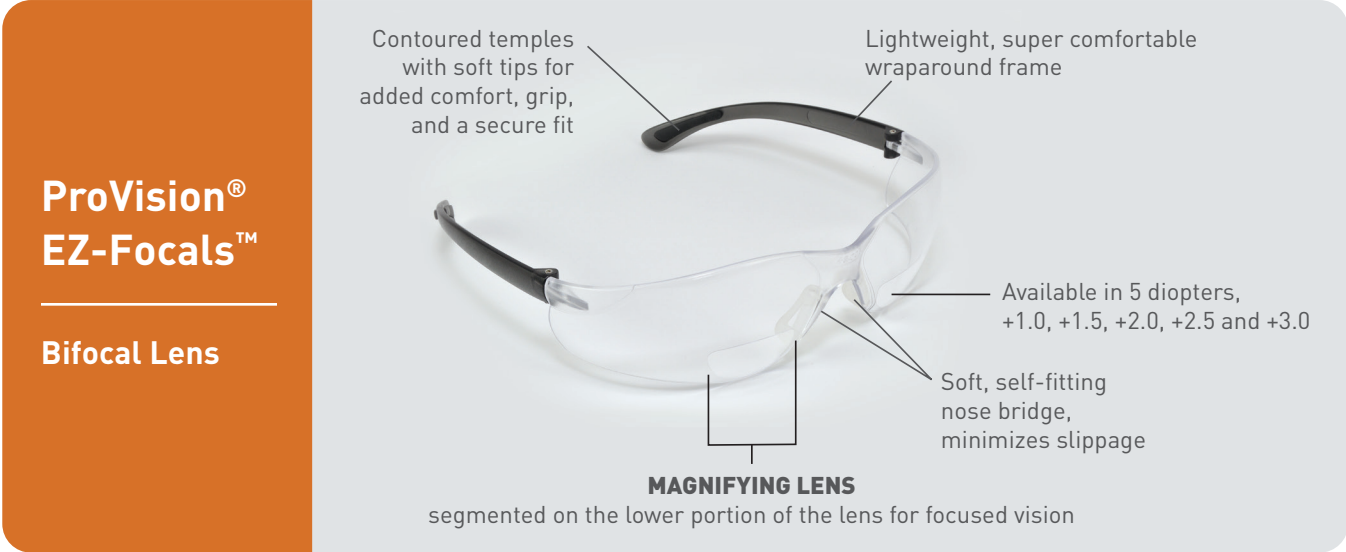


Strength Guide: What Bifocal Diopter Should You Choose?



- 1 Hold the guide 14" away from your face without glasses on.
- 2 Read the chart below starting from the top row.
- 3 Continue reading each line until you can clearly read the sentence.
- 4 When you reach a line you can clearly read, choose the diopter identified in the same row.

If you can read this, choose this diopter:

+1.0

If you can read this, choose this diopter:

+1.5

If you can read this, choose this diopter:

+2.0

If you can read this, choose this diopter:

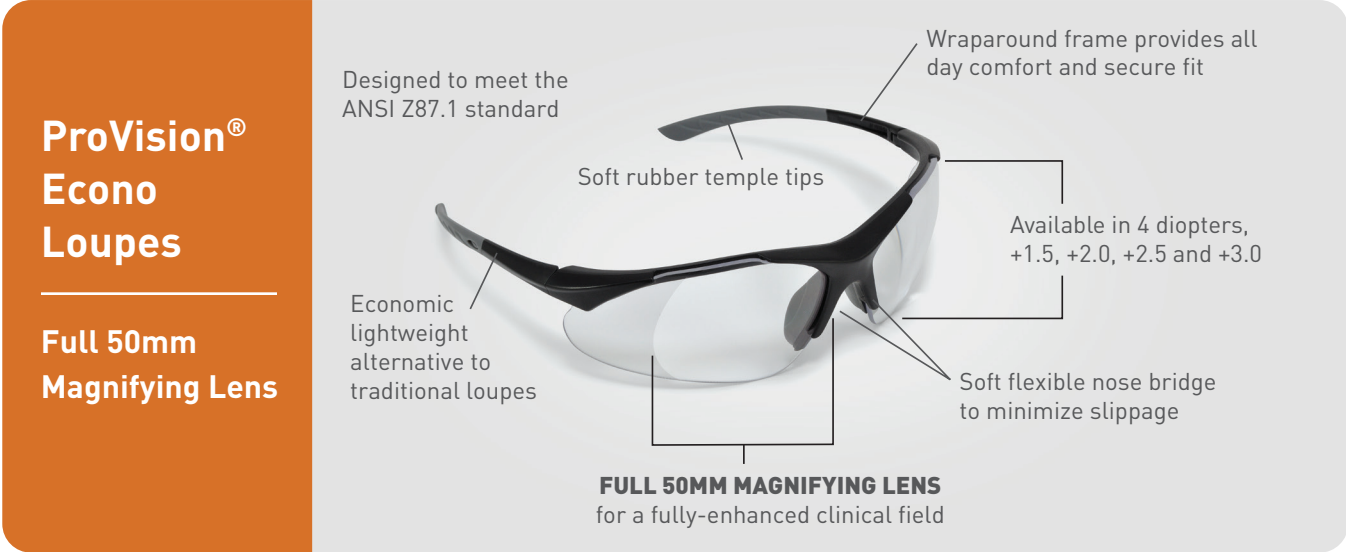
+2.5

If you can read this, choose this diopter:

+3.0

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Strength Guide: What Magnifying Diopter Should You Choose?



- 1 Hold the guide 14" away from your face without glasses on.
- 2 Read the chart below starting from the top row.
- 3 Continue reading each line until you can clearly read the sentence.
- 4 When you reach a line you can clearly read, choose the diopter identified in the same row.

If you can read this, choose this diopter:

+1.5

If you can read this, choose this diopter:

+2.0

If you can read this, choose this diopter:

+2.5

If you can read this, choose this diopter:

+3.0

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