

## FQ ACADEMY CENTRAL COAST U13-U17 INFORMATION BOOKLET

2022

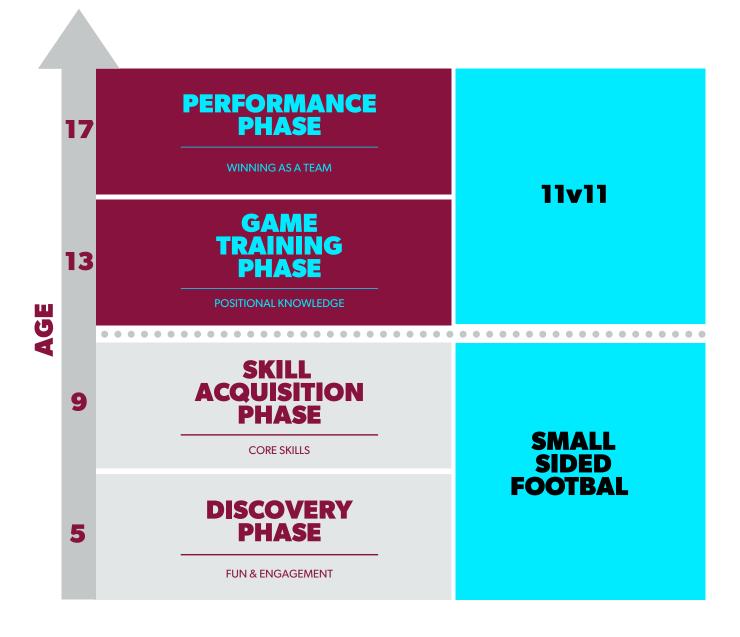
## **CONTENTS**

WHAT IS THE FQ ACADEMY?	03
AGE GROUPS AND CENTRES	04
WHAT'S INCLUDED IN THE FQ ACADEMY PROGRAM?	05
KAPPA UNIFORM	06
COMMUNICATION CHANNEL	07
CALENDAR OF KEY EVENTS	08
TECHNICAL TEAM	09
STATE TEAMS AND PATHWAYS	10
FQ ACADEMY COSTS	11
PAYMENT OPTIONS	12



## WHAT IS THE FQ ACADEMY?

The FQ Academy provides talented young boys aged 13 to 16 and girls aged 13 to 17 with access to additional high-quality training and playing opportunities which complements their club sessions. The program aims to nurture players during this next phase of development through advanced coaching and technology.





#### **AGE GROUPS**

#### **BOYS**

U13, U14, U15, U16

#### **GIRLS**

U13/14, U15-17



# WHAT'S INCLUDED IN THE FQ ACADEMY PROGRAM?



Training is held over three blocks; off-season, pre-season and regular season



Advanced licensed coaching staff



Access to sports and medical practitioners (Sports Trainers at training and events)



Representative match days on blocked out weekends



All representative event fees including operations, field hire and referee fees



Program administration and event management



Full-time Club Development Ambassador in your region



Full-time Technical staff to educate coaches and identify talented players



All events recorded and uploaded to Veo, a world-leading video analysis platform



Access to Smartabase performance, welfare and workload management platform



Minimum two individual assessments throughout the season



Individual performance goal setting



**Educational seminars** 



Football Australia Standard Player Insurance\*



Kappa Training Uniform



End of year presentation

<sup>\*</sup> It is highly recommended that all players have private health insurance as this significantly reduces medical costs if a serious injury is sustained that requires orthopedic surgery and/or rehabilitation. You will need to have an active registration as a player with your club on Play Football to be eligible for Football Australia Standard Player Insurance.



New zone-specific Kappa uniforms have been designed for the 2022 season.

Each zone will organise a sizing day for players to attend with details to be shared via Team App.

All players will receive the following zone-specific items to keep:



2 x Short Sleeve Numbered Jerseys



2 x Shorts



2 x Socks



1 x Quarter Zip Jacket



# **COMMUNICATION CHANNEL**

Team App will be used as the primary communication platform for the 2022 season.

If you have any questions about Team App, download the Team App Guide or email Manager - FQ Academy Operations Luca Balestrazzi at programs@footballqueensland.com.au.







## **CALENDAR OF KEY EVENTS**

View details of all key events scheduled in 2022 via Team App:





PREGIONAL CARNIVAL



**APRIL** 

**Q** LOGAN (MEAKIN PARK)

T STATE CARNIVAL 1

BOYS 5 - 8 APRIL | GIRLS 6 - 8 APRIL

JUNE

**♀** IPSWICH (SPRINGFIELD LAKES)

**T** STATE CARNIVAL 2

BOYS 27 JUNE - 1 JULY GIRLS 28 JUNE - 1 JULY

BOYS: 4 GAME DAYS, 1 EDUCATION DAY GIRLS: 3.5 GAME DAYS, 0.5 EDUCATION

**AUGUST** 

ROCKHAMPTON

T REGIONAL CARNIVAL

13 AUGUST

# TECHNICAL TEAM FA, FQ AND CENTRAL COAST

#### **FOOTBALL AUSTRALIA TEAM**



AFC Pro Licence

#### TREVOR MORGAN

Football Australia National Technical Director

Trevor Morgan provides national technical leadership. He is the head coach of the Joeys U17 National team and attends FQ carnivals for talent identification.



AFC Pro Licence

#### **RAE DOWER**

Junior Matildas National Team Head Coach/QAS Mentor

Rae Dower is the Junior Matildas head coach, Football Australia's Technical Advisor and a QAS mentor in Queensland.

#### **FOOTBALL QUEENSLAND TEAM**



AFC Pro Licence

#### **GABOR GANCZER**

General Manager – Football and State Technical Director

Gabor Ganczer oversees player, coach and club development in Queensland. Under his leadership FQ has established FQ Academy programs statewide and expanded the FQ Academy (QAS) to a full-time program.



AFC A Licence

#### DAVID DASILVA

FQ Academy Director of Football and Talent ID (QAS)

David DaSilva oversees the FQ Academy (QAS) program and is the Lead Club Development Ambassador - Talent for girls programs state-wide. David has worked in elite women's programs at clubs including Brisbane Roar and holds a Masters in Sport Coaching.



PHD Exercise Science

#### JESSE GRIFFIN

**FQ Sport Science Specialist** 

Jesse Griffin is an S&C coach and researcher specialising in football conditioning with A-League and W-League experience.



AFC A Licence

#### TOMIAXTOR

Lead Club Development Ambassador - Talent

Tom Laxton is responsible for talent development at Football Queensland working closely with FQ technical staff across Queensland. He is a player development expert with experience in Australia and England.



AFC A Licence

#### LUCA BALESTRAZZI

Manager - FQ Academy Operations

Luca Balestrazzi manages all operational aspects of Football Queensland's high performance programs, including financial requests, payment options and kit requests.



Cert 4 Elite Athlete Wellbeing

#### **DANTE MARTIN**

Wellbeing Manager

Dante Martin supports wellbeing, assisting athletes to lead a better life and support his or her own sport journey in a holistic way.

#### **CENTRAL COAST TEAM**



AFC B Licence

#### **MARK DELANEY**

Club Development Ambassador - Central Coast

Mark Delaney is the lead technician for the FQ Academy program in Central Coast and also provides coach education for clubs.

# STATE TEAMS & PATHWAYS

Football Australia is committed to provide pathways for talented players despite the challenges posed by COVID-19 restrictions.

Plans are already underway for the return of the National Youth Championships in 2022 after the two previous tournaments were cancelled.

FQ is working closely with Football Australia to organise elite games and national Talent ID camps for a select group of FQ Academy and A-League academy players in the presence of National Team coaching staff.

FQ has entered into discussions with other Member Federations from Australia and National Associations from South East Asia and Oceania to explore further tournament opportunities.







#### **BOYS FEES**

# FQ ACADEMY \$600 UNIFORM PACK \$200 EVENTS \$500

#### **IRLS FEES**

FQ ACADEMY PROGRAM	\$600
UNIFORM PACK	\$200
EVENTS	\$400

The event fee includes event operation and logistics, referee fees, coach travel and accommodation, venue hire and field setup, COVID-19 safety, talent identification system and staff, match filming and education sessions.

Families must organise their own travel, accommodation and transfers for all 2022 events.

#### **EVENTS FEES DUE DATES**

50% OF EVENT FEE DUE: 5 MARCH 2022

REMAINING 50% OF EVENT FEE DUE:

#### **TRAINING PROGRAM**

FQ has increased the amount of weekly FQ Academy training sessions in addition to game contacts in 2022, providing players with greater development opportunities.

2021 25 - 30

2022 42

**TRAINING SESSIONS** 

## **PAYMENT OPTIONS**

All players must have an active Play Football registration with a club to be part of FQ's High Performance Programs.

All fees will be paid through Try Booking rather than Play Football.

OPTION

#### **FULL PAYMENT**

Payment Due: 22 October 2021



OPTION 2

### **SPLIT PAYMENT**

(\$400 deposit, \$400 balance)

Deposit due: 22 October 2021 Balance due: 1 April 2022



OPTION 3

# **PAYMENT PLAN**(Must be approved by FQ)



\*Try Booking payment links will be shared via email once a player has accepted their letter of offer.

For those who opt for a split payment, the non-refundable deposit must be paid in full before the season commences.

Any player who has not paid outstanding 2021 fees will not be eligible to participate in the 2022 program.

For all refund enquiries, please contact programs@footballqueensland.com.au.

\* Fees apply



12

