

Drake RELAYS

PRESENTED BY



Sunday, April 23, 2023

7:30 a.m. Half Marathon/10K Drake Road Races
7:45 a.m. 5K Drake Road Races

Tuesday, April 25, 2023

6:00 p.m. Grand Blue Mile Downtown
7:15 p.m. USATF 1-Mile Championships

Wednesday, April 26, 2023

11:30 a.m. Decathlon Men, Day 1
12:30 p.m. Heptathlon Women, Day 1

Thursday, April 27, 2023

10:00 a.m. Decathlon Men, Day 2
11:00 a.m. Heptathlon Women, Day 2

Distance Carnival

4:30 p.m. 4x800m CD, Women, Final
4:44 p.m. 4x800m CD, Men, Final
4:58 p.m. 1500m (Unseeded) UD/CD, Women, Final
5:10 p.m. 1500m (Unseeded) UD/CD, Men, Final
5:22 p.m. 240 Yard Shuttle ES, Youth, Final
5:34 p.m. 800m (Unseeded) UD/CD, Women, Final
5:43 p.m. 800m (Unseeded) UD/CD, Men, Final
5:52 p.m. 3200m HS, Boys, Final
6:07 p.m. 3000m HS, Girls, Final
6:24 p.m. 3000m Steeple Open, Women, Final
6:48 p.m. 3000m Steeple Open, Men, Final
7:12 p.m. 5000m (Unseeded) Open, Women, Final
7:32 p.m. 5000m (Seeded) Open, Women, Final
7:52 p.m. 5000m (Unseeded) Open, Men, Final
8:11 p.m. 5000m (Seeded) Open, Men, Final
8:29 p.m. 10000m Open, Women, Final
9:09 p.m. 10000m Open, Men, Final

Field Events

2:30 p.m. Discus HS, Girls, Final
4:30 p.m. High Jump HS, Boys, Final
4:30 p.m. Shot Put HS, Boys, Final
4:45 p.m. Hammer Elite, Women, Final
5:00 p.m. Long Jump HS, Girls, Final
6:15 p.m. Hammer Elite, Men, Final

Friday, April 28, 2023

8:30 a.m. 100mH HS, Girls, Prelim
8:44 a.m. 110mH HS, Boys, Prelim
8:58 a.m. 100m HS, Girls, Prelim
9:08 a.m. 100m HS, Boys, Prelim
9:18 a.m. 4x100m CD, Women, Prelim
9:34 a.m. 4x100m CD, Men, Prelim
9:49 a.m. 800m Medley HS, Girls, Final
10:03 a.m. 1600m Medley HS, Boys, Final
10:22 a.m. 800m Masters, Men/Women, Final
10:33 a.m. 100mH HS, Girls, Final
10:38 a.m. 110mH HS, Boys, Final
10:43 a.m. 4x1600m UD/CD, Women, Final

Officials Break

11:00 a.m. 400m Wheelchair HS, Coed, Final
11:44 p.m. 800m Wheelchair Paralympic, Women, Final
11:54 p.m. 800m Wheelchair Paralympic, Men, Final
11:59 a.m. 4x1600m UD/CD, Men, Final
12:19 p.m. 100mH UD/CD, Women, Prelim
12:33 p.m. 110mH UD/CD, Men, Prelim
12:47 p.m. 4x200m HS, Girls, Final
1:00 p.m. 4x200m HS, Boys, Final
1:13 p.m. 4x100m Special Olympics, Co-Ed, Final
1:23 p.m. 4x100m UD, Women, Prelim
1:32 p.m. 4x100m UD, Men, Prelim
1:41 p.m. 800m HS, Girls, Final
1:48 p.m. 800m HS, Boys, Final
1:57 p.m. 400mH UD/CD, Women, Final
2:10 p.m. 400mH UD/CS, Men, Final
2:23 p.m. 100m HS, Girls, Final
2:28 p.m. 100m HS, Boys, Final

2:33 p.m. 100m Special Olympics, Co-Ed, Final
2:41 p.m. 100m UD/CD, Women, Prelim
2:52 p.m. 100m UD/CD, Men, Prelim
3:03 p.m. 4x400m CD, Women, Prelim
3:26 p.m. 4x400m CD, Men, Prelim
3:49 p.m. Session Ends- Clear the Stadium

Field Events

8:30 a.m. Discus HS, Boys, Final
8:30 a.m. Long Jump HS, Boys, Final
9:00 a.m. Shot Put HS, Girls, Final
9:30 a.m. High Jump HS, Girls, Final
10:15 a.m. Triple Jump UD/CD, Women, Final
11:00 a.m. Discus UD/CD, Women, Final
11:15 a.m. Shot Put UD/CD, Men, Final
11:30 a.m. High Jump UD/CD, Men, Final
12:00 p.m. Triple Jump UD/CD Invite, Women, Final
1:00 p.m. Pole Vault UD/CD, Women, Final
1:00 p.m. Triple Jump UD/CD, Men, Final
1:30 p.m. High Jump UD/CD Invite, Men, Final
1:45 p.m. Discus UD/CD, Men, Final
1:45 p.m. Shot Put UD/CD, Women, Final
2:30 p.m. Triple Jump UD/CD Invite, Men, Final

Friday Night at the Drake Relays

5:00 p.m. 1600m Medley MS, Girls, Final
5:07 p.m. 1600m Medley MS, Boys, Final
5:14 p.m. 400m HS, Girls, Final
5:20 p.m. 400m HS, Boys, Final
5:26 p.m. 400m UD/CD, Women, Final
5:38 p.m. 400m UD/CD, Men, Final
5:52 p.m. 4x100m MS, Girls, Final
6:05 p.m. 4x100m MS, Boys, Final
6:18 p.m. Sprint Medley CD, Women, Final
6:33 p.m. Sprint Medley CD, Men, Final
6:48 p.m. 1500m UD/CD, Women, Final
6:55 p.m. 1500m UD/CD, Men, Final
7:02 p.m. 4x800m UD, Women, Final
7:12 p.m. 4x800m UD, Men, Final
7:22 p.m. 4x200m UD/CD Women, Final
7:34 p.m. 4x200m UD/CD Men, Final
7:50 p.m. 3000m Steeple Elite, Women, Final
8:18 p.m. Mile Elite, Girls, Final
8:25 p.m. Mile Elite, Boys, Final
8:31 p.m. 4x400m HS, Girls, Prelim
8:48 p.m. 4x400m HS, Boys, Prelim

Field Events

5:00 p.m. Discus UD/CD Invite, Women, Final
5:00 p.m. Long Jump UD/CD, Women, Final
5:00 p.m. Pole Vault UD/CD Invite, Women, Final
6:15 p.m. Discus UD/CD Invite, Men, Final
6:30 p.m. Shot Put UD/CD Invite, Women, Final
7:00 p.m. Long Jump UD/CD Invite, Women, Final
7:45 p.m. Shot Put UD/CD Invite, Men, Final

Saturday, April 29, 2023

8:00 a.m. Shuttle Hurdle HS, Girls, Prelim
8:15 a.m. Shuttle Hurdle HS, Boys, Prelim
8:30 a.m. Distance Medley Iowa CD, Men, Final
8:45 a.m. Distance Medley Iowa CD, Women, Final
9:00 a.m. Distance Medley CD, Women, Final
9:15 a.m. Distance Medley CD, Men, Final
9:30 a.m. 4x100m HS, Girls, Prelim
9:58 a.m. 4x100m HS, Boys, Prelim
10:25 a.m. 4x800m HS, Girls, Final
10:40 a.m. 4x800m HS, Boys, Final
10:55 a.m. Officials Break
11:43 a.m. Shuttle Hurdle HS, Girls, Final
11:48 a.m. Shuttle Hurdle HS, Boys, Final
11:53 p.m. Shuttle Hurdle UD/CD, Women, Final
12:08 p.m. Shuttle Hurdle UD/CD, Men, Final

12:23 p.m. Distance Medley UD, Women, Final
12:37 p.m. Distance Medley UD, Men, Final
12:53 p.m. 400mH HS, Girls, Final
1:00 p.m. 400mH HS, Boys, Final

1:07 p.m. 100m UD/CD, Women, Final
1:13 p.m. 100m UD/CD, Men, Final

1:21 p.m. 100mH UD/CD, Women, Final
1:28 p.m. 110mH UD/CD, Men, Final

1:36 p.m. Sprint Medley UD, Women, Final
1:49 p.m. Sprint Medley UD, Men, Final

2:02 p.m. 400mH Elite, Women, Final
2:09 p.m. 400mH Elite, Men, Final

2:16 p.m. 800m Elite, Women, Final
2:23 p.m. 800m UD/CD, Men, Final

2:28 p.m. 800m UD/CD, Women, Final
2:35 p.m. 100mH Invitational, Women, Final

2:39 p.m. 110mH Invitational, Men, Final
2:46 p.m. 100m Wheelchair Paralympic, Women, Final

2:49 p.m. 100m Wheelchair Paralympic, Men, Final
2:56 p.m. 1500m Elite, Men, Final

3:08 p.m. 4x100m UD, Women, Final
3:13 p.m. 4x100m UD, Men, Final

3:20 p.m. 800m Elite, Men, Final
3:27 p.m. 1500m Elite, Women, Final

3:39 p.m. Invitational 4x400m UD, Women, Final
3:49 p.m. Invitational 4x400m UD, Men, Final

4:05 p.m. 4x400m UD, Women, Final
4:12 p.m. 4x400m UD, Men, Final

4:19 p.m. 4x100m CD, Women, Final
4:24 p.m. 4x100m CD, Men, Final

4:29 p.m. 4x100m HS, Girls, Final
4:34 p.m. 4x100m HS, Boys, Final

4:39 p.m. 1500m HS, Girls, Final
4:47 p.m. 1600m HS, Boys, Final

4:55 p.m. 4x400m CD, Women, Final
5:02 p.m. 4x400m CD, Men, Final

5:09 p.m. 4x400m HS, Girls, Final
5:16 p.m. 4x400m HS, Boys, Final

5:23 p.m. 2023 Drake Relays End

Field Events

10:00 a.m. Javelin UD/CD, Women, Final
10:00 a.m. Long Jump UD/CD, Men, Final

10:15 a.m. Hammer UD/CD, Men, Final
10:45 a.m. High Jump Masters, Co-Ed, Final

11:00 a.m. Pole Vault UD/CD, Men, Final
12:00 p.m. Long Jump UD/CD Invite, Men, Final

12:15 p.m. Javelin UD/CD Invite, Women, Final
12:30 p.m. Hammer UD/CD Invite, Men, Final

1:00 p.m. High Jump UD/CD, Women, Final
1:15 p.m. Shot Put Elite, Women, Final

1:45 p.m. Javelin UD/CD, Men, Final
2:00 p.m. Pole Vault UD/CD Invite, Men, Final

2:00 p.m. Hammer UD/CD, Women, Final
2:05 p.m. Long Jump Elite, Men, Final

2:50 p.m. Shot Put Elite, Men, Final
3:00 p.m. High Jump UD/CD Invite, Women, Final

4:00 p.m. Javelin UD/CD Invite, Men, Final
4:00 p.m. Hammer UD/CD Invite, Women, Final

Relays Cup Events | Xtream Sprint Series
ES – Elementary School | MS – Middle School

HS – High School | CD – College | UD – University
Elite - Invitational | Masters - Age 40+