



United Nations
Educational, Scientific and
Cultural Organization



Mahatma Gandhi Institute
of Education for Peace
and Sustainable Development

FREE CERTIFICATION COURSE

Climate Change

Understand. Reflect. Empathize. Act.



Audiences

13 years +

Duration

20 Hours (Self-paced)

THE NEED FOR CLIMATE EDUCATION

More than 1 million species are at risk of extinction due to Climate Change.

Scientists estimate dozens of species of plants and animals currently go extinct each day—nearly 1,000 times the natural rate. By mid-century, as many as 30 to 50 percent of the total species found on Earth will have disappeared.

Source



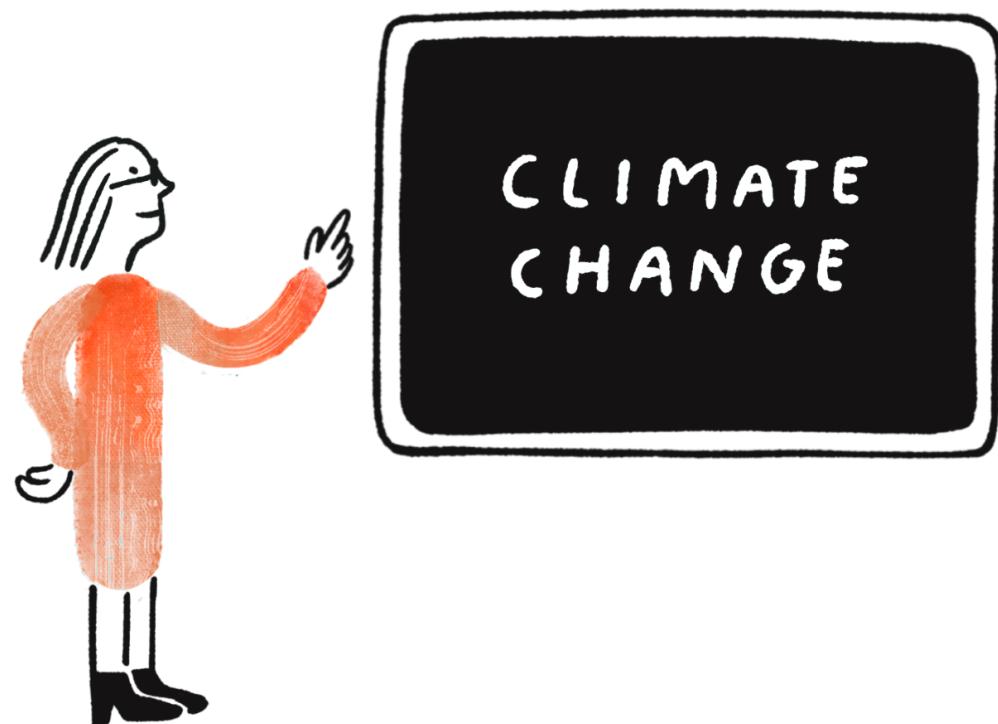
Why is it important for schools to be active stakeholders in climate education?

Recent research shows that if only 16% of high school students in high and middle-income countries were to receive Climate Change education, we could see a nearly 19 gigaton reduction of carbon dioxide by 2050.

Source

In a study of over 1,000 teachers across 36 countries, 70% surveyed agreed that curriculum does not sufficiently address climate education, while only 29% of the respondents felt that climate education is already sufficiently covered in school curriculum.

Source



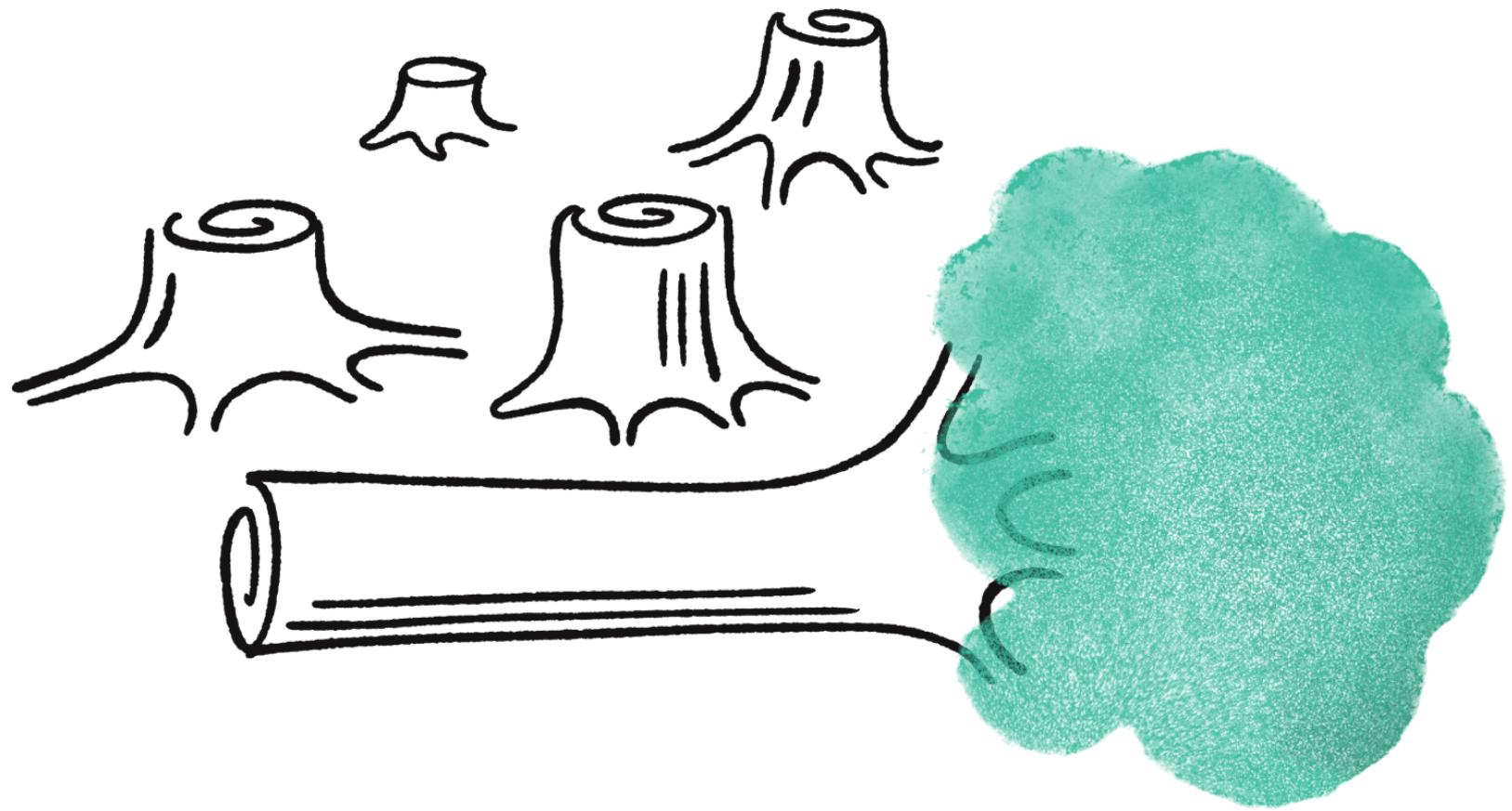
Young people can slow down
Climate Change, but let's
talk about their
feelings first!



Is there really a co-relation
between Climate Change and emotions?

**Yes, and that's what this course helps
our future changemakers with.**





Studies have shown that secondary school students generally experience **negative emotions, such as worry, fear, sadness, guilt, anger, and helplessness, about Climate Change.**

Source

Scholars suggest that **climate-related negative emotions can be expected to have a significant impact on mental health, even among people who are not directly exposed to these climatic events.**

Source

Let's empower our future
leaders to take more informed
and mindful actions towards
Climate Change.



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Skills the course will help you build.



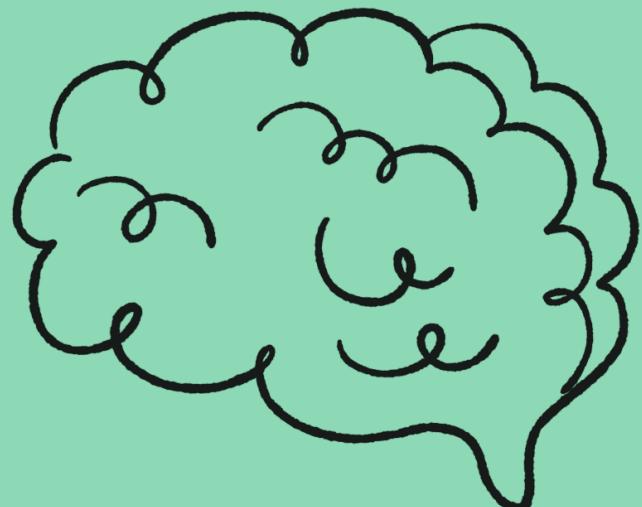
This is the only course that focuses on the role of emotions in context of Climate Change, through discussions, reflections, simulations, games, and other interactive activities.

The course not only includes information on key climate change-related concepts such as Carbon Footprint, the science of Climate Change, causes, impact, adaptation and mitigation, but also focuses on building skills such as self-awareness, emotional regulation, critical inquiry, perspective-taking and compassion.

It is a ready-to-use course; an additional resource that is available to teachers and learners to learn about climate change through the lens of social and emotional learning

Why should your middle-school students take up this course?

The ready-to-take course will help future generations build a sustainable world by:



- 1) Understanding varying and often conflicting points of views around the issue of Climate Change.
- 2) Noticing and becoming aware of one's emotional response to global issues such as Climate Change.
- 3) Critically evaluating and inquiring about various aspects related to Climate Change.
- 4) Practising mindfulness activities and learning to be mindful of one's own emotional and cognitive state throughout the course and beyond.
- 5) Understanding the knowledge and information about Climate Change with strategies to recognise the emotional reaction to Climate Change and ways to cope and manage one's emotions through mindfulness exercises.

Students can learn at home, or in classrooms (virtual or physical),
at their own pace.

A **participation certificate** is awarded to everyone who undertakes the course.



Take your **first step** towards building a sustainable planet.

Register now and spread the word



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