

# *Session 3* SCHEDULE

## **GROUP MEETING JUNE 18TH**

### **DAY 1: PERSONAL STUDY SESSION**

It's Time To Overcome the Enemy

### **DAY 2: PERSONAL STUDY SESSION**

You're A Person, Not A Persona!

### **DAY 3: PERSONAL STUDY SESSION**

Let's Be Fruitful and Multiply

### **DAY 4-5: CHAPTERS 5-6, WOMAN EVOLVE**

## BETWEEN SESSIONS

# PERSONAL STUDY

## DAY 1

### IT'S TIME TO OVERCOME THE ENEMY

It's easier to stand up to a devil you can see than it is to fight the one that hides in plain sight. We see the power of hate, wickedness, and darkness every single day. It's plastered on the news, with stories of senseless violence, acts of terrorism, and schemes rooted in greed.

I'm no longer asking God to exclusively grant us wisdom, strategy, and grace for the evil we see. I'm asking God to make me aware of what is in my heart, home, or community that is at war with my ability to partner with God in bringing the world to its greatest potential. I don't know where the devils I can't see are hiding, so I have to be intentional about making sure I'm postured to defeat any negative paradigm or thought that dares to dilute the power God has given me to effect change.

#### **Read Ephesians 6:10–18.**

1. In the space below, draw a picture of the armor of God and note what each part does.

[Your Response Here]

2. How do the various pieces of the armor work together to protect you and empower you to overcome the enemy?

[Your Response Here]

3. Which of the pieces of the armor of God are easiest for you to put on each day?  
Why?

[Your Response Here]

4. Which of the pieces of the armor of God are hardest for you to put on each day?  
Why?

[Your Response Here]

5. What prayers or practices can you employ to make sure you're armored-up each day?

[Your Response Here]

6. What do the following verses reveal about the tools God gives you to overcome the enemy? Fill in the chart below.

| <b>SCRIPTURE</b>              | What the verse reveals about the tools God gives you to help you overcome |
|-------------------------------|---|
| <b>1 CORINTHIANS</b><br>15:57 |   |



|                            |  |
|----------------------------|--|
| <b>HEBREWS</b><br>7:25     |  |
| <b>1 JOHN</b><br>3:9       |  |
| <b>1 JOHN</b><br>5:4       |  |
| <b>REVELATION</b><br>12:11 |  |



7. Which of these verses do you most need to commit to memory? Why?

[Your Response Here]

8. Which of these strategies do you most need to employ now?

[Your Response Here]

## DAY 2

### YOU'RE A PERSON, NOT A PERSONA!

God was walking in the cool of the garden looking for Adam and Eve when they began to hide. God called out for them, and Adam spoke up, telling God that when they heard God's voice they hid because they were naked. God responded in Genesis 3:11, "Who told you that you were naked? Have you eaten from the tree of which I commanded you that you should not eat?"

Let's dissect the character of God in this instance. He didn't berate the man or the woman, nor did He shame them. God gave them space to present the truth as they knew it.

1. Look up the following verses and fill in the chart below.

| SCRIPTURE       | What characteristics of God appear in the verse? |
|-----------------|--|
| PSALM<br>18:30  |  |
| ISAIAH<br>40:28 |  |



|                          |  |
|--------------------------|--|
| <b>JAMES</b><br>1:17     |  |
| <b>1 TIMOTHY</b><br>1:17 |  |
| <b>2 PETER</b><br>3:9    |  |
| <b>1 JOHN</b><br>5:3     |  |



2. Reflecting on the chart above, which of these characteristics of God are demonstrated in His response to Adam and Eve in the garden?

[Your Response Here]

3. Which of the characteristics of God listed in the chart above have you experienced personally?

[Your Response Here]

4. If God didn't shame Adam and Eve, then why are we so tempted to shame each other?

[Your Response Here]

God knew in that moment that the man and the woman were bearing fruit, but it wasn't the type of fruit God intended for them. When you know how good and holy and loving God is, you have no need to hide your raw, naked vulnerability from Him. We only begin to hide when we no longer trust who He is.

Don't fall into the trap of only presenting your good parts to God. You're a person, not a persona. It's much easier to present a persona to God than to present a person, but God doesn't want who you pretend to be.

5. Do you tend to present your person to God or your persona? Explain.

[Your Response Here]

**Read 1 Chronicles 16:34 and Psalm 36:7.**

6. What do these verses reveal about how much God wants to scoop you up in His love just as you are?

[Your Response Here]

## DAY 3

### LET'S BE FRUITFUL AND MULTIPLY

When God was in the garden He blessed creation, then told the first couple to be fruit-



ful and multiply, but I don't think He was just talking about having sex and making babies. God was preparing humanity to live in a perpetual state of production where we are to take what God has given us, plant it, and allow it to produce over and over again.

When the serpent invaded Eve's realm and convinced her to eat from the tree, that snake was manipulating God's formula to fit his agenda. The serpent had a plan for the woman to be fruitful and multiply, but this time the fruit wouldn't make the world better. This time the fruit would separate humanity from God's vision.

The moment the woman ate from the tree, the serpent's idea was fruitful. But the moment God cursed the serpent in Genesis 3:15, that bad fruit was in jeopardy of no longer being able to multiply.

Let me quickly break this down for you: It doesn't matter what seed has been fruitful in your life. Your family may have been producing the type of fruit that has caused dysfunction for generations, but it is never too late to root out the bad seeds and plant God's seeds in their place.

### Read Galatians 5:22–23.

1. In the chart on the next page, make a list of the facets of the fruit of the Spirit. Next to each one, place an (X) indicating whether you see each one growing, stagnating, or shrinking in your life.

| FRUIT | GROWING | STAGNATING | SHRINKING |
|-------|---------|------------|-----------|
|       |         |            |           |
|       |         |            |           |
|       |         |            |           |
|       |         |            |           |
|       |         |            |           |





2. What does this reveal about how you're really doing spiritually?

[Your Response Here]

3. How does this compare to the plans and purposes God has for you?

[Your Response Here]

4. What changes do you need to make to allow the fruit of the Spirit to grow in you?

[Your Response Here]

5. Look up each of the following verses. What does each one reveal about the fruit God wants to grow in you?

**Matthew 3:8:**

[Your Response Here]

**John 15:8:**

[Your Response Here]

**John 15:16:**

[Your Response Here]

**John 15:5:**

[Your Response Here]

**James 3:18:**

[Your Response Here]

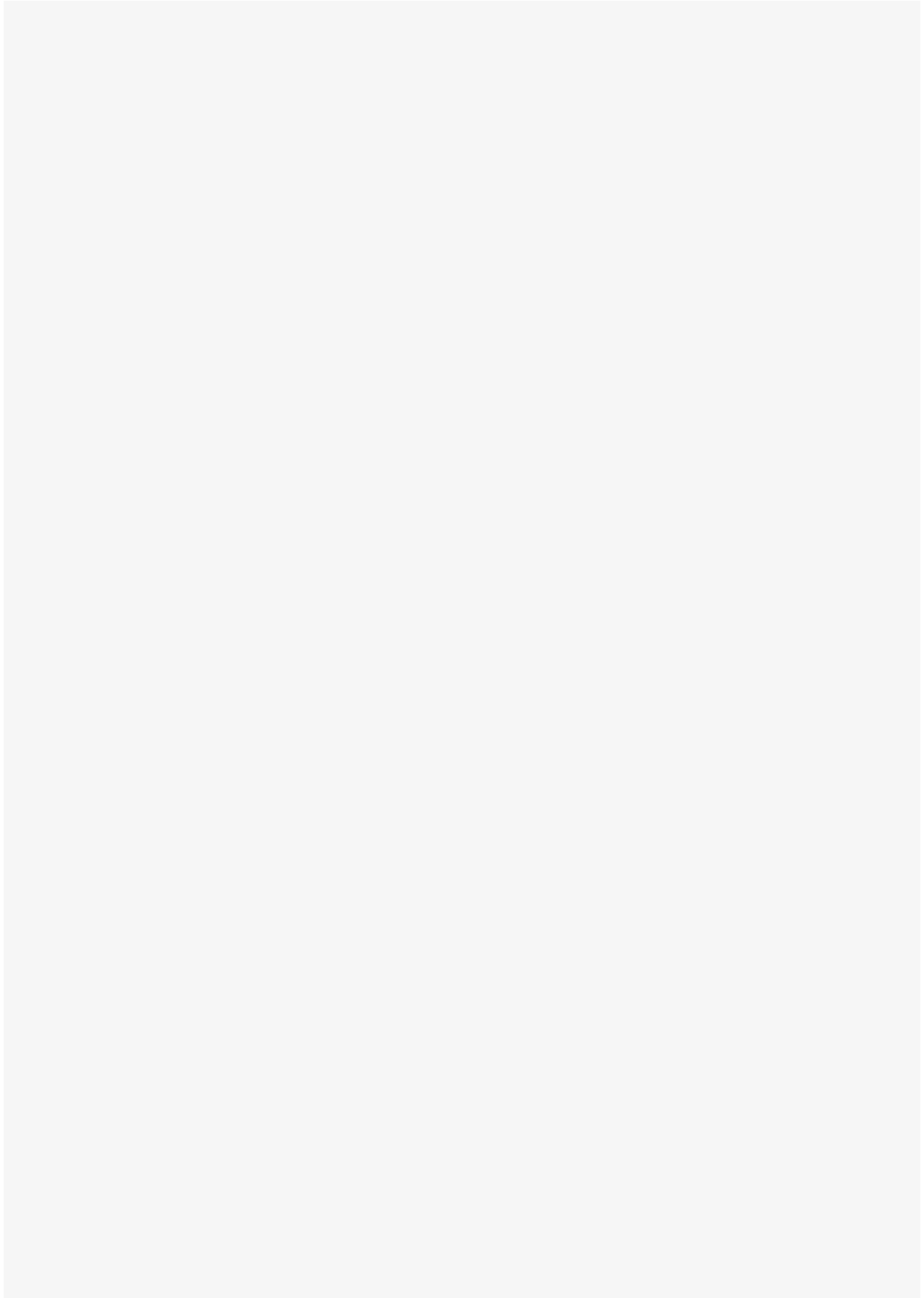
6. Which one of these do you desire most in your life? Why?

[Your Response Here]

7. Write a prayer in the space below asking God to produce that fruit in you.

[Your Response Here]

## MY NOTES

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