

Pendulum Glucose Control: Targeted Approach To Managing Type 2 Diabetes

Pendulum Glucose Control is the first and only synbiotic (medical food) designed specifically for the dietary management of type 2 diabetes. The patented formula contains one-of-a-kind probiotics with a prebiotic improving A1C and blood sugar spikes.

Our targeted formula of probiotics cannot be found in any other products or fermented foods.



Managing Blood Glucose

Pendulum Glucose Control demonstrates a reduction in A1c by 0.6% and post-meal blood glucose spikes by 32.5% compared to placebo on individuals with type 2 diabetes taking *metformin*.¹

Unlock Your Gut Microbiome Potential

Research indicates that our strains have been shown to be missing or lacking functionality in people with Type 2 diabetes.²⁻⁴ Support the gut microbiome and maintain a healthy gut lining by putting billions of bacteria to work!

Digest Fibers

Our unique strains help break down fiber and produce beneficial molecules such as short chain fatty acids, including butyrate, which energizes colon cells.

Butyrate Matters

Butyrate is a metabolite that's heavily involved in maintaining glucose balance.

Good to Know

2x

Pendulum Glucose Control should be taken **twice daily** with food.



Pendulum Glucose Control **can be taken with *metformin*** and should be used only under the supervision of a healthcare professional as part of your total diabetes management plan.



Pendulum Glucose Control bottles should be **stored in the refrigerator** to maintain strain potency.



Pendulum Glucose Control is **free from common allergens** such as nuts, dairy, and gluten.

“Pendulum Glucose Control is a patented medical food formula that combines the five bacterial strains selected to restore missing functions within the microbiome. The prebiotic inulin is included to provide the initial food source for the probiotic strains. Collectively, this unique formulation, also known as a synbiotic, helps restore the body's natural capabilities to produce butyrate and assist in the dietary management of individuals with type 2 diabetes on *metformin*.”



Orville Kolterman
Chief Medical Officer,
Pendulum Therapeutics

The Pendulum team is here for you!

Have questions or concerns?
Contact one of our Registered Dietitians
nutrition@pendulumlife.com

**Ready to try Pendulum
Glucose Control?**

Purchase online at
pendulumlife.com



References:
1. Clinical results based on BMJ Open Diabetes Research and Care medical journal. Based on BMJ Open Diabetes Research and Care medical journal. These clinical results were seen in individuals with Type 2 diabetes taking metformin compared to placebo.
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3. Herrera H, Niesi JH. Intestinal microbial metabolites in human metabolism and type 2 diabetes. Diabetologia. 2020;63:2533-2547. doi:10.1007/s00125-020-05268-4
4. Zhao L, Zhang F, Ding Z, et al. Gut bacteria selectively promoted by dietary fibers alleviate type 2 diabetes. Science. 2018;359(6380):1151-1156.