


First Office Visit Planner


My partner, friend, or family member was recently diagnosed

Appt. Date: _____ Location: _____
Appt. Time: _____ Doctor: _____



My Visit Checklist

- ☐ Can audio of the visit be recorded?
- ☐ Be prepared to take notes.
- ☐ Discuss the visit afterwards.
- ☐ Ensure access to the online portal.



Note symptoms or side effects for discussion (issues with appetite, sleep, etc.)



Questions to Ask The Doctor

What type of breast cancer has been diagnosed, and what does that mean? _____

Are there additional diagnostic or genetic tests that would be beneficial? _____

What are the available treatment options? _____

Is surgery a consideration as part of the treatment plan? _____

What are the pros/cons of each treatment option? _____

Are there activities that my partner should avoid? What can they continue to do? _____

What should we expect financially, and are there resources to help? _____

What is the best way to reach you or your staff if I/we have questions? _____

Additional questions/comments/concerns: _____
