

### DIABETES IN SPECIAL & VULNERABLE POPULATION: A NATIONAL LEARNING SERIES

Diabetes Continuum of Care: Building Successful Teams During the COVID-19 Pandemic

Tuesday, November 17, 2020 9 am HT / 11 am PT / 1 pm CT / 2 pm ET

> Welcome! We will begin in a few minutes



#### **MODERATORS & ORGANIZERS**



Albert Ayson, Jr., MPH
Associate Director,
Training & Technical
Assistance of AAPCHO



Joe Lee, MSHA
Training &
Technical
Assistance Director
of AAPCHO



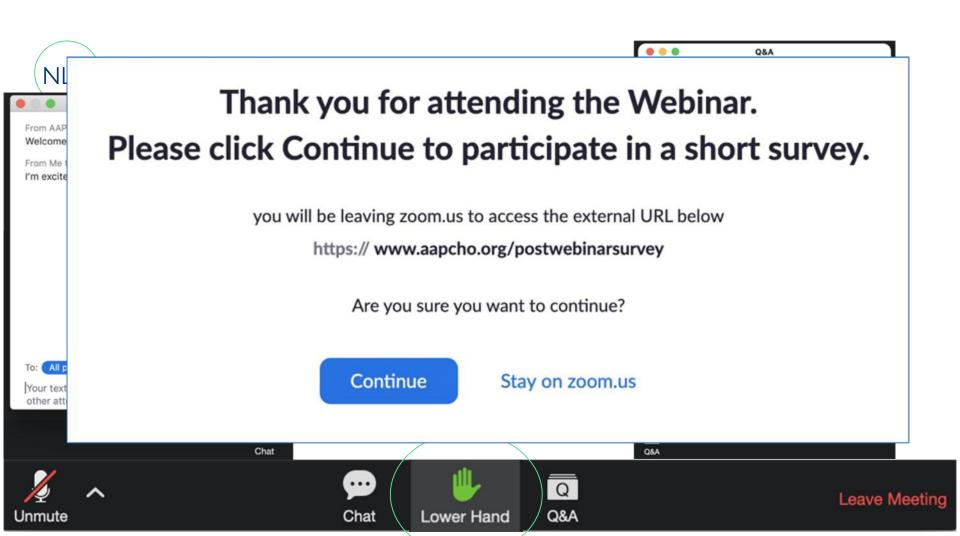
Kristine Alarcon,
MPH
Communications &
Engagement
Specialist of
AAPCHO



Jillian Hopewell,
MPA, MA
Director of
Education &
Communications
of MCN







#### **ABOUT THE SERIES**

Diabetes affects more than 34 million people in the United States. Multi-tiered efforts to prevent, treat and manage diabetes are critical in reducing the burden of diabetes, particularly for special and vulnerable populations, which have unique characteristics that affect culturally and linguistically competent health care access and utilization. According to 2018 Uniform Data System (UDS), diabetes poses a unique challenge for the HRSA Health Center Program because 1 of 7 patients has diabetes and nearly 1 in 3 of those has uncontrolled diabetes.

To elevate the national conversation around diabetes, 14 National Training and Technical Assistance Partner (NTTAP) organizations formed the Special and Vulnerable Populations Diabetes Task Force to engage health centers, Primary Care Associations (PCAs), and Health Center Controlled Networks (HCCNs) to increase knowledge of effective strategies that address diabetes among people experiencing homelessness, residents of public housing, migratory and seasonal agricultural workers, school-aged children, older adults, Asian Americans, Native Hawaiians and Pacific Islanders, LGBTQIA+ people, and other health center patients.

This Fall's national learning series is **sponsored by HRSA** and will take a deeper dive into issues related to patient health literacy, community engagement, and team-based care.

For information about the Diabetes National Learning Series, visit **chcdiabetes.org** today.

#### Special and Vulnerable Populations Task Force Members:





























### DIABETES IN SPECIAL & VULNERABLE POPULATION: A NATIONAL LEARNING SERIES

#### **WEBINAR TOPICS**

WEBINAR #1 Tuesday, October 20	Diabetes Continuum of Care: Bridging the Health Literacy Gap to Improve Diabetes Outcomes
WEBINAR #2 Tuesday, October 27	Diabetes Continuum of Care: Increase Patient Technology and Digital Health Literacy
WEBINAR #3 Tuesday, November 10	Diabetes Continuum of Care: Raising the Pillars for Community Engagement
WEBINAR #4	Diabetes Continuum of Care: Building Successful

**ACCESS TODAY AT CHCDIABETES.ORG** 



#### Webinar Slides and Recordings Available

#### Webinar #1

Diabetes Continuum of Care: Bridging the Health Literacy Gap to Improve Diabetes
Outcomes

#### Webinar #2

Diabetes Continuum of Care: Increase Patient Technology and Digital Health Literacy

#### Webinar #3

Diabetes Continuum of Care: Raising the Pillars for Community Engagement



Download slides and watch the recordings at chcdiabetes.org



#### **CME/CNE Accreditation Available**

- Please complete the post-webinar survey at the end to indicate whether you would like to receive CME/CNE units or a certificate of attendance.
- Please indicate whether you'd prefer an electronic or hard copy of your certificate and provide your contact information
- For questions, please contact Martha at <u>malvarado@migrantclinician.org</u>.



#### Diabetes Continuum of Care: Raising the Pillars for Community Engagement

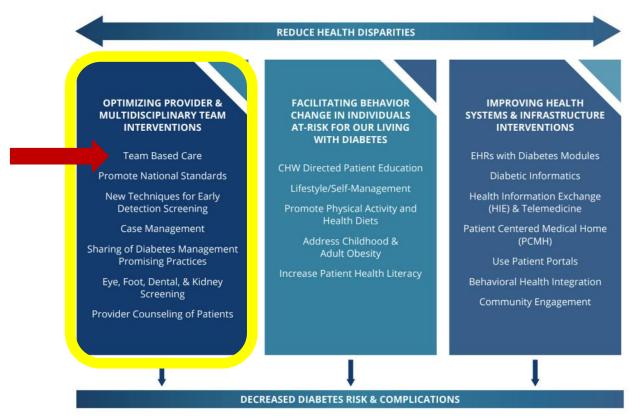


Figure 1: HRSA Health Center Technical Assistance Partners Strategies to Address the Diabetes Continuum of Care



#### **NTTAP Faculty**



Virginia Vedilago Program Manager National LGBTQIA+ Health Education Center



Colleen Velez
Associate Director
Corporation for
Supportive Housing
(CSH)



Darlene Jenkins, DrPH
Senior Director of Programs
National Health Care for
the Homeless Council
(NHCHC)





Irene Hilton, DDS, MPH

Dental Consultant of

National Network for

Oral Health Access

(NNOHA)









#### **LEARNING OBJECTIVES**

- 1. Understand the principles of high-quality team-based, patient centered care for diabetes control
- 2. Be able to define the unique challenges of the coordination and success of team-based patient care during the COVID-19 pandemic
- 3. Consider implementation of promising practices for team-based care in the time of COVID-19



## Team Based Care: Concepts



#### **Team Based Care**

Team-based care is defined by the National Academy of Medicine as "...the provision of health services to individuals, families, and/or their communities by at least two health providers who work collaboratively with patients and their caregivers—to the extent preferred by each patient - to accomplish shared goals within and across settings to achieve coordinated, high-quality care.



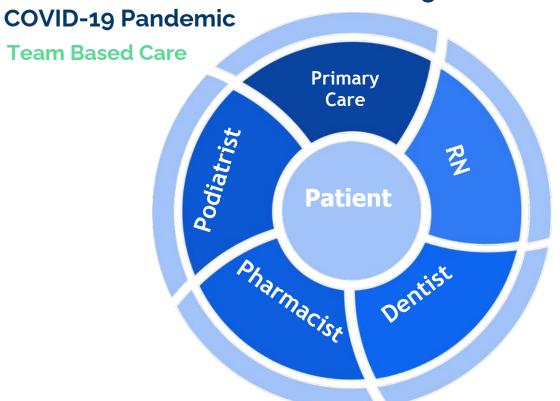
#### **Team Based Care - Diabetes**

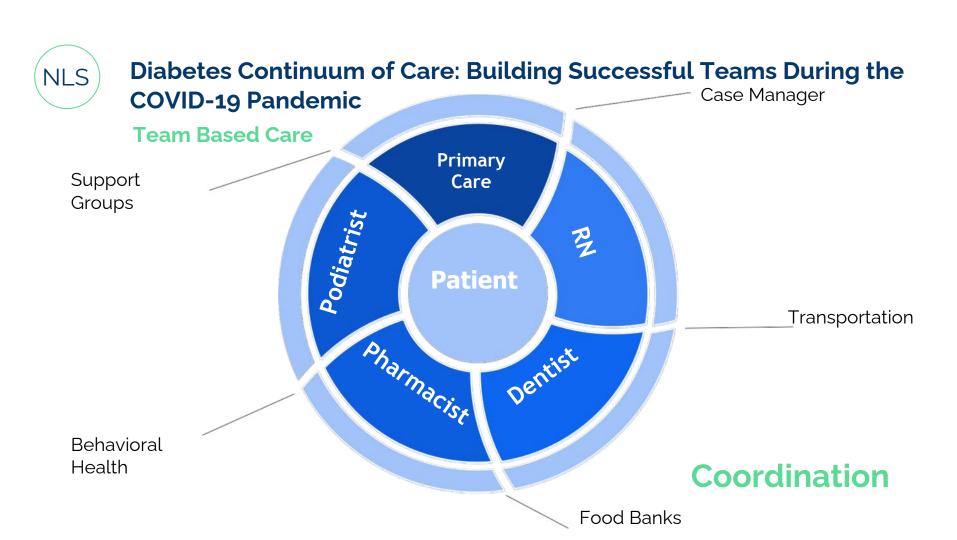
Depending on health issues and health issues directly related to diabetes the care team may be different. Optimal team based care for diabetes can include but are not limited to:

Primary Care Provider	Registered Nurse/Nurse Navigator
Endocrinologist	Registered Dietitian
Ophthalmologist	Certified Diabetes Educator
Podiatrist	Mental Health Professional
Pharmacist	Fitness Professional
Dentist	Patient
Community Health Worker/Health Navigator	Family/Support system of the patient



Diabetes Continuum of Care: Building Successful Teams During the







#### **High Functioning and Quality TBC**

- Person Centered
- Clinical and non-clinical team members
- Clarity of team roles and responsibilities
- Clear communication and communication structures
- Flexible and nimble to change care and care structures as needed



# Team Based Care: Impact of the COVID-19 Pandemic



#### **Team Based Care-Why**

- Improved patient experience
- Improved provider relationships and relationships of patients with providers
- Improved health outcomes
- Decreased A1c and health issues related to diabetes



#### What is an Effective/Successful Team

An effective **team** is a one where the **team** members, including the patients, communicate with each other, as well as merging their observations, expertise and decision-making responsibilities to optimize patients' care.



Source: Health care professional development: Working as a team to improve patient care, Babiker et. al 2014 https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4949805



#### Impact of COVID-19 on Team Based Care

To build or support successful teams communication is the key

#### Internal

Care Coordination

#### External

Telehealth



#### **Care Coordination- Key Components**

- Ability to share data
- Defined Team structure, roles and responsibilities
- Coordinated care planning
- Strong partnerships
- Trauma-informed care
- Harm reduction approach





#### **Care Coordination Challenges**

- Larger caseload, displace/less staff, less resources
- Changes in workflow
- The dispersed nature of virtual teams can be a barrier to productivity that relies on the work of others.
- Different schedules in-person, virtual care schedules
- Closures, limited access, sheltering in place, disconnected from services
- Less in-person follow-up appointments available due to impact of additional COVID-19 infection control measures
- Staff burnout
- Lost opportunity for informal interactions/communication building community and trust



#### **Care Coordination Promising Practices/ Solutions**

- Standardize the care coordination process, enhanced communication plan
- Communal technological working space or a virtual team room (Barrett, 2006). A virtual team room makes it easier for teams, departments, or committees to communicate and collaborate in real time. Share relevant updates, documents, and information in a dedicated area designed to keep members informed, organized, and engaged.
- Inclusion of non-clinical staff in the support of patients.
- Web-based care coordination technology tools, a workflow tool that organizes and prioritizes patient interactions and care plan interventions

Source: https://www.beckershospitalreview.com/care-coordination/measuring-the-value-of-care-coordination-during-pandemics.html



#### Use of Telehealth/Telemedicine

**Telehealth -** HRSA defines telehealth as the use of electronic information and telecommunications technologies to support long-distance clinical health care, patient and professional health-related education, public health and health administration.

**Telemedicine** - Is defined as the use of telecommunications to facilitate remote delivery of health-related services and clinical information

Telemedicine is frequently used for follow-up visits, management of chronic conditions, medication management, specialist consultation and a host of other clinical services. Telemedicine is used to increase access to care for patients with diabetes.

• Virtual diabetes management program offerings rooted in smartphone technology, connected devices for blood glucose monitoring, and remote coaching or support.



#### Telehealth/Telemedicine Challenges

- Lack of experience in applications among team members can be a significant barrier.
- Not every professional has the skills to work in a virtual space.
- Inability to physically connect with patient/client
- Communication between provider and patient/client –
   misinterpretation/miscommunication, non-verbal clues missed.
- Patients/clients have limited access to equipment/ internet, phones, broadband
- Different levels of technology literacy
- Triage
- Lost opportunity for informal interactions/communication building community and trust



#### **Telehealth/Telemedicine Solutions**

- Make no assumptions
- Training for staff
- Hot spots, solar charging stations, phones and data plans, patient kiosks
- Use of different modalities to engage in-between visits (web-based portals or text messaging)
- Triage
- Max-packed visits (multiple discipline visits)
- Enhanced communication plans



#### **TODAY'S SPEAKERS - Health Partners of Western Ohio**



Jamie Carder, RDH Oral Health Integration Specialist



Barbra Forest, FNP



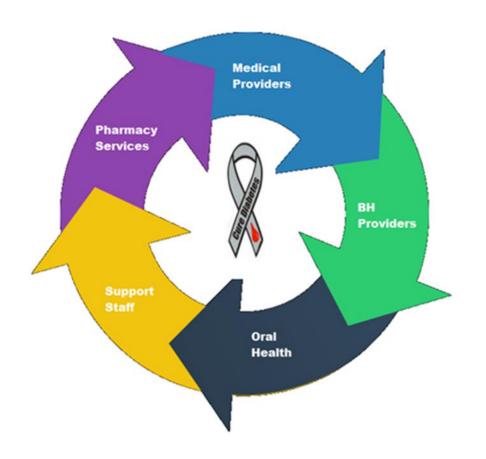
### Health Partners of Western Ohio

Jamie Carder, RDH Barbie Forest, FNP



### Integration

- Primary Care along with
  - Behavioral health
  - Health coach
  - Clinical pharmacy
  - Oral health
  - Social worker
  - Community outreach worker
  - Lab work
  - Dispensing pharmacy with free delivery



### Team Based Care during COVID-19

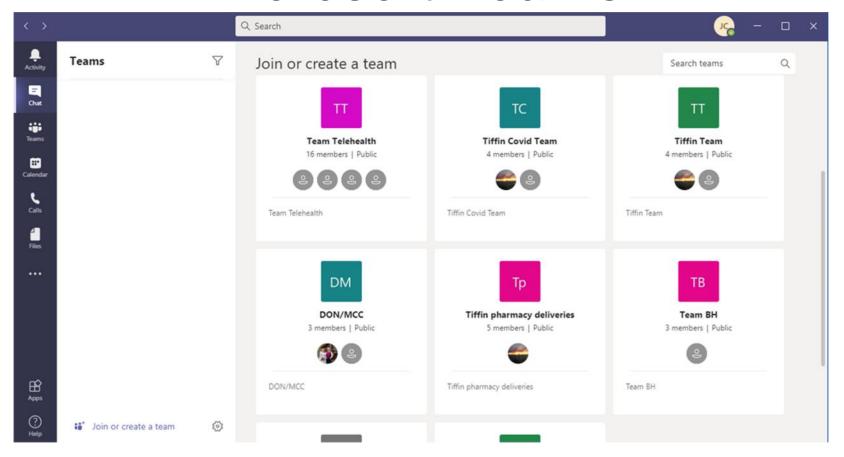


- Technology
  - At-home teams
  - In-office teams

### COVID-19 TESTING



### Microsoft Teams





### FREE PHARMACY DELIVERY

### call your location



NEXT DAY



STRAIGHT TO HOME OR WORK





#### **Health Partners of Western Ohio**

Welcome back to a new school year! We look forward to a great year in partnership with students, families, teachers, and school staff.

#### SERVICES AVAILABLE BUT NOT LIMITED TO:

- · Primary Care for all ages
- Sports/Work Physicals
- · Behavioral Health Visit

Immunizations

COVID Testing

· Disease Management

We accept walk-ins or appointments. All insurances, no insurance, or underinsured are accepted. We will never turn anyone away for an inability to pay.

Services provided in-person or by telehealth.



#### **HPWO School Based Health Center Locations**

Rams Health Center

222 McTigue Dr. Toledo OH 43615 (419) 442-7702

**Bulldogs Health Center** 2400 Collingwood Blvd.

> Toledo OH 43620 (419) 442-7701

HPWO in Partnership with Waite

301 Morrison Dr. Toledo OH 43605 (567) 204-3056

Health Center Hours: 7:30a.m. - 4:00p.m.

#### **Additional Locations**

Riverside Community Health Center

405 Woodville Rd., Toledo OH 43605 (567) 318-3900 Hours: 8:00am - 4:30pm

East Toledo Dental Center 2020 Starr Ave., Toledo OH 43605 (567) 218-1900 Hours: 8:00am - 4:30pm

### Tytocare



# To all #healthcareworkers, Thank You ...





## MEDICAL + BEHAVIORAL TELEHEALTH

**NEW and ESTABLISHED patients** 











(419)549-8870

same care from home

**Clinical and Dispensing Services available** 

### 4 in 10 U.S. adults

reported avoiding medical care because of concerns related to COVID-19\*

Delaying or avoiding urgent or emergency care was more common among:



People with two or more underlying conditions Telehealth may help people get the care they need

\*Web-based survey of a representative sample of U.S. adults aged ≥18 years during June 24-30, 2020

People with disabilities

Even during the COVID-19 pandemic, people who experience a medical emergency should seek care **without delay** 



### Dental Services Resumed

While taking COVID-19 precautions, dental services at all Health Partners locations have resumed!





What are your questions and comments?



Image Source: <a href="https://www.launchxd.com">https://www.launchxd.com</a>

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#### **THANK YOU!**

For information about the Diabetes National Learning Series, visit **chcdiabetes.org** today.

Feel free to contact our NTTAP collaborating partners and speakers from today's webinar:

Virginia Vedilago – <u>VVedilago@fenwayhealth.org</u> Colleen Velez – <u>Colleen.Velez@csh.org</u> Darlene Jenkins – <u>DJenkins@nhchc.org</u> Irene Hilton – <u>Irene@nnoha.org</u>

At the end of this webinar, please complete the evaluation form. Your feedback is greatly appreciated