

Emotions Chart

APATHY

Absurd
All alone
Blasé
Bleak
Bored
Can't win
Careless
Cold
Confused
Cut-off
Dead
Defeated
Depressed
Demoralized
Desolate
Depressed
Depleted
Despair
Discouraged
Disillusioned
Disinterest
Dismal
Dispassion
Disregard
Doomed
Drained
Dull
Exhausted
Emotionless
Estranged
Failure
Fatalistic
Fatigued
Forgeful
Forlorn
Futile
Giving up
Hardened
Helpless
Hopeless
Humorless
I can't
I don't care
I don't count
Immobile
Impossible
Inactive
Inattentive
Indecisive
Indifferent
Invisible
Isolated
It's too late
Lazy
letdown
Let it wait
Lethargic
Listless
Loser
Lost
Meaningless
Mechanical
Moping
Negative
Numb
Overwhelmed
Passive
Pessimistic
Pointless
Powerless
Resigned
Senseless
Shock
Sluggish
Slump
Spaced out
Stagnant
Stoned
Stuck
Too hard
Tool late
Too old
Too tired
Too young
Unfeeling
Unfocused
Unfulfilling
Unresponsive
Useless
Vague
Weak
Wasted
What's the use?
Who cares?
Why Try?
Why bother?
Withdrawn
Worthless

GRIEF

Abandoned
Abused
Accused
Agony
Anguished
Ashamed
Bereaved
Betrayed
Blue
Cheated
Desolation
Despair
Depressed
Disappointed
Desolate
Distraught
Distress
Embarrassed
Forgotten
Gloom
Grieving
Guilty
Heartache
Heartbroken
Heartsick
Helpless
Hopeless
Hurt
If only
Ignored
Inadequate
Inconsolable
Irretrievable loss
It's not fair
Left out
Lonely
Loss
Melancholy
Misery
Misunderstood
Mortified
Mourning
Neglected
Nobody cares
Nobody loves me
Nostalgia
Nothing helps
Pain
Passed over
Pessimism
Pity
Poor me
Regret
Rejected
Remorse
Sadness
Sorrow
Tearful
Too difficult
Tormented
Torn
Tortured
Unhappy
Unloved
Unwanted
Vulnerable
Why me?
Wounded
Won't make it

FEAR

Anxious
Apologetic
Apprehensive
Agony
Anguished
Chaotic
Clammy
Cold feet
Cold sweat
Concern
Cowardice
Defense
Distrust
Doubt
Dread
Embarrassed
Envy
Exposed
Fidgety
Foreboding
Frantic
Fright
Frozen
Guilty
Hesitant
Horrible
Hyper-focused
Hyper-vigilant
Indecisive
Inhibited
Insecure
Irrational
Nausea
Nervous
Nightmare
Overwhelmed
Panic
Paralyzed
Paranoid
Phobia
Procrastination
Scared
Self-sabotage
Secretive
Shaky
Shy
Skeptical
Stage fright
Speechless
Superstitious
Tense
Terrified
Threatened
Timid
Trapped
Traumatized
Trembling
Trepidation
Uncertain
Uneasy
Vulnerable
Want to scape
Wary
Worry

LUST

Abandon
Abusive
Addictive
Ambitious
Anticipation
Appetite
Callous
Can't wait
Clinging
Compulsive
Control
Craving
Demanding
Desire
Desperate
Devious
Driven
Envy
Enslaved
Exaggeration
Excessive
Excitement
Exploitative
Extravagant
Fixated
Frenzy
Frustrated
Glamorization
Gluttonous
Greedy
Hankering
Hoarding
Horny
Left out
Linger
I want
Impatient
Insatiable
Irritated
Jealous
Livid
Mad
Malicious
Mean
Merciless
Miffed
Murderous
Nasty
Negativity
Outraged
Passive-aggressive
Peeved
Petulant
Pouting
Punishing
Pushy
Over-Indulgent
Over eating
Possessive
Predatory
Pushy
Ravenous
Reckless
Risqué
Ruthless
Savage
Seductive
Selfish
Sensuality
Thirst
Urge
Voracious
Weakness for
Wild
Yearning

ANGER

Abrasive
Abusive
Aggressive
Agitated
Animosity
Annoyed
Antagonistic
Argumentative
Attack
Belligerent
Boiling
Brooding
Brutal
Caustic
Contempt
Cruel
Evasive
Driven
Demanding
Destructive
Disgust
Exasperation
Explosive
Furious
Fierce
Frustrated
Fuming
Furious
Harsh
Hatred
Heartless
Hostility
Impatience
Indignant
Horny
Hungry
Insulting
Irate
Irritated
Jealous
Livid
Mad
Malicious
Mean
Merciless
Miffed
Murderous
Nasty
Negativity
Outraged
Passive-aggressive
Peeved
Petulant
Pouting
Punishing
Pushy
Rage
Rebellious
Resentment
Resistant
Revenge
Revolted
Rude
Ruthless
Sarcastic
Savage
Simmering
Sizzling
Smoldering
Spiteful
Steely
Stern
Stubborn
Sullen
Temper
Vengeful
Vicious
Vindictive
Violent
Wicked
Volcanic
Wicked
Willful
Wrath

PRIDE

Above it all
Above reproach
Aloof
Arrogant
Better than
Bigoted
Boastful
Bored
Bragging
Clever
Closed
Complacent
Conceited
Condescending
Contemptuous
Cool
Critical
Denial
Disdain
Disrespectful
Dogmatic
Egotistical
False dignity
False humility
False virtue
Fancy talk
Gloating
Haughty
Holier than thou
Hypocritical
Icy
Inflated
Inherent
Isolated
Judgmental
Know it al
Narcissistic
Narrow minded
Never wrong
One up
Opinionated
Overbearing
Over-valuation
Patronizing
Pious
Playing the martyr
Pigeonholing
Pompous
Prejudiced
Presumptuous
Pretentious
Pouting
Rejection
Righteous
Rigid
Self-absorbed
Self-centered
Self-glorification
Self-satisfied
Self-worship
Selfish
Showing off
Smug
Snobbish
Special
Spoiled
Stoic
Stubborn
Stuck-up
Superior
Swaggering
Uncompromising
Unfeeling
Unforgiving
Unyielding
Vain

COURAGE

Able
Active
Adaptive
Adequate
Adventurous
Alert
Alive
Assured
Aware
Balanced
Brave
Capable
Centered
Certain
Cheerful
Clarity
Commitment
Compassion
Competent
Confident
Cooperative
Creative
Daring
Decisive
Dedicated
Determined
Dynamic
Eager
Energetic
Enthusiastic
Exhilaration
Explorative
Flexible
Focused
Generous
Giving
Happy
Honesty
Honorable
Humor
I can
Independent
Initiative
Integrity
Inventive
Invincible
Joyous
Loving
Lucid
Motivated
Non-resistant
Open
Optimistic
Passionate
Persevering
Persistent
Perspective
Positive
Purposful;
Resilient
Resolute
Resourceful
Responsive
Risk taker
Secure
Self-sufficient
Sharp
Skillful
Spirit
Spontaneous
Strong
Supportive
Tireless
Valiant
Vigorous
Visionary
Willing
Zealous
Zest

ACCEPTANCE

Abundance
Accepting
Appreciative
Attuned
Balanced
Beautiful
Belonging
Be of service
Benevolent
Caring
Childlike
Compassion
Connected
Considerate
Content
Delight
Elated
Embracing
Empathy
Enjoyment
Enriched
Everything's okay
Flowing
Friendly
Fulfillment
Fullness
Gentle
Glowing
Goodwill
Gracious
Grounded
Happiness
Harmonious
Harmony
I have
Innocent
Intuitive
In tune
It's okay
Joyful
Loving
Magnanimous
Mellow
Naturalness
Non-judgmental
Nothing to change
Open
Playful
Radiant
Receptive
Relaxed
Satisfied
Secure
Soft
Self-worth
Stability
Tender
Understanding
Warm
Well-being
Wonder

LOVE

Affectionate
Appreciation
Complete
Collaborative
Forgiving
Generous
Gracious
Gratitude
Heartfelt
Holistic
Humility
Nurturing
Protective
Purity
Steadfast
Sweetness
Uplifting
Vision
Warmth

PEACE

Actionless
Ageless
Awareness
Balanced
Being
Bliss
Boundless
Calm
Centered
Complete
Composed
Connected
Eternal
Flawless
Free
Fulfilled
Glowing
I am
Imperturbable
Infinite
Knowingness
Light
Limitless
Oneness
Perfection
Presence
Pure
Quiet
Self-possessed
Selfless
Serenity
Silence
Space
Still
Timeless
Tranquility
United
Unlimited
Whole
Witnessing