

From our kitchen to yours

The chefs from RBG's on-site catering team are providing weekly recipes from their kitchen for you to create at home. Bon appétit!

VEGAN GLUTEN-FREE NGREDIENTS

INGREDIENTS

2 cups potatoes (peeled, large dice)
1 cup carrots (peeled, large dice)
1/3 cup olive oil
1/2 cup water
1 Tbsp. lemon juice
1/2 cup nutritional yeast
1 tsp. salt
1/2 tsp. garlic powder
1/2 tsp. onion powder
Dash of cayenne (optional)

DIRECTIONS:

- 1. Boil potatoes/carrots in salted water until tender, about 20 minutes.
- 2. Once soft, drain and reserve the liquid. Allow to cool.
- 3. Add into a blender and combine with remaining ingredients. Blend until smooth.
- 4. If "cheese" sauce is too thick, add a little bit of the reserved liquid until desired consistency.
- 5. Taste and season with salt and pepper as necessary.

