



Schenectady

CITY SCHOOL DISTRICT



IN-PERSON REGISTRATION:
WEDNESDAY, MARCH 6, 2024 &
MONDAY, MARCH 11, 2024



DRIVING YOGA INVESTING



COURSES INCLUDE:

- DEFENSIVE DRIVING
- DANCE
- ESL CLASSES
- CONSTRUCTION
- INVESTING
- FASHION
- GED
- YOGA

Continuing Education

SPRING 2024

2024

Spring

CONTINUING EDUCATION



Continuing Education Bulletin Board

DEFENSIVE DRIVING:

Reduce your auto liability and collision insurance 10 percent per year for three years and reduce up to 4 points from your driving record. (See pg. 4)

WANTED: Continuing Ed Instructors!

Have a special skill? Want to share your passion with others? Call 518-370-8220 for details.

CLASSES BEGIN

March 11

No school Apr. 1-5
Registration on pg. 10

**GED
and ESL
classes
are open
enrollment!**

MARCH 2024

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

APRIL 2024

S	M	T	W	T	F	S
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7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

MAY 2024

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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

◀ Courses

<p>❖ ACADEMICS & LANGUAGES 2</p> <p>» GED Preparation for Adults 21+</p> <p>» Study at Home Programs</p> <p>» English as a Second Language</p> <p>» Youth GED Classes</p>	<p>❖ CONSTRUCTION TRADES 7</p>
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<p>❖ BUSINESS & INVESTING 3-4</p> <p>» Financial Planning Basics</p> <p>» Flipping Houses Master Class</p> <p>» How Money Works</p> <p>» Medicare 101</p> <p>» Stocks, Bonds and Mutual Funds</p> <p>» Healthcare After Retirement</p>	
<p>❖ DEFENSIVE DRIVING 4</p>	
<p>❖ FITNESS & RECREATION 5</p> <p>» Women's Volleyball</p> <p>» Yoga</p>	
<p>❖ MUSIC & DANCE 5</p> <p>» Beginners Ballet/Modern Dance</p> <p>» Jazz Dancing</p> <p>» Tappercize</p>	
<p>❖ SPECIAL INTERESTS 6</p> <p>» Getting Paid to Talk</p> <p>» Wardrobe Utilization and Maintenance</p>	



Academics & Languages

► FREE GED® PREP AND ESL CLASSES FOR ADULTS 21+

The Schenectady City School District is an official GED testing center approved by the New York State Education Department. GED tests are a group of five subject tests which, when passed, certify that the taker has high school-level academic skills. For applications and/or more information regarding the NYS GED exam, please go to: www.nysed.gov

Day Classes

► Location Washington Irving Educational Center

Class Days..... Monday – Friday
Time..... 9 a.m. – 12:00 p.m.
..... 12:30 p.m. – 2:30 p.m.

Location Steinmetz Homes FIC 118 Henry St.

Class Days..... Monday – Friday
Time..... 9 a.m. – 12:00 p.m.
..... 12:30 p.m. – 2:30 p.m.

Afternoon Classes

► Location Schenectady County Job Training Agency

797 Broadway – Schenectady, NY 12305

Class Days..... Tues., Wed., Thur.
Time..... 2:45 - 4:45 p.m.

Evening Classes

► Location SCCC Center City

Second Floor

Class Nights Tuesdays and Wednesdays
Time..... 5:30 – 8:30 p.m.

► STUDY AT HOME PROGRAMS

GRASP (GED): Call 370-8230 for information.

ESL): Call 370-8230 for information.

Designed for those 21+. Call 370-8230 for additional information and to see if you qualify for this program.

► ENGLISH AS A SECOND LANGUAGE

Day Classes

► Location Washington Irving Educational Center

Class Days..... Monday – Friday
Times..... 9:00 a.m. - 12:00 p.m. and 12:30 - 2:30 p.m.

Learning English as a second language opens many doors for people and provides them with a variety of options they might not otherwise have. This course is designed for adult learners and helps individuals become more proficient in speaking, reading, and writing English.

Night Classes

► Location Bornt Branch Library - 948 State St.

Class Days..... Monday and Wednesday
Times..... 4:00 – 7:00 p.m.

FREE for ages 21 and up.

► YOUTH GED® CLASSES – AGES 16-20

Day Classes

► Location Washington Irving Educational Center

Class Days..... Monday - Friday
Times..... 9:00 a.m. – 12 p.m. or
12:30 p.m. – 2:30 p.m.

This course is for youth who are past the mandated school age (16-20). This course is free.

Business & Investing

► FLIPPING HOUSES MASTER CLASS: FROM NOVICE TO PRO

► **Room:** **D24**

Class Night: Thursday
 Date: Mar. 13 - May 16
 Length: 9 weeks
 Time: 6:00 p.m. - 8:00 p.m.
 Course Fee: \$60 + \$5 material fee
 Instructor: Monica L. Cook
 Minimum Enrollment: 15
 Maximum Enrollment: 30

Unlock the secrets to successful house flipping with our intensive 10-week masterclass. Led by seasoned industry experts and guest speakers, this course dives deep into every facet of real estate flipping, from strategic acquisitions to profitable sales. Explore residential and commercial properties, uncover diverse financing options, and learn the art of efficient project management. Delve into design and staging techniques that maximize appeal, and master marketing strategies that seal the deal. With a focus on long-term wealth-building, this course offers invaluable insights for both beginners and seasoned investors. Don't just flip houses, master the art and science of it.

► HOW MONEY WORKS

► **Room:** **Online Webinar**

Class Night: Thursday
 Date: Mar. 21
 Length: 1 Night
 Time: 6:00 p.m. - 7:30 p.m.
 Course Fee: \$5
 Instructor: James Farnham
 Minimum Enrollment: 2
 Maximum Enrollment: 25

This webinar is for anyone who wants to learn more about personal finance. Whether you're just starting out or looking to improve your financial skills, this program will provide you the skills you need to make sound financial decisions. Learn and outline the "3 Ds" of investing, learn the rule of 72, and discover the power of tax-deferred savings.

► MEDICARE 101

► **Room:** **Online Webinar**

Class Night: Monday
 Date: Apr. 29
 Length: 1 Night
 Time: 6:00 p.m. - 8:00 p.m.
 Course Fee: No cost
 Instructor: James Farnham
 Minimum Enrollment: 1
 Maximum Enrollment: 25

Are you currently enrolled in Medicare? Will you be turning 65 in the next year or two? Learn about eligibility, how and when to enroll, when you can make changes and the insurance options available to you. Review and compare what services are covered/not covered under Medicare part A, B, C and D. Detail the costs associated with medical and prescription insurance. This program will help you make informed decisions and explain what Medicare means for you.

► STOCKS BONDS AND MUTUAL FUNDS

► **Room:** **D14**

Class Night: Tuesday
 Date: April 16
 Length: 1 Night
 Time: 6:30 p.m. - 8:00 p.m.
 Course Fee: \$5
 Instructor: Nick Stark
 Minimum Enrollment: 2
 Maximum Enrollment: 25

This flagship course has been heard by thousands of people since the launch in 2005. Each year we make adjustments to give you the most up to date information. Learn the basics of stocks, bonds, and mutual funds, the true backbone of most portfolios. This informational class will help you understand the differences and similarities of various types of investments and explain "financial lingo". It will also show you how proper asset allocation will lower your overall risk, understand the benefits of using mutual funds to build a balanced portfolio to plan for a successful retirement. There will be no attempt to promote any specific investments.



► FINANCIAL PLANNING BASICS

► **Room:** **D14**

Class Night: Monday
 Date: March 18
 Length: 1 Night
 Time: 6:30 p.m. - 8:00 p.m.
 Course Fee: \$5
 Instructor: Jeff Jones
 Minimum Enrollment: 2
 Maximum Enrollment: 25

In this presentation, we'll take a look at some general financial planning concerns. While there's no such thing as a "one-size-fits-all" financial plan, this overview should assist you in thinking about your own needs.

► HEALTHCARE AFTER RETIREMENT

► **Room:** **D14**

Class Night: Monday
 Date: May 6
 Length: 1 Night
 Time: 6:30 p.m. - 8:00 p.m.
 Course Fee: \$5
 Instructor: Michael Stanton
 Minimum Enrollment: 2
 Maximum Enrollment: 25

Do you know what to expect when it comes to Medicare? Did you know Medicare is mandatory for those collecting Social Security and it will likely be your greatest expense in retirement? If you or someone you know is turning 65, ready to retire, or losing your employer plan, this course will help you discover an understanding of Medicare. From Part A to IRMAA, learn the fundamentals of how each section of Medicare works in this hands-on class aimed at making complex information easy-to-understand.

► HEALTHCARE AFTER RETIREMENT PT. 2

► **Room:** **D14**

Class Night: Monday
 Date: May 13
 Length: 1 Night
 Time: 6:30 p.m. - 8:00 p.m.
 Course Fee: \$5
 Instructor: Michael Stanton
 Minimum Enrollment: 2
 Maximum Enrollment: 25

An educational course designed to help you understand the differences between advantage, supplemental and prescription drugs plans. This is the second class in the Healthcare series offered by Michael Stanton.

◀ Defensive Driving

► DEFENSIVE DRIVING

► **Location:** **Mont Pleasant Middle School**
 **Room 125 (use rear entrance)**

Date: Apr. 13 and May 18
 Time: 9 a.m. - 3:30 p.m.
 Course Fee: \$35 (exempt from discounts and other fees)
 Instructor: Ron Longo
 Minimum Enrollment: 10
 Maximum Enrollment: 30

This long-standing course will reduce your auto liability and collision insurance 10 percent per year for three years and reduce up to 4 points from your driving record. Fee includes course material and DMV certification. Must bring your driver's license or permit. Please bring a bag lunch.

◀ Fitness & Recreation

▶ YOGA FOR EVERYBODY

▶ **Room:** Paige Elementary Gym

Class Night: Wednesday

Dates: March 13 - May 1

Time: 5:00 p.m. – 6:00 p.m.

Course Fee: \$80

Instructor: Mande Guzzo

Minimum Enrollment: 10

Maximum Enrollment: 20

Yoga for everybody and every body is an inclusive and accessible all-levels Hatha Yoga class. The class welcomes individuals of diverse abilities and experience levels. This class promotes body awareness, relaxation and overall well-being. No prior experience is required, attendees should bring a Yoga mat.

▶ YOGA WITH KAREN

▶ **Room:** Central Park Gym

Class Night: Tuesday or Thursday

Dates: Mar. 19 - May 30 (no class 4/2 & 4/4)

Length: 10 weeks

Time: 6 p.m. – 7:15 p.m.

Course Fee: \$90/ \$180 both nights

Instructor: Karen Radley

Minimum Enrollment: 10

Maximum Enrollment: 25

This class is designed for students with a variety of needs who are looking for a safe place to experience the benefits of yoga. These benefits would include increased flexibility, increased sense of balance, moderate strengthening, and the ability to present themselves in the breath to achieve the optimum degree of healing in each experience, whether in a yoga class or in the world. Choose to attend one or both nights per week.

▶ WOMEN'S VOLLEYBALL

▶ **Room:** Zoller Gym

Class Night: Tuesday

Dates: Mar 12 - May 21

Time: 6:00 p.m. – 9:00 p.m.

Course Fee: \$5

Instructor: Linda Farkas and Erica Matura

Standard rules apply in this non-competitive, fun league.

◀ Music & Dance

▶ BEGINNING BALLET AND MODERN DANCE

▶ **Room:** SHS Cafe

Class Night: Monday

Dates: Mar. 11 - May 20

Length: 8 Weeks

Time: 6:30 p.m. - 7:30 p.m.

Course Fee: \$55

Instructor: Beth Jacobs

Minimum Enrollment: 5

Maximum Enrollment: 25

A beginners level ballet and modern dance class. Attendees should wear stretchy clothing and socks or ballet shoes.

▶ JAZZ

▶ **Room:** SHS Dance Studio

Class Night: Tuesdays

Dates: Mar. 12 - May 7

Length: 8 Weeks

Time: 7:15 p.m. – 7:45 p.m.

Course Fee: \$35

Instructor: Janet Murphy

Minimum Enrollment: 4

Maximum Enrollment: 15

Warm-up exercises, balancing exercises and Jazz steps to contemporary music.

▶ TAPPERCIZE

▶ **Room:** SHS Dance Studio

Class Night: Tuesdays

Dates: Mar. 12 - May 7

Length: 8 Weeks

Time: 6:30 p.m. – 7:15 p.m.

Course Fee: \$35

Instructor: Janet Murphy

Minimum Enrollment: 4

Maximum Enrollment: 15

A fun, no-pressure class that teaches the basics of tap dancing.



◀ Special Interests

▶ **WARDROBE UTILIZATION: UNLOCKING THE POWER OF ENCLOTHED COGNITION**

▶ **Room:** **D24**

Class Night: Friday

Date: Mar. 15

Length: 1 Night

Time: 6 p.m. - 7:30 p.m.

Course Fee: \$35

Instructor: Jasenya McCauley

Minimum Enrollment 3

Maximum Enrollment 20

In this course, explore where psychology meets fashion. Uncover the profound impact that your clothing choices have on your mindset, confidence, and overall cognitive performance. Learn how to strategically leverage your wardrobe to enhance your life. From boosting self-esteem to optimizing productivity, discover the secrets of enclothed cognition and unlock the full potential of your personal style.

▶ **WARDROBE MAINTENANCE: TIPS FOR A STYLISH AND SUSTAINABLE WARDROBE**

▶ **Room:** **D24**

Class Night: Friday

Date: Mar. 22

Length: 1 Night

Time: 6 p.m. - 7:30 p.m.

Course Fee: \$35

Instructor: Jasenya McCauley

Minimum Enrollment 3

Maximum Enrollment 20

Elevate your style while embracing sustainability. Join our wardrobe maintenance course for cultivating a chic and eco-friendly wardrobe. Learn how to curate, care for and extend the life of your clothing with practical insights on sustainable fashion choices. From storage solutions to fabric care, this course is your key to a stylish and planet-friendly wardrobe.

▶ **GETTING PAID TO TALK**

▶ **Location:** **Voice Coaches:**

26 Vly Road, Albany, NY 12205

Class Night: Wednesday

Date: Apr. 10

Length: 1 Night

Time: 6:30 p.m. - 9:00 p.m.

Course Fee: \$20

Minimum Enrollment 5

Maximum Enrollment 12

For more than 30 years, Voice Coaches has provided voice over production, recording, and communication coaching to clients including Netflix, Discovery, HGTV, Disney, Lifetime, Nickelodeon, Universal, The New York State Governor's Office, Department of Health, Transportation, Tourism, and numerous others. In addition to being actively involved in industry organizations, we provide internships to college students in recording, production, and entertainment business. Voice Coaches is proud to be a 16-year, A+ Member of The Better Business Bureau



◀ Construction Trades

This is a free construction trades program designed to provide local residents with an opportunity for education and training in a skilled trade in preparation for employment.

Students should plan on a 6-8 month commitment to the program. Classes are Monday-Friday from 8 a.m.- 2:30 p.m. (following the school calendar).

Upon completion of the program, students will receive OSHA 10 certification, Employability skills training, Life Skills training, NCCER Core national certification (National Center for Construction Education and Research), along with hands on experience in framing, sheetrock, taping, and painting by our Master Trainers in collaboration with local contractors.

Students without a high school diploma will be expected to enroll in a high school equivalency prep class as well.

To Register

Perspective students should apply in person at Washington Irving Educational Center at 422 Mumford Street in Schenectady. **Classes are forming now.** Students do not need any paperwork, but should allow approximately 2 hours for registration and a math/reading assessment.

The success of this program and our students is a direct reflection of the collaborations between educational programming (Schenectady City Schools, Universal Concepts), Non-profit support and leadership (Schenectady's Help Yourself Win), and local contractors (JAFJR Construction). Students that successfully complete this program are prepared to begin their journey in the construction trades field with experience, mentorship, and the confidence to be an asset to any employer.



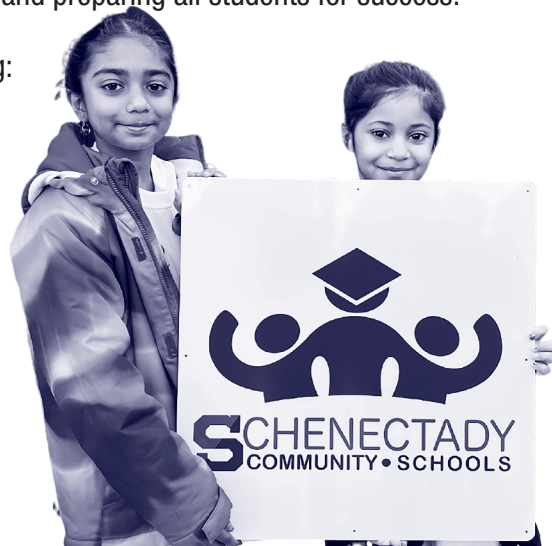
◀ The Office of Innovation, Equity & Engagement

▶ PHONE NUMBER: 518-370-8100 EXT. 40107

The Office of Innovation, Equity and Engagement works to serve the academic, emotional and physical needs of the students through the essential elements of the district's Strategic Plan. The department, led by the Assistant Superintendent of Innovation, Equity and Engagement, has hired competent, motivated, dedicated and fully engaged individuals who are committed to moving the district forward and preparing all students for success.

The department serves in all functions of the district including:

- **Parent centers**
- **Community Schools initiative**
- **Development of partnerships**
- **Extended learning**
- **Prioritize equity, diversity, and inclusion**
- **Relationships**
- **My Brother's Keeper**
- **Extracurricular programming**
- **Summer enrichment**



◀ Meet The Team

DR. CARLOS COTTO - Assistant Superintendent of Innovation, Equity, and Engagement

SIMONE MIRANDA - Assistant Director of Innovation, Equity, and Engagement

TBD - NY Community Learning Center Project Manager

ALISSA DIAMOND - Executive Assistant

JESSE ROYLANCE - Director of Adult and Continuing Education

ALFRED TOMPKINS - Innovation, Equity, and Engagement Specialist/ Registration

REBEKKA HENRIKSEN - Farm to School Program Coordinator

DAMONNI FARLEY - Community Outreach Specialist

BRIAN LEDBETTER - Program Specialist

ALEX TORRES - Senior Parent Liaison/ Registration

KAYLA AMBESI - Community Schools Supervisor

RYAN WILLIAMS - Community Schools Coordinator

BRENNAN VENDETTI - Community Schools Coordinator

OCTAVIOUS COOK - Community Schools Coordinator

WILLIAM KENT - Community Schools Coordinator

LEAH HALL - NYGEAR UP

TAMMY TREEN - NYGEAR UP

◀ All New Family and Community Engagement Center

▶ 530 LIBERTY STREET, DOWNTOWN SCHENECTADY

New in 2024, the district has launched the first phase of a new Family and Community Engagement (FACE) Center. Members of the Innovation, Equity and Engagement Team, student registration, Human Resources and Community Schools staff relocated to our newest building. The district is excited to welcome families in this spacious, comfortable, and welcoming setting. It is on the bus line and there is plenty of parking.

Other central office departments, including transportation, will be moving to the building over the next several months. Soon, the center will serve as a one-stop-shop and hub of resources for our parents and community.



► PLEASE FILL OUT INFORMATION AND REGISTER IN-PERSON ON MARCH 6 OR 11, 2024 OR BY MAIL.



Schenectady City School District: CONTINUING EDUCATION

Course Registration Form: In Person on March 6 or March 11, 2024 or by mail

You will only be notified if class is canceled or met maximum. Please fill out one form for each class. This form may be copied.

Last Name: _____ First Name: _____

Address: _____

Home phone: _____ Cell phone: _____

Course: _____

My check is enclosed in the amount of: \$ _____ My check number is: _____

(Non-Residents add \$5; Seniors over 65-years-old and current SCSD employees deduct \$5*; There is a \$5 late fee if registering after Friday, Feb. 23, 2024) *Does not apply to courses \$5 or less. PLEASE SEND ONE CHECK PER COURSE.

► **MAKE CHECK PAYABLE TO: SCHENECTADY CITY SCHOOL DISTRICT OR SCSD**

► **SEND TO:** Continuing Education Department / Washington Irving Educational Center
422 Mumford Street, Schenectady, NY 12307
(518) 370-8220



Schenectady City School District: CONTINUING EDUCATION

Course Registration Form: Course Registration Form: In Person on March 6 or March 11, 2024 or by mail

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422 Mumford Street, Schenectady, NY 12307
(518) 370-8220

DOWNLOAD OUR MOBILE APP

It's everything
Schenectady Schools,
in your pocket.

Our mobile app can be downloaded from Apple or Google Play. Simply search for "Schenectady Schools" and you have everything Schenectady Schools in your pocket. You can access documents, events, news, menus, athletic schedules, district, and school updates as well as receive alerts and push notifications. Both the website and app provide easy translation of dozens of languages and are ADA compliant, which means users who are blind, deaf, and those who must navigate by voice, screen readers or other assistive technologies are able to access all our content.

Our intention with the mobile app is to provide accessibility and increase engagement with our school community. We know most families use their phones as primary means of communication. The custom-built app will help families stay up to date with school announcements and events, important notifications, and provides easy access to needed contact information quickly.

Scan the QR code to download The Schenectady Schools app.



Schenectady City Schools



Download on the
App Store



GET IT ON
Google Play

◀ Continuing Education

▶ WHO CAN REGISTER?

Residents 16 and older can attend any Continuing Education class of the Schenectady City School District. Out-of-district residents will pay an additional fee.

▶ REGISTRATION:

By mail): Fill out an application. Return it with your check to the address shown at the bottom of the tear-out registration form. Apply early to ensure entry into the classes you desire. DO NOT MAIL CASH. Receipts will not be given for check payments. However, if a receipt is necessary for employer reimbursement, let your instructor know and arrangements will be made for you.

Once a course has started, refunds cannot be made.

In-person (at the school): In-person registration will take place between 4:30 p.m. and 7 p.m. on Wednesday, March 6, and Monday, March 11, ONLY at the Schenectady High School main office (please use the main entrance—see map on page 15). Receipts will be given at registration.

▶ REFUND POLICY:

A full refund will be issued ONLY if a class has been canceled.

▶ INCLEMENT WEATHER/CANCELLATIONS:

If day classes in the Schenectady City School District are canceled due to inclement weather, evening classes will automatically be canceled. If school is in session, but after-school and evening activities are canceled, Continuing Education classes are automatically canceled. Please monitor local TV stations and news web sites for alerts. Classes will be made up WHEN POSSIBLE.

▶ REGISTRATION POLICIES:

Registration is on a first come, first served basis. You are urged to register BY MAIL to ensure a space in the classes you desire. PAYMENT IN FULL IS NECESSARY AT THE TIME OF REGISTRATION. Non-resident fees are \$5 more than resident fees, unless otherwise stated. Seniors over 65 and current SCSD employees receive a \$5 discount, unless the course is \$5 or less.

▶ NOTIFICATION:

You will be notified in advance **ONLY** if a class has been canceled. Most classes have minimum and maximum registrations. Class cancellations are at the discretion of the instructor when minimums are not met.

◀ Directions to the High School

FROM ERIE BOULEVARD:

- Going Northeast, take a right onto Union Street
- Left onto Ardsley Road
- Right onto The Plaza
- SHS will be on your left

FROM MICHIGAN AVENUE:

- Going Northeast (toward Brandywine), stay straight onto Brandywine Avenue
- Left onto Rugby Road
- Right onto Phoenix Avenue
- Left onto The Plaza
- SHS will be on your right

FROM STATE STREET:

(HEADED EAST FROM ROUTE 146)

- Right on Brandywine Avenue
- Left onto Rugby Road
- Right onto Phoenix Avenue
- Left onto the Plaza
- SHS will be on your right

FROM STATE STREET: (HEADED WEST FROM SCOTIA)

- Left onto Erie Boulevard
- Right onto Union Street
- Left onto Ardsley Road
- Right onto The Plaza
- SHS will be on your left

Map of Schenectady High School

Adult and Continuing Education class participants should use the main entrance of Schenectady High School, located at 1445 The Plaza. From there, please use the map below to locate the room assignment for your particular class.

Please note that the **Getting Paid to Talk, Defensive Driving, and Women's Volleyball, and Yoga** are all held at other locations – not the High School.

▶ All classes held at Schenectady High School unless otherwise noted.

Please see the course descriptions for those locations.

▶ **ENTER HERE
MAIN ENTRANCE
1445 THE PLAZA**



2024

Spring

CONTINUING EDUCATION

Schenectady City School District



Schenectady City School District

108 Education Drive, Schenectady, NY 12303

518-370-8100 Fax: 518-370-8173

www.SchenectadySchools.org

2023-24 Board of Education

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President
- » Nohelani Etienne
Vice President
- » Erica Brockmyer
- » Cathy Lewis
- » Jamaica Miles
- » Vivian Parsons
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Postal Patron



COMPUTERS DANCE FITNESS



**IN-PERSON REGISTRATION:
WEDNESDAY, MARCH 6, 2024 &
MONDAY, MARCH 11, 2024**



DRIVING YOGA INVESTING

Payment in full is necessary at the time of registration.
**See page 10 for the special tear-out Continuing
Education registration form.**
Address is provided on registration form.

Spring 2024!