



LA TROBE
UNIVERSITY

A male badminton player is shown in a dynamic pose, jumping high into the air. He is wearing a bright orange short-sleeved shirt and black shorts. He holds a badminton racket in his right hand, which is raised above his head. His left arm is extended outwards. The background is a solid black, which makes the player stand out. The overall image is a full-page spread for a sports guide.

2021

Sport Guide

latrobe.edu.au

The university of choice **for sport**

We're ranked

38th in the world

for sports-related subjects¹

We have a world-class

**Sports Park on the
Melbourne Campus**

supporting teaching, research and the community

We're rated

**well above
world standard**

for our research in human movement
and sport science²

We're ranked in the

**top 1% of
universities
worldwide³**

Industry engagement	2 - 3
Undergraduate courses	4 - 6
Postgraduate courses	7 - 9
Get involved	10 - 11
Our facilities	12 - 13
A university for elite athletes	14 - 15
Sport research	16

1. QS World University Rankings by Subject 2020
2. Excellence in Research for Australia (ERA) 2018
3. Times Higher Education (THE), World University Rankings 2020, Consejo Superior de Investigaciones Científicas (CSIC), 2020, Ranking Web of Universities

Industry engagement



At La Trobe, our major sport partnerships mean we can offer you exclusive opportunities in the world of sport. Whether that's work experience, applied research, mentorship or a game day experience, La Trobe students can access it all through our industry connections.

We're passionate about offering you a wide range of opportunities in the sports industry in Australia. We're the proud Higher Education partner for the Carlton Football Club, Melbourne City Football Club and the Melbourne Rebels. Our long-term ties with these major sport organisations enable us to provide our students with practical employment outcomes and give us behind-the-scenes access to some of the most iconic sporting grounds in Australia.

In 2019, we expanded our partnership with the Carlton Football Club to create the Carlton College of Sport. Powered by La Trobe University, the Carlton College of Sport offers an immersive, blended learning experience in a high-performance sport environment located at Ikon Park. The Carlton College of Sport's two diplomas, Sport Coaching and Development and Elite Sport Business, both direct to pathways to further study at La Trobe upon successful completion.

Offering the widest range of sport-related courses at any university in Australia, we're dedicated to turning our students' passion for sport into fulfilling careers. Many La Trobe graduates have gone on to become staff at all three of our partners. 30 per cent of Melbourne City Football Club staff are La Trobe alumni. Plus, the Carlton Football Club has employed a La Trobe graduate in a full-time position after they have completed an internship there every year since 2015.

But there's even more to our industry connections than that. We also collaborate with our partners on research, education pathways and community outreach. We've investigated things like ACL injuries in the AFLW, strength and conditioning protocols in Super Rugby and the social value sporting clubs bring to their community.

From leading professional sport organisations to grassroots sport clubs and leagues, we believe in working with all kinds of organisations at La Trobe. For us, this helps keep our expertise relevant to the entire landscape of sport in Australia. For you, it means getting the most up-to-date sport education you can have while benefitting from our broad network of sport connections.

'The most rewarding thing about completing my PhD project at Carlton Football Club is that it has opened the door to work in professional sport. It also has given me the opportunity to meet and collaborate with sports nutritionists and dietitians from Australia and around the world.'

— Sarah Jenner, La Trobe PhD student at Carlton Football Club (Sports Dietetics)



CARLTON COLLEGE OF SPORT



To learn more, visit: carltoncollegeofsport.com.au

Our three major industry partners facilitated **20,890 hours** of industry work experience for 125 students in 2019



'The Carlton College of Sport places great value on both education and practical experience. That's what persuaded me to study with them. I place a high value on gaining knowledge and skills through tertiary study, but I wanted the chance to have as much experience as possible and I was able to receive that at Carlton with the placement opportunities available.'

Edward Clark
Diploma of Sport Coaching and Development



Want to learn more about our sport industry partnerships?

Visit latrobe.edu.au/sport/industry/partnerships

Undergraduate courses

Bachelor of Business (Sport Development and Management)

latrobe.edu.au/lbbsb

Combine your passion for sport with a knowledge of business. Learn the fundamentals of business, economics, finance, sport marketing and sport management. Understand the relationship between sport and the media. Study sport psychology, development and policy. Graduate ready for your career in business and sport management, strategy and governance.

Prerequisites

VCE Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.¹



BEN (LBBSB)



Sem 1, Sem 2

ATAR range

55.20–75.70



3 years

Bachelor of Business (Sport Management)

latrobe.edu.au/lbbs

Get into the business of sport. Learn how sport is managed, presented and promoted. Study economics, accounting, sport management and sport marketing. Gain an understanding of the business structures, culture and performance management that underpin the sporting industry. Graduate ready for your career in business and sport management.

Prerequisites

VCE Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.¹



MEL (LBBS)



Sem 1, Sem 2
Summer

ATAR range

55.10–79.20



3 years



Diploma of Professional Learning (6 months) → Enter first year of this degree²



Diploma in Business (12 months) → Gain credit towards this degree³

Bachelor of Exercise Science

latrobe.edu.au/hbesb

Gain a comprehensive understanding of the human body and mind. Learn anatomy, biomechanics, exercise psychology and physiology. Learn how to change community behaviours, fine-tune individual training and work with groups such as the elderly, adolescents and athletes undergoing rehabilitation. Graduate ready for careers in health, sport and fitness.

Prerequisites

VCE Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL; and a study score of at least 20 in any one of Biology, Chemistry, any Mathematics, Physical Education or Physics.¹



BEN (HBESB)



Sem 1

ATAR range

71.55–83.50



3 years

Bachelor of Media and Communication (Sport Journalism)

latrobe.edu.au/abmcsg

Kickstart your career as an adaptable, multi-skilled media professional. Combine journalism studies with sports subjects. Get the skills and knowledge you need to report on all things sport-related across diverse forms of media. Practise writing and producing compelling stories for different audiences across formats such as video, audio and online platforms including blogs and mobile applications.

Majors

Journalism | Media industries | Public relations | Sport journalism

Prerequisites

VCE Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.¹



MEL (ABMC)



Sem 1, Sem 2

ATAR range

56.45–89.30



3 years



Diploma of Professional Learning (6 months) → Enter first year of this degree²



Diploma of Media and Communication (8-12 months) → Enter 2nd year of this degree³

1. See online for a full list of entry requirements, including non-Year 12 students.

2. Subject to meeting minimum requirements.

3. Please refer to the La Trobe College Australia website for more information.

Undergraduate courses

Bachelor of Nutrition Science

latrobe.edu.au/hbhn

Help people make the right food choices. In this interdisciplinary course, you'll study core subjects in human nutrition and food science in addition to science, biochemistry, physiology and public health. Graduate ready for postgraduate study or a variety of careers in the nutrition and public health, health promotion, government policy areas and the food industry.

Prerequisites

VCE Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.¹



MEL (HBNTS)



Sem 1

ATAR range

NC



3 years



Diploma of Health Sciences (8-12 months) → Gain credit into this degree²

Bachelor of Outdoor Education

latrobe.edu.au/eboeb

If you love the outdoors, combine outdoor experiences such as bushwalking, rock climbing, skiing and canoeing with naturalist studies. Major in outdoor education or educational nature tourism. Be prepared for a variety of careers in outdoor education.

Majors

Outdoor education | Educational nature tourism

Prerequisites

VCE Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.¹



BEN (EBOEB)



Sem 1

ATAR range

57.90–92.25



3 years

Bachelor of Physiotherapy (Honours)

latrobe.edu.au/hhp

Improve quality of life as a respected physiotherapist. Study the fundamentals of health science, deepen your knowledge of biosciences and develop your physiotherapy skills. Apply your knowledge across cardiothoracic, neurological and musculoskeletal dysfunction, women's health and paediatrics.

Prerequisites

VCE Units 3 and 4: a study score of at least 30 in English (EAL) or at least 25 in English other than EAL; and a study score of at least 25 in two of Biology, Chemistry, any Mathematics, Physical Education or Physics.¹



MEL (HHP)



Sem 1

BEN (HHPB)

Sem 1

ATAR range

NC



4 years

Bachelor of Podiatry (Honours)

latrobe.edu.au/hhpod

Make a difference to people's mobility and quality of life. You'll learn about the fundamentals of biosciences, the factors that influence health and how to treat and manage conditions of the foot and lower limb, bone and joint disorders, plus neurological and circulatory diseases. You'll also undertake over 1,000 hours of placements in community health centres, hospitals, private practices and La Trobe's on-campus podiatry clinic.

Prerequisites

VCE Units 3 and 4: a study score of at least 30 in English (EAL) or at least 25 in English other than EAL; and a study score of at least 25 in one of Biology, Chemistry, any Mathematics, Physical Education or Physics.¹



MEL (HHPOD)



Sem 1

ATAR range

71.60–95.85



4 years

Please note:

- The ATARs published in this guide are correct as of the January offer round 2020. The ATAR range shows the lowest selection rank (includes adjustment factors) and the highest ATAR (excludes adjustment factors) where an offer was made through VTAC up until the January 2020 offer round.
- The La Trobe College Australia pathways shown are correct at the time of publication. For up-to-date information, visit: latrobecollegeaustralia.edu.au
- Intakes are subject to change. Some courses have additional costs over and above the stated course fees, see online course information for full details.

Undergraduate courses

Bachelor of Prosthetics and Orthotics (Honours)

latrobe.edu.au/hhpro

Prepare for a rewarding career in prosthetics and orthotics. Learn about artificial limbs for people with amputations and supportive devices for people with physical disabilities or movement disorders. Undertake clinical placements to gain experience in providing prosthetic and orthotic treatment while working directly with clients.

Prerequisites

VCE Units 3 and 4: a study score of at least 30 in English (EAL) or at least 25 in English other than EAL; and a study score of at least 25 in two of Biology, Chemistry, any Mathematics, Physical Education or Physics.¹



MEL (HHPRO)

ATAR range

86.75–95.75



Sem 1



4 years

Bachelor of Sport and Exercise Science

latrobe.edu.au/hbses

Get ready for a career in sport and exercise. Study physiology, anatomy, biomechanics, neuroscience, skill acquisition, performance analysis, exercise prescription, injury prevention, high performance training, sport nutrition and psychology. Complete work placements and graduate ready for a career in sport teams, sport organisations, fitness centres, health promotion and exercise.

Prerequisites

VCE Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL; and a study score of at least 20 in two of Biology, Chemistry, any Mathematics, Physical Education, or Physics.¹



MEL (HBSES)

ATAR range

60.80–92.25



Sem 1



3 years

Bachelor of Sport Coaching and Development

latrobe.edu.au/hbscd

Get ready for a career in sport by developing applied skills in coaching, coach education, sport science and sport development. Learn about athlete performance and training, talent identification, skill development, sport psychology, sport management, sport science and coaching. Apply your knowledge to real-life situations with sport coaching placements and internships.

Prerequisites

VCE Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL; and a study score of at least 20 in two of Biology, Chemistry, Health and Human Development, any Mathematics, Physical Education or Physics.¹



MEL (HBSCD)

ATAR range

55.15–83.40



Sem 1, Sem 2



3 years

Diploma of Elite Sport Business

latrobe.edu.au/ldesb

Get the business knowledge, hands-on experience and networking opportunities to succeed in this evolving industry. Be immersed in an elite sport environment, with the opportunity to complete a 100-hour placement with the Carlton Football Club and its partners. Graduate ready for entry-level sport administration roles or gain eight subjects advanced standing towards La Trobe's Bachelor of Business.

Prerequisites

VCE Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.¹



CAR (LDES²B) ³

ATAR range

55.15–83.40



Sem 1, Sem 2



1 year

Diploma of Sport Coaching and Development

latrobe.edu.au/hdscd

Turn your passion for sport into a career with La Trobe University and Carlton College of Sport. This unique one-year program combines theory and practice while you immerse yourself in the high-performance environment of Carlton Football Club. Study coaching, talent identification, sport and exercise science, sport management and marketing.

Prerequisites

VCE Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.¹



CAR (HDSCD) ³

ATAR range

55.15–83.40



Sem 1, Sem 2



1 year

1. See online for a full list of entry requirements, including non-Year 12 students.

2. Two anatomy classes are taught at the Melbourne Campus.

3. Course is delivered 60 per cent at Melbourne Campus, 30 per cent at City Campus (Collins Street) and 10 per cent online.

Postgraduate courses

Graduate Certificate in Musculoskeletal Physiotherapy

latrobe.edu.au/hcmp

Prepare for your career in musculoskeletal physiotherapy. Develop advanced theoretical and applied skills in musculoskeletal physiotherapy, critical literature evaluation and research design. The flexible design of this course allows you to continue clinical work while studying.

Prerequisites

See online for entry requirements.



MEL (HCMP)

ATAR range

86.75–95.75



Sem 1



6 months

Graduate Certificate in Sport Management

latrobe.edu.au/lcsm

Lay the groundwork for a career in the sport management field. Learn about a range of topics that include sport leadership and governance, managing risk and law in sport, athlete and coach welfare, media relations and managing sport brands.

Prerequisites

See online for entry requirements.



CTY (LCSM)

ATAR range

60.80–92.25



Sem 1, Sem 2, Summer



0.5 year

Graduate Certificate in Sports Physiotherapy

latrobe.edu.au/hcsp

Prepare for your career in sports physiotherapy. Develop advanced theoretical and applied skills in sports physiotherapy, critical literature evaluation and research design. The flexible design of this course allows you to continue clinical work while studying.

Prerequisites

See online for entry requirements.



MEL (HCSP)

ATAR range

86.75–95.75



Sem 1



6 months

Graduate Diploma in Sport Analytics

latrobe.edu.au/hgsa

Launch your career in a rapidly growing profession. Improve your knowledge and capacity to collect, manage, analyse and present large data sets captured from sport. After you complete one year of full-time study, you're eligible to apply for entry into the Master of Sport Analytics.

Prerequisites

See online for entry requirements.



MEL (HGSA)³

ATAR range

60.80–92.25



Sem 1



1 year

Graduate Diploma in Sport Management

latrobe.edu.au/lgsm

Prepare for your career in sport. Learn about a range of topics including sport leadership and governance, management practice and theory, managing risk and law in sport and more. This course is designed as a stand-alone qualification or a pathway into the Master of Management (Sport Management).

Prerequisites

See online for entry requirements.



CTY (LGSM)

ATAR range

60.80–92.25



Sem 1, Sem 2, Summer



1 year

Please note:




- The ATARs published in this guide are correct as of the January offer round 2020. The ATAR range shows the lowest selection rank (includes adjustment factors) and the highest ATAR (excludes adjustment factors) where an offer was made through VTAC up until the January 2020 offer round.
- Intakes are subject to change. Some courses have additional costs over and above the stated course fees, see online course information for full details.

Postgraduate courses

Master of Clinical Prosthetics and Orthotics latrobe.edu.au/hmcpo

Study the clinical discipline related to the provision of prostheses and orthoses. Acquire theoretical knowledge of anatomy, physiology and biomechanics as well as prosthetic and orthotic prescription, design and fabrication. Gain strong practical skills in research methodology, clinical assessment and the application of prosthetic and orthotic techniques.




Prerequisites
See online for entry requirements.

 **MEL** (HMCP0)  Sem 1
 2 years

Master of Dietetic Practice latrobe.edu.au/hmdp

Prepare for entry-level roles in all areas of dietetics, including patient and client care in hospitals, private practice, community nutrition and food service. Develop an understanding of individual case management, clinical dietetic practice, community and public health nutrition and food service management, with a focus on evidence-based practice in nutrition and dietetics.




Prerequisites
See online for entry requirements.

 **MEL** (HMDP)  Sem 1
 2 years

Master of Exercise Physiology latrobe.edu.au/hmepb

Learn the skills and knowledge necessary to design and implement exercise programs for people with known disease. Develop an understanding of how to plan and deliver exercise, lifestyle and behavioural modification programs for people throughout the community, including those with chronic illnesses and health conditions such as heart disease, diabetes and arthritis.




Prerequisites
See online for entry requirements.

 **BEN** (HMEPB)  Sem 1
 1 year

Master of Management (Sport Management) latrobe.edu.au/lmmsm

Be ready for your career in sport. This course is an industry-focused degree for those seeking a career change or new skills to advance their career. Learn how professional sports teams operate. Be able to manage relationships with athletes, the media and sports consumers.




Prerequisites
See online for entry requirements.

 **CTY** (LMMSM)  Sem 1, Sem 2, Summer
 2 years

Master of Musculoskeletal Physiotherapy latrobe.edu.au/hmmspc

Develop the skills you need for a career in physiotherapy. Access cutting-edge knowledge from some of Australia's best physiotherapy clinicians and educators. Complete your education in your own time with minimal disruption to your work and home life with the choice of studying part-time.

Prerequisites
See online for entry requirements.




 **MEL** (HMMSPC)  Sem 1
 1 year

Postgraduate courses

Master of Physiotherapy Practice latrobe.edu.au/hmpyp

Get the knowledge you need for a career in physiotherapy. Develop clinical reasoning, assessment and treatment skills in the core areas of cardiorespiratory, musculoskeletal and neurological physiotherapy across a lifespan. Complete 18 months of integrated theory and clinical practice subjects, where you'll be primarily located in the clinical environment.




Prerequisites
See online for entry requirements.

 **MEL** (HMPYP)
BEN (HMPYPB)  January Sem 1
 2 years

Master of Podiatric Practice latrobe.edu.au/hmpod

Gain the skills you need to prevent and treat disorders of the foot and ankle. Learn the assessment and management skills used in podiatric practice and how to treat patients with complex medical conditions. Gain further clinical experience through external placements at hospitals, community health centres and private practices under the supervision of a skilled clinician.




Prerequisites
See online for entry requirements.

 **MEL** (HMPOD)  Sem 1
 2 years

Master of Sport Analytics latrobe.edu.au/hmsa

Launch your career in a rapidly growing profession. Gain advanced skills in data warehousing and analytics with a specialist focus on elite sport content. Study using cutting-edge tools and data sources provided by experts in the field.




Prerequisites
See online for entry requirements.

 **MEL** (HMSA)¹  Sem 1
 1.5 years

Master of Sports Physiotherapy latrobe.edu.au/hmsph

Gain advanced clinical skills in sports physiotherapy. Learn to critically review clinical and research evidence to develop solutions for complex sports-related injuries and problems. Learn the knowledge and skills needed to develop and execute physiotherapy management plans for sports-related injuries.

Prerequisites
See online for entry requirements.

 **MEL** (HMSPH)  Sem 1
 1 year

1. Course is delivered 60 per cent at Melbourne Campus, 30 per cent at City Campus (Collins Street) and 10 per cent online.

Please note:

• Intakes are subject to change. Some courses have additional costs over and above the stated course fees, see online course information for full details.

Get involved



Sport is an important part of everyday life at La Trobe. With our wide range of clubs and competitions, you'll have the chance to get involved in fun sporting events all year round and meet new people along the way.

Get active with Team La Trobe

Intervarsity

Meet new people, keep fit and represent Team La Trobe while competing against other local universities. Intervarsity competitions are a great way to get involved in sport at La Trobe because they have a mix of social and competitive teams. You can represent La Trobe in the Southern Shield Netball Competition, University Basketball League or Health Cup Regional Campus Competition.

Community events

Get fit, have fun and represent Team La Trobe in runs, walks and bike rides throughout the year. All staff, students and alumni are welcome to join in events like the MS Cycle, Ring Road Relay and the Melbourne Marathon.

Social sport competitions

Get a team together and enter one of our many social competitions on campus, which are open to both group and individual entries. All competitions are run alongside our sporting clubs and are another fun way to meet more people in the La Trobe community.

Learn to swim

We offer a large variety of aquatic courses to kids, students and adults at the La Trobe Sports Centre. Our courses cater to all skill levels, from beginners all the way through to those looking to further develop their technique with qualified AUSTSWIM teachers.

University Nationals

Representing Team La Trobe at University Nationals events is a fantastic way to demonstrate your skills and experience elite sport competition against other universities across Australia. The University Nationals also offer you the opportunity to gain valuable experience by volunteering in a range of sports management and sport journalism positions.

Join a club

We're proud to have 26 affiliated sporting clubs, including an affiliated soccer club operating from the Bendigo Campus. All clubs are run by students and alumni and provide something for everyone, from a great social atmosphere and competitions to participation at an elite level. Whether you're into kicking, bouncing, passing, hitting, dancing or racing, we've got a sports club for you.

- Australian Rules Football
- Badminton
- Baseball
- Basketball
- Cricket
- Cheer and Dance
- Dive La Trobe
- Dodgeball
- Frisbee (Ultimate)
- Fencing
- Hockey
- Lacrosse
- Mountaineering
- Netball
- Rowing
- Snowsports
- Soccer
- Soccer (Bendigo)
- Squash
- Surfing
- Taekwondo
- Tennis
- Touch Football
- Volleyball
- Water Polo
- Waterski and Wakeboard

Over 1,400 students

currently represent La Trobe-affiliated sports clubs.

12 students

from La Trobe's regional campuses represented Team La Trobe at UniSport Nationals events in 2019.



**TEAM
LATROBE**

Want to get involved in sport on campus at La Trobe University?

Visit: latrobe.edu.au/sport/play-sport



'Being team captain was such a great experience and I feel honoured to have been selected. It lifted my confidence and I hope I was a role model to other participants. The culture is something Team La Trobe prides itself on, and I'm so glad I got to be involved in what we're all about.'

Emily Priddle

Team La Trobe Uni Nationals, Division 1 co-captain

Our facilities



We're proud to offer a wide variety of sport facilities to La Trobe students, staff and the broader community. Our new state-of-the-art La Trobe Sports Stadium is the latest addition to the Sports Park precinct, unlocking a range of opportunities in teaching, research and getting active in sport. Whether you want to be at the forefront of the latest sport and exercise science research or are just looking to get moving in sport or active recreation, we've got you covered.



La Trobe Sports Park

The first of its kind in Australia, the La Trobe Sports Park offers a unique environment for play, performance, education and research in sport. Located at the Melbourne Campus, the \$81 million precinct supports major participation sport events, grassroots sport competitions and recreation opportunities. It'll also train the next cohort of sport industry professionals through a world-class student placement program.

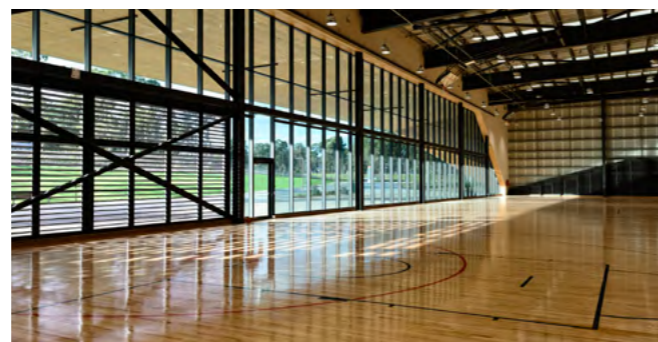
The Sports Park has been developed with the support of Banyule City Council and is available for use by the community and our partners, including Carlton FC and Melbourne City FC.

Our facilities include:

- indoor stadium with six multipurpose highball courts
- state-of-the-art exercise physiology, strength and conditioning, biomechanics and sport analytics teaching and research laboratories
- innovative office space for sport organisations to work within a high-performance sport environment
- the Tony Sheehan Oval, an elite-level Australian rules football ground
- FIFA-1 standard and accredited synthetic football pitch
- natural turf fields for a range of sports
- pavilion with club rooms, change rooms and a multi-purpose function room with capacity to seat 132 people.

Learn more:

latrobe.edu.au/sports-park



Fitness centres

Improve your health and stay active with the range of activities available at our campus fitness centres.

Melbourne Campus (Indoor Sports Centre)

- fully-equipped gym, fitness assessments and personalised training programs
- three specialty group exercise studios catering for reformer Pilates, functional group training, mind and body classes, body pump and more
- 25-metre heated indoor pool and deep-water pit
- multipurpose indoor court including basketball, badminton, volleyball and indoor soccer facilities in addition to netball, tennis and squash courts
- rock climbing wall
- massage therapy.

Bendigo Campus

- fully-equipped gym
- exercise studios for group exercise training
- exercise science facilities
- soccer pitch and pavilion
- basketball court
- athletics track.

Albury-Wodonga Campus

- soccer pitch.

\$81m

has been invested into the first two stages of the La Trobe Sports Park development.

The solar panels at the Sports Park generate around 500kW, contributing to our goal of being Victoria's first

zero emissions university.

A university for elite athletes



At La Trobe, we're proud to support over 120 elite athletes including Olympians, AFL players, swimmers, cyclists, track and field athletes, cricketers, netballers and basketballers.

La Trobe University is a member of the nationally accredited Elite Athlete Education Network by the Australian Institute of Sport (AIS). This unique program helps to identify, promote and support the needs of elite athletes studying at university.

The value of combining sport and higher education is well recognised across the university and sporting sectors, which is why we do all we can to help elite athletes undertaking study with us.

La Trobe Elite Athlete Program (LEAP)

We're committed to providing elite student athletes with everything they need to successfully combine study and sport through the La Trobe Elite Athlete Program (LEAP).

LEAP members are entitled to over \$1,000 of in-kind benefits while studying at La Trobe, including:

- dedicated academic case management and assistance with enrolment, timetabling, flexible assessment and alternative exam arrangements
- support with cross-institutional study and credit transfers
- La Trobe University Sports Centre membership
- admission to the La Trobe Student Excellence Academy
- professional development events
- exclusive benefits from our industry partners
- access to tailored career advice and student wellbeing
- official Elite Athlete Program apparel.

Financial assistance

La Trobe elite athletes can apply for targeted scholarships, subsidised intervarsity representation and grants of up to \$4,000 from the La Trobe Elite Athlete Support Fund. This fund provides yearly grants towards the costs of elite competition including travel, accommodation and registration expenses.

Targeted scholarships are also available to elite athletes, including the Michael Malthouse Elite Sport Scholarship, the TechnologyOne High Performance Sport Scholarship and the Elite Athlete Housing Scholarship.

For more information, visit: latrobe.edu.au/scholarships

Elite Athlete Adjustment Factor

If you're an elite athlete applying for entry into a La Trobe undergraduate course via VTAC, you could be eligible for the Elite Athlete Adjustment Factor. This means you may have a five aggregate point adjustment factor applied to your admission to La Trobe. All you need to do is demonstrate your sporting commitments have impacted on your Year 12 studies and meet the criteria as an elite athlete.

Applications are open from August each year.

How to apply

Current and prospective domestic students can apply for LEAP if they're competing at a national level and are endorsed by their relevant sport governing body.

Step 1

Check if you're eligible to apply.

Step 2

Complete the online application form.

Step 3

Submit your completed form online along with your supporting documentation.

To learn more, visit: latrobe.edu.au/sport/elite-athlete

We provided

over \$100k

to elite athletes through grants and scholarships in 2019.

La Trobe had

24 Australian representatives

at international-level competitions in 2019.

'The LEAP program made it stress-free moving assignment due dates and exams, so I could meet both my sporting and uni commitments.'

Bree Mellberg, PhD candidate –
Molecular Biochemistry and Genetics
Australian Gliders



'LEAP has gifted me the opportunity to pursue my sporting aspirations while continuing to study full time. Without this program, I would not be able to compete at an international level and I'm very thankful for the support I've received throughout my degree.'

– **Patrick Crisp**, Australian Waterskiing Team, Master of Physiotherapy Practice

'The ongoing support from LEAP has allowed me to follow my dreams in both sport and my studies. It has helped me to effectively manage playing basketball at a professional level, while also continuing my studies to prepare myself for a career after sport.'

– **Kiera Rowe**, WNBL Southside Flyers, Bachelor of Applied Science and Master of Physiotherapy Practice

'As a first-year student transitioning between high school and university, the La Trobe Elite Athlete Program has given me the support, assistance and flexibility I need to successfully balance my studies around my elite sporting commitments. As a recipient of the Michael Malthouse Elite Sport Scholarship in 2020, it is wonderful to be recognised not only for my sporting ability, but also my academic achievements through some financial assistance.'

– **Aimee Aharoni**, Australian Judo Team, Bachelor of Applied Science and Master of Physiotherapy Practice

'After receiving an Elite Athlete Housing Scholarship in 2020, it was possible for me to take up my offer to study at La Trobe's Bendigo Campus to pursue my dream course and future career in physiotherapy. LEAP is a supportive and understanding program that has allowed me to continue to focus on badminton around my studies, while also providing me with the opportunity to connect with other like-minded athletes.'

– **Marcus Kong**, Junior Australian Badminton Team, Bachelor of Applied Science and Master of Physiotherapy Practice

'It has been amazing knowing that I can be supported with my swimming and as a student with La Trobe helping me to succeed in both as best I can. Preparing for the future I know I need an education to fall back onto because swimming isn't forever, so it's really good to have a university like La Trobe backing me.'

– **Brendon Smith**, Swimming, Bachelor of Business (Finance and Accounting)



ELITE
ATHLETE
UNIVERSITY
NETWORK

Sport research



We take research seriously at La Trobe. In fact, our research into human movement and sport science has received the highest possible rating of five – well above world standard – in the last four Excellence in Research for Australia assessments.

It's our goal to assist the wider community through innovation, which is why Sport, Exercise and Rehabilitation is one of La Trobe's five key research focus areas. Our research is helping athletes improve their performance and overcome injuries, changing sport management practices and informing government policies. In addition, we're helping Australians live longer and stronger by combating inactivity, chronic disease and movement disorders. And that's not all we do...

Research that matters

We also work with government organisations and agencies, industry partners and national and international sports organisations on research projects that benefit our communities. Some of our projects include:

- working with the Australian Football League (AFL) to determine the risk factors and recovery associated with ACL injuries among female footballers
- partnering with the Victorian Health Promotion Foundation to evaluate the impacts of programs designed to increase participation in physical activity
- creating new resources to help sport and recreation organisations provide programs for people with disabilities
- working with The Australian Ballet to determine why injuries occur and how to prevent them
- working with elite sporting teams like Carlton FC to improve the nutrition of professional players
- collaborating with Melbourne City FC to deliver their social outreach programs to disadvantaged communities.

Clever is...

Having state-of-the-art sports science and analytics research laboratories at our new La Trobe Sports Park

Our world-class research groups in sports medicine and sports performance¹

1. Top 50 globally in sports-related subject. Source: Quacquarelli Symonds (QS), 2020, *QS World University Rankings by Subject 2020: Sports-Related Subjects*; rated well above world standard in human movement and sports science and in physiology. Source: Australian Research Council, 2019, *Excellence in Research for Australia (ERA) Outcomes 2018*



La Trobe University acknowledges that our campuses are located on the lands of many Traditional Custodians in Victoria and New South Wales. We recognise their ongoing connection to the land and value their unique contribution to the University and wider Australian society.

La Trobe University is committed to providing opportunities for Aboriginal and Torres Strait Islander people, both as individuals and communities, through teaching and learning, research and community partnerships across all our campuses.

The wedge-tailed eagle (*Aquila audax*) is one of the world's largest, and the Wurundjeri people – Traditional Owners of the land where our Melbourne campuses are located – know the wedge-tailed eagle as Bunjil, the creator spirit of the Kulin Nations.

There is a special synergy between Bunjil and the La Trobe University logo of an eagle. The symbolism and significance for both La Trobe and for Aboriginal people challenges us all to gamagoen yarrbat – to soar.



Find your clever at La Trobe University



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