

**Life, Love & Leadership Podcast
#36 - Pre-Valentine's Day Special
(With Special Guest Dovid Feldman)**

AoG - Attitude Of Gratitude

**What are you thankful
for? _____.**

1. (4:56) G_____ goes well beyond marriage, even though oftentimes for most people, marriage is their primary relationship... it starts from the moment you _____ in the morning.

2. (10:52) The first module is about, _____ and Goodwill through _____. It's the first module. And, and I always do this because it's the foundation of everything that comes afterwards.

3. (11:16) So there's so many ways of breaking down the importance of _____. One of which is that when we _____ gratitude and when we recognize the blessings in our own life, then what we're doing is we're raising the bar of _____ and _____ and enjoy that positivity that we surround ourselves with.

4. (12:49) And that's the power of _____, because what it does is that it raises what I call the _____ in your relationship. And when you have Goodwill _____ doesn't bother you anymore.

5. (14:48) There's a statement I think, or saying that says, "Don't _____ on the things you don't have, but be _____ and _____ for the things that you do have."

6. (16:03) How do we bring gratitude into our marriage? The first thing we need to do is to broaden the _____ with our spouse.

7. (16:14) We tend to focus on what's _____ working.
8. (18:45) Bringing gratitude into the relationship, first of all starts with a mindset of expansion... We want to focus on _____.
9. (19:20) What five things can I be thankful for my wife (spouse) today?
(What do you think?)
- 1.
 - 2.
 - 3.
 - 4.
 - 5.
10. (22:01) The first step...Teach yourself how to _____. And don't let _____ be off-limits.
11. (27:19) Let your partner know that you see them...I want to let you know that I _____ you.
I _____ you.
I _____ you.
12. (27:32) The third step is to attach it to a feeling.
We _____. We _____. And we _____.
13. (28:26) You're letting your spouse know, who _____ are, affects my _____. ... Who _____ are affects me.

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