



At BREWYD, we believe Human Intelligence drives High Performance.

BREWYD takes what the world's best athletes have learned through hard work, sweat and tears and gives your organisation a program using the same principles to drive success – without the sweat.

We know that when you try to change an athlete too quickly you injure the athlete, it's the same with organisational change.

Successful change is lead internally, when leaders and their teams lean into continuous improvement over time and approach it from a human lens.

Transformations are failing across the globe. They're over budget, over time and out of scope – and the pace of change isn't slowing down.

A deeper understanding of how people move through change will shift that trajectory and move you from failure to success.

Our goal is to uplift the capability of your leaders using Human Intelligence, so that change in your organisation sticks.

BREWYD

BREAK RECORDS EVEN WHEN YOU'RE DOWN

High Performance Solutions

BREAK RECORDS EVEN WHEN YOU'RE DOWN

BREWYD guides your leadership team through a 12 month human centred program - grounded in sports science and neuroscience, and backed by decades of international corporate experience.

Every engagement is different because every organisation is different. We begin by understanding your corporate objectives and the specific business goals you're working towards. Together, we then define the measures of success and structure your High Performance Program for optimal results.

To prepare you for each session, our team works with your nominated Program Manager to create alignment and set expectations for the upcoming session. We then follow up to guide you on implementation and keeping the team accountable.

From your first session we give you tools and actions to apply immediately, enabling you to programmatically implement your learnings throughout your organisation from day one.



Our High Performance Pillars

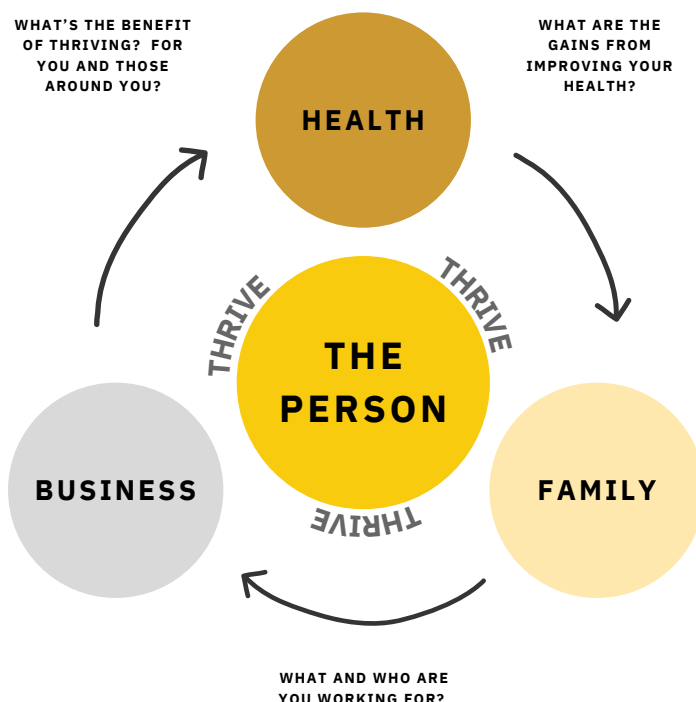
Health, Family and Business - they're our High Performance Pillars. They guide our relationships and ways of working, as well as how we build our programs.

We don't separate performance at work from life at home. Our lives are interconnected so we take a holistic approach when striving for high performance.

People don't want to just do well, they want to thrive.

Taking ownership of your health and nurturing relationships leads to better quantitative and qualitative outcomes - human centred programs produce far better results.

BREWYD's programs make taking that step towards a holistic approach simple.



BREWYD



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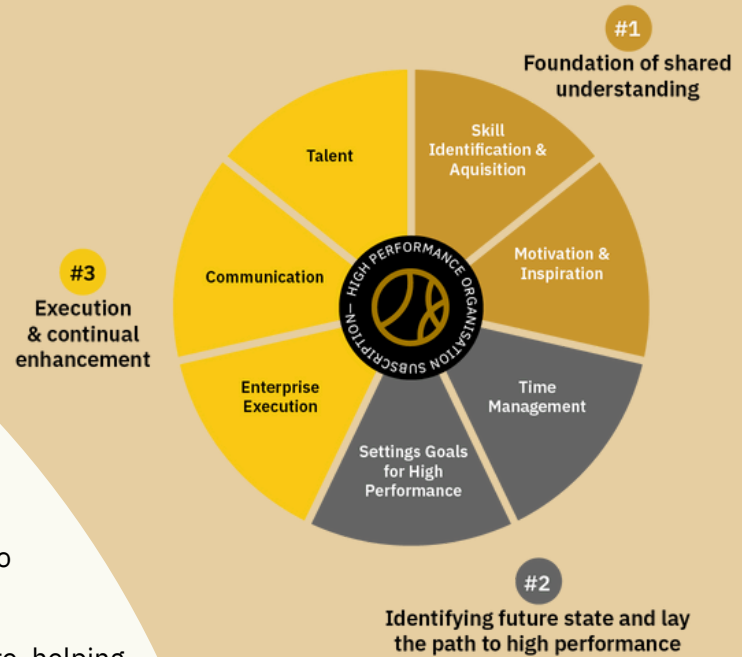
Business Modules

Your leadership team

Throughout your engagement, your leadership team will participate in twelve monthly business sessions led by our experienced facilitators with international business expertise.

These sessions focus on building the foundation of high performance and developing the necessary skills and methodologies for achieving alignment and success.

By deepening leaders' and teams' understanding and focusing on areas where they can make a significant impact, teams will achieve substantial improvements in business outcomes.



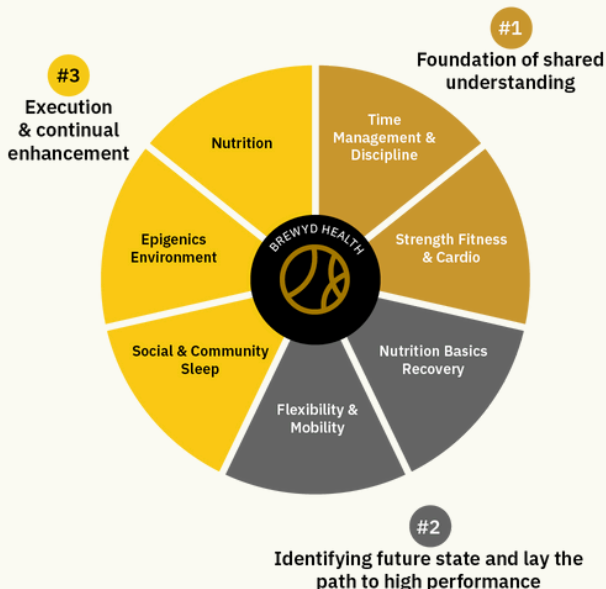
Health & Wellness Modules

Your whole organisation

Focusing on health, rest, and recovery won't slow you down, it will prepare you to excel.

Our High Performance Program considers the whole person and what drives optimal performance in all aspects of life, so we invite everyone to join in.

But this isn't boot camp. We meet individuals where they are, helping them understand how health and relationships impact their performance at work and at home.



Our coaches encourage your team to set and achieve personal health goals, and can offer onsite sessions to foster team building and support personal health achievements.

People don't want to just do well.

They want to thrive.

BREWYD



Additional Solutions For when you need a little more

Keynote Address

Our network includes internationally seasoned leaders from diverse industries, as well as sporting World Champions. Tell us what you need and we can tailor a keynote that aligns with your goals.

One on One Coaching

If you have a specific challenge, initiative or goal and you'd like to work it through with a member of our team, we can arrange individual coaching calls to guide you through.

Workshop

Whether you have requirements for your team or your organisation, we work with you to develop customised workshops outside of our standard program to achieve targeted outcomes.

Events

We host key events featuring members of our team, special contributors, partners and athletes. We share the latest in elite coaching, neuroscience and business to enhance your ongoing development.

Where does our passion for sport come from, and when did we start connecting it with business?

Through life experiences as elite athletes and coaches of those who coach, the parallels between high performance in sport became obvious when viewing success in business.

It goes without saying, elite athletes inspire us with their determination, discipline and dedication.

Our High Performance Program coaches your leaders using the exact framework used by World Champion athletes.

We're here to uncover and accelerate sustainable high performance in organisation, individuals and athletes. We want you to **Break Records Even When You're Down.**

Strategic Advisor Craig Alexander, OAM

5-time World Ironman Champion Craig Alexander OAM works with athletes and organisations, using his exceptional experience to provide strategic insight.

Our Sporting Connection

The funding model for elite sports in Australia is broken, and we want to change that.

A portion of the revenue from our programs goes to fixing the model, so we can help more athletes fulfil their potential.

BREWYD Athletes

BREWYD Athletes enjoy a safety net beyond conventional funding models. We've nurtured an Olympian in triathlon, with more sports achievements on the horizon.

World Class Coaching

BREWYD athletes and organisations benefit from the expertise and experience of our Olympic and international fitness coaches.

Mentoring

We support athletes beyond competition by cultivating networks and relationships that benefit both organisations and athletes.

GET IN TOUCH

For more information on how BREWYD's programs can support your business, contact us for a chat.

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