



The Power of Drawing



Inspiring The Future with

Ojo



We Can Be Heroes is about a group of kids who need to save their superhero parents from alien invaders. Luckily, being kids of superheroes means they each have their own unique powers too!

WE CAN BE
HEROES

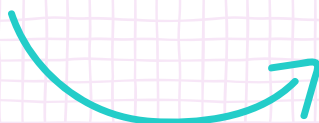
WATCH NOW, ONLY ON
NETFLIX

Ojo's unique power is that her drawings speak for her and predict the future.

A new year is upon us and what better way to turn your dreams into reality than by creating the ultimate vision board! Inspired by Ojo's future drawing superpower, you'll create your very own vision board full of drawings to inspire you for 2021 and beyond.

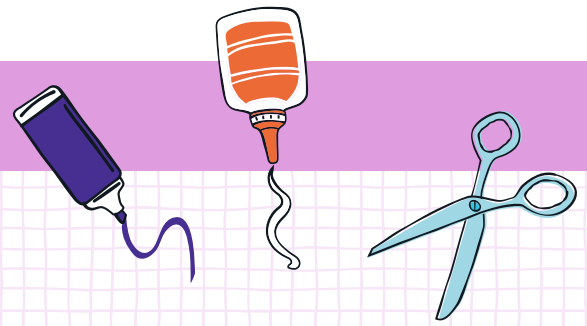
**CREATE YOUR
OWN VISION BOARD!**

**Learn how to make your
own Vision Board just
like this one!**



WE CAN BE
HEROES

ABOUT VISION BOARDS



What is a vision board?

A vision board is a visual representation of your goals, hopes, and dreams. It should make you feel motivated and inspired for the future and give you visual inspiration to pursue your goals. Think of it as a tool to inspire you and help you unleash your creativity!

What should I put on my vision board?

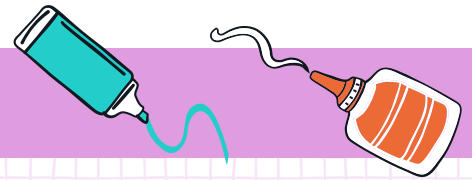
You can cover it in all kinds of things that inspire you. Create drawings and works of art that illustrate your goals and dreams. You can also add photos and magazine clippings. There are no rules, it's completely up to you! You can make it any size you want!

What should I do with my vision board when I'm done?

Display it where you can see it and it can remind you of your goals and dreams. Maybe hang it on a wall in your room. Revisit it throughout the year and add to it as you have new goals and dreams.



CREATE YOUR OWN VISION BOARD



WHAT YOU WILL NEED

The Basics/Essentials

- **Drawing Tools**
(Markers, Colored Pencils)
- **Drawing Canvas**
(Poster Board and Paper)
- **My Vision Board Template**
(Printable template on next page)
- **Magazines**
- **Photos**
- **Scissors***
- **Tape or Glue**



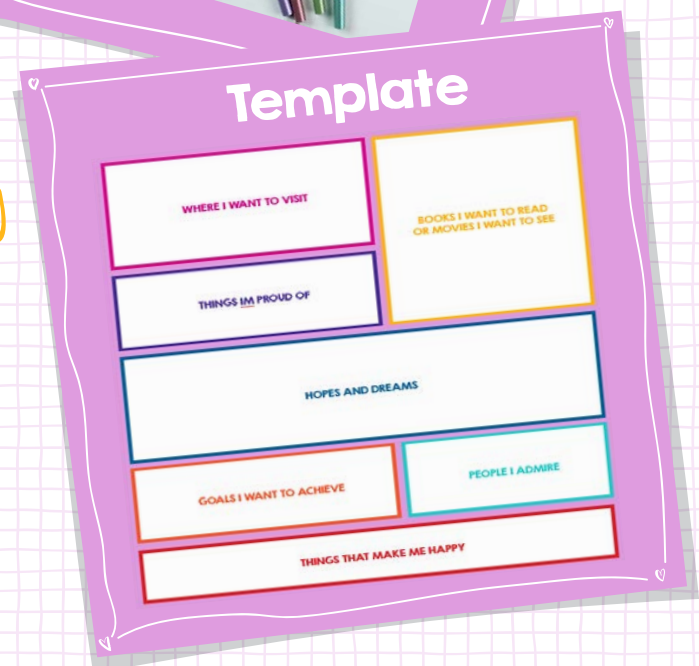
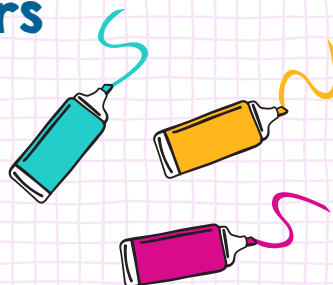
*SAFETY FIRST!

Always ask an adult for permission and help.

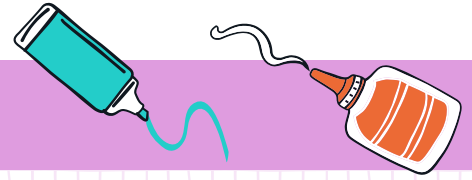


Optional

- **Chalk, Paint, or Metallic Markers**
- **Stickers**
- **Washi Tape**
- **String Lights**
- **Cork Board & Push Pins**
- **Magnetic Board & Magnets**



HELPFUL TIPS FOR MY VISION BOARD



Using the template, think about your answers to questions like these:

Things that make me happy

My dream job is

My unique power is (something you're really good at!)

I want my future unique power to be

Places I want to go

Books I want to read or movies I want to see

Food I like or I want to try

Awards I want to win

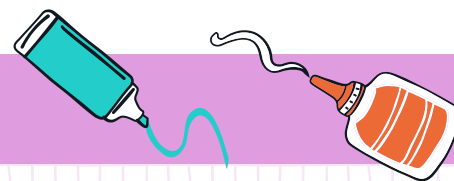
Something I like about myself

Something I want to learn (Examples: speak another language, play an instrument, play a sport)

People I want to spend time with or people I admire

Adjectives that describe yourself (Examples: Confident, Adventurous, Patient, Strong, Kind, Generous)

PRINTABLE VISION BOARD TEMPLATE



WHERE I WANT TO VISIT

**BOOKS I WANT TO READ
OR MOVIES I WANT TO SEE**

THINGS I'M PROUD OF

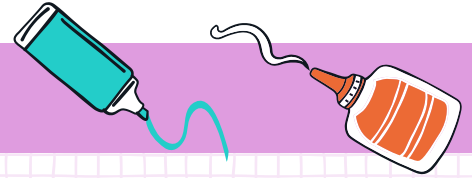
HOPES AND DREAMS

GOALS I WANT TO ACHIEVE

PEOPLE I ADMIRE

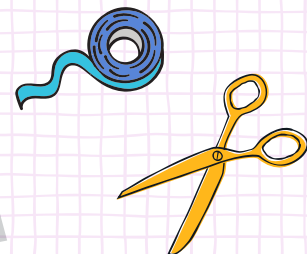
THINGS THAT MAKE ME HAPPY

CREATE YOUR OWN VISION BOARD



FOLLOW THESE 5 EASY STEPS!

- 1 Print the My Vision Board Template and fill it out.
- 2 Create drawings of your favorite responses.
- 3 Find images that inspire you. You can cut pictures out of magazines and gather some of your favorite photos.
- 4 Arrange your drawings and inspirational images on a board. Use tape or glue to attach them.
- 5 Decorate and display your vision board!





The Science Behind the DIYs

How does the vision board predict my future?

The vision board doesn't predict your future, but what it does do is help you identify your goals and brings them to life. It's important to know what you want, why you want it and to visualize ways to accomplish your goals. To visualize something is to create a mental image of it.

What is visualization?

Visualization is a powerful mind exercise. Olympic athletes, for example, use visualization techniques when training. Studies have shown that visualization has a similar effect on the brain as physical activity. By mentally picturing and practicing something, you're more likely to succeed when you try it.

What is STEAM?

STEAM stands for science, technology, engineering, art, and math. The value of the "A" in STEAM is to recognize the role of creativity. Art plays an important role in creating good designs. There are many jobs that involve art. For example, engineers, architects, fashion designers and more use creativity in their jobs everyday.

Want more fun?

- What are some ways that you can use STEM skills to create art?
For example, build a Draw Bot/Art Bot/Scribble Bot that creates its own art
- Design a curtain that you pull open to reveal your vision board.
- Think about ways that you can add to your vision board throughout the year.

