPEYv8g/video)  
<https://vicolocortini.wordpress.com/>

**Moreover, on the association website, you can find useful links:**  
[www.vicolocorto.org](http://www.vicolocorto.org)



Croce Rossa Italiana  
Comitato di Pesaro

**Topic:** Activities in the local Committee of the Red Cross

**Number of volunteers hosted at the same time:** 6

**Type of project:** Long-term

**Place:** Pesaro, Italy

# CROCE ROSSA ITALIANA - COMITATO LOCALE DI PESARO



The main building of the Red  
Cross of Pesaro



Events



Food distribution

## The Committee

The Italian Association of the Red Cross aims to provide health and social care both in times of peace and in times of conflict. The guarantee and guide of the actions of every volunteer and employee of the Red Cross are the **seven Fundamental Principles** of the International Movement of the Red Cross, which constitute its spirit and ethics: *Humanity, Impartiality, Neutrality, Independence, Volunteerism, Unity and Universality*.

The **Committee of Pesaro** is today a reality that **can count on over 300 volunteers engaged in different activities**, divided into six macro areas: health, social, emergencies, principles and values, young people and development.

Every year, the local Committee of Pesaro organises the "**Run for Red Cross**" **marathon**, which is an important event to raise funds that attracts around 400 runners for 10 km.





Youthpass ceremony



Informative event



Run for Red Cross Marathon



Croce Rossa Italiana  
Comitato di Pesaro




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## Tasks of the volunteers

The volunteers will be involved to the activities organised by the local Red Cross in 5 different areas. **The volunteers WILL NOT be involved in emergency situations and WILL NOT deal with First Aid interventions.**

They will be involved in the following activities:

- **Social and cultural entertainment activities** in rest homes for elderly people;
- **Food distribution** activities: the volunteers will take part to distribution of food to poor families;
- **Homeless support** activities: they support the homeless with the distribution of blankets and warm food in winter and with the distribution of food and water in summer;
- **Information and awareness campaigns**: meetings with students and organising prevention and intervention workshops about different topics and issues (first aid, drug and alcohol abuse, prevention of diseases...);
- **Fundraising office**: support in the fundraising campaigns, as the annual charity event.

*you can find us on social media!*  

**For more information:** <http://www.cripesaro.org/evs/>

**Here you can find the video about one of the activity organized by the Red Cross of Pesaro:**

**<https://www.youtube.com/watch?v=--vBlpIT8zE>**

**Topic:** Activities in a Youth Centre with children and youngsters

**Number of volunteers hosted at the same time:** 4

**Type of project:** Long-term

**Place:** Pesaro, Italy

# YOUTH CENTRE TOTEM



The main building of the Youth Centre



The outside garden



Pottery workshop

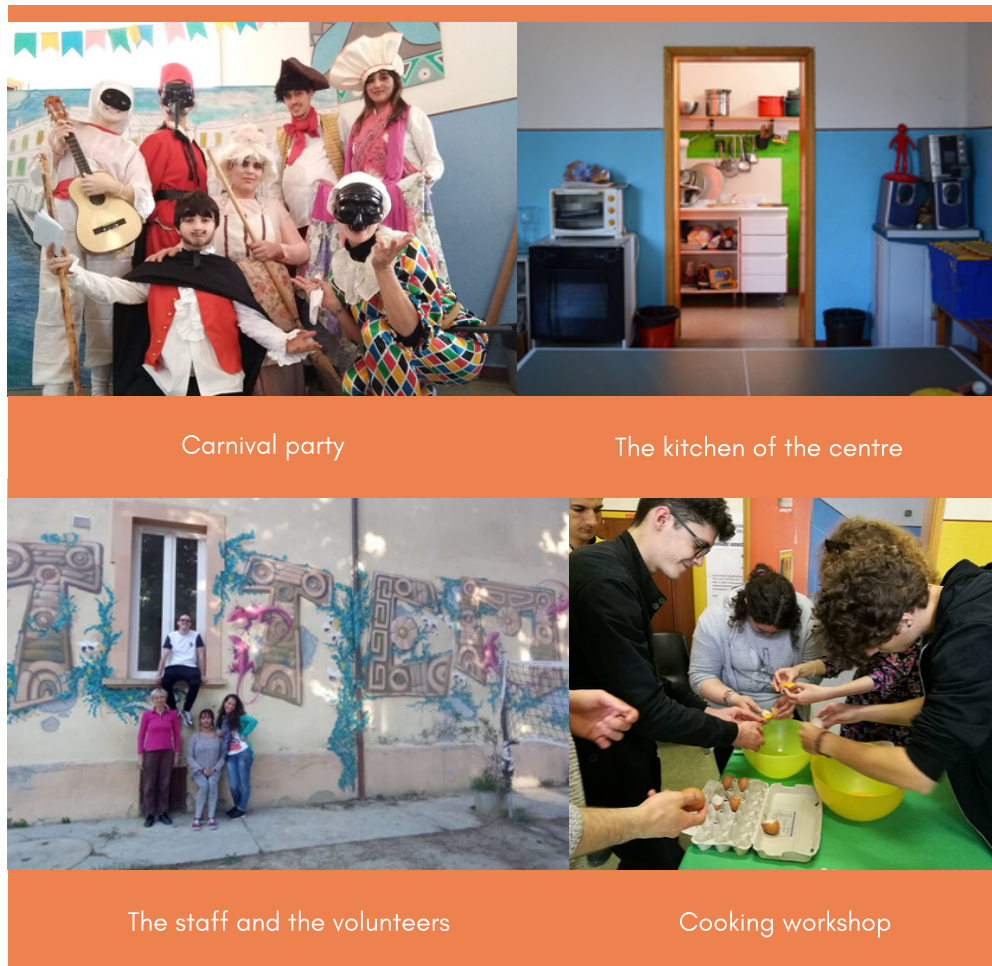
## The Centre

The Youth Centre TOTEM is located in a **suburban area of Pesaro** and it involves **youngsters and children with disabilities** aiming at reinforcing the sense of inclusion and community.

The Centre is open every afternoon from 3 to 8 o'clock. Since the Centre has a kitchen, every Wednesday they have dinner together and the staff is there also in the evening. The **target groups are both children and youngsters until 30**: Monday and Wednesday are the days where there are more activities dedicated to youngsters, whereas the other days are dedicated to children. There is a great sense of cooperation that breaks down the age barrier anyway.

The main objectives of the youth center are to **promote active citizenship** through activities and debates and to **promote inclusive and integration process among youngsters** through socialization activities without barriers.





Carnival party

The kitchen of the centre

The staff and the volunteers

Cooking workshop





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## Tasks of the volunteers

The TOTEM Youth Centre organizes **daily activities for children and young people**. The activities also involve children and young people with disabilities and aims to strengthen the sense of community in the suburban area of Pesaro by providing social services aimed to reinforce the action towards inclusion.

The volunteers will be involved in the daily activities of the Youth Centre, such as:

- **Homework support** for youngsters and kids;
- **Games** and **sport** inside and outside the Centre;
- **Creative** and **artistic workshops**;
- **Linguistic** and **intercultural activities**;
- **Events** in cooperation with other Youth Centres of Pesaro.

*you can find us on social media!*  

**Curious about the Centre? Check the video and the articles created by the volunteers:**

<https://vicolocortini.wordpress.com/2019/02/25/totem-youth-centre/>  
<https://www.youtube.com/watch?v=FoU9znFLwH8>

**Topic:** Activities with people with disability

**Number of volunteers hosted at the same time:** 2

**Type of project:** Long-term

**Place:** Pesaro, Italy



# AIAS - ASSOCIAZIONE ITALIANA ASSISTENZA SPASTICI



Trips around Pesaro



The common lunch



Creative workshop

## The association

AIAS, Provincial Section of Pesaro and Urbino, is an NGO that works to **protect the rights of disabled people by promoting initiatives and activities aimed at satisfying the needs of all adults with serious psycho-physical disabilities** and at improving their quality of life.

AIAS deals, in fact, with people with severe mental and physical disabilities trying to guarantee them a better life and a real social integration. Therefore, the association is there to support people with disabilities, but also to **inform the community regarding the problems of persons with disabilities and their families**, in order to contribute to their full social integration in the community.

The section of Pesaro manages a **Daily Centre** and a **Residential Centre**. The "Anna Giardini" Rehabilitation Day Centre is open from Monday to Friday providing its services to about 14 people with severe and medium serious disabilities.

It remains open from 9:00 am to 5:00 pm, guaranteeing its guests a complete meal, that they have all together.





Cooking workshop



Drawing workshop



Creative workshop



Sport event




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## Tasks of the volunteers

The section of Pesaro manages a Daily Centre where the volunteers will be involved in the following activities:

- **Music Workshops** that facilitate and foster communication, relationship, learning, motor skills, expression, organization and other relevant therapeutic goals in order to meet physical, emotional, mental, social and cognitive needs.
- **Cooking workshop:** since they all have lunch together everyday, they organise cooking workshop to learn to cook first and then to share the meals.
- **Trips around the city:** the association tries to make the users of the centre move around our city. Since they are not able to do it on their own, the social workers support them in moving, like going to the market, having a walk on the beach or having a meal all together outside the centre.

*you can find us on social media!* 

Here you can find a video of A.I.A.S. Pesaro and if you want to get to know them better, watch their interview!

[https://www.youtube.com/watch?v=h2owFKl\\_u7A](https://www.youtube.com/watch?v=h2owFKl_u7A)  
<https://www.youtube.com/watch?v=v1rflpb-KXE&fbclid=IwAR1mxdDECZg6ulVcNj-igNrKXkhzn7b1KpFmw5vdrOJHXMNQv2E850nDgLg>



**Topic:** Activities with people with disability

**Number of volunteers hosted at the same time:** 2

**Type of project:** Long-term

**Place:** Pesaro, Italy



# T41A - COOPERATIVA SOCIALE



The main building



Creative workshop



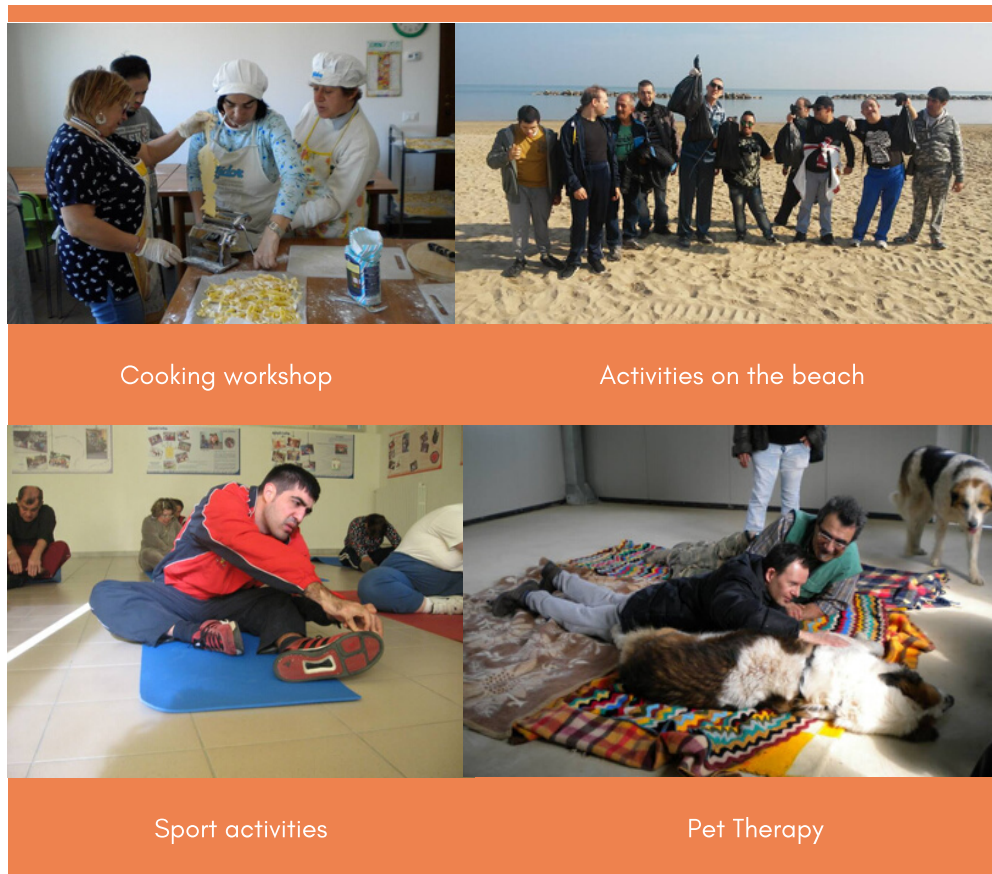
Cooking workshop

## The Centre

The "T41A" Daytime Social Rehabilitation and Educational Centre is a place that aims at **social integration for people with disability through the development of the maximum personal autonomy possible, the learning of technical and operational skills and the improvement of communication skills.**

It promotes the use of the resources available in the territory, so as to promote the exchange between the Centre, its users and the local community, avoiding the marginalization of people.

The Day Centre allows a daily life according to the rhythms that safeguard and enhance individual and group meetings between users and operators. The service has the additional objective of activating **different organizational models defined as mixed "School - Day Centre" paths**, which benefit not only its users but also **young students with disabilities, unable to live a real integration within the social context**, such as the school for example, offering an acquisition of experiences in a protected and safe context represented by the Day Centre. They cooperate with other local realities, and they managed to **organise a musical in the theatre** and **a movie** in the cinema with their users as actors and now they are starting to film the second movie.



Cooking workshop

Activities on the beach

Sport activities

Pet Therapy

TI  
QUA  
RANT  
UNO




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## Tasks of the volunteers

The volunteers will be involved in the following activities:

- **Theatre/acting workshop:** every year the Centre has a project in cooperation with other local realities about acting.
- **Music Workshop:** this is a group activity based on rhythm and self-expression through music.
- **Cooking workshops:** on a weekly basis, the staff organise cooking workshops so that the users can be involved in the cooking activities and learn new skills.
- **Dance workshop:** this is a group workshop, through which the users are free to move around and dance in order to discharge their energy and emotions.
- **Outdoor activities:** from time to time, the staff organise outdoor activities for the users of the Centre that can help them to discover the city where they live and to build a relationship with nature.

*you can find us on social media!* 

**Are you curious about the Centre? Take a look at the videos on their Facebook page:**

[https://www.facebook.com/pg/t41acooperativasociale/videos/?ref=page\\_internal](https://www.facebook.com/pg/t41acooperativasociale/videos/?ref=page_internal)



**Topic:** Activities in the field of social agriculture

**Number of volunteers hosted at the same time:** 2

**Type of project:** Long-term

**Place:** Pesaro, Italy



# CAMPO BASE



One of the buildings



Workshop for children



The fields

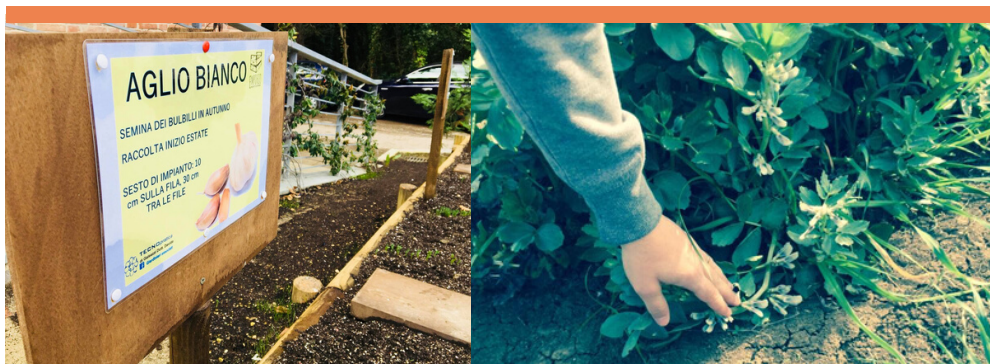
## The cooperative

CAMPO BASE is a social cooperative and it was established as a type B social cooperative, which means **its main aim is the inclusion of disadvantaged people and people with fewer opportunities through work integration activities**. It operates in the sector of fruit and vegetable and livestock sector according to the organic method.

They organise **social integration activities** thanks to projects with schools and other urban realities. This last innovative aspect of the company allows to bring any citizen closer to new realities, such as **disability** and **respect of the environment** in which we live.

Today Campo Base, together with its working partners, **cultivates about ten hectares of land** (vegetables) and raises a small courtyard animals, following a **natural, ecological method** and above all respecting the individual.

They support **the principle of "ZERO WASTE"**, since all waste is reused not only for feeding the chickens but also for composting. In this sector too, both agricultural workers and workers from disadvantaged categories are involved. They sell their agricultural products in the market in a shop and in a restaurant that they manage.



The plants



The preparation for the plants

The staff




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## Tasks of the volunteers

The volunteers will be involved in the following activities:

- **Activities of transplanting and sorting:** the volunteers will support the staff and the users of the cooperative in transplanting plants in the vegetable garden and in keeping the plants free from animals and from other infesting plants. Once the plants have grown, they will support in the picking and sorting of the vegetables.
- **Gardening and cleaning:** the volunteers will support the staff in keeping clean the green areas where they work. They will take care of the flowerbeds and of the common areas.
- **Care of the poultry:** the cooperative grows poultry in the farm and the volunteers will support the staff in the animal care by helping them with the feeding and management of the henhouse.
- **Activities with children:** they organise educational activities for schools and children in order to raise awareness about ecology and respect of our planet. The volunteers will support in the organisation of these events and activities and they will support the staff in the implementation phase.

*you can find us on social media!* 





# WHERE?

## MAROTTA



**Marotta** is a small town located directly on the beach in the province of Pesaro and Urbino in the Marche region. It has around 12.500 inhabitants and part of its municipality is the **close town of Mondolfo**, which is located on a hill and it is among the most beautiful small towns in Italy.

In being a seaside town, Marotta is **very crowded in summer** when the **beautiful beaches** welcome all tourists that want to relax and have parties on the beach. The train station is exactly in the city, which makes it very easy to travel around Italy.





**Topic:** Activities in the local Committee of the Red Cross

**Number of volunteers hosted at the same time:** 2

**Type of project:** Long-term

**Place:** Marotta, Italy



**Croce Rossa Italiana**  
Comitato di Marotta-Mondolfo

# CROCE ROSSA ITALIANA - COMITATO DI MAROTTA E MONDOLFO



Informative event



Awareness campaign

## The Committee

The Italian Association of the Red Cross aims to provide health and social care both in times of peace and in times of conflict. The guarantee and guide of the actions of every volunteer and employee of the Red Cross are the **seven Fundamental Principles** of the International Movement of the Red Cross, which constitute its spirit and ethics: *Humanity, Impartiality, Neutrality, Independence, Volunteerism, Unity and Universality.*

**The Committee of Marotta e Mondolfo is located in Marotta.** It is supported by volunteers active in the fields of: social assistance, medical support, emergency response, first aid and training. The services implemented within each operative area, address the most vulnerable members of the local community, in particular elderly, sick people and people at risk of exclusion. These services are complemented with activities of fundraising, awareness and sensibilisation campaigns and initiatives which can allow the hosted volunteers to gain a 360° learning experience in both operational and planning tasks.



Croce Rossa Italiana  
Comitato di Marotta-Mondolfo



Activities with the elderly



First Aid Course

Events



Send your **CV** and a **cover letter** related to the project you like (both in English) to [candidates@vicolocorto.org](mailto:candidates@vicolocorto.org) we will let you know if we have any vacancy good for you!


## Tasks of the volunteers

The volunteers will take part in the activities of the Local Committee of the Red Cross of Marotta-Mondolfo, supporting their staff and volunteers. **The volunteers WILL NOT be involved in emergency situations and WILL NOT deal with First Aid interventions.**

In particular, the volunteers will be involved in the following activities:

- Support to **children with autism** on their way to the school;
- Support to **elderly and people with disability** on their way to the hospital;
- **Educational** and **informative activities** and workshops inside schools;
- Support in the organisation and implementation of **events** organised by the Local Committee of Marotta-Mondolfo about HIV prevention and healthy lifestyle promotion.

**Each volunteer can take part in the courses organised by the local Committee, such as the First Aid course, in order to acquire professional training.**

*you can find us on social media!* 





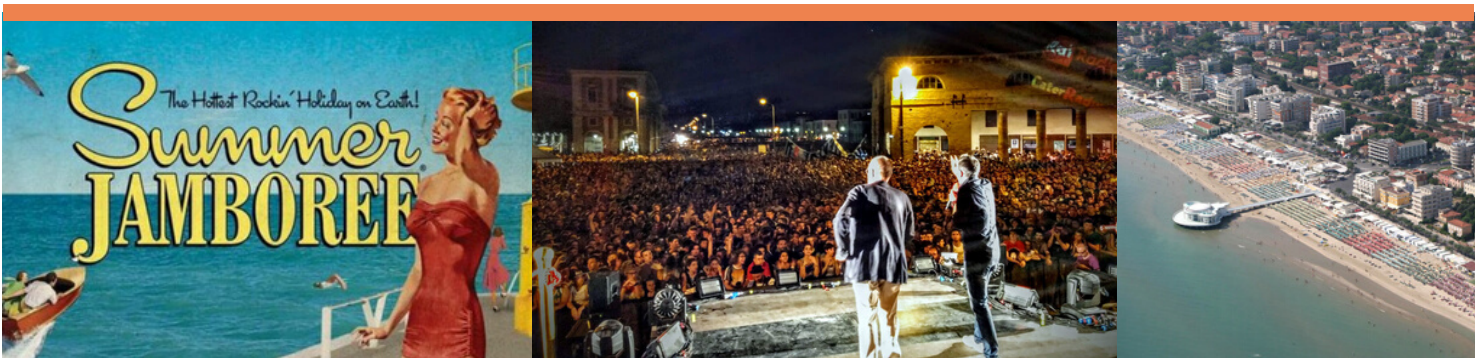
# WHERE?

## SENIGALLIA



Senigallia is a municipality and port town on the Adriatic coast in the Marche region. It is situated in the province of Ancona and it counts around 44.460 inhabitants. Senigallia is an important touristic destination, especially in summer with **his velvet beaches** and **spectacular festivals**. In particular, each August the "Summer Jamboree" Festival animates the city with music, art, shows and markets coming directly from the Fifties. There's also a nationally recognised music event during which different Italian singers take part for free concerts.

The Rotonda a Mare is the typical postcard of Senigallia: it was built at the beginning of the 20th century and it is now one of the main places for conventions and art exhibitions. The beaches are always crowded in summer and various cultural events animate the other seasons.



**Topic:** Activities with adults and children who are mainly migrants

**Number of volunteers hosted at the same time:** 4

**Type of project:** Long-term

**Place:** Senigallia, Italy

# CENTRO INTERCUTURALE LE RONDINI



Sewing course for women

Workshop with children

Homework support

## The Centre

The Intercultural Centre "le Rondini" is a daily multicultural centre for children and teenagers created by Le Rondini Onlus whose aim is to **provide spaces and moments for social inclusion, intercultural learning, active citizenship, fostering youth participation.**

Its main activity consists in **supporting the after school daily tasks of children and youngsters between 6 and 16 years old.** They organize recreational activities **for Italian and foreign children, especially non-European migrants,** and create a network of relations offering **learning activities for their families** (in particular Italian language courses and the sewing course for mothers and women).

The Intercultural Centre is **open on a daily basis** and has a permanent partnership with the town hall of Senigallia and with many local primary and secondary schools in order to promote volunteering and social inclusion through active participation, intercultural approach and active citizenship.





Homework support

Sewing course for women



Creative workshop

Italian Language course




Send your **CV** and a **cover letter** related to the project you like (both in English) to [candidates@vicolocorto.org](mailto:candidates@vicolocorto.org) we will let you know if we have any vacancy good for you!

## Tasks of the volunteers

The volunteers will be involved in the following activities:

- **Homework support** for immigrant and Italian children;
- **Activities with immigrant women**, especially support to the sewing course and Italian language course;
- **Promotional activities** and **linguistic workshops for youngsters** in cooperation with the Youth Info Centre of Senigallia;
- **Events** in cooperation with other local organisations to promote cultural diversity and European opportunities for youngsters;
- **Summer camps** for children.

*you can find us on social media!* 

**Are you curious about the Centre? Take a look at the video and the articles that the volunteers created during their project.**

<https://www.youtube.com/watch?v=XK4j5ut8Pjg&t=2s>  
<https://vicolocortini.wordpress.com/2019/07/04/living-adventures-and-following-the-spur-of-the-moment-has-always-been-my-thing/>



**Topic:** Sport activities in the field of table tennis  
**Number of volunteers hosted at the same time:** 2  
**Type of project:** Long-term  
**Place:** Senigallia, Italy



# CENTRO OLIMPICO TENNISTAVOLO



The main building of the Centre

Table Tennis course for children

Summer camps

## The Centre

The Olympic centre was established in 1955 and since then it has allowed to practice both social and competitive table tennis. It follows the principles of the European Chart of Sport (Rodi 1992) and for this reason **it turns to youth, adults and seniors with no discrimination** based on sex, race, religion or position.

Main goals of the organization are **integration, socialization, education, physical activities, competitive sport activities, promotion of diversity, tolerance and respect, critical thinking, initiative spirit of youth** and **prevention of violent radicalization**.

Our organization carry out different activities for 120 members from 8 to 78 years old, of which, 50% is under the age of 18, males and females, both with disabilities and without, both Italian and foreign. In addition, we **work closely with local schools** of Senigallia, with **Social Service of the town hall**, with **different charities for special needs** children and with the **Italian table tennis federation**. Part of the activities includes regional and national tournaments, training and teaching modules, recreational games and leisure activities.



Course for beginners



Event Pink Pong



Course for adults



Tournaments




Send your **CV** and a **cover letter** related to the project you like (both in English) to [candidatesevicolocorto.org](https://candidatesevicolocorto.org) we will let you know if we have any vacancy good for you!

## Tasks of the volunteers

The volunteers are involved in the activities organised by the Centre like:

- Support to **courses** of table tennis **addressed to adults and children**;
- Support to sport and **table tennis workshops** with **Primary School's pupils**;
- Support as **sparring partners** to **professional players trainings**;
- Logistic support to **events** and **tournaments**;
- **Integration activities for young people with mixed disabilities**;
- **Maintenance** of the TennisTavolo facilities.

*you can find us on social media!* 

**Are you curious about the Centre? Take a look at their Youtube Channel!**

<https://www.youtube.com/user/TTSenigallia>





# WHERE?

## ANCONA



**Ancona** is the main city of the Marche region, it is located on the Adriatic coast and it counts around 102.000 inhabitants. The city is located between the slopes of the two extremities of the promontory of Monte Conero, Monte Astagno and Monte Guasco: that is why it is not only a **beach destination** but also a hiking one. Ancona is the main seaport of the region, so it is **easy to travel** here by boat.

In being the main and biggest city of the region, there are **a lot of events** and also important **concerts** organised during the year.

One of the symbols of the city is the **"Passetto"**, a rocky beach which is accessible by long stairs and which is a typical summer destination for locals.

The **Monte Conero** is a natural park and it has different hiking trails that can bring you to the most famous and beautiful beaches of the entire region.





**Topic:** Activities with people with disability

**Number of volunteers hosted at the same time:** 4

**Type of project:** Long-term

**Place:** Ancona, Italy



# CENTRO PAPA GIOVANNI XXIII



Creativity workshop



Solidarity catering



Orienteering workshop

## The Centre

The cooperative Centro Papa Giovanni XXIII was founded with the aim of creating **spaces for aggregation and animation for people with disability**, thus responding to a real need of a part of the citizenship.

Centro Papa Giovanni XXIII manages **Day Centres** and **Residential Centres** for people with disability and **their users are from 25 to 63 years old**. The activities the Centres offers to them are diversified and have educational purposes: the workshops usually change every week and also according to the season and the period of the year.

In the cooperative there is a high level of democracy and the staff tries to be as inclusive as they can but they know that their work alone is not enough, that is why they have built a **network with other local realities** in order to foster inclusion for people with disability not only in their facilities but also outside.

In general, they have 28 disabled people between 26 and 64 years old coming to the Day Centre and 8 or 9 disabled people for each Residential Community.



Sport activities

Workshop room



Music workshop

Eating all together





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## Tasks of the volunteers

The volunteers will support the staff of the Day Centre and Residential Centre in the organisation.

The volunteers will be involved in the following activities:

- **Theatre workshops**
- **Cooking workshops:** they have a solidarity catering in which the users of the Centre are involved. They learn first how to cook thanks to the workshops and then they take part in the solidarity catering during party or events.
- **Solidarity wedding favours:** some users of the Centre prepare on their own wedding favours with special instruments that have been designed for them to use independently.
- **Orienteering and autonomy/independence workshops:** these workshops are intended to help the users to improve in terms of independence and autonomy. The staff teach them and help them in practice with public transport, shopping and orienteering in the town.
- **Social media workshops**
- **Sport Activities.**

*you can find us on social media!*  

**Curious about Centro Papa Giovanni XXIII?**  
**Take a look at their website!**  
<https://www.centropapagiovanni.it/>





# WHERE?

## CINGOLI



Cingoli is a small town of around 10.100 inhabitants located at 630 meters above sea level, in the province of Macerata in the Marche region.

Cingoli is a **medieval town** and it is also **known as the "Balcony of Marche"** ("Il Balcone delle Marche") because of its *belvedere* (viewpoint) from which, on a clear day, the sight may encompass all of the Marche and further across the Adriatic Sea. In being a small town in the Marche hills, it offers **a lot of opportunities to enjoy nature, hiking and day trips.**

Very close to Cingoli, for example, there is a **lake** where there are bars and restaurants and where you can relax on the beaches.





**Topic:** Activities in the local Committee of the Red Cross

**Number of volunteers hosted at the same time:** 4

**Type of project:** Long-term

**Place:** Cingoli, Italy



Croce Rossa Italiana  
Comitato di Cingoli

# CROCE ROSSA ITALIANA - COMITATO LOCALE DI CINGOLI



Informative activities in schools

Informative event

Activities  
with children

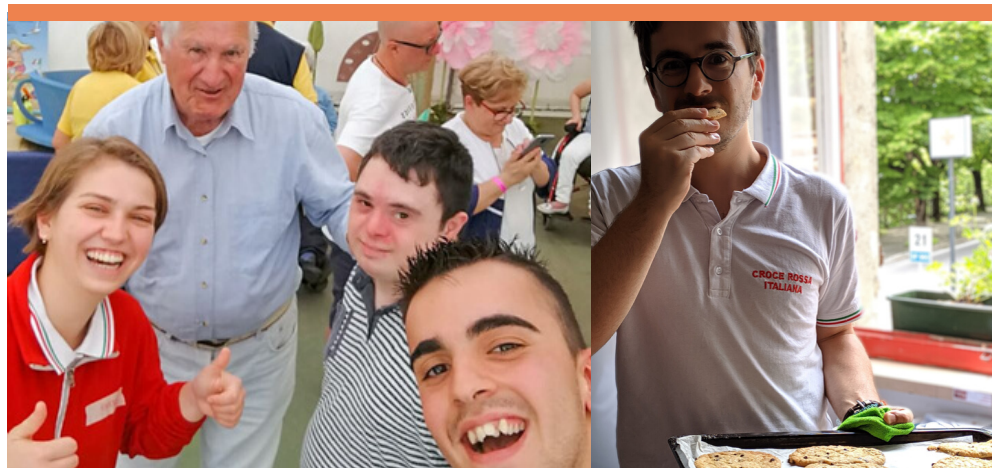
## The Committee

The Italian Association of the Red Cross aims to provide health and social care both in times of peace and in times of conflict. The guarantee and guide of the actions of every volunteer and employee of the Red Cross are the **seven Fundamental Principles** of the International Movement of the Red Cross, which constitute its spirit and ethics: *Humanity, Impartiality, Neutrality, Independence, Volunteerism, Unity and Universality*.

In particular, the **Croce Rossa Italiana - Comitato di Cingoli** was born as a Group of the Volunteers of the Red Cross of Macerata in 1993 and then recognised as a separate Committee in 1998. **It can count now on the support of around 403 volunteers among the three main cities in the area: Cingoli, Apiro and Monte San Vicino.** As regards the youth area, the Committee can count on a group of 90 youngsters, who organise a lot of activities in the area, especially projects and campaigns regarding responsible drinking.



Croce Rossa Italiana  
Comitato di Cingoli



Activities with the elderly and with people  
with disability

Cooking at the Red Cross



Fundraising events




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## Tasks of the volunteers

The volunteers are involved in the activities organized by the Local Committee of Cingoli, which is located within the area affected by the **earthquake between 2016 and 2017**. The volunteers **WILL NOT** be involved in emergency situations and **WILL NOT** deal with First Aid interventions.

The volunteers will contribute to the following services:

- Support the **Red Cross Youth Group**;
- Take part in **informative and awareness campaigns**;
- Organization of **events related to responsible drinking**;
- **Support to training courses** about First AID and road safety;
- Support to internal communication strategy of the Red Cross;
- **Informative activities** at school;
- Support the care of **elderly** and **people with disability**;
- Take part in informative activities about **health and proper nutrition**.
- Support to the Red Cross' staff during **motocross events**.

*you can find us on social media!* 





# WHERE?

## SAN SEVERINO MARCHE



San Severino Marche is a small town of around 12.300 inhabitants in the backcountry of the Marche region. In being in the outback, it is located in a **very green area**, surrounded by hills.

If you are curious about art and history, San Severino Marche has a lot of points of interest in being a **medieval town** with **museums, archaeological and cultural sites**. If you are more interested in nature, the town offers the opportunity to organise day trips and **hiking trips**, since it is close to some lakes and to the mountains.





**Topic:** Activities in the local Committee of the Red Cross

**Number of volunteers hosted at the same time:** 2

**Type of project:** Long-term

**Place:** San Severino Marche, Italy



# CROCE ROSSA ITALIANA - COMITATO LOCALE DI SAN SEVERINO



The new building of the  
Committee

Activities  
with children

Workshop

## The association

The Italian Association of the Red Cross aims to provide health and social care both in times of peace and in times of conflict. The guarantee and guide of the actions of every volunteer and employee of the Red Cross are the **seven Fundamental Principles** of the International Movement of the Red Cross, which constitute its spirit and ethics: *Humanity, Impartiality, Neutrality, Independence, Volunteerism, Unity and Universality*.

In particular, **Croce Rossa Italiana - Comitato di San Severino Marche** is a small sub-branch of the Croce Rossa Italiana - Comitato Regionale Marche, which responds directly to the national Red Cross. The Committee does not cover the health sector in terms of emergency, therefore **they mainly focus on the social area**. Even if it is a small Committee, it can count on the support of a great amount of volunteers, especially in this moment when the emergency of the earthquake of 2016 and 2017 is still a reality.



**Croce Rossa Italiana**  
COMITATO DI SAN SEVERINO MARCHE



First Aid Course



Events



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## Tasks of the volunteers

The volunteers take part in the activities organized by the Local Committee of San Severino, which is located within the **area that suffered the earthquake in 2016 and 2017**. The volunteers **WILL NOT** be involved in emergency situations and **WILL NOT** deal with First Aid interventions.

In particular, volunteers will be involved in the following services:

- Entertainment activities in a **Nursing Home with elderly people**;
- Preparing **breakfast for children** in school;
- Activities inside the **Ludoteca**;
- Activities of **food and clothes distribution**;
- **Informative** and **awareness campaigns**;
- Participation and support during **events**.

*you can find us on social media!* 