



Detox - Gut Health - Build Muscle - Burn Fat - Deepen Sleep

PURIUM'S DAILY CORE 4

(AKA THE ULT MAINTENANCE PACK)

SUPER AMINO 23



Build Lean
Muscle

BIOME MEDIC



Supports a Healthy
Gut Microbiome

POWER SHAKE



Nourishing
Greens

APOTHE- CHERRY



Anti-Aging
Sleep Support



Congrats

for keeping your body fueled daily.

SUGGESTED DAILY CORE 4 PROGRAM



Super Amino 23* (5 tablets)

Biome Medic (2 capsules)

Power Shake (5.5 tbsp with 20 oz. cold water or creamy beverage)

Evening



Apothe-Cherry (2 tbsp with water to taste)

MAKE IT YOUR OWN:

L.O.V. Super Meal and/or Dark Berry Protein is interchangeable with Power Shake if you purchased the Customizable Daily Core 4 or other Daily Core 4 pack. You may use 1/2 serving of two different shakes any-time a Power Shake is called for on the schedule.

USEFUL RESOURCES

The person who shared Purium with you is your most useful resource!
Reach out to them with your questions about Purium.



ULT Pack

Is it time for a seasonal reset?
Try the Ultimate Lifestyle
Transformation (ULT) pack.



Learn About the Products

Watch a quick video about the
Daily Core 4 Products.



Zoom with Purium's Co-Founder

Join Purium's Products &
Passion Zoom. Every
Wednesday at 6 PM PST with
Co-founder Dave Sandoval.
Password: Purium



Discover Answers to FAQs

Have questions? We have an-
swers! Check out our Product
Frequently Asked Questions
(FAQs) Blog.



Get Details & Inspiration

Lifestyle Guide, what to expect
on your journey, and healthy
meal inspiration.



See It, Feel It, Track It!

Fill out the tracker found in
your package or scan QR code
to track and review your trans-
formation progress.

My Brand Partner is: _____