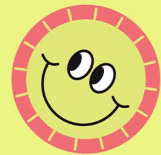


Your very own CHEAT SHEET to being a super-cool, super-smart earth lover



- ☐ Repurpose plastic water bottles and containers into pen holders, lunch boxes, and even mini potted plants!
- ☐ Buy your most used supplies in bulk to reduce wasteful single-unit purchases.
- ☐ Research recycling guidelines in your city/state to make sure you know how and where to dispose of waste.



- ☐ Before you buy something, ask yourself: does my skin truly crave it? Does it fit into my routine? Am I going to use it all? Do I need to go to that sale?
- ☐ Do your homework on ingredients and benefits of a product to make sure your skin truly craves it.
- ☐ After you buy, stay committed to your routine and count those empties!



- ☐ Volunteer for environmental clean up efforts in your neighborhood and local beaches and creeks.
- ☐ Become a member of a community garden—they're great for repurposing organic compost and help offset carbon emissions.
- ☐ Create awareness by sharing reliable resources (psst-check out our blog) with friends and family.