# NC STATE UNIVERSITY STUDENT-ATHLETE CODE OF CONDUCT

As an NC State student-athlete, I am an ambassador for my family, my hometown, my team, my fellow students, my University, the State of North Carolina, the Atlantic Coast Conference (ACC), and the National Collegiate Athletics Association (NCAA). Because of the respect I have for myself and for others, I will:

#### 1. BE RESPONSIBLE FOR MY ACTIONS.

NC State has established a tradition of ethical conduct at all levels of University life. In accordance with this tradition, NC State student-athletes are expected to represent the University in an honorable manner at all times, whether on- or off-campus, in- or out-of-state, all year long.

Participation as an NC State student-athlete is a privilege, not a right. In return for the privilege of representing NC State on a varsity team, I must be willing to take personal responsibility for my behavior.

## 2. ACT WITH INTEGRITY.

Student-athletes are among NC State's most visible ambassadors and are expected to act with integrity at all times. My conduct should reflect favorably upon my family, my team, and my University.

#### A. Rules Compliance

Student-athletes must abide by <u>all</u> NCAA and ACC rules, in fact and in spirit. I am responsible for knowing the rules that govern me and my sport -- ignorance is not an excuse. "<u>ASK BEFORE YOU ACT</u>" is a slogan I will follow.

For additional information regarding NCAA, ACC and other rules governing participation in collegiate athletics, please refer to the Compliance section of this handbook or contact the Compliance Office.

## B. Hazing

Student-athletes are prohibited from engaging in any hazing activities, which is defined in the University Code of Conduct as any act that injures, degrades, harasses, or disgraces any person. Student-athletes who engage in hazing activities are subject to remedial action by the University's Student Judicial Board, the applicable laws of the State of North Carolina, and to additional, progressive remedial action by the Athletics Department.

#### C. Social Media

The expectation of honorable conduct by student-athletes extends to online behaviors. I am responsible for my conduct online just as I am in daily life. Complete guidelines for the use of social media by student-athletes are contained in this handbook.

## D. Sportsmanship

Student-athletes are expected to conduct themselves in a sportsmanlike manner at all times. On- and off-the-field, student-athletes shall act in a manner that will bring respect to ourselves, our families, teammates, coaches, and University. Sportsmanship entails respect for the game, opponents, officials, coaches and fans. This includes the language I use.

Student-athletes are responsible for understanding and abiding by the ACC Sportsmanlike Policy (included in this handbook) and NCAA rules and regulations governing sportsmanship.

# 3. ENGAGE FULLY IN MY ACADEMIC PURSUITS AND EARN MY COLLEGE DEGREE.

Each student-athlete is expected to set a primary goal of obtaining a college degree. While the Athletics Department supports wholeheartedly every effort to foster the intellectual development and graduation of State student-athletes, responsibility for academic success ultimately rests with the student-athlete. Therefore, NC State student-athletes are expected to:

- Understand and adhere to the University's policy regarding academic integrity.
- Meet all academic eligibility standards, including progress-toward-degree requirements based on NCAA and University standards.
- Adhere to the University's attendance policy and the class attendance policy for student-athletes.
- Prepare for and attend all scheduled academic appointments. Study hall and tutors will be scheduled and made available by the ASPSA staff.
- Discuss all schedule and major changes in advance with my team's Academic Coordinator to ensure there are no NCAA eligibility implications.
- Seek assistance from my instructors and ASPSA before and when academic difficulties occur.
- Meet regularly with my faculty advisor, academic coordinator, and sport supervisor, as required or needed (e.g. graduation plan, summer school, 5th year aid).

## 4. TREAT MY BODY WITH RESPECT AND CARE.

Student-athletes are expected to keep themselves in top physical condition to achieve individual and team competitive goals.

### A. <u>Medical Responsibilities</u>

Participation in athletics at NC State is contingent upon medical approval by the Athletics Team Physician and the Sports Medicine staff. Student-athletes are required to show evidence of proper medical insurance and provide a current medical history.

Student-athletes are expected to follow the direction of medical and coaching staffs with regard to ongoing training, rehabilitation and nutrition programs.

Student-athletes are also required to participate in all Athletics Department student enhancement seminars or functions, which might include drug testing, alcohol and drug education, nutrition, etc.

### B. Alcohol Policy

Student-athletes must abide by North Carolina laws regarding alcohol. In addition to legal age requirements, student-athletes are subject to the University Alcohol Policy, which can be accessed online at <a href="https://www.ncsu.edu/student.conduct">www.ncsu.edu/student.conduct</a>.

Moreover, student-athletes are prohibited from drinking alcoholic beverages when traveling to represent NC State and from consuming alcohol at any Athletics Department events (e.g. football and basketball games, Wolfpack Club events, etc.), even if the student-athlete is of age.

STUDENT-ATHLETE HOSTS ARE PROHIBITED FROM PROVIDING ALCOHOLIC BEVERAGES TO PROSPECTIVE STUDENT-ATHLETES.

#### C. Tobacco Policy

Student-athletes are prohibited from using tobacco during practice and competition, team travel and any team-related functions. A student-athlete who uses tobacco during a practice or competition shall be disqualified for the remainder of that practice or competition.

## D. <u>Drug Testing Policy</u>

Student-athletes are subject to random drug testing under the Athletics Department Drug Education, Screening and Counseling Program. The goals of the program are to provide education about the dangers of drug abuse, identify abusers through screening, and to respond appropriately to violators of the policy. The full policy is available in this handbook, on the Athletics Department web page (<a href="www.gopack.com">www.gopack.com</a>), and in hard copy in the Sports Medicine Office.

#### 5. BE A LEADER AND A ROLE MODEL.

Student-athletes are expected to take seriously the responsibility of being role models and exert a positive influence on others, especially young people.

- Show respect for all members of the University community.
- Treat people with civility and cooperate with people in authority.
- Refrain from any form of abuse, intimidation, or harassment.
- Adhere to your team's dress code, nutritional requirements, and curfew during team travel, as expressed by the head coach.
- Actively participate in community outreach programs and help those less fortunate.

### 6. REPORT VIOLATIONS AND COMPLY WITH REMEDIAL ACTIONS.

NC State student-athletes are subject to several authorities governing conduct, including, but not limited to:

- Team Rules
- Student Athlete Code of Conduct
- University Code of Student Conduct
- Atlantic Coast Conference (ACC) or other affiliated conferences
- National Collegiate Athletic Association (NCAA)
- State of North Carolina
- United States

In addition to any remedial actions for violations of laws, rules and regulations by any of these authorities, the Athletics Department may impose additional, progressive remedial actions, up to and including the loss of scholarship and participation privileges.

# A. Responsibility to Report Violations

Student-athletes are responsible for <u>immediately</u> reporting to their respective head coach any violation of team rules, the Student-Athlete Code of Conduct, the University Code of Student Conduct, ACC and NCAA rules, and state or federal laws. Failure to report a violation in a timely manner will lead to progressive remedial actions, in addition to those in direct response to the violation.

#### B. Violations of Local, State, or Federal Laws

A student-athlete charged with a felony crime will be immediately and indefinitely suspended from athletics participation, pending the final disposition of all charges. Upon the recommendation of the Head Coach, the Athletics Director and Sport Supervisor shall determine the scholarship and participation status of the student-athlete.

A student-athlete charged with a criminal violation other than a felony crime (e.g. misdemeanor) is subject to remedial action as determined by the Athletics Director or designee, up to and including the loss of scholarship and participation privileges, after consultation with the Head Coach and Sport Supervisor.

# C. Violations of the University Code of Student Conduct

A student-athlete who violates the University Code of Student Conduct is subject to remedial actions as determined by the Head Coach, Sport Supervisor, and Athletics Director, up to and including the loss of scholarship and participation privileges. Such remedial actions are in addition to any actions taken by the University in response to the violation.

## D. Violations of the Student-Athlete Code of Conduct

A student-athlete who violates the Student-Athlete Code of Conduct is subject to remedial actions as determined by the Head Coach, Sport Supervisor, and Athletics Director, up to and including the loss of scholarship and participation privileges.

### E. Violations of Team Rules

Student-athletes are subject to team rules developed by your respective head coach. Team rules may be more restrictive than those established by the Athletics Department, University, ACC or NCAA. Violations of team rules may result in remedial actions as determined by your respective Head Coach, up to and including the loss of scholarship and participation privileges. A student-athlete may appeal the decision of the Head Coach to the Sport Supervisor.

NOTE: The Student-Athlete Code of Conduct is not intended to be a comprehensive document, but rather is designed to provide student-athletes with an overview of their responsibilities. NC State Athletics reserves the right to respond to any instances of student-athlete conduct deemed inappropriate, dishonorable or that otherwise violates the University's tradition of ethical conduct. Student-Athletes should contact their Head Coach, Sport Supervisor or the Compliance Office with any questions about this information. By signing the Student-Athlete Code of Conduct, I understand that the Department of Athletics may contact my parents or guardian regarding any violations related to the code of conduct.

The Student-Athlete Code of Conduct has been discussed with me and I understand that I must adhere to it in order to remain a student -athlete in good standing.

<u>Printed Name</u> <u>Sport</u> <u>Signature</u>