

72 Hour - Home Emergency Disaster Kit Checklist

Part 1





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72 Hour BLACKOUT - "Off Grid" Home Emergency Kit - CheckList: Part 1 of 2

10 Vital Disaster Kit Item Categories You Need to Survive Without Power for a Week or More...

Well I hear it all the time through THE Survival Show Podcast, Social Media and YouTube... "David, what gear and supplies do I need - to make it safely through an extended power outage or disaster event at home?

SO today we are going to blitz through 10 VITAL home disaster item categories you need to think about to comfortably survive a multiple-day power outage or disaster event at home.

FIRST Here's the 10 Essential Categories of Gear and Supplies We're Going to Cover:

- ☐ Power ☐ Water ☐ First Aid ☐ Heating ☐ Light ☐ Communications ☐ Home Defense
- ☐ Food ☐ Hygiene ☐ Maintenance

POWER - [Click to See My POWER Gear Recommendations...](#)

Cut the power and things go from bad to worse FAST! Lights, heat, cooling, communications, computers, water pumps, refrigerators / freezers and a LOT more are useless without power and WILL disrupt your life.

So one of the best things you can do to prepare for a "GRID DOWN" event is to have a 3 tiers of reliable backup power.

POWER - Things to Consider:

- ☐ AA / AAA Battery Supply
- ☐ Solar Rechargeable AA and AAA Batteries
- ☐ Battery Brick with a Solar Panel
- ☐ Solar Power Generator
- ☐ Portable Gas Powered Generator
- ☐ Whole House Generator
- ☐ A Power Inverter for Your Vehicle
- ☐ Stockpile of Emergency Fuel / Treated with Stabilizer



SCAN for Gear Recommendations

WATER - [Click to See My WATER Kit Recommendations...](#)

If your home water supply (in any way) depends on electricity or public utility services, you need an emergency water stockpile and the means to acquire, purify and store additional water as needed.

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Quote

"99% of the scenarios that people call survival, are nothing more than inconvenience. Plan ahead and deal with the "suck" when it comes. And it WILL come. Become comfortable being uncomfortable."

Notes

World's Smallest Complete Survival Guide



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Notes

At the minimum, for a three day power outage, you need one gallon of clean water - per day per person.



SCAN for Gear Recommendations

WATER - Things to Consider:

- ☐ Clean and fill milk jugs, BPA free containers or glass bottles with water.
- ☐ Get a few 5 Gallon water containers with a spout.
- ☐ Make sure you have a high quality hand pump water filter.
- ☐ A Gravity Fed Filtration System is Easy to Use and Can Serve a Lot of People
- ☐ Water purification tablets are a good back up.
- ☐ [Tiny Survival Guide](#) / Section J - How to Find, Process, and Store Water.

FIRST AID - [Click to See My FIRST AID Kit Recommendations...](#)

Regardless of the situation, if you - or anyone else in your group is injured - you need to be able to fix yourself (and them) until you can receive proper medical care.



SCAN for Gear Recommendations

FIRST AID - Things to Consider:

- ☐ EDC First Aid Kit.
- ☐ Basic First Aid Kit.
- ☐ Trauma Kit.
- ☐ [2-Part First Aid Training](#) - 1) [Injury Prevention and Care](#) 2) [First Aid Kit Checklists](#)
- ☐ [Tiny Survival Guide](#) / Section G - Contains: Injury Prevention, First Aid Basics, +3-First Aid Kit Checklists.

HEAT - [Click to See My "Off Grid" HEATING Gear Recommendations...](#)



SCAN for Gear Recommendations

When the power goes out, electric heat and most oil and gas furnaces will not function properly. So you need a reliable, alternate - non-electric heat source.

HEAT - Things to Consider:

- ☐ Wood Stove.
- ☐ Kerosene.
- ☐ Vent Free Natural Gas Heater.
- ☐ Fire Kit.

LIGHT - [Click to See My LIGHTING Kit Recommendations...](#)

For safety, security, utility and general convenience, light is an important

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Quote

"Everybody wants the romanticism of primitive skills, but primitive skills should be the last thing you have to rely on. Prepare ahead, practice, and get your mindset right and you can be at peace even in the midst of a major crisis."

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Notes



SCAN for Gear
Recommendations

consideration when the grid goes down.

Lighting Gear to Consider:

- ☐ Headlamp.
- ☐ LED Solar Camping Lantern.
- ☐ Tactical Flashlight.
- ☐ Candles.
- ☐ Oil Lantern.
- ☐ Fire Kit.

ACTION ITEMS - Do The Following to Be Better Prepared :

1. Use this checklist to assess what items you already have.
2. Prioritize items you don't have and make a plan to acquire them.
3. Sign up for a First Aid and stop the bleed class.
4. [Listen to The Survival Show Podcast Episodes #20 and #22](#). It's 100% FREE to do so.
5. Get your copy of the [Tiny Survival Guide](#). It's packed with Tips, Tactics and Gear Checklist the help you survive almost anything.

ADDITIONAL RESOURCES - From David and Ultimate Survival Tips...

[Live Training Classes](#) - I Recommend Nature Reliance School: www.NatureReliance.org

[YouTube - Ultimate Survival Tips](#) (David's Channel)

[MSK-1 Survival Knife System](#) (David's Knife): www.MSK1Knife.com

[Ultimate Survival Tips - Website](#): www.UltimateSurvivalTips.com

[Free Survival e-MAG](#)

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