



Watch video

HEALTH[®]
METRIC

Making the complex simple

RADON TEST

Detect The Invisible Gas



Lab Fees Included
NRPP Certified Lab
Accurate and Easy to Use

2-4^{*}
DAY
TEST



MADE IN
THE USA

EPA APPROVED TESTING
METHODOLOGY

RADON TESTING GUIDE

Thank you for choosing the Health Metric Radon Test Kit. The following guide gives you a brief overview of radon gas, including helpful tips and techniques from qualified radon experts. For more information and helpful video instructions, **scan the QR code** on the cover page or visit **health-metric.com/radon**.

This test kit is made in partnership with the NRPP certified Alpha Energy Laboratories, with an extensive experience in radon testing since 1983. Should you have any questions, feel free to get in touch. We are here to help!

Phone: 1-800-324-5928

health-metric.com/radon

support@health-metric.com

drhomeair.com

radon@alphaenergylabs.com

5 COMMON TEST KIT ERRORS TO AVOID



1. READ ALL INSTRUCTIONS

Please read ALL of the instructions or watch the video instructions before beginning the test. This will eliminate nearly 95% of errors that may occur.



2. TEST FOR 48 HOURS

Run the test for the recommended 48 hours. Tests exposed less than 48 hours or more than 96 hours are invalid and cannot be analyzed.



3. RECORD THE SERIAL

Record the Test Kit Serial Number for your own records. It is required when contacting the lab for any reason.



4. USE EXPEDITED SHIPPING

Nearly all delays and errors occur when shipping with USPS. Use expedited shipping instead: Priority Mail, UPS, or FedEx.



5. CHECK IF EVERYTHING IS INCLUDED

Place the completed information sheet, radon sampler, and payment (if applicable) inside the mailer and seal it tightly.

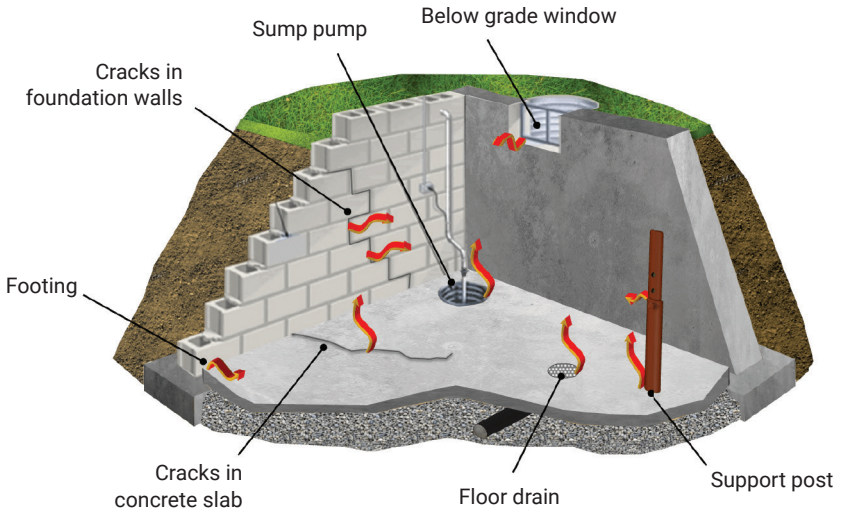


WHAT IS RADON?

Radon is a natural radioactive gas. It comes from the natural decay of uranium that is found in nearly all soils. It typically moves up through the ground into buildings and homes through cracks and other gaps in the foundation. Radon can then build up inside the home, gradually reaching harmful levels.

Radon is found in new well-sealed homes as well as older, drafty homes. It can enter through the basement or concrete slabs of any building. Common radon entryways include:

- Cracks in solid floors and walls
- Gaps in suspended floors
- Construction joints
- Gaps around service pipes





Where are the health concerns of radon exposure?

When you breathe in radon, radioactive particles from radon gas become trapped in your lungs. It may take years before health problems appear, but over time, these radioactive particles increase the risk of lung cancer.

Radon is believed to be the second leading cause of lung cancer after cigarette smoking. The U.S. Environmental Protection Agency and the Surgeon General's office estimate radon is responsible for more than 20,000 lung cancer deaths each year in the U.S.

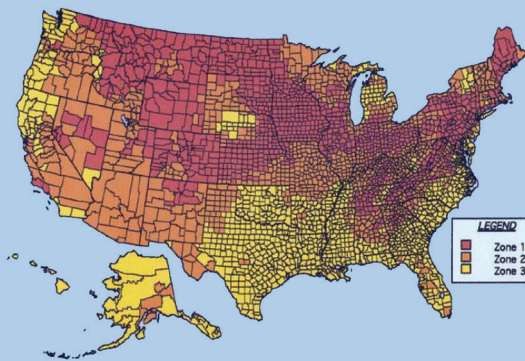


Am I affected by radon?

Testing your own home is the only way to know if you and your family are at risk from radon. Test results taken in other homes in the neighborhood cannot be used to estimate the radon level in your home. Buildings which are next to each other can have completely different indoor radon levels.

The Health Metric Radon Test Kit provides a quick and easy method to test for radon at home. With millions of detectors analyzed, this test kit is one of the most proven radon measurement devices available. It's durable, simple to use, and incorporates diffusion barrier technology to increase test accuracy.

The test kit samples the radon level in your home using the special activated charcoal adsorber pack. All you need to do is to follow the step-by-step instructions and wait to receive the results.



Predicted average indoor radon screening level.
Zone 1: greater than 4 pCi/L;
Zone 2: between 2 and 4 pCi/L;
Zone 3: less than 2 pCi/L.
Source US EPA



How will I receive the test results?

You will receive the test results by email directly from our partner, Alpha Energy Labs. The report will explain what the results mean along with next steps if radon is detected in your home. Alpha Energy Labs can also help you find a certified radon mitigation contractor in your area.



What will I learn from the test report?

The laboratory report will provide the radon level detected during the testing period. The national average indoor radon level is estimated to be about 1.3 pCi/L. As a reference, outdoor air normally has a radon level of 0.4 pCi/L. The US Environmental Protection Agency suggests an annual average radon level of less than 4 pCi/L.

If your test results from a short-term radon test are close to the 4 pCi/L threshold, an additional “long-term” radon test is recommended. The long-term test kit will monitor the radon level for 91-365 days. This will provide a confirmation of the radon level and may show that the level is below the threshold level of 4 pCi/L.



For a more comprehensive overview of radon gas at home, please refer to

“A Citizen Guide to Radon”

by EPA, available on health-metric.com/radon

Thank You!

Visit health-metric.com/radon

for information about Local Radon Zones,
FAQs and video instructions.

Alternatively, contact us at

support@health-metric.com for help!