CONTAINS:	Dairy	Eggs	Mustard	Peanuts	Tree Nuts	Sesame	Soy	Sulfites	Wheat/Gluten	Celery	Corn (Not A Regulated Allergen)	Fish/Shellfish
Vegenaise [®]												
Original	N	N	Υ	N	N	N	Υ	N	N	N	N	N
Avocado Oil	N	N	Υ	N	N	N	N	N	N	N	N	N
Soy-Free	N	N	Y	N	N	N	N	N	N	N	N	N
Grapeseed Oil Reduced Fat	N N	N N	Y	N	N	N N	Y	N	N	N	N	N
Organic	N	N	Y	N	N	N	Y	N	N	N	N	N
Organic Garlic Aïoli	N	N	Y	N	N	N	Y	N	N	N	N	N
Chipotle	N	N	Υ	N	N	N	N	N	N	N	N	N
Pesto	N	N	Υ	N	N	N	N	N	N	N	N	N
Roasted Garlic	N	N	Y	N	N	N	N	N	N	N	N	N
Sriracha	N	N	Y	N	N	N	N	N	N	N	N	N
Horseradish Sauce Tartar Sauce	N N	N N	Y	N	N	N N	N	N N	N	N	N	N N
*All Vegenaise® contains Mustard.	IN	IN		IN	IN	IV	IN	IN	IN	IV	IN	IN
Dairy-Free Finely Shredded Cheese Cheddar	N	N	N	N	N	N	N	N	N	N	Y	N
Mozzarella	N	N	N	N	N	N	N	N	N	N	Y	N
Dairy-Free Shredded Cheese												
Mozzarella	N	N	N	N	N	N	N	N	N	N	Υ	N
Cheddar	N	N	N	N	N	N	N	N	N	N	Y	N
Italian Blend	N	N	N	N	N	N	N	N	N	N	Υ	N
Fiesta Blend	N	N	N	N	N	N	N	N	N	N	Υ	N
Dairy-Free Cheese Slices												
Smoked Gouda	N	N	N	N	N	N	N	N	N	N	Υ	N
American	N	N	N	N	N	N	N	N	N	N	Υ	N
Provolone Popper lack	N	N	N	N	N	N	N	N	N	N	Y	N
Pepper Jack Medium Cheddar	N	N	N	N	N	N	N	N	N	N	Y	N
Medium Cheddar Mozzarella	N	N	N	N	N	N	N	N	N	N	Y	N
Garden Herb	N	N	N	N	N	N	N	N	N	N	Y	N
Dairy-Free Specialty Cheese												
Parmesan Shredded	N	N	N	N	N	N	N	N	N	N	Υ	N
Parmesan Grated	N	N	N	N	N	N	N	N	N	N	Y	N
Feta Crumbles	N	N	N	N	N	N	N	N	N	N	Υ	N
Dairy-Free Cheese Blocks												
Mozzarella	N	N	N	N	N	N	N	N	N	N	Υ	N
Mozzarella Made With Organic Soy	N So Chassa S	N Cliese Mazza	N Chass	N so Block on	N od Coopialty (N	Y	N h o 0 masia u a	N N	N Simu Free Me	N azzaralla Mas	N nda With
*Dairy-Free Finely Shredded Cheese, Shredded Cheese, Cheese Slices, Mozzarella Cheese Block, and Specialty Cheese are all free of the 8 major allergens. Dairy-Free Mozzarella Made With Organic Soy Cheese Block contains Non-GMO Soy. *Earth Island/Follow Your Heart uses refined coconut oil in some of our products. Refined oils are not considered allergenic and therefore are not labeled as such, per FDA allergen labeling law. Refined coconut oil is generally considered safe for coconut allergic persons because the coconut protein is separated from the oil during the extraction and refining process.												
Salad Dressings												
High Omega Ranch	N	N	Υ	N	N	N	Υ	N	N	N	N	N
Organic Caesar	N	N	Y	N	N	N	Y	N	N	N	N	N
Thousand Island Honey Mustard	N	N N	Y	N	N	N N	Y	N	N	N Y	N	N
Creamy Garlic	N	N	Y	N	N	N	Y	N	N	N	N	N
Dairy-Free Bleu Cheese	N	N	Υ	N	N	N	Υ	N	N	N	N	N
Organic Balsamic Vinaigrette	N	N	N	N	N	N	N	N	N	N	N	N
Organic Miso Ginger	N	N	Υ	N	N	Υ	Υ	N	N	N	N	N
Reduced Fat Ranch	N	N	Υ	N	N	N	Υ	N	N	N	Υ	N
Breakfast												
Rocket Cakes® Pancake & Waffle Batter	N	N	N	N	N	N	N	N	N	N	Y	N
VeganEgg™ *VeganEgg™ contains Non-GMO, organic Soy.	N	N	N	N	N	N	Υ	N	N	N	Y	N
*Veganegg" contains Non-GMO, organic 30y.												
Dips & Spreads												
Dairy-Free Sour Cream	N	N	N	N	Υ*	N	N	N	N	N	Υ	N
Dairy-Free Cream Cheese	N	N	N	N	N	N	N	N	N	N	Y	N
*Dairy-Free Sour Cream contains Coconut but no other	er Tree Nut	ts.										
*Earth Island/Follow Your Heart uses refined coconut oil in some of our products. Refined oils are not considered allergenic and therefore are not labeled as such, per FDA allergen labeling law. Refined coconut oil is generally considered safe for coconut allergic persons because the coconut protein is separated from the oil during the extraction and refining process.												

Dairy-Free Yogurt **Y*** Υ Ν Plain Ν Ν Ν Ν Ν Ν Ν Ν Ν **Y*** Ν Ν Ν N Ν Vanilla Bean Ν Ν Ν Ν Ν Ν

Ν

N

Y*

Y*

Ν

Ν

Ν

N

N

Ν

Ν

Ν

Ν

Ν

Ν

Ν

Piña Colada

Strawberry Rhubarb

Ν

Ν

Ν

N

N

N

Blueberry	N	N	N	N	Y*	N	N	N	N	N	N	N
Peach	N	N	N	N	Y*	N	N	N	N	N	N	N
Strawberry	N	N	N	N	Υ*	N	N	N	N	N	N	N
Cherry	N	N	N	N	Y*	N	N	N	N	N	N	N
Raspberry	N	N	N	N	Υ*	N	N	N	N	N	N	N
Key Lime	N	N	N	N	Y*	N	N	N	N	N	N	N

*Dairy-Free Yogurts contain Coconut but no other Tree Nuts. *Earth Island/Follow Your Heart uses refined coconut oil in some of our products. Refined oils are not considered allergenic and therefore are not labeled as such, per FDA allergen labeling law. Refined coconut oil is generally considered safe for coconut allergic persons because the coconut protein is separated from the oil during the extraction and refining process.

Ν

Ν