



# Wear guide

Put them on and leave them on! Our friendship bracelets are activity and water approved and ready to be worn comfortably day and night. Put them on with the help of a friend or follow the steps below!



**01**

Pull apart the two knots to widen the bracelet enough to slip it over your hand.



**02**

Put it around your wrist.



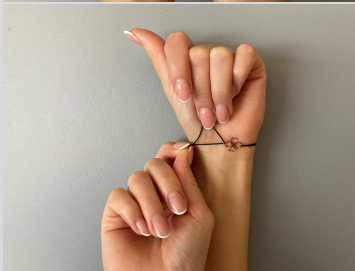
**03**

Put your middle or ring finger on the cord next to the charm.



**04**

With your free hand pull the knot towards the smaller MiaMax logo charm.



**05**

Repeat on the other side until the bracelet fits you well.