

FILLET STEAK OSCAR

Saga, Wagyu, A5, 150g Tenderloin Lump Crab Fritter, Asparagus, Tarragon Sauce (Serves 4) Moderate ★★★☆ TIME: 40mins



METHOD

- 1. Season steak with salt and pepper.
- 2. Heat oil to the pan. Pan sear steak for 2 minutes till golden brown on each side.
- 3. Preheat oven to 180°C.
- 4. Transfer steak to the oven for 5 minutes. Remove and let it rest for another 5 minutes.
- 5. Place fritters on a tray and reheat in the oven for 4 minutes.
- 6. Heat a medium sized pot of water and bring it to a boil.
- 7. Blanch asparagus for 2 minutes and drain the water.
- 8. Reheat sauce in small pot under low heat.
- 9. Place steak on a plate with fritter on top. Add asparagus and drizzle a tablespoon of sauce over.

INGREDIENTS

Fillet Steak 4 pcs, 150g each

Lump Crab Fritter 4 pcs

Asparagus 16 pcs

Tarragon Sauce 100ml

Corn Oil 60ml

SCAN TO VIEW RECIPES AND IMAGES ONLINE!



